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Durham police honour local heroes

Group who lifted SUV off woman's arm in Pickering among those honoured

By Reka Szekely
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DURHAM — Some acted alone, some with the help of neighbours and strangers. All of them responded quickly to a crisis situation and now they're all being hailed as heroes.

Durham police honoured 21 people this year with their annual Citizen Recognition Awards. They held a ceremony at Wednesday's Regional Council meeting.

Pickering neighbours Vince Rizza and Paul Butt noticed thick, black smoke coming from a neighbour's house in July.

"On a Sunday afternoon, you don't expect your neighbour's house to be on fire," said Mr. Butt.

Realizing someone was inside, Mr. Rizza rushed in and tried to rouse his disoriented neighbour, who wouldn't believe his house was on fire. Mr. Rizza said the smoke was so thick he could barely see two feet in front of him.

While he worked on getting his neighbour out of the house, Mr. Butt used a fire extinguisher to douse most of the flames.

"Knowing he was in there, I just had to get him out. Paul felt the same way," said Mr. Rizza.

Jamie Ephraim and Cliff Dunn also acted quickly.

They were in north Oshawa where a man was threatening people and kneeling down in traffic on Ritson Road. An officer tried to arrest the man, but he made a break for it. Mr. Ephraim and Mr. Dunn reacted instantly and helped the officer grab the man and subdue him while the officer cuffed him.

"It was just one of those holy crap, it's happened and it's over things. It was just really cool," said Mr. Dunn, who said he's interested in becoming an officer himself.



Chris Persaud was one of 11 people who worked together to raise an SUV off a woman's arm following a crash in a Pickering parking lot.

Both police officers and councillors thanked the award recipients.

"On behalf of Regional Council and the citizens of Durham, I want you to know you folks are what makes Durham a great place," said Regional Chairman Roger Anderson.

Police Chief Mike Ewles agreed.

"It's important their contributions don't go unnoticed," said the chief. "A lot of people have put their lives at risk."

Still, the recipients said they didn't take action with accolades in mind.

Chris Persaud was one of 11 people who worked together to raise an SUV off a wom-

an's arm following a crash in a Pickering parking lot.

"It's just good that everyone had the same idea," he said. "All of our motive was the same, to help this person."

Award recipients

Brenda Murdock and Alex Douglas

- Just prior to an October bank robbery in Oshawa, Ms. Murdock noticed a man near her home who appeared to have a gun. She called the police and provided critical information.

- Mr. Douglas was a customer in the bank

during the robbery. He followed the suspect out of the bank and wrote down his license plate number.

John Blackett

- On New Year's Eve, an Oshawa man fell and smashed his arm through a window, cutting it down to the muscle. Mr. Blackett helped his neighbour by applying constant pressure to the wound by using two towels as tourniquets, preventing the man from bleeding to death.

◆ See Pair, Page 2



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Pair helped rescue man from fire at Pickering home

◆ Pair from page 1

Ray Fortune

In September, while police were speaking to two fraud suspects in Oshawa, one man made a break for it. Mr. Fortune pointed in the direction the man was running and then helped officers control him while he was being handcuffed.

Jamie Ephraim and Cliff Dunn

In April, police received reports of a man threatening people and kneeling down in traffic on Ritson Road in Oshawa. When a police officer arrived, the man attempted to run. Mr. Ephraim and Mr. Dunn immediately sprang into action, helping the officer grab the man and handcuff him.

Kyle Vanderloo

In July, a three-car crash in north Durham caused a truck to smoke heavily and burst into flames. Inside was a stunned woman and two children. Mr. Vanderloo, a Brooklin resident, and an unidentified man pulled all three victims to safety.

Vince Rizza and Paul Butt

In July, when he saw thick black smoke coming from his neighbour's Pickering home, Mr. Rizza rushed inside and tried to rouse the man, who was disoriented and wouldn't believe the house was on fire. Mr. Butt, another neighbour, used a fire extinguisher to extinguish most of the fire until Mr. Rizza was finally able to get the man on his feet and out the door.

John Patterson, Diana Marmina, Cody Niven, Mark Walker, Mark Douglas, Russell Elliott, Tyler Murphy, Chris Persaud, Joshua Pillinger, Hafeez Mahmud and Bill Gardner

When an SUV rolled over, following a crash in the Pickering Sam's Club parking lot, the driver's arm was thrown out the open window and pinned between the outside of the door and the pavement. Many people rushed over when they heard the woman screaming in pain and crying for help.

A group of 10 men and a woman formed a line, pushing the car off the woman's arm.

Though they couldn't right the vehicle, they were able to lean it against a wall and hold it there until an emergency crew arrived and extracted the woman with the Jaws of Life. Though she had cuts and scrapes on her arm, she was saved from serious and long-lasting injuries.

Temporary building to go up at Bay Ridges

By Kristen Calis
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PICKERING — Although SR and R Bay Ridges Ltd. recently applied for minor variances to its development of San Francisco By the Bay, some tenants at Bay Ridges Plaza and the adjacent Square Boy Plaza believe they're major.

At the latest committee of adjustment meeting, SR and R applied for five minor variances that would allow it to construct a temporary building adjacent to the Square Boy plaza, which the committee approved unanimously.

Ross Pym, principle planner of development review at the City, said in an interview the building is meant for Millennium City Veterinary Hospital (MCVH) "because that's the only tenant they have left that they have not dealt with in terms of a relocation."

Dr. Janet Sawyer, owner of MCVH, said although she's not pleased with the situation, she's mostly unhappy with the City since it has allowed the development to proceed despite much opposition.

Although the City claims it won't get involved in a landlord-tenant issue, she said "it's now clear that the City has

gotten involved.

"They've given the green light to enable the landlord to avoid their contractual duties with us for many years to come," she said. "As a business owner that has only ever served one community - Pickering - this goes far beyond disappointment and frustration."

Neil Carroll, director of planning and development, explained staff look at the application strictly from a land-use planning perspective.

"We restrict our review to matters that are set out in the Planning Act," he said.

Dr. Sawyer also questioned the contractual agreement between SR and R and the City that states 1,200 square metres of retail space must be maintained during construction. Mr. Pym explained that was only until demolition began (which it has), and after that, 500 square metres must be maintained. The temporary building will only be 200 square metres, but Mr. Pym believes the Square Boy plaza makes up the rest.

Developers were unavailable for comment.

Judy Gallagher of IDA Pharmacy, located in the Square Boy Plaza, said

at the meeting that she understands "minor variances" would have little or no impact on the surrounding neighbourhood "and that is not the case in this situation."

"I believe that a change in our city bylaws regarding this property deserves the consideration of our elected City councillors," she said. However, it was never referred to council.

Since there will only be just more than one metre between the temporary building and the new structure, she fears noise, mud, trucks, hammering and building debris will interfere with the business. She also worries more construction equipment will block signage to the plaza.

William Friedman, representing SR & R, indicated at the meeting the building will not affect the existing signage.

"I believe that a change in our city bylaws regarding this property deserves the consideration of our elected City councillors"

-- JUDY

GALLAGHER

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Former lieutenant governor of Ontario Lincoln Alexander receives a standing ovation from the students of Lincoln Alexander Public School as he enters the auditorium. Escorting Mr. Alexander are Jane Harding on the left and vice-principal Denise Nickerson.

Lincoln wows his audience during visit to Ajax school

Renowned Canadian politician encourages children to never lose their confidence

By Josie Newman
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AJAX — When Lincoln Alexander Public School students raised their voices in unison to yell ‘We are No. 1,’ their enthusiasm was spurred on by their school’s namesake, who was leading the charge.

A visit Thursday from former lieutenant-governor of Ontario Lincoln Alexander to the school named after him brought smiles to the faces of students and staff alike.

“Repeat after me -- we will try our best all the time, we won’t stand for any bullying, we will respect our teachers,” he said loudly from his seat at the front of the packed gymnasium as the children echoed his words.

Earlier, as he entered the gymnasium with the assistance of two school staff members, he waved his cane at the kids and pointed it in the direction of the most energetic ones. Several children were brought to the front by teachers to read out the character qualities that each letter of his name represented. “Purolator came by with a great big box on my birthday and it was filled with gifts from you. I was impressed at how smart you are and what good readers and writers you are,” said Mr. Alexander, currently serving as a chancellor at the University of Guelph.

His visit to the school on Valentine’s Day was prompted by principal Marilyn Sinclair who wanted it to coincide with his 86th birthday on Jan. 21. A huge collage of pink hearts, labelled ‘100 thankful hearts,’ was presented to him, and several children and their parents gave Mr. Alexander homemade Valentine’s cards following the presentation.

At an earlier press conference, the first black Canadian to be elected as an MP told reporters he’s proud to be an icon of Canadian race relations.

As well, Mr. Alexander had plenty to say about the Toronto school board’s initiative to start a black-only school there -- and he wasn’t complimentary.

“The concept of an Afro-centric school is one of the dumbest things I’ve ever heard in my life. To think we have to have a black school so kids here know what Canada’s all about is silly,” he said.

Despite his playful demeanour, Mr. Alexander is renowned for climbing his way up from his humble beginnings as the son of a maid and a railway porter. Raised in Toronto and New York, he was appointed federal labour minister by Joe Clark in 1979 and named lieutenant-governor of Ontario in 1985, hobnobbing with high-profile politicians and heads of state until 1991.

A Hamilton resident, Mr. Alexander was recently named the greatest Hamiltonian of all time and, in 2006, published a book of his memoirs entitled ‘Go to school, you’re a little black boy,’ a phrase he says his mother Mae Rose would say.

Ms. Sinclair said Mr. Alexander has frequently been invited to the Church Street North school since its inception in 1992, and is pleased with the cordial, relaxed relationship he has with her, the other staff, and students. It is one of three elementary schools and one high school in Ontario named after him.

Local boy named after first black Canadian MP

Gilbert Estridge wasn’t a father yet when Lincoln Alexander was first appointed lieutenant-governor of Ontario back in 1985.

“I just knew I wanted my son named after him because I want him to always aspire to be like Lincoln Alexander. I had never heard of anyone of black descent with such a high profile in Canada,” said Mr. Estridge, posing for a picture with Mr. Alexander and his son Lincoln Alexander, now 8, on Thursday.

A pastor who lives in Ajax, Mr. Estridge has four children whose names all start with the letter A.

“A’s. This is how well I expect them to do in school,” he quipped.

AJ Groen/ News Advertiser photo

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Region won't roll back transit cuts

By Reka Szekely
rszekely@durhamregion.com

DURHAM — Despite pleas from Ajax and Oshawa councillors, Regional council is sticking with recent mid-day service cuts on some bus routes.

On Wednesday, Durham Region's transit commission defeated a motion from Ajax Mayor Steve Parish asking for the return of mid-day service to the M26 Duffins Route in Ajax and the 5 Central Park in Oshawa.

The route reductions started in January and were prompted by Durham Region Transit's \$2.3 million deficit. Since then, of the 87 complaints about the service cuts, 22 were about the Central Park route and 24 were about the Duffins.

The commission, made up of all of Regional Council, voted 14-7 against the motion.

The push to re-instate the mid-day routes came from Oshawa and Ajax. In late January, Ajax council passed a motion asking mid-day service be returned.

"If we want to get our fare box percentage up, we have to invest in a system people want to ride," said Mayor Parish.

Oshawa mayor John Gray supported his counterpart's motion.

"We have to make sure we instill confidence with the transit users that the system we put in place will be there," said Mayor Gray.

Scugog mayor Marilyn Pearce pointed out some areas in the northern part of the Re-

gion have no service at all.

"I sympathize with some of the routes that have seen mid-day cuts, but they're specific times when boardings were not meeting the standard," she said, adding it would be inconsistent to return the service.

And, while some, such as Ajax Coun. Scott Crawford, argued the number of complaints warranted another look at the issue, others disagreed. "There isn't anyone in this room who can't call 24 people and get 24 names," said Regional Chairman Roger Anderson.

Clarington councillor Mary Novak pointed out the second round of adjustments hadn't occurred yet.

"In our case it doesn't take effect until March 1 and (we) won't have that push back until it happens," she said.

Parking changes at hospital

AJAX — The entire west parking lot and west entrance at Rouge Valley Ajax and Pickering hospital will be closed starting Monday, Feb. 18 for an indefinite period of time for construction.

President and chief executive officer Rik Ganderton explained in a press release the site will be busy for the next two years due to the expansion of the emergency room, and that progress is being made each day.

"We kindly ask for the patience of our community during this time," he said.

People will have to enter the hospital from the east, south, and north entrances which are all accessible from Harwood Avenue.

The parking lot adjacent to the shipping and receiving department will be converted specifically for physically challenged and short-term metered parking.



Ron Pietroniro/ News Advertiser photo

Ready to shingle

AJAX — A construction worker shovels snow off the roof of a new home on Darley Street as they prepare to put on roofing tiles.

Employment searching made easy for newcomers

DURHAM — Newcomers to Canada can get into job market easier with the YMCA of Greater Toronto Durham Employment and Community workshop next week.

The Job Search Essentials and Resume workshop for Newcomers on Monday, Feb. 25 provides information on how to search properly for employment in Durham using simple methods. It goes from 1:30 to 3:30 p.m. that day.

The YMCA is at 1550 Kingston Rd., suite 16, in Pickering. For more information about either program, contact Judy at 905-420-7670.



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Injured teen proving doctors wrong

Wrestler paralysed at Ajax meet talks about his recovery

By Melissa Mancini
mmancini@durhamregion.com

DURHAM — Doctors told Michael Box he would likely never be able to move from the shoulders down again. They were wrong. Three weeks ago 16-year-old Michael, who sustained a devastating spinal cord injury while he competed in a high school wrestling match in early December, was able to wave his right arm back and forth and up and down.

"I didn't stop, I just kept moving my hand back and forth," said the Oshawa teen while swinging his hand wildly as he describes the exciting moment. He got nurses to call his parents for him immediately so he could share the news.

But the road to recovery for Michael hasn't been all triumphs. A collapsed lung, infections, bed sores from the lack of movement and multiple heart failures have been the reality of his daily life.

The Central Collegiate student was at the Hospital for Sick Children in Toronto until he was

moved to Bloorview Kids Rehab in mid-January. At Bloorview life is far from easy, but in his quiet, private room he is able to get lots of sleep. And he needs it to get through the long days of classes, occupational therapy and physiotherapy.

"School is really tough," he said. "They ask me so many questions. I can't sit in the chair for very long because I get so tired. During the day I sleep a lot."

His room at Bloorview looks like any other teen's, save for the hospital bed. Wrestling posters, photos of loved ones and cards from his recent 16th birthday party hang on the walls. There is a collection of DVDs and Harley Davidson gear because motorcycles are one of Michael's passions. There is a teddy bear wearing a Harley T-shirt and a necklace with a Superman emblem on it, from the Christopher Reeve foundation.

The pendant was given to Michael by another teen whose story is similar. The teen, also injured in a wrestling match, sustained the same injury as Michael. He is now paraplegic. He visited Michael recently and answered all his questions.

"He gave me more hope," he said of the visit from the teen, who

now plays sledge hockey. "If he can get that far, I can too."

Michael said he is encouraged by the progress of the other kids at the rehab centre. He said he recently saw a fellow patient learning to walk again. "It inspires me and makes me try harder. It makes me want to go beyond my limits."

The future is scary because it is so uncertain, Michael said. But he also said there are so many things he wants to do, like see his favourite wrestler fight.

"I always wanted to own my own motorcycle shop, so I am still going to try for that," Michael said, his eyes filling with tears.

"I am not giving up yet. I'm going to see where I can get with this."



Michael Box talks about his recovery from a spinal cord injury he suffered in December at a high school wrestling tournament. He's at Bloorview Kids Rehab.

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We think..

e-mail responses to mjohnston@durhamregion.com

New Family Day holiday should be about being together

Tomorrow is Ontario's first Family Day, and you should make the most of it.

While some have criticized the name of the new holiday, others have questioned the Liberal government's motives in establishing it, and still more people have said the government rushed it, it's a cherished day off for many of us, in the dead of winter, yet. It's also an opportunity to spend some (pardon the cliché) family time with your spouse, significant other and the kids.

We're all so busy these days that, strangely, when we have time off, many of

us are lost and look for ways to fill it.

We suggest you take the opposite approach for this first Family Day, at least for part of the day. Instead of scrounging up something, anything, to do to get out of the house, stay at home. Rent a few movies. Do a puzzle. Play a board game (remember those?). Have a family dinner together, perhaps one in which everybody contributes, from the setting of the table, to making and serving up the food, to cleaning up afterwards. Enjoy a relaxing day at home as if it were a rainy day at the cottage. We said at least for part of the day because the kids will likely be aching to

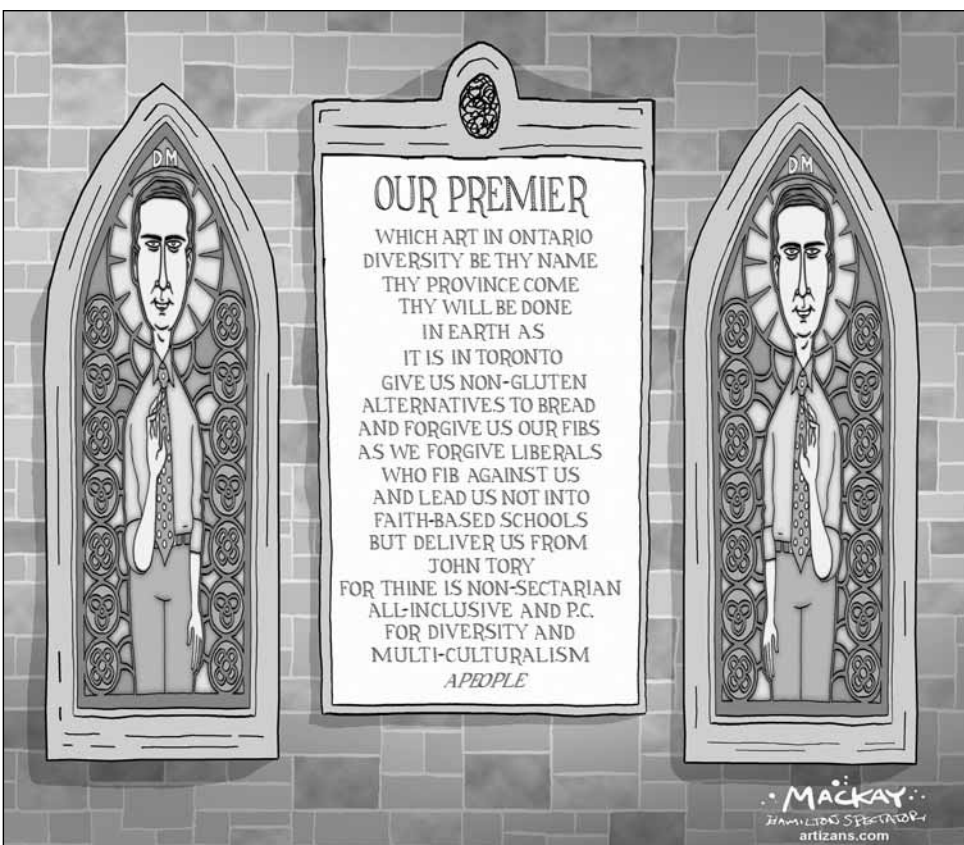
get outside with their friends. That's fine, but ensure you are together for some of the holiday, even if it means a rare Sunday night when no one has to go to work or school the next day.

Now, if you are looking for something to do together, outside of the home, there are a number of options. The Pickering Recreation Complex has a lot going on from 6 a.m. to 5 p.m., including Family Art from 1 to 3 p.m., a public swim from 1 to 4 p.m. and much more. The Ajax Community Centre is open from 9 a.m. to 2 p.m., with public skating and swimming. There's also a free Family Fun Fitness Circuit from 11

a.m. to 1 p.m.

Looking for something different? How about a family hike, short or long, in the Rouge or at the Greenwood Conservation Area. Many people miss out on the pleasures of a winter hike because they consider it an activity for the warmer seasons. But, if properly dressed and prepared, it can be a lot of fun, as long as it isn't too frigid out. Bring a backpack or two with lots of water, snacks and explore these treasures close to home together.

Most of all, remember some people don't have families and it's a great thing to be a part of one.



Our readers think...

Take part in Earth Hour challenge

To the editor:

At 8 p.m. on March 29, 2008, the citizens and businesses of dozens of cities around the world will turn off their lights for one hour to create awareness of climate change.

Participating cities in Earth Hour 2008 include Toronto, Montreal, Tel Aviv, Copenhagen, Chicago and Sydney, Australia (where, during the first Earth Hour in 2007, power usage dropped more than 10 per cent).

As well, many towns and cities in Ontario and across Canada have opted to participate in Earth Hour.

As of right now, no cities in Durham Region appear to have officially joined the movement. Hopefully, that will change.

However, if it does not, I would still urge all residents and businesses to take part and turn off all lights and non-essential appliances for one hour.

It's a small thing to do, but it could mean a lot.

**Paul Dearborn
Whitby**

Editor's Note: The Town of Ajax and the City of Pickering are participating in Earth Hour 2008.

Former lieutenant-governor cares about the little guy

It seemed fitting, somehow, that Lincoln Alexander visited his namesake school on Valentine's Day, the international day of love.

It seemed equally as fitting that the visit was made during Black History Month. A man who's accomplished great things in his life despite the odds and advises others to never lose their confidence, Mr. Alexander always has his eye and his attention on the person in front of him.

"You're good. You should get a promotion," he told one reporter who asked several questions about racial equality.

"I love your coat. Where'd you get it - Holt Renfrew?" he quipped to another reporter.

"She's amazing," he marvelled during the school assembly when recognition was given to the only staff member who's remained at the school since its inception in 1992.

Smiles and admiration were given to young girls who read Mr. Alexander's character traits out loud, while affirmation and handshakes were given to young boys who did everything from a plaque presentation to break-dancing for the former lieutenant-governor of Ontario.

Now 86 and walking with the assistance of a cane and two helpers, Mr. Alexander chose to give the kids a pep rally about their abilities and destiny rather than a long-winded spiel about his own accomplishments. He seemed to revel in their youthfulness and the fun of it all.

The word love, endemic to Valentine's Day, was used several times by school staff and Mr. Alexander.

"I came to visit today because I just turned 86 and because it's Valentine's Day -- love and kisses and all that," said Mr. Alexander during a reception prior to the assembly as he hugged two women close to him while he mugged for a photo.

Why would a man with the high politi-



Josie Newman

cal and community stature of Lincoln Alexander bother with every person who crosses his path -- with an affirming word, an encouraging gesture, an understanding look?

Lincoln Alexander was raised in the 1920s in a Canada where, to be black, he was in the minority. His mother Mae Rose, a maid from the West Indies, encouraged her son to always try his best, never to lose his confidence, and to always remember who he was. His life has borne testimony to his mother's advice to never lose his confidence. He has been an MP, a federal Minister of Labour, the chairman of the Worker's Compensation Board and, finally, the Lieutenant Governor of Ontario.

In the preface to his recently published book 'Go to school, you're a little black boy', Mr. Alexander says he wants it to influence people "who think they can't do something or think they'll never make it, and I'd like to think I'm helping convince others to never give up."

I don't know how many copies of the book have been sold, but I do know the impact Mr. Alexander had on me and, judging by their reaction, on the students at Lincoln Alexander Public School. It seems your wish has come true, Linc.

Josie Newman's column appears every third Sunday. E-mail jnewman@durhamregion.com.

Business

On the web

Do you have a new business opening in Durham Region? Submit information about your new business at newsdurhamregion.com. Just scroll down to the Submit column and choose Submit Business Opening. Please include a photo.

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TREND

Youth business program and contest offered to students

DURHAM — If you've got a winning idea for starting a new business and you are a full-time student who is not afraid of hard work, then you should consider applying to the Summer Company Program.

The program provides hands-on business training and one-on-one mentoring - together with up to \$3,000 in awards to help you start and run your own business.

The aim of Summer Company is to inspire young people to choose entrepreneurship as a viable career option and to equip them with the tools needed to succeed.

The 2008 Summer Company application process is now open and applications are reviewed for students between 15 to 29 who are returning to school. The deadline is April 1.

This year there is an early-bird contest. If you apply early you could win a PC Tablet computer and new Vista operating system valued at \$3,000.

If you are a high school student you can enter the Business Plan Competition and win cash or prizes.

Open to all Durham Region high schools, the Business Plan Competition is designed to encourage secondary school students to learn more about entrepreneurship through the creation of a business plan.

Cash prizes will be awarded to winners, plus an opportunity to compete for even bigger regional and provincial awards.

The BACD also provides in-class information and support to teachers and students in Durham Region. For more information on any youth programs call 905-438-4008 ext. 222 or e-mail youth@bacd.ca.

Program develops entrepreneurial skills

Students invited to apply for Summer Company program

By Kim Downey
kdowney@durhamregion.com

DURHAM — When Blair Cunningham came up with a business plan idea for his Grade 11 Entrepreneurship class last year he had no idea about how lucrative a path he was paving for himself.

Not only was it financially rewarding as a summer job, but Blair, 16, said he gained a wealth of practical life lessons about starting a business from scratch.

His plan was for a company he called Returns Are Us.

"It was a pickup service that would collect empty beer, wine and liquor bottles," he said.

He'd pay 50 per cent of the return deposit to the clients in exchange for the ease of having front-door pickup service on a weekly basis.

Curious to see if it would work, he hit the pavement last Easter weekend.

His teacher, Kristie Lee, warned him he would need to collect a high volume to make money. After all, the beer store offers 10 cents for returned beer bottles while wine bottles fetch 20 cents.

Despite a shoulder injury he was still nursing at the time, he set to work collecting bottles and surprised himself and his teacher.

"I came back after three hours and I'd made \$75," he said. "I remember the look on (Ms. Lee's) face. She was surprised."

One thing led to another and when a representative from the Business Advisory Centre Durham (BACD) came to his school, Sinclair Secondary, to talk about the provincially funded Summer Company Program, he decided to apply to be a



Sinclair Secondary School student Blair Cunningham started a business called Returns Are Us with the help of the Business Advisory Centre Durham. With him are, from left, BACD's Dorota Simpson, teacher Kristie Lee and BACD's Carol Ann Walker.

real-life entrepreneur.

Blair was one of seven Durham Region students accepted last summer into the annual provincial Ministry of Small Business and Entrepreneurship program—Summer Company. It helps local young entrepreneurs get their own summer companies up and running.

The program is now looking for youth applicants who want to start their own business this year. It gives each participant up to \$3,000 in start-up money, sets them up with a mentor and provides training through the BACD.

Applications are being accepted for 12 local spots in this year's Summer Company program, offered through the BACD office. The BACD also provides older clients with up-to-date and relevant business information according to their stage of development.

Ms. Lee, Blair's mentor in the pro-

gram, said it's exciting to see young people able to apply their theoretical knowledge learned in the classroom to a hands-on, real-world experience and find success in the process.

"The award offsets startup costs," she said. "Even if you don't make a lot of money it's worth it to do something like this to learn about the business world."

Blair used his seed funds to purchase his self-designed company T-shirts and hats and a garden cart for pickup. He also designed flyers and distributed them.

"One thing I learned is that you can change your business plan," he said.

When his business seemed to be slowing down at the start of July, he decided to target cottage country, a decision instrumental in his success. He set up shop at his grandparents' cottage near Apsley.

"It really exploded," he said. "I was

really surprised. It was crazy."

Ms. Lee has used his story and those of several other student participants as case studies in the entrepreneurship course she teaches. One former student found success offering summer backyard swimming lessons. Another created and applied temporary tattoos at public events. Each made several thousands of dollars in sales, said BACD's Carol Ann Walker.

Past participants have launched successful careers after starting with the summer program, such as Heather Frize, whose jewelry business, Ecstatic, operates out of Toronto's Distillery District.

Those success stories inspire others, including those at the BACD, she said.

"We want students to see business as a viable career option," said Ms. Walker. "Small business is the backbone of the Ontario economy."

Consumers asking for traditional ways where food is concerned

By Kim Downey
kdowney@durhamregion.com

DURHAM — Linda Snowden is proud that her family farm is one of the three beef herds within Oshawa's boundaries.

She is even prouder that her 80 cows are naturally raised, unlike those on many larger enterprises where antibiotics, growth-hormone injections and inhumane living conditions are the norm for livestock.

For cows on her 750-acre Enniskillen farm, even their feed is natural -- farm-grown hay and corn -- and the cows are allowed to graze in the

fields.

"We have gone back to traditional ways," Ms. Snowden said. "Consumers are asking for that."

And if that's not enough to convince vegetarians to revert to eating meat products like Snowden Farm's beef pies, sausage rolls, lasagna, shepherd's pie and cuts of beef, there is the fact the products are home-made and all natural.

"Because we have gone the natural route, it takes a little longer to raise an animal, but we decided this was the way to go," Ms. Snowden said. "The response has been phenomenal."

Sales of their products at farmers' markets in Newcastle and Newmarket have tripled since they started selling them three years ago. The Snowdens are tapping into the consumer trend for locally produced "farm fresh" products that is sweeping much of the industrialized world.

One of 70 members of the Durham Farm Fresh Marketing Association (DFFMA), Ms. Snowden attended the association's recent workshop organized with Durham Region's Economic Development and Tourism Department.

The aim was to get ideas from

local growers, food producers and other stakeholders about developing the logistical support to get Durham Region produce into the hands of local consumers.

Held at Scugog Community Centre in Port Perry last Tuesday, it featured David Hughes, a British expert in local food marketing.

Local "farm fresh foods" are the buzz words of the food industry and represent a growing opportunity for regional producers to capture an increasing share of the local consumer food market, said Mr. Hughes, also a university professor who travels the world speaking on the topic.

Brown back to work six weeks after tumour removed

AJAX — Six weeks after having a brain tumour removed, Ward 4 local Councillor Pat Brown is back on the job.

On Monday, Coun. Brown attended her first council meeting since having an operation on Dec. 27.

An emotional Coun. Brown took the time to thank everyone for their wishes. She also thanked the team at St. Michael's Hospital, where the surgery was done, and the Rouge Valley Ajax and Pickering hospital, where she underwent rehabilitation.

"It was an eye-opener and an experience to have gone through this," Coun. Brown added, saying she's looking forward to work-

ing with her council colleagues again.

In an interview, Coun. Brown said her long-term prognosis is good, although she noted, "I'm not totally recovered. I need to get my walking correct. I have to get my strength back."

Coun. Brown said she "didn't have any fore-warning. I had no headaches" prior to Dec. 27. On that day, "I had shooting pain in the head. I laid down. My son was there and my whole right side was paralyzed. I was semi-conscious."

She was told that people can have a brain tumour "for years and die with them," and never have a problem with them.

A tumour isn't a problem until they swell or bleed out, which is what happened to Coun. Brown. "It bled out and that caused the pain and paralysis." She remained at St. Michael's until she could be transported back to the Ajax hospital.

"Toronto was Toronto. It provided the expertise for the operation. I welcomed the opportunity to come home and to rehab," she said. "I can't say enough about the rehab here in Ajax. It speaks to the issue of being close to home." For five weeks, she wasn't able to walk. "It speaks to the expertise at Ajax" that she's able to move and doesn't need an assistive device.



Keith Gilligan/ News Advertiser photo
Pat Brown returned to work as the Ward 4 local councillor on Monday, six weeks after an operation to remove a brain tumour. With her is Ward 3 local Councillor Joanne Dies.

Investment Corner

An information guide for financial planning

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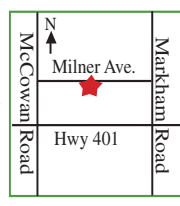
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A/P

Bringing Animal Dental Care Home:

(NC) According to a recent survey by the Canadian Veterinary Medical Association (CVMA), Canadian veterinarians feel that only 25 per cent of pet owners enquire about dental health. Considering new studies show there is a strong correlation between good oral health and the overall wellness of your pet, dental care should be an important factor in your pet's daily routine.

"There are a number of easy ways to look after your pet's teeth from the comfort of your own home," says Dr. Clayton MacKay, DVM, Director of Veterinary Affairs, Hill's Pet Nutrition Canada.

The first step is to become familiar with your pet's mouth. Look inside so you can recognize any changes that may occur. Using your veterinarian as a resource is also important. Advocate for a professional dental check-up each visit and ask lots of questions. Make sure you brush your pet's teeth daily. In addition to brushing, chewing activities can help serve as an effective maintenance tool, and feeding your pet a specially formulated dental food and treats can also keep plaque and tartar build-up at a minimum.

Tips for Brushing Your Pet's Teeth:

- Avoid restraining your pet
- Keep the brushing sessions short and sweet
- Give your pet lots of praise and be positive
- Move through the brushing process in steps over a few weeks (start by using your finger, then add gauze over the finger, then use a toothbrush)
- Always use a specially designed toothbrush for pets and never use human toothpaste as it can harm your cat or dog

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Helen - also a rescue. February is adopt a rescued Rabbit month and the shelter is full of them. Helen is a 5 month old female Angora.

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EDUCATION

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Make The Rest Of This Year Count!

By Oxford Learning

February: The Halfway Point of the School Year

It's February. It's a big milestone in the school year. For High School students, February means a new semester. For all students, it means it's the halfway point in the school year. That's right, there are only four months of school left until June.

That means that there are four months left to make this grade the best grade ever!

In order to take full advantage of the remaining time, Oxford Learning recommends parents and children take an inventory of the struggles that they encountered over the last few months. The trouble spots that your child dealt with during the last semester/last few months are a good indication of what struggles your child may face in the upcoming months.

Take inventory. Did your child:

- Leave homework until the last minute?

- Stay up late cramming?
- Get frustrated?
- Hide assignments?
- Dislike teachers?
- Have falling marks in a particular subject?

Did you answer yes to any of these questions? (We think that you may have, because, let's face it, many kids struggle with some of these issues.)

Any 'yes' answers mean that your child could probably benefit from some professional support and structure for the remaining months of school. More than just bringing up a mark in a particular subject, professional tutoring can

help your child:

- Study better
- Get more organized
- Think more clearly
- Manage frustrations
- Avoid last-minute studying
- Improve his or her attitude towards school

Make the rest of this year count. The clock may be ticking on the school year, but there is still time to make this grade the best grade ever!

Beginning with an in depth assessment, Oxford learning will design an individualized learning program for each child to build their academic and learning skills, and their confidence and motivation for school. There is no time like the present to let Oxford make a difference for your child. Call Oxford Learning in Ajax 683-6660, Pickering 420-3141 or visit www.oxfordlearning.com to find out how to help your child achieve their full potential in school this year!



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Parish implorers students to take lead on environment

By Roland Cilliers
rcilliers@durhamregion.com

AJAX — Mayor Steve Parish received some help on how to improve the Ajax environment from local students recently.

At an eco/spirit assembly at Roland Michener Public School, Mayor Parish spoke on how the Town of Ajax is helping to contribute to a greener community and how the students could help out in their own way.

“Parents usually tell you what to do,” Mayor Parish said to the students. “But, it is my view that on the environment it’s the young people telling their parents what should be done.”

The assembly was led by school principal Peggy Jo Scott who, along with several groups of students, outlined small ways that everyone can reduce energy use and the amount of waste they produce.

Mayor Parish offered his own suggestions for students on how to be more environmentally friendly.

“One of the ways students make a real difference is they go home to their parents and they say: we should be putting more stuff in our blue box. You know we shouldn’t be driving for that little trip down the road, I should be walking to school,” he said.

The Town has been taking part in several programs to support the environment. Ajax is part of a competition with the City of Pickering to see who can reduce more waste. The new fire headquarters being built at Salem and Rossland roads is designed with some of the latest environmental features, including geothermal heating. All new



Some of the members of the Roland Michener Public School Eco Team are Phelisha Cassup along with Rachel Della Palme, Celeste Bogle, teacher and Eco Leader Marlene Phemister and Parth Chhasatia.

trucks bought for Ajax’s operations department are hybrid vehicles and green spaces continue to be protected.

“We are doing all of these things to make our town cleaner and greener and a better place to live,” Mayor Parish said.

Roland Michener is part of the Eco-Schools program, which means it has achieved a series of waste and energy reduction goals. Mayor Parish and the Durham District School Board are hoping to make all the schools in Ajax Eco-Schools.

“If you really want to make a difference in the environment and in your community, you got to have your young people really into it and enthusiastic. The Eco-Schools program is very much a part of that,” Mayor Parish said in an interview.

Education

ADVERTISING FEATURE

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10 little known facts about Robert Munsch

(NC)-In honour of the 10th year of Family Literacy Day® we asked Robert Munsch, celebrated children’s author and honorary chair of the day to tell us 10 little known facts about him.

1. Robert Munsch didn’t start writing until he was 35 after someone heard him telling stories to children at the daycare where he worked.
2. It takes an average of five years for Robert Munsch to write a book.
3. Most Robert Munsch books are based on children he knows. Three stories are about his kids.
4. Robert Munsch has an editor, like most writers do, to get rid of the poor grammar in the original texts of his stories.
5. Robert Munsch likes hip-hop and his favourite rapper is Missy Elliot.
6. His kids are grown-ups, but Robert Munsch still reads to his nephews and

nieces.

7. Nine publishers turned Robert Munsch down before he was published.
8. When Robert Munsch was a kid his favourite book was The Five Hundred Hats of Bartholomew Cubbins by Dr. Seuss.
9. If Robert Munsch could be in one of his books, he would be in Mortimer.
10. Robert Munsch loves Family Literacy Day because it enables him to meet lots of interesting people and help to create a love of reading.

Family Literacy Day was created in 1999 by ABC CANADA Literacy Foundation and founding sponsor Honda Canada to reinforce the importance of families reading and engaging in activities that build knowledge for future success. To learn more about Family Literacy Day and events in your area, visit www.abc-canada.org/fld.





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KEYNOTE SPEAKERS



Dr. Joey Shulman

Dr. Joey Shulman is the author of *Winning the Food Fight – Every Parent's Guide to Raising a Healthy, Happy Child* (Wiley, 2003) and the National Best Seller *The Natural Makeover Diet – 4 steps to Inner Health and Outer Beauty* (Wiley, 2006). Her latest release *The Last 15 – A Weight Loss Breakthrough* is available in all stores as of Jan. 08.



Jennifer Hough
 CPT CNC

Jennifer Hough is the founder of *The Vital You Clinic*, Creator of the "Get Out of Your Own Way Course™", Best Selling Co-Author in *Wake Up and Live the Life You Love* and *A Search for Purpose* and author of the *School of Unlimited Life Book* and E-Course, author of *The Ultimate Holistic Cookbook*. She is a Life Coach, nutritionist, and an international speaker for the past 11 years. She truly does 'walk her talk'. She has transformed her own life from years of financial struggles, chronic migraines and fatigue to one of abundance and limitless vitality. Jennifer is an energizing 'human magnet' who has the largest Holistic Nutrition Coaching Practice in Canada.

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booth #2



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| 21) Ajax Convention Centre | |

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CONTRIBUTING EDITOR
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130 Commercial Avenue
 Ajax, Ontario L1S 2H5
 Tel: 905-683-5110
 Fax: 905-619-9068
 Circulation: 905-683-5117
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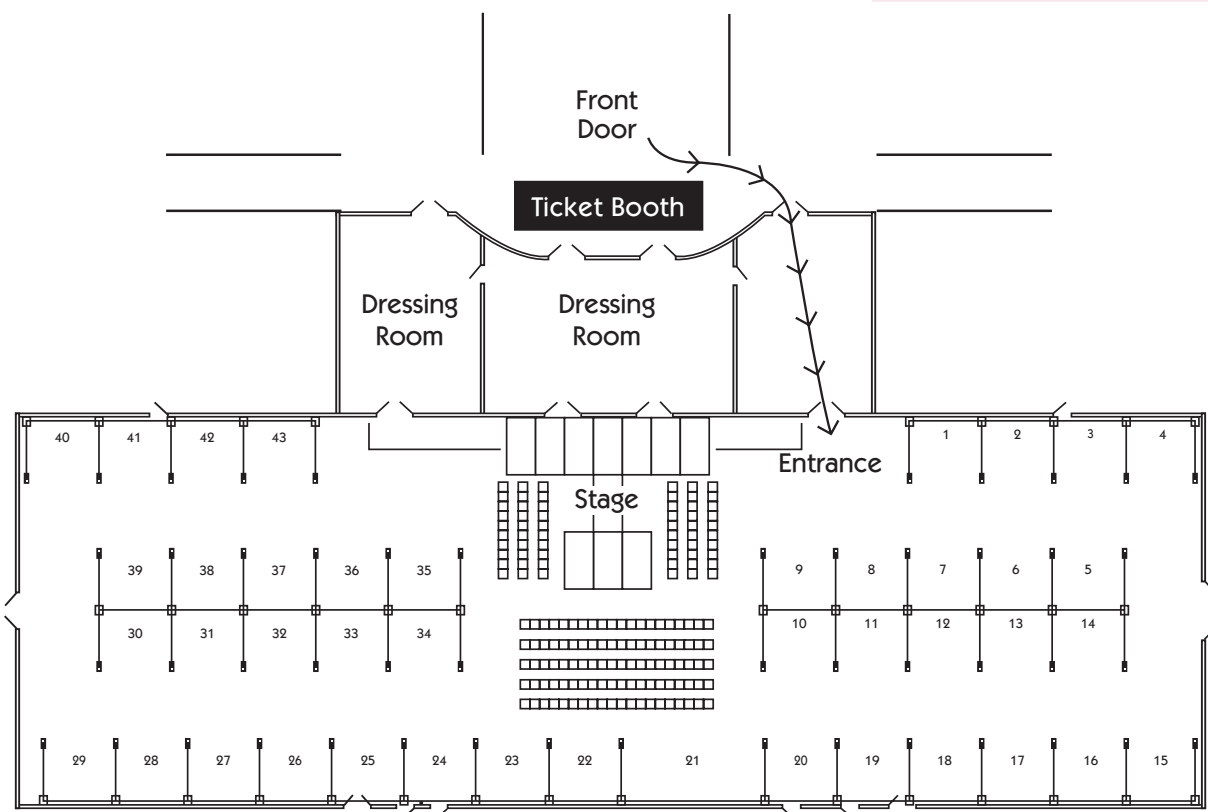


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booth #9



Welcome to the spring wedding show 2008

The year's busiest wedding season is just around the corner, and The Spring Wedding Show 2008 in Ajax-Pickering returns to help couples plan the perfect day.

The popular event, brought to you by the News Advertiser, is the longest running wedding show in Durham Region, and was even voted a Favourite Community Event by readers last year in the Readers Choice Awards for Ajax/Pickering.

The Spring Wedding Show 2008 is a one-stop shop for everything, including bridal gowns, tuxedos, photographers, cakes, limousines, florists, wedding planners, caterers, hair and make-up professionals, music and more.

With only local vendors in attendance, it's the perfect place for brides and grooms to find out what services are available close to home, without the hassle of going downtown.

"I encourage local brides to go to other shows and see what's out there – and then see what they can get in their own community," says Laurie McCaig, event coordinator. "Ajax and Pickering has a lot to offer their local brides and grooms."

This year's wedding extravaganza will be held once again at The Ajax Convention Centre on February 24th, with doors opening at 11 a.m. Guests will be greeted with the lovely sounds of bagpiper Dave McGonigal, and offered an array of

hors d'oeuvres and refreshments provided by the Ajax Convention Centre as they make their way around the beautifully decorated hall.

Everyone is welcome, from grooms and brides-to-be, to their attendants and family members.

McCaig says brides are given a special badge to identify them to vendors, ensuring they get the attention they deserve.

"Vendors like that and brides like it too," says McCaig. "It lets them know they're talking to the right person... and they can win prizes!"

The afternoon wraps up with a fashion show at 3 p.m., where Bridal Desires and Tuxedo Royale will present the newest trends and styles in wedding fashion. The best in hair and make-up will be provided by V2 Beauty Salon and Make Up by Lena.

Throughout the day, there will be many fabulous prizes given out, including more than \$2,000 worth of gifts from event sponsor The Bay/Home Outfitters.

One lucky winner, will win a "Romantic Night's Stay" at the Ajax Hilton Garden Inn. This draw is open for anyone attending the show.

With 42 booths, in 18 categories, the day will be packed full of fun and information for guests.

Tickets are \$6 for one or \$10 for two at the door. For the first time, The Spring Wedding Show is online as well. Tickets can be purchased there for \$4, as well as at local merchants listed on the website and in the News Advertiser. Parking is free.



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booth #20

win one of five major prizes from the Bay / Home Outfitters



The party starts even before your wedding day, with a chance to win one of five prizes from the Bay / Home Outfitters, sponsor of The Spring Wedding Show 2008.

The total prize package is worth \$2,000.

There are four Estee Lauder baskets filled with \$300 of professional skin care, makeup and beauty products, as well as a woman's watch by

Seiko valued at \$400.

For your home, there is a chance to win an 11-piece Kitchen Aid knife block worth \$200 and a duvet from Home Outfitters valued at \$200.

The Bay promises several other exciting prizes to be announced during the Wedding Show.

You must be in attendance at the fashion show to win these exciting prizes. All guests to the Spring Wedding Show will be entered to win.

visit the spring wedding show 2008 online



The region's longest-running wedding show is now online, making it even easier for brides and grooms to find everything they need to plan their special day.

By clicking on www.durhamweddingsource.com, couples will have access to The Spring Wedding Show 2008 vendors long after the event is over.

Show vendors are listed, with links to their websites as well as contact information and directions on how to get there.

"It's a great hands-on type of site," says Laurie McCaig, coordinator of The Spring Wedding Show. "Brides today are so internet savvy, it seemed like a natural progression for the show."

McCaig says having a website built around the spring and fall wedding shows allows brides and grooms to have the same access they have to vendors that day, for a full three months.

Vendor websites have been available since mid-January and will remain online until mid-March.

"If a bride didn't get a chance to talk to a vendor, or wanted to find out more about them, they can go

on the website and find out everything they need," says McCaig.

Guests who buy tickets to The Spring Wedding Show online can enter to win an engagement photo, courtesy of Pickering Photo, valued at \$200.

To get a taste of what the spring gala has to offer, there's a short video with highlights from The Fall Wedding Show 2007, provided by Dynamic Digital Media.

Long after the event is over, Durham Wedding Source will help you finalize your wedding with a special 'Planning 101' section, where you'll find tips on things such as choosing the right wine etc.

The wedding website, proudly hosted by the News Advertiser, is proving to be popular even beyond Durham Region, according to McCaig.

She says brides from all over, even as far away as Belleville, have visited the Show.


Guests can purchase tickets online for \$4, with Visa or MasterCard.

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booth #22

Find your wedding style at the fashion show

Whether you're looking for the hottest trends in bridal gowns, or a style that sets your guy apart, the Fashion Show at The Spring Wedding Show 2008 will have it all.

You'll see the newest looks in wedding attire, compliments of Bridal Desires in Ajax and Tuxedo Royale at the Pickering Towne Centre.

They'll showcase formalwear for everyone in your wedding, from the flower girl and ring bearer to attendants, parents and, of course, you.

Expect to see a lot of vintage lace this year, says Bridal Desires owner, Joanna Carter. She says the vintage look, with pearls and lace, is this year's freshest look.

So is ivory, whether it's a classic princess-style gown or a simple sundress style suited for a beach or destination wedding.

Bridal Desires will also showcase its wide selection of accessories, from traditional tiaras and veils to trendy headpieces featuring feathers and jewels or a garland of flowers.

"We have a dress for everyone, with a price range to accommodate any budget," says Carter, adding models from size eight to 14, tall and short, will showcase her gowns.

Bridal Desires specializes in helping brides find the 'perfect' dress for their shape and personality, whether it's a strapless gown, halter-style, a corset

back or a billowing Cinderella gown.

"There are no rules anymore, so the possibilities are endless," she says.

The same holds true for the groom, who can opt for anything from the classic black tuxedo to a crisp white dinner jacket or the newest trend - stripes - in either bold, white "chalk" stripes or tone on tone.

Tuxedo Royale will also model several looks, whether it's a classic vest with a patterned Windsor tie or a James Bond-style cummerbund and bow-tie.

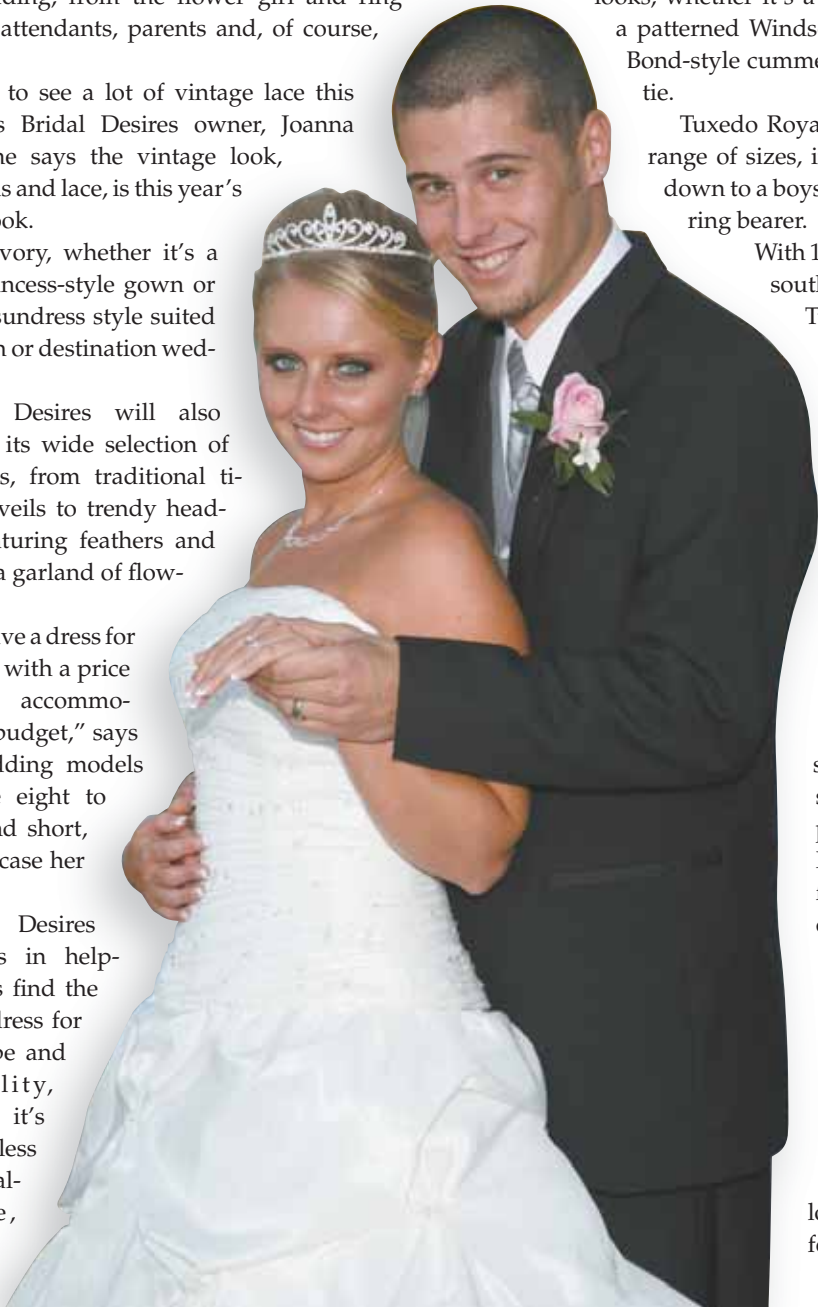
Tuxedo Royale carries a wide range of sizes, in all styles, right down to a boys size three for the ring bearer.

With 13 locations across southern Ontario,

Tuxedo Royale can easily accommodate out-of-town attendants. Every location has a full showroom, so the guys can see, touch and try on different looks and styles.

To keep your special day as stress-free as possible, Tuxedo Royale also offers a fitting three days prior to your wedding.

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booth #34

MakeUp by Lena & V2 Beauty Salon: making brides beautiful...naturally

Every bride wants to be beautiful on her wedding day, which usually means looking like an even better version of herself; not like an over-powering version of someone else.

Leave it to MakeUp by Lena and V2 Beauty Salon, both in Pickering, to bring out your natural beauty on your wedding day.

"The biggest fear most brides have of using a makeup artist is that they won't look like themselves," says Lena Gregory of MakeUp by Lena.

With Gregory behind the makeup brush, there's no reason to fear. She offers brides an initial consultation to discuss everything from the colours in the wedding party to the bride's personality.

She then does their makeup exactly as she will on their wedding day, so the bride can relax, knowing she'll be radiant walking down the aisle.

MakeUp by Lena is the official makeup artist for The Spring Wedding Show 2008. You can see her work as she prepares the models at her booth. They range in age from eight to 50, to give you a sense of how Gregory can work with everyone in your wedding party.

She says the trend for brides is still toward neutral shades for the eyes – bronzes and taupes – and

more of the pinks and peaches for the cheeks.

It's the perfect complement to the soft, natural 'Hollywood' curls – one of the hottest bridal hairstyles today.

While up-dos are still a classic, especially with an ornate or detailed dress, many brides are striving for a 'Katherine Hepburn' look, according to Sylvia Barone of V2 Beauty Salon, The Wedding Show's official hair stylist.

"They're wearing flowing, A-line dresses that are not too fussy, so if the dress is simple, the hair can be the focus," she says.

Half-up, half-down hairstyles, with lots of loose curls, create a soft, romantic look, as does a floor length veil, tucked in the curls.

Of course, an up-do encircled with a tiara is a beautiful style for the bride looking to be a princess for a day – a look (last name) considers her specialty. Her late mother spent hours teaching her how to pin the hair in just the right place to achieve a beautiful look that would last all day.

Both Gregory and Barone have more than twenty years, each, behind them, making them true professionals in the art of creating beautiful brides.

So be you, naturally, on your special day with the help of MakeUp by Lena and V2 Beauty Salon.

Sight and Sound Music: the perfect party hosts

You've dreamed of this day for so long and spent months planning for it. Now it's time to simply enjoy the evening with Sight and Sound Music.

"A lot of weddings today are social as opposed to formal," says owner Steve Ernst. "Most people just want to have fun. From formal to frenzied – that's what we offer."

Sight and Sound Music does more than just play music. Ernst says his professional DJs drive the evening, by acting as "party hosts" to the crowd.

"Just putting a CD in and pushing play is easy," he says. "The hard part is getting people involved and knowing what songs to play and when."

A month before the wedding, he meets with the bride and groom to find out exactly what they expect: is it a young crowd that likes to dance, or older

guests who want to socialize?

With a repertoire of more than 40,000 songs to choose from, there's something for everyone's musical tastes. Sight and Sound brings about 15,000 to every wedding, even though only about 60 will be played.

"If it's danceable and recognizable, we have it," he says.

He says couple's choosing a DJ shouldn't base their decision on price alone. He says there are a number of things to consider, such as whether they belong to a trade organization, the Canadian Online Disc Jockey Association or the Wedding Council of Ontario.

With more than 30 years in the business, and over 10 years as the official music sponsor of The Wedding Show, Sight and Sound is the DJ for your wedding.

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booth #35

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"Between the two stores, there's a huge variety of items to choose from," says Olivia Quintanilha, department manager of

gift registry at the Bay in Pickering.

All your guests have to do is print off your wish list, available at either store, and start shopping.

If they would prefer to give money, gift cards are listed and can be redeemed after the wedding for anything still on your list, or redeemed toward your honeymoon if you book through Maritime Travel.

For guests who can't make the wedding, but would still like to send a gift, your list is available online and the gift will be sent to the store where you are registered.

Quintanilha says setting up a gift registry is not only practical, it's a lot of fun for a new couple as they set up a home together.

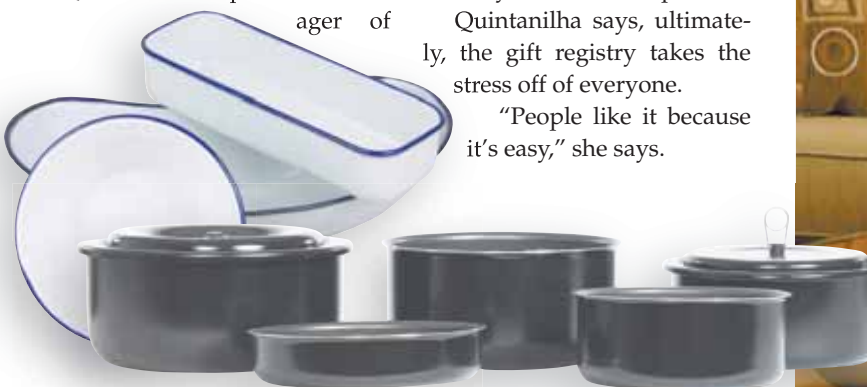
"Today a lot of the guys like to have a lot of say," she says. "They like to choose the dinnerware they're going to eat on every day, the crystal they're going to drink from, the linens they're going to use."

But what if you end up with only six place settings instead of the eight you registered for? Or you get one towel, rather than two?

The Bay / Home Outfitters offers a 'completion program' that allows you to buy what's left on your list at sale prices.

Quintanilha says, ultimately, the gift registry takes the stress off of everyone.

"People like it because it's easy," she says.



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cover a wedding's expenses a personal line of credit in addition to a current credit card could be considered. A line of credit like CIBC's Personal Line of Credit can give holders the security and flexibility to easily access cash all at a lower rate of interest. Although access to cash offers a great convenience it is important to budget and prioritize costs associated with the big day. A conversation with your financial advisor can help you understand how you can best finance them.

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there's a flower for every bride

Your wedding day is the perfect time to stop and smell the roses — or the daisies or the tulips or the hydrangea. A bride's flower options, from her bouquet to the centrepieces, are virtually limitless. If you're having a difficult time choosing the right blooms, consider the type of bride you are. There's a perfect flower for everyone. Here are some suggestions depending upon your own personal style.

THE CLASSIC BRIDE

Simple, sophisticated and timeless describes the classic bride. She follows all the rules of wedding etiquette, and she takes tradition seriously. White roses or stephanotis with pearl pins in the centre are the ideal flowers for the classic bride's bouquet. The classic woman's bridesmaids carry cascading roses in shades that match their dresses. Her groom and ushers sport rose and baby's breath boutonnières. Long-stemmed white roses in tall vases that allow guests to see one another make for traditional, tasteful reception centerpieces.

THE MODERN BRIDE

This bride is up on all the hottest wedding trends, and she's more than happy to include them in her big day. She is in vogue and willing to think outside the box. When it comes to the bouquet, she should consider single-flower monochromatic nosegays or calla lilies in white or a bright color. Calla lilies in various shades — from yellow to crimson — are ideal for the modern girl's attendants. Her groom might stick with the traditional rose boutonnière or simply a silk handkerchief tucked in his front pocket, depending upon the affair's degree of formality. Wildflowers for centrepieces or towering trays of cookies or another conversation piece are key signs of

a modern bride.

THE GLAMOROUS BRIDE

Diva is the first word that comes to mind when you hear about the glamorous bride. Everything she does makes a dramatic statement. And her flowers — or lack thereof — are no different. A glamorous bride who prefers to make a statement with flowers should choose something like orchids, peonies, giant peonies, or black-magic roses. This bride often chooses more sleek and simple flower arrangements for her bridesmaids — if she includes them — because she should be the centre of attention.

THE ROMANTIC BRIDE

She wants to be a princess for a day and often wears a big frilly dress with lots of regal details. The romantic bride chooses flowers that are cascading and pastel. Consider dahlias, a baby's breath cloud or a nosegay in a silver or gold cone-shaped vase called a tussy mussy. Tea roses are a great choice for the bridesmaids, and the flower girl wears a wreath of baby's breath in her hair. Decorative reception flowers should be soft and demure in colour.

THE BEACH BRIDE

This girl knows when the surf's up, and she wants to smell the salt of the ocean when she says, "I do." Beach brides often dress in a slinky dress with little detail. Therefore, the bouquet should be eye-catching. Something like spiky blue veronica with hydrangea, white amaryllis, sunflowers or birds of paradise can make a statement. The groom wears linen and goes sans flowers. The bridesmaids are more likely to have a tropical flower in their hair than in their hands. Reception décor that features shells in lieu of flowers make for fitting centerpieces.



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THE MODERN BRIDE



THE GLAMOROUS BRIDE



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AJ Groen/ News Advertiser photo

A Courtice Secondary School Cougars' player and Ajax High School Rams' Brett Holmberg race for a loose puck in the Cougars' zone. The Rams won this game 4-1 on Tuesday, and then ended the quarter-final series with an 8-2 win on Thursday. Ajax now meets St. Mary in the best-of-three semifinal series next week.

Perfect Rams advance to LOSSA hockey semis

AJAX — The amazing season for the Ajax High School Rams senior boys' hockey team continues as they took one more step toward a league title on Thursday afternoon.

The Rams (12-0) booked their ticket to the Lake Ontario Secondary School Athletics (LOSSA) semifinal series after sweeping the Courtice Secondary School Cougars out of the best-of-three playoff quarter-final with an emphatic 8-2 win at the South Courtice Arena.

Drew Boyd led the way for the Rams with a two-goal effort. Andrew Flynn, Taylor Giffin, Hayden Perroni, Ryan Brawley, Kevin Watts and Tyler Milanovic added single markers.

Mark Vandermeer and James Kehoe replied for Courtice.

The Rams now face the defending LOSSA champion St. Mary Catholic Secondary School Monarchs of Pickering in a semifinal series, slated to begin on Thursday, Feb. 21 at the Ajax Community Centre. Game 2 in the series is at the Don Beer Sports Arena in Pickering on Monday, Feb.

25. Games times for both playoff contests have yet to be determined.

Rams' coach Craig Nemis says the semifinal represents a stern test for his charges against the defending LOSSA champs, but a challenge they're nonetheless eager to take up.

"They're quite a good team, so we're going to have to be on our game to compete," he says. "We're very excited -- looking forward to it."

For the first time in a long time, the Rams will throw a balanced attack, along with solid goaltending and defence, at the Monarchs in an effort to dethrone the champs.

"We have a really good overall team this year. Historically, we've had one or two strong lines and one or two strong 'D'. This year, we have excellent goaltending, strong 'D' and three strong forward lines, so we're well-balanced for the first time in a long time," explains Nemis.

St. Mary advanced to the semifinal after completing a quarter-final series sweep of its own, dumping

the McLaughlin Trojans of Oshawa in two straight games.

The Monarchs earned their way to the next round after a close 3-2 overtime victory on Thursday. Chris Rose, Corrado Gianfriddo and Ian Doherty scored for the Monarchs.

St. Mary opened with a 9-0 shut-out victory on Tuesday. Richard Abbott notched a hat trick to pace the Monarchs. Jesse Metzger, Steven Flowers, Brennan Serville, Spencer Foley and Jordan Bean also added to the scoring parade.

The Dunbarton High School Spartans also swept their quarter-finals series, with the Pickering High School Trojans left on the sidelines.

The Spartans will play the winner of the Eastdale Eagles-Anderson Raiders series, which is currently tied at one game apiece. The third and deciding game of that series is on Tuesday, Feb. 19 in Oshawa.

The Spartans prevailed 8-5 over the Trojans on Thursday afternoon to win the series two games to none.

◆ See Rams, Page 25

Ajax's Khongs shine on ice at junior nationals

Edbert captured gold medal, combines with Edrea for strong showing in dance

AJAX — An Ajax brother and sister performed to a high level at the 2008 BMO Skate Canada Junior Nationals at the Nepean Sportsplex in Ottawa earlier this month.

Edbert and Edrea Khong represented the Toronto Cricket Club at junior nationals, with Edbert winning gold among 10 competitors in the juvenile men's free skate event. Meanwhile, as a duo in their first season in the pre-novice dance category, the Khongs finished impressively with a fourth-place overall standing.

Edbert entered the juvenile men's free skate as the Canadian record-holder, which he set at the Central Ontario Sectional competition in Midland in November. At nationals, he beat his record by almost three points. In his free skate he successfully landed eight double jumps, dazzled the crowd

with his footwork, and impressed the judges with his mature interpretation of the dramatic music from the Tosca Fantasy, composed by Giacomo Puccini, to finish first with a total mark of 39.78.

Edbert's free skate coach, Mike Gillman, noted he was excited by Edbert's performance.

The Ajax skater also received a 'Possibility Award' from Skate Canada that recognized the quality of his performance and future potential.

Meanwhile, Edbert and Edrea combined to compete in the pre-novice dance event. This consisted of two compulsory dances (American Waltz and Rocker Foxtrot) and a free dance program skated to a selection of music from 'The King and I'.

Edbert and Edrea placed seventh after the compulsory dances and had a great free dance performance that moved them up to fourth-place overall. Edbert and Edrea were particularly pleased they earned a 'level 4' from the judges for their rotating lift. They also received a personal best score for their free dance.



News Advertiser file photo

Edbert and Edrea Khong placed fourth in the pre-novice dance division at junior nationals in Nepean recently.

The fourth-place performance was even more remarkable as the duo competed against older, more

experienced skaters in their first season at the pre-novice level.

Edbert and Edrea are coached

at the Toronto Cricket Club by Andrew Hallam, in consultation with Tracy Wilson and Brian Orser.

It's all about ALICE at Annandale curling club

Cash bonspiel a hit with female curlers

By Jim Eason
Special to the News Advertiser

AJAX — The distaff side of the Annandale Golf and Curling Club took over the pebbled ice on the

weekend for an annual bonspiel. The ALICE (Annandale Ladies' Invitational Cash Extravaganza) bonspiel attracted 56 players -- all from Annandale -- who made up 14 teams, each playing three, six-end games.

The Rhonda Welsh foursome ended up as the winner. Marilynne Gordon skipped her team to second,

followed by teams skipped by Lisa Puddephatt and Diane Lalonde.

Annandale will be well-represented at the Pepsi Junior Mixed and Bantam Mixed Zone Playdowns at the Oshawa Curling Club on Feb. 23 and 24.

Paul Bourque coaches the junior mixed team of Tim March, Chantal Lalonde, Patrick Janssen and Danielle Inglis. Ray Bushfield coaches the Rob Bushfield, Darelle Johnson, Tyler Anderson, and Rene James entry.

Through Youth Curling, Danielle Inglis, Darelle Johnson and Rene James will be paying the competitive membership fee that allows them to compete for Annandale. Also, Dale

Lalonde coaches the team of James McPherson, Yvonne Lalonde, Jake McGhee, and Angela Glanzmann.

Jennifer McGhee will coach the Scott Sawatzky, Stacey Hogan, Matt Hardman, and Lesley Pyne foursome.

The Bantam Mixed entry has Susannah Moylan coaching the team of Wesley Forget, Tess Bobbie, Michael Bryson, and Courtney Roblin.

Two teams advance from the double-knockout zone playdowns to the regionals at the Oakville Curling Club on March 1 and 2.

The Danielle Inglis rink of Burlington -- including two Annandale Curling Club members -- finished out of the playoffs at the M&M Meat

Shops Canadian Juniors Championship in Sault Ste. Marie from Feb. 3 to 10.

The Inglis team finished with a 6-6 record at the national showcase. In the round robin, they blanked the ninth end to keep the hammer in two games, but had the game winning point stolen on them. Put those two games in the win column and the Inglis team would have been in contention for the finals.

Curling with Inglis were Annandale's Chantal Lalonde at vice and Tracy O'Leary at second, along with Burlington's Pam Feldkamp at lead.

Manitoba's Kaitlyn Lawes rink captured the championship with a 7-6 win over Saskatchewan's Stephanie McVicar in the final on Sunday.



AJ Groen/ News Advertiser photo

Sheri Carroll, left, and Sandra Baker of Team Gordon sweep a rock into the house, while taking part in the ALICE bonspiel at Annandale last Saturday.

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Pickering gymnasts soar at Falls meet

PICKERING — Younger gymnasts with the Pickering Athletic Centre posted solid results while competing in the annual Americana Gymnastics Meet in Niagara Falls recently.

Leading the way for the PAC contingent was Jayden Gray, who managed a gold overall score in the Level 2 age 7 division. Individually, Gray finished with a silver on vault, and gold on each of the uneven parallel bars, balance beam and floor exercise.

Other results from the PAC were:

- Level 2 age 8: Grace Steinhansen - silver score vault, bronze score bars, merit score beam, silver score floor, silver score overall; Emily McManus - silver score vault, silver score bars, bronze score beam, merit score floor, bronze score overall; Veronica Large - silver score vault, gold

score bars, silver score beam, silver score floor, silver score overall; Amy DeSousa - merit score vault, silver score bars, merit score beam, bronze score floor, bronze score overall; Rachel Waldriff - merit score vault, silver score bars, merit score beam, bronze score floor, bronze score overall; Gabrielle Farr - merit score vault, silver score bars, merit score beam, bronze score floor, bronze score overall;

- Level 2 age 9/10: Madelaine Wolff - sixth on vault, fourth on bars, third on beam, seventh on floor, third overall; Fison Mesfin - fourth on vault, ninth on bars, second on beam, first on floor, fifth overall;

- Level 3 age 9: Grace Woolgar - fifth on vault, sixth on bars, fourth on beam, third on floor, fifth overall; Dana Brady - sixth on vault, ninth on bars, third on beam, eighth on floor, 10th overall;

- Level 3 age 9 Group 'A': Rhianon Devries - eighth on vault, fourth on bars, 11th on beam, sixth on floor, eighth overall; Mia Chevolleau - sixth on vault, ninth on bars, ninth on beam, eighth on floor, ninth overall;

- Level 3 age 10: Sarah Dodds - fourth on vault, third on bars, first on beam, fourth on floor, second overall;

- Level 3 age 11: Casey Kurtin - fourth on vault, fourth on bars, 10th on beam, fourth on floor, sixth overall; Jennifer Hamlyn - 11th on vault, 10th on bars, fourth on beam, sixth on floor, 13th overall;

- Level 3 age 12+: Chloe Kurtin - sixth on vault, seventh on bars, fourth on beam, third on floor, eighth overall;

- Level 4 age 9/10: Victoria Sparks - third on vault, first on bars, third on beam, fourth on floor, second overall; Alexandra Sagat - seventh on vault, second on bars, first on beam, ninth on floor, fourth overall; Jesse Taylor - sixth on vault, fifth on bars, 12th on beam, second on floor, sixth overall;

- Level 4 age 11/12: Sarah Harris-Lowe - sixth on vault, fifth on bars, sixth on beam, fourth on floor, fifth overall; Lindsay Gordon - sixth on vault, 10th bars, ninth beam, fifth on floor, eighth overall;

- Level 5 age 9: Savanna Ma - third on vault, fourth on bars, fourth on beam, fourth on floor, third overall;

- Level 5 age 12/13: Ashley Cammisa - eighth on vault, seventh on bars, ninth on beam, sixth on floor, ninth overall.



Jason Liebrechts/ News Advertiser photo

Rams play St. Mary in semis

◆ Rams from page 23

Blake Boddy and Ian Watters led the way for Dunbarton with a pair of goals apiece; Chris Wright, Colin Campbell, Brad McAllister and Mike Carey were the other marksmen.

James Hoffman had two goals for the Trojans. Alex Hillhouse, Greg Waller and Dylon Hutton chipped in with one apiece.

In Game 1 of the series, Dunbarton posted a 7-4 victory on Wednesday.

Watters scored twice for the Dunbarton Spartans, with singles to Andrew Rhodes, Boddy, Campbell, Ryan Lee and McAllister.

Tyler Wicks, Jake Bannister, Greg Waller and Dylon Hutton replied for the Pickering High Trojans.

Cole corrals it

PICKERING — Pickering Panthers' Cole Watkins takes the puck from Markham Waxers' Claudio Cowdrey during junior 'A' hockey action at the Pickering Recreation Complex on Wednesday. In their final league game of the season, the Panthers lost 7-1.

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CCT Auto Trans Inc. is seeking drivers to join our growing team. Experience is preferred, but training is available. Unionized wages and benefits. Applicants must provide current CVOR, criminal checks, medicals and either be FAST approved or able to be within 6 months of hire. Routes include Michigan to Montreal corridor and/or Toronto to Buffalo area. Serious enquiries only. Please fax resume and supporting paperwork to 905-263-4719.

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ADULT VIDEO STORE in Ajax requires Permanent Part-time help, 28-35 hrs. per week, nights, days & weekends. Previous retail experience an asset. Fax resume to (905)426-6434.

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Partners In Community Nursing



Partners in Community Nursing has been providing quality nursing care to Durham Region for over nine years. PCN is accredited with the Canadian Council on Health Services Accreditation (CCHSA). "We are proud to be part of the medical profession. PCN's professional team of RNs, RPNs and administrators are dedicated to providing the highest quality nursing care."

PCN provides community nursing service to all of Durham Region from west Pickering, to north of Beaverton, east to Newtonville and south to Lake Ontario.

- MILESTONES**
1. October 1998, Partners in Community Nursing (PCN) was incorporated.
 2. Since 1998, PCN has been awarded two separate Requesting for Proposals through the Community Care Access Centre (CCAC).
 3. January 2006, awarded accreditation with the Canadian Council on Health Services Accreditation (CCHSA).
 4. November 2007, acquired the pediatric nursing program from Durham Association for Family Respite Services (DAFRS).

- THE COMPANY**
- Specialty Services**
Specialty services include:
- Palliative care team,
 - Enterostomal Therapy which includes Wound Ostomy and Continence Care.
 - Intravenous therapy,
 - Advanced foot care,
 - Pediatric home and school program
 - Inservicing and education. etc.
 - Diabetes Care

- Principals**
- Theresa Henderson, RN, BScN, ET, CWOCN, President, specializes in Enterostomal Therapy. Treasurer of the Canadian Association of Enterostomal Therapists
 - Heather Smith, RN, BHCNP, Vice President is Director of the Adult program and oversees Pediatric Nursing and the Continuous Quality Improvement (CQI) program. Smith is certified in Hospice Palliative Care Nursing.
 - Jennifer Camenzuli, Director of Pediatrics Nursing bringing 20 yrs. exp. in pediatric nursing + discharge planning.
 - Margarita Panualcman, RN BA, Quality

Coordinator conducts regular Continuous Quality Improvement (CQI) interviews with client and families.

- Nancy Sowards, Administrative Manager

The PCN Team

- PCN employs a team of 120 Registered Nurses (RNs), Registered Practical Nurses (RPNs) and administrators. Nursing professionals: 52 per cent RNs; 48 per cent RPNs.

Team Approach

PCN is committed to both clients and employees and is recognized as an 'employer of choice' in the Durham Region

"We are committed to our nurses' well being, as well as their professional development. We offer regular education sessions on wellness, as well as professional development. Our team environment encourages sharing successes and issues so that we may discuss and together seek constructive solutions."

- COMMUNITY SERVICE**
- Provides the expertise of an Enterostomal Therapist free to the Durham Medical Ostomy Clinic.
 - Supports "For the Love of a Child" charity.
 - Yearly participant in the Canadian Cancer Society Relay for Life.
 - We sponsored an individual to go to Honduras to provide community work through "Friends of Honduran Children."
 - Sponsors many local sports teams.

Partners in Community Nursing acquires pediatrics program November 17, 2007.

Partners in Community Nursing acquired the pediatrics program from Durham Association for Family Respite Services (DAFRS) in November 2007. DAFRS Executive Director, Mayah Sevnik stated, "Durham Association for Family Respite Services (DAFRS) approached PCN to acquire its pediatric nursing program because of their strong reputation for service excellence and satisfied employees."

Dedicated to helping special children be part of our community

Late each evening, while most of us are settling in for a good night's sleep, nurses from Partners in Community Nursing (PCN) are leaving their homes to support families in our community.

These dedicated nurses will provide overnight care for children with many special medical needs so their families can rest easily and be ready the next day to participate fully at home and in our community—at school, at work, wherever the day takes them.

As the morning hours approach, PCN school nurses are preparing to support children in schools across our community. Their presence allows children with special medical needs to learn, socialize with their peers and participate in regular school activities.

A satisfied parent sums it up: "Knowing a PCN nurse is coming through the door to care for Tyler while at school and at night gives me the comfort I need to carry on with my day and get a good nights sleep".

It is partly because of the steadfast commitment of these nurses that children with special medical needs are able to live full lives at home with their families and as members of our community.

PCN has been serving Durham Region since 1998. Founders, Theresa Henderson and Heather Smith are committed to their chosen profession and a strong belief in providing employees with a working environment that fosters team work and sharing of knowledge and expertise. Being committed to their employees well being and professional development translates into the consistent quality care on which PCN's reputation has been built. Care standards are regularly monitored through their Continuous Quality Improvement (CQI) program.

PCN President, Theresa Henderson, told us, "I cannot imagine choosing any other profession than nursing because of the high satisfaction level from assisting patients to meet their health care goals. Adding highly skilled pediatric nurses to our company compliments our already existing skilled nurses, and provides greater stability to Partners in Community Nursing."

For more information, please contact:
Theresa Henderson
President
Partners in Community Nursing
(905) 665-1711
thenderson@picn.ca



Partners In Community Nursing

Client Confidence through Quality Service and Innovation

Partners in Community Nursing (PCN) is dedicated to growing and nurturing the finest community based professional nursing service in Durham Region. PCN's main focus is on providing highly skilled nursing services including advanced wound care, pediatric care, enterostomal therapy, palliative care, diabetes care, continence advising, and educational in-servicing. We will continue to grow and succeed in the health care profession by doing what we do best, providing quality in-home nursing service through service excellence and innovation.

We are interviewing now for the following positions
Receptionist • Client Service Coordinators
Registered Nurses • Registered Practical Nurses
Full time • Part time • Casual

You will be adaptable and capable of providing nursing care, while meeting the needs of the diverse population, to a variety of clients within Durham Region. You bring a Baccalaureate degree or diploma in Nursing and community nursing experience preferred. Employees are presently required for full time, part time and casual positions in our visiting and shift programs for schools and homes. We offer a competitive compensation package, which includes travel expense and a creative incentive plan.

We thank all the applicants for their interest; however, only those to be interviewed will be contacted. We keep all resumes on file for six months. Please apply in writing, indicating the extent of your availability to:

Heather Smith, Director of Nursing Services
1450 Hopkins Street, Ste. 203, Whitby, ON L1N 2C3
905-665-1711 • Fax: 905-665-9961 • hsmith@picn.ca • www.picn.ca

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Our next dental hygiene program begins April 14, 2008

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Location / Date / Times
 Marriott Hotel - Grand Ballroom - 525 Bay Street (near Dundas)
 Tuesday, February 19th - 11am - 6pm
 Wednesday, February 20th - 11am - 3pm
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 We offer a competitive compensation package. Please fax your resume to R.Shields at (905) 666-8086 by February 29th. Only those applicants with experience / knowledge will be considered for the above noted position.

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 Lead our Landscape Architecture Department. Work is multi-disciplined including landscape design and drawings; site plan approvals; and, business development. Must be OALA Registered. Minimum 5-10 years practical experience.

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 Participate in the operation of the Architectural Department by assisting Senior Architects and assuming responsibility for portions of the design and implementation of Architectural projects. Minimum 2 to 5 years experience.

SENIOR ARCHITECTURAL DRAFTSPERSONS
 Architectural Technologist with 7-10 years experience completing high quality technical project drawings. Specification writing an asset.

All positions require excellent English communication and writing skills. Please forward your covering letter and resume by fax or email to:

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 Fax: 905-666-5256
 Email: dthompson@bba-archeng.com
www.bba-archeng.com

We thank all applicants for their interest; however, only those candidates to be considered will be notified.

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- ❖ Must be completely fluent in French and English
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Long and Short Term Assignments
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Please bring with you current copy of your resume together with 2 references, 2 pieces of photo ID and copy of your Grade 12 Diploma

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905-579-2911 or fax 905-579-6050



Student Summer Job Fair

Thursday, February 21, 2008
10:00am - 2:00pm
YMCA Durham Employment & Community
1550 Kingston Rd.
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Pickering, Ontario
(905) 427-7670

Employers hiring for positions in:
Sales, General Labour, Day Camps, Nursery and Restaurant positions and more

- Bring Your Resume!
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In 3 days you will have

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Cedar Brae Golf & Country Club seeking seasonal full and part time staff.

- Wait Staff •Line Cooks •Kitchen Help
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Phone: (416) 293-4161 Fax: (416) 293-1214
Email: bev@cedarbraegolf.com

BRYSON INSURANCE JOB OPENING

Bryson Insurance is growing and seeks a highly coachable, forward thinking, computer literate individual to join their Commercial Lines Department...this is a huge opportunity...if you are a high energy, achievement oriented person with discipline, initiative and good communication skills that is willing to learn and grow in a positive work environment...join a winning team, send your resume to Tracy Makris at address: tmakris@bryson-insurance.com or fax to 905-426-4959

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To apply online for Posting #CM08-004, by 4:30 p.m., Friday, February 22, 2008, please visit the Vacancies section of our website by choosing Educational Services under Employment.

While we appreciate all applications received, only those to be interviewed will be contacted.

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for home delivery of the Toronto Star in Whitby, Ajax and Pickering.
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MARKETER (6 month contract) Kingsway Arms at Clarington Centre is seeking a self motivated, energetic individual who has a desire to work with seniors. Previous experience in the Retirement industry is an asset. You will possess a proven track record in sales and strong organizational and communication skills. An excellent knowledge of Durham region and the Health Care industry is a must. Please submit your resume in confidence to the Executive Director via email at dhorbykams@rogers.com or fax to 905 697 2818. Only applicants considered for this position will be contacted. No phone calls please.

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SUPERINTENDENTS East Durham area. Mature couple required. Good salary and 2-bdrm apt. Routine repairs & maintenance, cleaning. Some administrative duties. Clear police check required. Please send resumes to File #329, c/o Oshawa This Week, P.O. Box 481, 865 Farewell St. Oshawa, ON L1H 7L5

UPSCALE RETIREMENT RESIDENCE, Lynde Creek Manor, is now hiring for the position of Dietary Aide. Food Handlers Certificate an asset, previous serving experience a must. Please fax your resume to: Attn: Amy at 905-665-7018

salon & spa help

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HAIRSTYLISTS REQUIRED, licensed, Full/Part Time, no colour, no perms, just great cuts. Pickering/Beach. Call Michelle 416-383-0689

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REFLECT DAY SPA and Salon, Port Perry requires Hair Stylist immediately; R.M.T. Part-Time & Gel Technician. Apply with resume, 112 Water St. or call Mandy or Jacqui 905-982-1958.

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Fax resume to 905-721-1217 or email: mail@diancengland.com

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Junior Office • Accountants
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28k - 55k • 1-3 years Experience
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MECHANICAL DESIGN Technologist/Draftsperson, Whitby. 3+ yrs Canadian HVAC experience in design, drafting (AutoCAD2006 or later), site audits. Proficient in English language.
info@durhamenergy.com

ACCOUNTANT, CGA or similar with manufacturing background. Ideally suited for semi retired professional seeking part-time employment. Reply to PO#430, Bowmanville, On, L1C 3Z2.

WANTED A FULL TIME receptionist, applicant must have some book keeping experience and Quick Books experience a must, wage to be negotiated e-mail: payables@live.ca

sales help & agents

sales help & agents

sales help & agents



TANKER TRUCKING SALESPERSON

Harold Marcus Limited, a for-hire tank truck operation, is looking to complete our Sales group by adding a new Sales professional to our dynamic and expanding organization.

This salesperson's mandate will be to increase volume by adding new customers as well as maintaining the current customer base in the greater Toronto and surrounding areas extending from Kitchener through Ottawa.

Our Requirements Are:

- 5 plus years transportation/carrier sales experience (tank truck preferable)
- Excellent interpersonal, communication and organizational skills
- Motivated and able to work with minimal supervision
- A self-starter with an eager attitude
- Able to deliver immediate and repeat results
- Computer literate for related software

Our Rewards For The Right Candidate Are:

- A competitive base salary and uncapped commission plan
- A full group benefit plan
- A company supported retirement savings plan

For further information visit www.haroldmarcus.com

Please forward all resumes by fax to:
Mr. Denis Marcus, President at 519-695-2249.

GUS BROWN USED CAR SUPER CENTRE

Requires EXPERIENCED USED VEHICLE SALES CONSULTANT

There is no better place to work in the automotive industry than Gus Brown Used Car Superstore! GM Selling experience will be considered an asset. Durham Region's #1 new & used volume dealer.

Contact: Gerald Thornton
Phone: (905)444-3000
Cell: (905)767-2352
Fax: (905)444-3049

We thank you for your interest, only those considered will be contacted for an interview.



A+M Data Corp. (located in Markham) is one of Canada's leading Managed Print Service Providers.

Account Manager

Responsibilities are to manage/grow an existing account base, in addition to bringing on new accounts. Strong computer/technology skills, a commitment to customer service & B2B sales experience are key. \$36,000 base, commission, expenses and benefits.

Business Development Representative

This role requires a self-motivated, well-organized individual with excellent communication skills to work inside generating sales opportunities for the sales team to close. The ideal candidate will possess a strong capacity to learn and enjoy business development. Experience in inside sales and/or relevant industry experience a plus. \$40,000 base, performance-based bonus & benefits.

Email your resume to hr@focus-america.com listing the position applied for in your subject line.

Earn \$45,000 to \$65,000

If you can say that you meet one of the following requirements, you may qualify for one of our placements or programs:

- No experience but a desire to start an exciting and rewarding sales career
 - A bright energetic individual with strong communication skills
 - Recently been layed off
 - Have recently been in receipt of EI benefits within 36 months
 - Have a desire to take control of your career and your earnings
- If any of these five descriptions describes you, register by calling

905-723-7700 or toll free at

1-877-723-7701 or email info@salesinstitute.ca

1st Registered Sales College in Canada

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www.salesinstitute.ca



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hospital/medical/dental

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Bayshore Home Health

We are seeking RN's & RPN's to work in the Durham Region & surrounding area.

Bayshore Home Health has been dedicated to enhancing the quality of life, independence and dignity of Canadians in their homes since 1966. We are Canadian owned and operate more than 30 offices across Canada. Our wide range of home and community health services are guided by national quality and clinical standards. Nurses and caregivers who join our team receive competitive compensation and benefits, flexible schedules, diverse assignments, paid orientation and ongoing training opportunities. In addition, we support all of our employees in their quest for service excellence through a culture based on respect, continuous learning and improvement, and valuing individuality and personal contributions. We are committed to helping our people live our mission of "making a difference in our clients' lives - every visit, every time." Please submit your resume to:

Attention: Diane Moore, Area Director
 Email: oshawa@bayshore.ca
 Fax: 905.433.5008/1-877-433-5007
 Address: 1 Mary St. N. Unit C, Oshawa, ON, L1G 7W8 (No phone calls please)

F/T EVENINGS R.N. for established Nursing Home.

We offer autonomy, challenge and diversity in your career. Computer skills an asset. Alternate weekends included. Submit resume via: Fax: 905-576-4712 or Email: info@sunnycrest.ca

hotel/restaurant

Coppinwood Golf Club is seeking a professional, motivated, well organized individual to fill the following position:

Assistant Food and Beverage Manager

The successful applicant must have previous management experience in fine dining and the food and beverage industry.

Please mail your resumes to:
Coppinwood
 2324 4th Concession Road
 Goodwood, Ontario. L0C 1A0
 Fax# 905-649-2968
 Or, E-mail your resumes to: katrina@coppinwood.com

Massey's Restaurant

SERVERS- Full Time
 LINE COOK- Full Time Experienced
 Apply in person with resume
 774 Liverpool Rd. S., Pickering

office help

FULL-TIME ADMINISTRATIVE ASSISTANT required. Must have Real Estate experience. Please send resumes attn: Lor-Lorraine loannou via fax 905-427-6524 or please e-mail resume to: ajaxfrontdesk@royalpage.ca

LEGAL REAL ESTATE Assistant/Law Clerk with ability to work independently on real estate files for law firm in Durham. Min. 5 years experience and knowledge of Conveyancer/PC law/Teraviva essential. Email resume: greggham14@gmail.com.

WANTED Busy real estate Office requires an unlicensed Assistant. You must be extremely organized, possess good people skills and drive a car. Duties include: contacting clients, data inputting, filing and some light accounting work, any photography would be considered an asset. For more information Call: 1-888-213-0076 User ID#2556 Listen to Free Recorded Message

sales help & agents

EXPERIENCED TELMARKETER for business-to-business sales required by Pickering-based publishing/training company est 1986. Resumes to tammy@electricityforum.com

NICHOLSON & MACK, a local direct marketing company requires an Inside Sales Person. Please send resume to: shere@nicholsonandmack.ca or call (903) 683-7979

hospital/medical/dental

1 PERMANENT PART-TIME PSW, day shift, weekends, 8:30am-7pm. Non-smoker, valid driver's license. Good wage. Call (905)434-6443, or email resume to: creativevalues@hotmail.com.

DENTAL ASSISTANT required part-time for Oshawa practice. Please fax resume 905-434-6388

DENTAL RECEPTIONIST/Assistant required for progressive office in Whitby. Experience required. E-mail resume to: dentaljob@live.ca

MARWOOD LIFECARE CENTRE has a position available for a full time director of care/educator, must hold a current RN registration. Fax resume attn Tracey Wehrheid (905)623-4497 or email twehrheid@extendicare.com

OPTOMETRIC ASSISTANT, experienced or certified preferred. F/T, evenings and Saturdays. Ability to multi-task, attentive to detail with a "Go-Getter" attitude. Fax resume: 905-866-8160.

PART-TIME MEDICAL SECRETARY, some evenings required. Experience preferred. Please resume with resume in writing only 95 Bayly St. Suite 200 Ajax, ON L1S 7K6

TREATMENT ROOM ideal for Health Professional for rent in Massage Therapy office. Great location - downtown Bowmanville. Includes reception, contactus@bowmanvillemassagetherapy.ca

"POWER OF SALE, free list of properties and picture, 1-888-246-4650, Ext:1042. Remax Hallmark, www.OntarioDistressSales.com.

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stores for sale, rent/wanted

STORE FOR LEASE
 AAA Location, a 1,220.00 S.F. store at Brock Rd. South & Bayly Street, Pickering Suitable for any kind of retail. 416-494-6529.

hotel/restaurant

DANA HOSPITALITY INC. is looking for, Monday-Friday, chef manager, deli person, salad bar cashier. Fax your resume: 416-495-2986.

EXPERIENCED SERVER required for busy fish & chip restaurant. Please apply in person with resume to: Flying Fish and Chips, 1540 Dundas St. E. at Thickson Rd

teaching opportunities

SWIMMING INSTRUCTORS NEEDED/ASSISTANT Instructors. Must be Red Cross/Royal life certified. Shifts available, daytime, evenings or weekends. Please call (416)358-2510.

houses for sale

*** PUBLIC NOTICE**
 Free list of Durham Region distress sales & foreclosures now available to public. 1-800-596-2052 ID #1042 Free recorded message

Government of Canada is offering assistance \$20,000.00/person to purchase your first home. Free report available at 1-800-596-2052 ID #1053 Free recorded message

OPEN HOUSE, Sat. Feb 16th 1-4pm, 13 Palmer Dr., Ajax, \$264,900. 2-storey detached, 3-bedrooms, 2 washrooms. Thousands spent on renovations. Modern kitchen, new appliances, finished basement, near 401 & all amenities. (647)838-6494 (416)990-8116

PICKERING, WHITES/HWY/OPEN HOUSE SATURDAY/SUNDAY 2-5PM. Nice spacious 4-bedroom home, with many upgrades, basement apartment, potential income, \$300k. Call (416)432-1258. Private Sale.

offices & business space

COMMERCIAL OFFICE SPACE for lease. Prime north Oshawa location. Second floor space, 560 or 630sq.ft. Parking available. Available immediately. Call 905-576-0958 for details.

EXECUTIVE OFFICE SPACE - Whitby downtown. Individual, upscale offices, 1st & 2nd floor space available. Call Snyder Rental 905-655-5000 for details.

OFFICE SPACE FOR RENT April 01, 2008. 11 x 20 ft. \$600.00 Finley Ave. Ajax 905-428-0956 ext 221

investment opportunities

RETIREMENT HOME FOR Special Care-15 Beds. Fully Licensed by Government. Asking \$635,000-Once in a Lifetime Opportunity. Call William Lee, Sales Rep, Century 21 Percy Fulton, 416-298-8200.

business opportunities

A GROUND FLOOR opportunity looking for enthusiastic entrepreneurs here in Durham Region. Revolutionary product, fantastic & successful leadership. Call 905-493-6723

BUCK OR TWO, great franchise opportunity available North East of Pickering. Well established business, turn key package, electronic purchasing ordering system, complete training and on going support. Call Finlay Burt at 1-800-890-8633 Ext.292.

POOL BUSINESS, full service only. Clients, equipment, and stock. Fair offer accepted. Call (905)728-8962

business opportunities

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PROMOTE YOUR BUSINESS or service to over 4 million adults in Ontario. Call today to book your classified word ad in over 100 community newspapers! Regional & Weekly packages avail. (Includes online). 416-493-1300 ext 237, 288, 276 advertising@metroland.com

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apartments & flats for rent

IKING/WILSON, OSOWA Quiet building, near shopping, transportation. Utilities, parking included, available immediately. 2-bedroom apts. Call (905)571-4912 until 6:00pm.

***WHITBY'S** prestigious West Lodge, April 1. Main floor of bungalow, 3-bedrooms, parking, fenced yard, appliances, near amenities. \$1100/share utilities. First/Last. 905-668-8620.

1 BEDROOM APT. - Ritson/Athol Oshawa, \$650+hydro. Available March 1st. No laundry. Appliances, parking included. No pets. Newly renovated. 416-996-2022

1 BEDROOM AVAILABLE in newer home located in Whitby. Above grade windows, fireplace and more \$950/month. Call Tom at 905-426-7515.

1-BEDROOM basement apartment, Oshawa. Very clean, no pets/smoking, heat, hydro, parking and laundry. First/last, references, working person preferred. (905)576-3059.

1-BEDROOM BASEMENT apt. for rent, Finch/Liverpool. Furnished, close to amenities. \$750/month. Cable/internet included. Available immediately. No pets, no smoking. Call 905-239-2290.

2-BDRM OSOWA bright quiet apartment, Simcoe North at Russett. Hardwood floors, well-maintained 12plex, newly renovated, near bus/shopping. New appliances, cable, heat, water, parking included. Laundry, No dogs. 905-576-2982.

2-BEDROOM APARTMENT with balcony in Courtye. Separate entrance, parking \$750/month. + utilities. No dogs. First/last, available immediately. Call 905-579-7553 or 905-436-2583

2-BEDROOM BASEMENT apt, newly renovated, includes utilities, satellite TV, A/C, internet, shared laundry, 1 parking, no smoking/pets, \$900/first/last. Phillip Murray/Stevenson. April 1st. (905)728-2211

2-BEDROOM BASEMENT apt., newly renovated, very large, plus solarium. Laundry facilities, appliances. Near Oshawa Centre, 2-parking. \$900/month. Available March 1st. References. No pets. (905)571-0631

2-BEDROOM, BRIGHT, spacious, clean. Quiet North-Oshawa neighbourhood. Utilities and appliances included. Close to amenities and bus stop. No pets. No smokers. MUST SEE!! \$1,000 per mo. (705)523-8093 (Sudbury), (905)433-1632.

3-BEDROOM BRIGHT, spacious, main floor, Whitby, centrally located. New carpets, fridge/stove, parking, \$1100/month inclusive. No pets/smoking. Avail. immediately. 905-556-9972, 905-925-9972

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 Move in NOW!



Ask us about AIR MILES & REWARD MILES !!

- Friendly community
- Located near shopping, GO & 401
- Transit at your door.
- Attractive & spacious 2 & 3 Bedroom suites from \$890
- Utilities included
- Seniors' Discounts Available
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Highland Towers, 200 White Oaks Ct. Whitby (905)668-7332 www.caprent.com

385 GIBB ST. Oshawa, 1 & 2-bdrm apts, quiet bldg. Walking distance to Oshawa Centre/amenities. Laundry facilities on-site, utilities included. No pets. March/April. 905-723-5434

Condominium Suites in Oshawa 2 & 3 Bdrm's
 Free Utilities, Parking, Senior's, Retiree's & GM Discounts
 905-728-4993

AJAX - HARWOOD/BAYLY-LARGE one bedroom basement apartment. Fully renovated new carpet and tiles. Parking/laundry. \$700/mo plus utilities. Available March 1st 905-509-2335 cell 905-903-2335 after 4pm.

AJAX - PICKERING VILLAGE, 2 bedroom apartment in a clean 12 unit building, parking, laundry, eat-in kitchen. \$895 per month. (647)628-8810

AJAX, IMMACULATE 2-bedroom basement apt. Large, 4-appliances, jacuzzi-tub, sep. laundry, 2-parking, close to schools/shopping. \$950/mo inclusive. March 1st. Call Mike weekdays 905-427-4077 ext 24 or eve/wknds 905-665-3666

AJAX, WESTNEY RD./HWY.#2, Furnished, large, bright, 1 bedroom basement apt.+den. Amenities. Laundry. Internet/Cable. A/C. Share kitchen/bath. One parking. Available immediately. \$600/month. 416-606-4802.

AJAX- OXFORD TOWERS. Spacious apartments, quiet bldg, near shopping, GO. Pool. 1 bedroom apt. \$859/mo. Available immediately. 905-683-8421.

ATTRACTIVE WALKOUT 2 bdrm. bsmt. apt., private entrance, air, fridge, stove, cable, \$1100/mo. inclusive. first/last. Rossland/Garden/Bassett. Avail. Feb 29. Call 905-665-8504.

AVAILABLE Feb 15 or-March 1. Large 3-bdrm upper bungalow apt, located at Westney/Hwy 2. Must be seen. No pets/smoking. First/last. \$1200-inclusive. Call Ash (905)903-3684

BACHELOR apartment, Newly renovated, Simcoe & Athol area. \$590/month inclusive. Available immediately. 905-926-7057.

BACHELOR APARTMENT with kitchen & bath facilities, close to Oshawa Hospital, bus to College/University. First/last, credit check, \$540/month. Available March 1st. (905)623-9242, (416)648-9595.

BACHELOR APT., basement, first/last, no pets, no smoking, Simcoe/Rossland area. \$600 all included. Avail March 1. Call (905)720-2957

BASEMENT APARTMENT, N/E Whitby bachelor, single person/male preferred, private entrance, laundry, a/c. \$695 first/last, approved unit, 416-991-9701

BOWMANVILLE - 1.5 bedroom basement apartment. Separate entrance, walk out to back yard. Second floor from 401, close to transit, stores, schools and park. Includes central a/c, all utilities and laundry facilities. \$850/month all inclusive. Call 416-907-9967 to make an appointment.

BOWMANVILLE: 2-bedroom with den, close to all amenities. \$930 per mo. plus hydro and cable. Office hours 9-5, Monday-Friday. (905)430-1877.

BRIGHT WALKOUT BASEMENT sep. entr., 5 appl., fireplace, 1 bedroom. Min. to direct Go Train stop. Avail. immed. \$950 + share utilities. Non smoker(s) with ref. Contact btmdina@yahoo.ca 905-424-9178

N. E. OSOWA, one bedroom 2nd floor, March 1st. Clean quiet, newly renovated, no pets, \$610, all inclusive. Parking. Call (905) 571-7840.

COURTICE RD/Sandringham, basement apt. 1-bedroom/1 large office, private entrance, separate laundry, parking, new gas fireplace, single mature preferred, non-smoker, no pets, \$1000 all inclusive. (905)434-7547.

COZY UP WITH A NEW APT. 1, 2 & 3 bdrm from \$950 on Park St, incl. water, some suites with balconies, mins from Oshawa Centre, Community Centre, directly on bus rte. 1.888.310.7000 G0transglobe.com

DUNLOP ST. W., Whitby, large 1 & 2-bedroom, quiet 6-appl., hardwood, Thermopane, 2 balconies, laundry parking. No pets. Avail March 1st. \$795 & \$895/month. (416)759-5321

ENJOY YOUR NEWLY renovated 3-bedroom apt, in quite duplex, on-site laundry large backyard. Cedar/Phillip Murray area. \$950+hydro. (905)242-8016 or (905)404-1594, leave message.

LARGE 1 BEDROOM apt. located at Bayly/Liverpool. Separate entrance, washer/dryer, built-in dry bar, fireplace, close to all amenities, 10 min. walk from Pickering GO station, \$800/month, includes cable/utilities. Available immediately. Call 905-492-0615.

LEGAL LARGE, 1 bedroom ground floor, large windows throughout apt. fully renovated, separate entrance, scenic view, separate facing Altona Rd/Finch. \$885 all inclusive. Female preferred. 416-899-7376.

MARCH 1ST. Large, bright 1-bdrm basement apt, north Oshawa. Very clean, laundry, parking, separate entrance. All inclusive \$800, first/last, references. Call (Bus) 905-579-2175

NEW UPSCALE 1-bdrm apt on 2 acres ravine. Brock St./Taunton. double french-doors walk-out, breakfast bar, private laundry. No smoking/pets. \$850/mo inclusive. 416-712-6178, 416-855-0717

NEWLY RENOVATED 1 bedroom basement apartment in Ajax, Salem/Mandrake. Close to 401. Separate entrance. First/last. Available immediately. No pets/smoking. 905-683-6568.

NORTHEAST Oshawa, cozy 1-bedroom +den upper floor, central air, suitable for professional/couple. Avail. immediately/March 1st/first/last, no smoking/pets. \$800/mo inclusive. (905)720-2307.

ONE BEDROOM basement apt. Hwy 2/McCoy. Near transportation, sep. entrance, parking, Laundry, appliances, \$700/mo inclusive. References. Professional female non-smoker preferred. Avail immediately. (905)430-1915

OSOWA - 2 bedroom apartment in a clean 12 unit building, parking, laundry, eat-in kitchen, from \$720 per month. 905-922-0292, 905-728-8066.

OSOWA - COMPLETELY RENOVATED 2 bedroom lower duplex. Near GM South plant. No smoking/pets. \$690 plus utilities. Available March 1st. Ist/last. (905)728-3894.

OSOWA - OLIVE/HARMONY. 3 and 2-bedroom 2-storey units available. \$850/month. plus utilities. Parking included. 905-571-1994. Pls leave message.

OSOWA -Close to O.C. Fully furnished bachelor bsmt. apt. Clean, newly renovated. \$600/month all inclusive. First/last. No pets/ smoking. Available immediately. 905-571-7708

OSOWA APTS. Clean quiet security monitored newer bldgs. Bachelor, 1 & 2 bedroom includes utilities, parking, laundry on site, no dogs. 905-260-9085, 905-743-0287.

OSOWA AREA- 3, 2 & 1 3-bedroom upper level, 2 & 1 bedroom basement apts, all well-maintained and close to all amenities. Call Robert today at 416-402-3435 for quick showing and approval

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 Close to schools, shopping, hospital.
 On site superintendent and security
77 Falby Crt., Ajax (905)686-0845
 www.ajaxapartments.com
 RAM-LAND PROPERTY MANAGEMENT

OSOWA, Clean, new building, large 2-bedroom apt. \$865. avail. February/March 1st. Appliances, parking & utilities included. 905-438-9715.

OSOWA, 1-BEDROOM, \$750/month, avail. April 1st. 2-bedroom, March 1, \$900. Immaculate, laundry, First/last, no dogs. See pictures at www.viewrental.piczo.com Call Al (905)213-0524, (905)213-0521.

OSOWA, Best Deals! Newly Renovated 1 & 2 bdrm. Senior lifestyle bldg. Large units, new kitchens, carpeting, windows, security. Near hospital, bus stop. Call 905-728-4966 or 1-866-601-3083 www.apartmentsinontario.com

OSOWA, Ritson/Wolfe, 2 bedroom, utilities, parking, fridge/stove inclusive. First/last, Available immediately. Call 647-404-1786.

OSOWA, Wilson/Olive area, bright 2-bedroom in 6-plex. Laundry, parking, kitchen. \$860/month inclusive. First/last/references. No big dogs. Immediate. Working couple preferred. (289)240-0540 leave message, (905)429-0539.

OSOWA, WINTER SPECIAL! Newly renovated 1 & 2 bdrms & bachelor. Senior lifestyle bldgs. Large units. New kitchens & appliances, carpeting, windows, security. Near schools/bus stop and amenities. Available March/April. 1-866-601-3083 905-432-6912. www.apartmentsinontario.com

OSOWA, WINTER SPECIAL! Under new Management. 1 & 2 bdrms, adult lifestyle bldg. Large units, new windows, security. Near bus, shopping. Avail. March/April. Call 905-723-1009 or 1-866-601-3083 or 905-728-3162 www.apartmentsinontario.com

PICKERING - legal one bedroom apartment, walkout basement, transit at door steps, all inclusive, parking, 1st/last, no pets/smoking. References. (905)839-2774.

PICKERING 1-bdrm main floor. Appleview/Dunbarton \$825. Immed. cable, laundry, parking, a/c, bathtub, no smoking/pets. On beautiful safe street. Sited for single person. Clean! 905-420-4451.

PICKERING ALTONA/FINCH 1 bedroom basement, semi-furnished in townhouse. Share laundry. Parking, cable, internet included. Single working person preferred. No pets/smoking, \$550/inclusive. 1st month only, no lease. Immediate. (905)509-9607. Call (416)726-2197.

PICKERING Liverpool/Bayly large bachelor apt. Fully renovated. Near all amenities plus beach. Laundry, parking, \$675 inclusive. Avail March 1st 905-509-2335, cell 905-903-2335 after 4pm

PICKERING VILLAGE 2-bedroom, walk-out basement apartment. Above ground. Executive home. Separate entrance, kitchen, laundry, 1.5 bath, 2-parking, \$1200/month, all inclusive. Available now. (905)239-1122

PICKERING, 1 BEDROOM basement apartment. Whites/Hwy 2. Separate entrance. \$700, utilities included except for cable. No pets. Available now. 905-837-9089.

PICKERING, 1-BDRM \$850/mo, like new, near Go! mall. Avail. immediately. Short-term considered. Call Roger (416)817-7835, (905)619-2655

PICKERING, 2-BDRM luxury basement apt. newly renovated, open concept w/fireplace. Whites/Bayly. No smoking/pets, \$900/month inclusive: parking, laundry, cable, utilities. Avail. March 1st (905)839-7999, (416)451.6304

PICKERING, 2-bedroom basement apt., large bright open concept, newly renovated, private entrance w/patio, own laundry, no smoking/pets, \$900/mo. First/last. (905)428-8577, 416-768-8654.

WHITBY - 2 bedroom apartment in a clean 6 unit building, parking, laundry, eat in kitchen, \$795 mo. 905-442-8802

PICKERING, HWY 2/liverpool, professionally renovated basement bachelor apartment, open concept, separate entrance, including, utilities, cable, close to amenities. No smoking/pets, \$750/negotiable. (905)839-6287.

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AJAX/WHITBY BORDER, 4+1 bedrooms, 3 bathrooms, central air, Rossland/Salem. RENTER MAY TAKE IN ROOMMATES. \$1800+utilities. 1 MONTH FREE!! 2000 sq.feet. Quiet neighbourhood. April 1st. 905-239-0787, 416-409-0214.

BOWMANVILLE, 4-bdms, 1-1/2 baths, 5-appliances, c/a, c/v, gas heat, 1400-sq ft. plus partially fin. bsmt. \$1300/month+. Immediate. Call 905-213-5719

COURTICE 3-bedrooms main floor of house, 5 appl, LR/DR, A/C, private entrance, parking, \$1185/mo +1/2 utilities. No smoking. (905)434-5422.

COURTICE COUNTRY HOME, close to 401. \$1100/month + utilities. References. No pets/smoking. Call (905)623-2824

DUNDAS/WELLINGTON, totally renovated, 3-bdrm main floor, large livingroom/diningroom, large new 4-pc bath w/ceramics, new eat-in kitchen w/ceramics. \$1300/mo inclusive, yard, no pets. (905)668-3482

LOCATION, LOCATION, LOCATION. Bowmanville 3+1 Bedroom Bungalow on huge treed lot with ample amount of parking and steps to all amenities. Don't miss this rare opportunity. \$1,700 all inclusive. Call Jennise Today (905) 697-8261.

NOTICE TO CREDITORS AND OTHERS

All claims against the estate of Anne Merle Garrett, late of the Town of Ajax, in the Regional Municipality of Durham who died on or about the 24th day of February, 2005, must be filed with the undersigned personal representative on or before the 3rd day of March, 2008, after which date the estate will be distributed having regard only to the claims of which the Estate Trustee then shall have notice.

Dated at Oshawa, this 2nd day of February, 2008.

Mary Margaret Lagani and Thomas Alexander Grisack Estate Trustees without a Will

By: **KELLY, GREENWAY, BRUCE** Barristers & Solicitors
114 King Street East, Box 886
Oshawa, Ontario L1H 7N1
Telephone (905) 723-2278
Facsimile (905) 432-2478

Health matters
mind + body + spirit

HEALTH EXPERTS NEEDED

We are looking for professionals in traditional and alternative health to join the 2008 Durham Health Matters Expo on Sunday March 2, 2008.

This one day show will feature speakers, panels, demos and more.

If you would like to be a part of this Expo please call Cori-Ann 905.683.5110 ext. 228

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houses for rent houses for rent

OSHAWA NORTH 3-BEDROOM bungalow upstairs, garage, bathroom, \$1100/mo, includes utilities. Available anytime. (905)723-3152.

PICKERING Liverpool/Bayly. Large sparkling completely renovated detached home, main floor only, three bedrooms, own laundry, appliances, avail. now. 1350 inclusive. Condo/yn Mgt. 905-428-9766

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SOUTH AJAX- Stunning 3-Bdrm. Upper Level of Bungalow. Hardwood Floors Throughout. Freshly Painted. Bright, Clean, Shared Laundry. Some Pets OK. \$1200/mo+ 2/3 Util. Nicole 905-999-7368

PORT OF WHITBY, 3-bdrm bungalow with loft & 2-bdrm bsmt apt, large lot, close to go/401, \$1600/mo+ utilities. Call Frank 905-243-2751

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houses for rent

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WHITBY, 3-BEDROOM bungalow, 1.5 bath, Newly renovated. Large backyard. No basement, \$1,065/month, plus utilities. First/last. Call Lee (905)430-7816.

3 BEDROOM TOWNHOUSE Hwy#2/Garden. \$1200/month+gas. Available March 1st. 905-430-0278 or 416-399-5004.

AN OSHAWA SOUTH townhouse, 3-bedroom \$975+ utilities. Close to schools & shopping. First/last. 905-579-9956.

BROOKLIN TOWNHOME Watford/Winchester area. 3-bdms, 5 appliances, 1-1/2 baths, deck, garage, fenced yard, near schools. Available April 1st. \$1300+utilities. No smoking. 416-618-4149.

OSHAWA- 2 bedroom townhouse, full basement, private fenced yard, laundry, parking, close to all amenities, avail. April 1. \$995 \$1 all inclusive. call (905)623-3080

rooms for rent & wanted

2 LARGE SEPARATE furnished bedrooms to rent. \$450 & \$500/month. Dixie/Kingston Rd., Pickering. First/last. Available immediately. No pets/smoking. Call Rebecca, 905-839-3030

shared accommodation

ADELAIDE/HARMONY, Oshawa Executive home, central air, avail immediately. Prefer working female (reduced rent in exchange for light duties). \$450/month all inclusive. Call Len 859-533-9202

AJAX, Finley/Westney area, 1 bedroom in 3-bdrm house, near lake, GO, Bus & amenities. Parking, share kitchen/bathroom, laundry. \$525/mo. First/last. No smoking/cats. (905)427-6419

AT BLOOR & SIMCOE, Oshawa. Share furnished apt with 2 males. Near all amenities, bed/sitting room, cable/internet, parking included. Available immediately, 1st/last, \$450/mo inclusive, Viewing (905)433-4088.

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2 1995 GTX seadoos with double bunk trailer. Great condition with low hours. \$5000 o.b.o. Will sell separately Call 905-434-5686

2 SEADOOS- 2003 GTI, 3 seater, 2002 RX 2 seater both have low hours, includes double trailer, 2 water lifts, lifejackets & tubes. Both in great condition- \$14,000-905-697-8650

COVERED, UNCOVERED boat slips now available on Sturgeon Lake, Lindsay, off Hwy.36. Water, hydro, pool, showers on site. Mechanic. Lots of fun at your relaxation destination. Call 705-324-6667 or email themoorings@sympatico.ca

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boats & supplies

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snowmobiles

2005 ARCTIC CAT touring, 660 turbo with double wide trailer, very low mileage, trailer new. Inquire 905-886-2309, Dave Scott

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coming events

Exhibitors Wanted

Durham Parent
FAMILY SHOW
Saturday, April 26, 2008
 9 am - 4 pm
Pickering Recreation Complex
 For more information, contact Audrey Dewit at
905-426-4676 ext. 257
www.showsdurhamregion.com

12th ANNUAL HOME & GARDEN SHOW
EXHIBITORS WANTED
 for the 2008 Spring Metro
 East Home & Garden Show
March 28 - March 30
 Pickering Markets Trade Centre
 Call Audrey at
905-426-4676 ext257

EXHIBITORS WANTED
HOME & GARDEN SHOW
March 7th, 8th, 9th
 The General Motors Centre
 Call Devon or Wendy
(905) 579-4400

births

WELCOME BABY SARAH!!!



Doug & Cathy MacLean & Big Brother Jesse Manners are thrilled to introduce
Sarah Margaret Mary Ann MacLean
 Arrived Saturday February, 2nd, 2008
 Weighing in at 9lbs. 902
 Proud Grandparents are
Vic & Linda Chafe & Dougal & Lexie MacLean
 Special Thanks to
Dr. Gordillo & Dr. Lewis
 & all nurses in the maternal/newborn Dept. at Ajax/Pickering Hospital

articles for sale

AIR CONDITIONING from \$1595. High efficient gas furnace from \$1650. A/C Tune Up \$69.95+parts. Installation of duct-work, water heaters, gas piping from \$100. Furnace cleaning, gas, oil & propane Sales & Service. McCoy Mechanical. (905)259-1415

CARPETS, LAMINATE & VINYL sale. 3 rooms, 30-sq yds. for less. Including premier underpad and installation. Laminate \$1.69-sq ft. 12 mm Click system. Residential, commercial, customer satisfaction guaranteed. Free Estimate. Mike 905-431-4040

CHERRYWOOD COMPUTER desk, \$700/O.B.O. Dining room set, with hutch, china cabinet, serving table, \$2000/O.B.O. Bunk bed with desk, and more. (905)435-0312.

COMPUTERS, DELL P4 Windows Xp Pro, 17" monitor keyboard and mouse, \$270.00. IBM Netvista P4 Windows XP, 17" monitor keyboard and mouse, \$250.00. MDM, 926 Dillingham Rd., Unit #4, Pickering, 416-319-8861.

PEARL SNARE DRUM wanted. No export series please. Call (905)686-8351

articles for sale

APPLIANCES, refrigerator, stove, heavy duty Kenmore washer & dryer, apartment size washer & dryer. Mint condition. Will sell separately, can deliver. Call (905)903-4997

HOT TUB (SPA) COVERS Best Price, Best Quality. All Shapes & Colours. Call 1-866-585-0056
 www.thecoverguy.ca

articles for sale

CONSUL SAF-T-VENT Propane Refrigerator rebuilt with new parts in Sept/07. Retail new:\$2200, for Sale: \$1200. Phone: 905-772-3445 ask for John

DININGROOM table w/6 chairs, hutch & buffet \$500. Call 905-263-4741

FOOS-BALL TABLE, brand new, paid \$900, asking \$450. Gail (905)665-9861

GOALIE PADS, BLOCKER & Catcher; blue & white. Approximately 25" Juniors. Excellent Condition. \$300 o.b.o. 905-666-5175

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GERMAN SHEPHERD PUPS, Registered C.K.C., dewormed, papers, first shots, tattooed, 3 males left. References available \$975 each. (905)987-1677

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2005 GMC Jimmy ZR2 Like new loaded, power everything, black int/exterior,autotrac 4wd,towing pkg,warranty never off road, \$14,900 or b/o. 905-410-0532 day 905-434-1679 evenings.

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