

NEWS ADVERTISER

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ON THE RUN

Cross-country teams compete for gold
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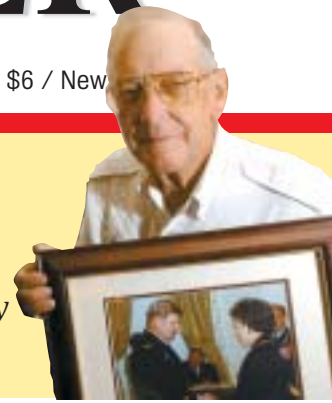


COURT BATTLE

Durham continues to fight for courthouse property
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WORLD AWAY

Anxious moments for Durham family
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BATTLE OF THE UNBEATENS



Ron Pietroniro / News Advertiser photo

AJAX – Jesse Andrews of the St. Mary Catholic Secondary School Monarchs hauls in a pass as Pickering High School Trojans' Tim Brooks moves in to make the tackle. The two teams went into the game undefeated, but it was Pickering that walked off the field with the perfect record on this day as the Trojans ran to a big 41-7 win.

Pickering receives its fare share

Local transit gets \$1.2 million slice of gas tax funds

By **Carly Foster**
Staff Writer

DURHAM — Politicians were beaming Friday after the Province fulfilled its promise and delivered \$3.3 million in gas tax funds to the region.

"It's a huge step forward for municipalities," said Roger Anderson, Durham's chairman and president of the Association of Municipalities of Ontario. "It's the first time ever that the Province of Ontario has been part of a revenue-sharing formula with municipalities."

One cent of the Province's share of the gas tax was divvied up to cities across Ontario, with the funds retroactive to Oct. 1, the Ministry of Transportation said in a release early Friday morning. That will increase to 1.5 cents in 2005, and the full 2 cents in 2006.

In Durham, Ajax/Pickering received \$1.2 million, Whitby \$589,336, Oshawa \$1.1 million, Clarington \$363,996, and Uxbridge/Scugog \$53,000.

The formula for delivering the gas tax funds is based on 70 per cent ridership and 30 per cent population, the Province said. Distributing the money based solely on ridership would have seen Toronto receiving 60 per cent of the

♦ Ajax-Pickering Transit enjoying highest ridership increase in Durham, Page 4

gas tax money and leaving smaller regions like Durham with much less than the \$3.3 delivered.

"It seems like a compromise between both positions," Ajax Mayor Steve Parish said. "It won't make

♦ See Durham's page 2

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Durham's chairman again points to possibility of region-wide transit system

◆ Durham's from page 1

everyone happy, but it will address both concerns."

For Durham's northern municipalities, the funds will almost cover the \$66,100 Scugog and Uxbridge pay for transit for the disabled — the only transit available, with the exception of some

GO Transit buses.

The funds have shone a spotlight on the region-wide transit debate. York Region transit — often held as a model for Durham — received \$5.6 million for its amalgamated system.

"Hopefully, with the implementation of regional transit, if that should hap-

pen, the growth in transit will show more revenue," Mr. Anderson said.

And with this announcement comes more pressure for the federal government to deliver on its promise to give cities 5 cents of the gas tax, Mayor Parish said.

"I would hope that we'd see some very aggressive

action from the feds so that in 2005 and future years

there's both federal and provincial funds going into

transit," he said.

— With files from Torstar

Police search for armed robber in Friday afternoon bank holdup

PICKERING — Durham Regional Police were on the lookout Friday afternoon for an armed man who robbed a bank at the Pickering Town Centre.

Police said a lone male walked into the Bank of Nova Scotia branch in the mall around 2 p.m. and demanded money. Bank employees saw a gun, po-

lice said. No one was hurt during the robbery. The suspect left with an undisclosed amount of cash.

The suspect is a white man in his 40s, police said.

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Courthouse fight with Province spells potential parking problem

Region wants end to negotiations in order to build car spaces

By Carly Foster
Staff Writer

DURHAM — The Region is facing a parking crisis and increased costs if the provincial courts do not vacate headquarters by the end of June.

"If the Province doesn't leave from here, we have a parking problem, a severe parking problem," Regional Chairman Roger Anderson said Wednesday after council met for a third in-camera meeting about the courthouse delays.

The Region and the Province are currently negotiating behind closed doors to reach an agreement about where the superior, enforcement and small claims courts will go come July 2, when the regional headquarters at Rossland Road and Garden Street in Whitby is slated for demolition.

Exacerbating the problem is that land underneath the existing headquarters is to be used for 600 parking spots once staff move into the new building. If the Province gets an extension on its court lease, those spots will remain buried.

Now council is grappling with how to redesign

the parking situation, Mr. Anderson said. Options include other lands on the current site or across the road where the old Whitby police office sits. Some of the police who work out of the courts are based there, said Sgt. Paul Malik of the Durham Regional Police.

And unless the original plan of the building coming down and the parking lot opening occurs, it's going to cost taxpayers more money.

"If we have to build parking to accommodate staff or on someone else's property... there's going to be a cost," Mr. Anderson said. "Or a redesign to go around this (existing) building," will come at a cost.

"I would certainly hope some of the costs... could be borne by the Province of Ontario," he added. "It's their problem, it's their fault we have a problem."

Last week a spokesman for the Province said talks between the two sides were "proceeding well." But Brendan Crawley refused to comment on what would happen if the negotiations failed and the building was torn down, and whether that would add to already backlogged court cases in Durham.

Oshawa Mayor John Gray said he hopes a special council meeting would be called for next week so some direction could be taken and that councilors "can deal with it publicly."



Roger Anderson

Talk business over breakfast

PICKERING — Discuss business over breakfast at Sam's Club.

The Ajax-Pickering Board of Trade event is Tuesday, Nov. 9 at Sam's Club, 1899 Brock Rd., in Pickering. There will be a shared com-

plementary display table available, and a business card draw.

Cost to attend is \$16.05 for members and \$26.75 for future members. For more information, call the board office at 905-686-0883.

Polish your resume with the aid of Help Centre workshops

PICKERING — The Durham Region Unemployment Help Centre is offering resume workshops.

A resume session is Thursday, Oct. 21 from 1

to 3 p.m. and on Thursday, Oct. 28 there is critique session from 9 to 10 a.m.

Workshop space is limited and pre-registration is required.

In addition, the centre offers workshops to cover resume preparation, interview skills, job search strategies, maintaining self-esteem and Internet training.

It begins at 1 p.m. as part of the three-day job club.

The office is at 1400 Bayly St., Unit 12, Pickering.

For more information, call 905-420-4010.



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NEWS ADVERTISER

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No muss, no fuss, more riders are now taking the bus

Ajax and Pickering transit numbers tops in Durham

By Danielle Milley
Staff Writer

DURHAM – The people of Ajax and Pickering are getting on the bus.

The Ajax-Pickering Transit Authority was among the country's leading transit systems for ridership growth in 2003, with passenger numbers increasing significantly faster than the national average.

According to data recently released by the Canadian Urban Transit Association (CUTA), figures for APTA show an increase of 2.8 per cent in 2003 over 2002, compared to the national average of 1.5.

Of the 46 systems surveyed nationwide, APTA ranked 22 in terms of increases (some of the systems experienced decreases in ridership). Locally, APTA was the only system to have an increase in ridership as both the Whitby and Oshawa systems reported decreases.

"I'm ecstatic. This is not the first time APTA and its predecessor Pickering transit has been recognized for its increasing ridership," said Pickering Ward 1 Regional Councillor Maurice Brenner, co-chairman of APTA. "To me it bodes well for our customer service. I need to really recognize our staff because their service has encouraged increased ridership."

Ajax Ward 4 Local Councillor Pat Brown said some of the increase is coming from new residents. Coun. Brown is the co-chairwoman of APTA.

"It certainly shows that we are a high growth area and it demonstrates the high growth is using transit," she said.

Coun. Brenner said the

increase in ridership is not only helping boost revenues, but it is also beneficial for the environment.

"Our goal is to get as many people off our roads and on our buses whether it be to go to school, to the GO station or to connect to another part of the Region," he said.

CUTA calculates transit ridership sta-

tistics annually based on detailed results provided by its operating members - more than 100 of the largest transit systems across Canada.

In total, ridership growth at Canadian transit systems has amounted to about 15 per cent since 1996.

"What these figures show is that the ridership growth trend

remained strong in 2003, and the Ajax-Pickering Transit Authority was instrumental in bringing this about," said Michael Roschlau, president and chief executive officer of CUTA, in a media release.

The release pointed out that while ridership growth is good news for public transit, it is not sustainable if long-term investment solutions are not implemented. It goes on to say Canada's public transit industry continues to suffer from an

acute infrastructure deficit, as many systems do not have sustainable funding programs.

CUTA's recent national

survey of Canadian transit systems found a \$21 billion need for public transit capital infrastructure for the period 2004-08.



Maurice Brenner



Schoolhouse Playcare Centres of Durham

Schoolhouse Playcare Centres held a very successful celebration of their 20th Anniversary of caring for children in Durham region on October 17th 2004.
Thank you everyone who came to enjoy the festivities and to the following generous sponsors:

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NOTICE OF PUBLIC WORKSHOP DUFFIN CREEK WATER POLLUTION CONTROL PLANT (WPCP) CLASS ENVIRONMENTAL ASSESSMENT

Members of the public are invited to attend one of two public workshops to find out more about the Class Environmental Assessment Study (Class EA) to identify a preferred method of providing additional wastewater treatment capacity at the Duffin Creek Water Pollution Control Plant (WPCP). Located in the City of Pickering, the Duffin Creek WPCP is one of eight water pollution control plants in Durham Region specifically providing wastewater treatment capacity for Pickering, Ajax, and York Region. The purpose of the public workshop is to inform and to listen to ideas on how additional capacity might be added, how the different alternatives should be evaluated and concerns regarding the overall project.

PUBLIC WORKSHOPS:

As both workshops will cover the same issues, attendance at only one is recommended. The date, time and location of the Public Workshops are as follows:

Durham Region

Date: Wednesday, October 27, 2004
Time: 9:30 a.m. to 4:00 p.m.
Location: Pickering Recreation Complex
Pickering, Ontario

or

York Region

Date: Saturday, October 30, 2004
Time: 9:30 a.m. to 4:00 p.m.
Location: York Regional Headquarters
Newmarket, Ontario

Please RSVP by **Monday, October 25, 2004** by phone or e-mail, with your choice of date, to Sari Liem at Hardy Stevenson and Associates. Lunch and an information kit will be provided for all registrants at the workshop.

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Trustees hear it from all corners on building plan

Durham residents make pitch for labs, gyms and schools

By Mike Ruta
Staff Writer

DURHAM – Science labs, two additions, a family studies room and a couple of new schools. It was a mixed bag of requests made to Durham District School Board trustees Tuesday night, as they listened to depositions for the second phase of their third school building plan. The plan will cover projects built between 2006 and 2008.

Unlike previous years, when such nights meant sign-carrying parents advocating for a new school, or for their existing school to remain open, Tuesday was a subdued affair. Twenty minutes before the meeting started, there were just two parents in the board room.

Board chairman Elizabeth Roy said the board expects an education ministry announcement on pupil accommodation dollars next month.

"In light of that, we felt we should get the ball rolling," she said.

Whitby Shores and Brooklin residents pitched for new schools in their growing communities. Approved in a previous building plan, a Whitby Shores school was eventually dropped from the list because the student numbers didn't warrant it.

That's changed, said resident Myles Kesten. He says the community is the only one in Whitby with 1,300 houses but no school. Every day, more than 400 kids are bused out of the neighbourhood to schools, he said.

Carolyn Rodgers, chairwoman of R.S. McLaughlin Collegiate & Vocational Institute's school council, described science labs with damaged chairs, water damage to the ceiling, cracks in a wall, broken storage cabinets and "lots of holes, lots of nooks, lots of cranies" where garbage and food is

stuffed. Similarly, representatives from Anderson Collegiate & Vocational Institute called for new science labs and a family studies room.

Richard Boire, chairman of the Frenchman's Bay Public School community council in Pickering, says "we're severely hampered by the infrastructure and the facilities that are available to us." The school's tiny gym is completely inadequate for students, he said, as



John Dolstra

they receive far less gym time than is the norm in Durham schools, impacting their physical fitness level and the ability of teachers to meet curriculum expectations.

The small gym also means the entire student body cannot attend an assembly or other event at one time. With a new gym, the existing one could be used as a library or teaching space, he said.

"The facility is quite cramped," said Mr. Boire. "We want the same opportunities as other children, that's all we're asking for, to reach the objectives of the present curriculum."

However, Brock Township students appear to be worse off than any other pupils in Durham. A new elementary school was approved in the second building plan, but the board has not been able to purchase a site on which to build. Meanwhile, students are stuck in two existing sites, the former Cannington and H.W. Knight public schools. Margaret Munro, speaking for McCaskill's Mills Public School parents, said students face conditions including unsafe drinking water from the school's well, a septic system that often gets plugged, poor ventilation, rodent problems and "21-year-old carpets."

While trustees assured her staff

was working hard to obtain a site, Ms. Munro, citing growth in the community that is unique compared to most parts of Durham, called for a larger school to be built.

Whitby Trustee John Dolstra, who chaired the meeting, in an interview said a draft accommodation plan won't likely be made public until January or February at the earliest. He agreed that some

of the requests are outside of the norm for an accommodation plan, generally dealing with new schools and additions.

"Are these maintenance issues or are they accommodation plan issues?" he asked.

Trustee Dolstra said the board should consider spending some of its accommodation plan funds to address some of the upgrades residents described.

In an interview, business superintendent Ed Hodgins confirmed the board could choose to use some of its pupil accommodation reserve dollars on major renovation projects.

In the board's current budget, a prioritized list of maintenance projects outlines 54 items costing a total \$12,84 million, about three times what the board receives each year for upgrades.

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EDITORIALS & OPINIONS

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EDITORIAL

Pit bull ban wouldn't have necessary teeth

Education, muzzles and leashes go a long way toward curbing problem dogs

Pavlov was on the right track — ring a bell and dogs, like some politicians, begin salivating. Have a pit bull attack someone and the same things happens.

Before the pit bull it was the Rotweiler, the time before it was the Doberman, the next time it could be a German shepherd. So where does it all end when it comes to talk of banning dogs?

It's a shame when these terrifying and mostly avoidable attacks by aggressive dogs happen in our communities. Each area of Durham Region has been spooked by the news of a dog attacking a child and the reaction is always swift: that dangerous dog breeds be banned. Lately the biggest headlines always seem to involve pit bulls, who have been described as killing machines, but they aren't the only breed of dog known to attack people and other animals.

A ban is a knee-jerk reaction which poses lots of problems with enforcement. Attorney General Michael Bryant promises that in the near future legislation will be introduced to ban pit bulls across Ontario. The ban is extreme but Mr. Bryant's ideas to muzzle existing pit bulls, increase fines up to \$10,000 and allow for possible jail sentences of up to six months for dogs that bite, make sense.

A ban sounds great on the surface and in a newspaper quote but it's not entirely fair or enforceable. How do you handle mixed breeds? Are they lumped in with all pit bulls? Why ban any dog? It doesn't make sense; what would be more effective would be to go after the owners through legislation and insurance issues. Create a list of aggressive breeds and make those owners responsible for insuring their animals against attacks. This would put the onus on owners to ensure their dogs are under control or face the consequences.

Ultimately having a dog muzzled or on a leash is totally up to the person with the dog. This is where the legislation would have the most bite. A ban doesn't solve the problem, it just forces it underground only to rear its head when another breed of dog takes centre stage.

A parent wouldn't take their child into a potentially dangerous situation. Why would anyone do the same thing with a dog, regardless of the breed.

A ban may be simply unenforceable but muzzling and leashing every dog in public is the simplest and most effective solution.

LETTER TO THE EDITOR

MP shouldn't devalue importance of military

To the editor:

During the last election Ajax-Pickering MP Mark Holland placed signs throughout the riding stating 'Education Not Tanks.' This demonstrated to this observer Mr. Holland's disdain of the military, and lack of concern about the chronic under-funding these fine men and women have had to deal with for the past decade.

This matters since we now have a stated enemy (terrorism) facing us. I bring this up after the recent death of a brave sailor on one of our ships. Mr. Holland's anti-military sign is not so clever now.

It looks like we have another member of Parliament to whom the military is of little value.

**Richard Campbell
Pickering**



This year Halloween is different

Recent scary instances could mean worse is yet to come

The goblins, ghosts and witches are getting set to bring a scare to your front door in just one week.

Christmas is the king of many kids' calendars, but Halloween has to be a close second for all the fun and excitement youngsters get out of it. Dressing up, either to scare you, gross you out, emulate their favourite superhero or become a fantasy character, is only topped by the big haul of sugar and chocolate they drag home each year.

For at least the last 30 years, parents have been forced to be on their guard at Halloween.

You simply can't trust the candy handed out by strangers. Even a one-in-a-million chance at a tainted chocolate bar has to be taken seriously.

But when you think about what's been happening in the GTA in recent weeks, it takes on a whole new level of concern.

I'm referring to two incidents of razor blades and broken glass booby-traps found in a Toronto beach volleyball, a Burlington playground and in silk flowers near a Hamilton school, respectively. Just stop and think about how depraved someone has to be to decide to do this and then actually take the steps to leave a dangerous trap with the intention of hurting someone, anyone, at random.

So here we are, trying to lead normal lives, and we have to watch out at every turn for the inhuman acts of a few



**David
Stell**
news editor

people bent on hurting others.

Do we panic?

No, of course not.

We simply have to be on our guard, it would seem, all of the time.

I really am concerned about the stories we'll be reading on Monday, Nov. 1. With copycats out there reading about the recent attempts to hurt others, where will we be hearing about razor blades being found next?

Now more than ever, we're going to have to be vigilant as our kids knock on doors next Sunday, looking for treats. Don't be scared, don't frighten your kids as they accept candy, but make them aware not to eat any of it until you have a good look at it.

And parents of those teenagers out there, have a chat before they go out to steer them clear of trouble. Either warn them off from starting trouble or away from finding it.

David Stell's column appears every third Sunday. E-mail dstell@durhamregion.com.

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A.J. Groen/ News Advertiser photo

Getting in touch with nature

PICKERING – The Pine Ridge High School Environmental Club recently replanted the front garden of the school with spring bulbs. Teacher Heena Patel offers guidance to student Kayzad Patel (no relation) who was planting some Crocus bulbs.

More assistance for those who need it

Adult Day program making time for elderly

PICKERING – Pickering's Community Care Durham, Adult Day program is extending its hours.

The program provides social and recreational activities for the frail elderly, adults with needs related

to physical limitations or memory loss, as well as a break for caregivers. The hours are being extended to give caregivers more time to drop off and pick up their family members so that they are able to attend to personal matters without the worry of rushing.

Partially funded through the Ministry of Health, Long-Term Care, the services are provided for \$24

per day.

The program is at 1420 Bayly St. Unit 6 in Pickering. Beginning Nov. 1, the program will be open Monday

through Friday from 7 a.m. to 6:30 p.m., and on Saturdays from 9 a.m. to 5 p.m.

For more information call 905-837-0017 ext. 225.

Seniors can dance the day away

Brian Rose Combo #5 plays today

PICKERING – Seniors who like to kick up their heels and dance to the music can take advantage of a special event at the Pickering Recreation Complex today (Sunday).

Enjoy the sounds of Brian

Rose Combo #5, along with light refreshments, at the seniors' afternoon event. The Oct. 24 dance goes from 2 to 4 p.m. and tickets are \$5 each available at the Pickering Recreation Complex, Petticoat Creek and East Shore community centres.

For more information, call Heather Butler at 905-420-2370 ext. 6100.

City of

PICKERING

Want to know what's happening in Pickering?

Check Wednesday's paper each week for complete details

BE INFORMED!

The Regional Municipality of York

NOTICE OF PUBLIC INFORMATION CENTRE

**CLASS ENVIRONMENTAL ASSESSMENT
YORK/DURHAM LINE (Y.R. 30)
STEELES AVENUE TO HIGHWAY 7**

The Regional Municipality of York is undertaking a Class Environmental Assessment study to identify any potential roadway improvements required for the York/Durham Line.

After detailed evaluation and consideration of public comments, a preferred alternative was identified and the Preliminary Design for the anticipated two phases of its implementation has been prepared.

The project is being planned under **Schedule C of the Municipal Class Environmental Assessment**. Public and review agencies have been invited to provide input and comment for incorporation into the overall planning and design of the boundary road known as the York/Durham Line (Y.R. 30) from Steeles Avenue to Highway 7 between the Town of Markham, in the Regional Municipality of York, and the City of Pickering, in the Regional Municipality of Durham.

A third Public Information Centre (PIC) will be held to present the preliminary design details, receive input and comment from interested parties, provide details on the study and discuss the improvement of the York/Durham Line. The PIC will be in a working session format with a formal presentation commencing at 7:00 p.m., discussions at 7:30 p.m. and a wrap-up overview with closing remarks from 8:30 p.m. to 9:00 p.m.

The public information centre will be held:

Date: Wednesday, October 27, 2004.
Start Time: 7:00 p.m.
Location: Cedar Grove Community Centre
7667 14th Avenue,
Markham, ON

The public will have the opportunity to review information on the problem, study processes and objectives, and to discuss the study with staff from York Region and their consultants.

For further information or if you are unable to attend the Information Centre and wish to provide your views, please contact:

Mr. Peter Cholewa, P.Eng. Project Manager	Mr. W.J. Ford, P.Eng. Senior Project Manager
Regional Municipality of York, Transportation and Works Dept. 17250 Yonge Street, Box 147 Newmarket, Ontario L3Y 6Z1	Cansult Limited, 60 Renfrew Markham, Ontario L3R 0E1
phone: 1-877-464-9675 ext. 5048 or (905) 764-6345 ext. 5048 fax: (905) 836-4590 Email: peter.cholewa@york.ca	Phone: (905) 470-2010 Fax: (905) 470-2060 Email: bford@cansult.com

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Thank you for your participation in this study



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Chicoutimi tragedy hits home for Durham couple

PARENTS WAITED DAYS TO HEAR FROM INJURED SON

By Jennifer Stone
Staff Writer

DURHAM — News of a fatal fire aboard a newly purchased Canadian submarine off the coast of Ireland hit close to home for a Durham couple.

Former Courtice resident Shane Irvine sustained fairly minor facial injuries after being hit by flying equipment during the fire aboard the HMCS Chicoutimi Oct. 5, say his parents, Lloyd and Muriel Irvine.

"No question about it, a lot of things went through my mind" on hearing the news of the accident aboard the submarine, says the elder Mr. Irvine. "My boy has been in jeopardy before in different places in the service, but he's always come out well."

Chief Petty Officer Irvine, 50, was Coxswain, or administrator of commissioned officers, aboard the Chicoutimi, one of four second-hand Victoria-class subs Canada purchased

from the British navy. A fire onboard the vessel claimed the life of Lieutenant Chris Saunders, and left two other submariners in hospital.

Wednesday, Chief Petty Officer Irvine, who has been in Canada's Armed Forces for 30 years, was in Rhu, Scotland, for a memorial service for Lieut. Saunders. He is expected to return to his adopted home in Nova Scotia this weekend.

His parents first got word of the accident from their daughter-in-law, Chief Petty Officer Irvine's wife, before it had hit the news here. It wasn't until a few days later, when he was able to get off the submarine, that they had any direct contact with him. It came in the form of an email to his wife.

"The first word we got from him was a one-line email — that's all they were allowed to send — that said, 'I'm OK. Love,'" says Mrs. Irvine, who has since talked to her son, and learned of his minor injuries. "Of course, he'd say that if he was crawling on his knees."

The sub is currently docked in Fasland, Scotland, and the

fire is the subject of a military board of inquiry. Chief Petty Officer Irvine is expected back in his adopted home of Nova Scotia this weekend for some "rest and relaxation," says his mother.

"Then, they (the crew) wish to bring that boat back to Canada," she says. That they want to get back on the vessel is no surprise to Mr. Irvine.

"Submariners in particular are really loyal people, as was evidenced by the fact that after some recovery ships got there (and were able to take 21 sailors), they refused the opportunity to go to shore," in favour of remaining on the disabled sub until it got to port, says Mr. Irvine. "Loyalty is a great feature of submariners."

But, though he worries, he knows his son will do what he can to stay safe.

"Every trip in a submarine gives me some uncomfortable feelings. But he's 50 years old. He's old enough to know what he should and shouldn't be doing."

- With files from
Torstar News Service



Jason Liebrechts/ News Advertiser photo
It was a tough few days for Muriel and Lloyd Irvine when they learned of the accident aboard the HMCS Chicoutimi. Their son Shane sustained minor injuries during the incident and his parents weren't able to talk with him until he was able to get off the submarine.

Cardiac Rehabilitation on the go

Organization wants to help keep your heart healthy

DURHAM — The Cardiac Rehabilitation Organization has various ways to help your heart.

The organization hosts a lecture on Monday, Nov. 1, at 6 p.m. at the YWCA, 1 McGrigor St. S., Oshawa. Dr. James Cha, cardiologist will speak about how regular exercise affects the cardiovascular system and the benefits that can be derived from a program of fitness.

There is also a gentle exercise program provided by the clinic which helps to focus on prevention of cardiac disease or rehabilitation.

The sessions are held at the YWCA on Monday, Wednesday and Friday at 5 and 6 p.m.

In addition, for those with joint and muscle disease, there are classes on Tuesday and Thursday at 9:30 a.m. at Northminster United Church (Simcoe Street North and Rossland Road, Oshawa). For information or to arrange a class visit call, 905-725-6154 or 905-725-9259.

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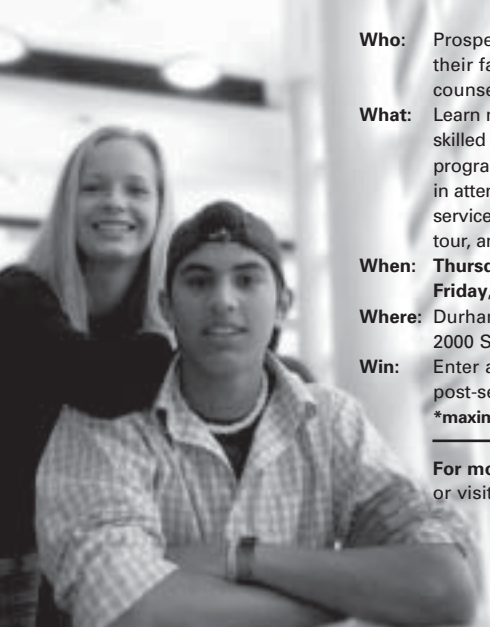
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Ask The Podiatrist Fun foot facts for folks with feet

**Ronald J. Klein
B.Sc., D.P.M.
Podiatrist-Foot
Specialist**



Dear Readers: Sometimes in my readings, I come across small, yet interesting tidbits of information that I know will keep your feet pain free. Anticipating problems before they occur is the best way to maintain trouble free feet, for there is no truer statement than the one that says, "when your feet hurt, you hurt all over".

SUFFERING FROM ATHLETES FEET? When getting dressed in the morning, make sure you put your socks on first, before your underwear. This will minimize the chance of spreading the infection to the groin and causing jock itch.

WHEN BUYING NEW SHOES, make sure you do so in the later part of the day to ensure a proper fit. Feet may swell as the day goes on, so that a shoe bought in the morning may feel snug as the day progresses.

Greater attention should be paid to feet in the **WINTER** with respect to dry skin and the use of moisturizer creams. This is because the winter's air is less humid than summer's. Women are also more apt to wear nylons in the winter.

JOGGERS should always remember that the pitch of a road is always higher in the centre and lower at the curbs (for drainage purposes). This will affect the functional length of the legs of a person jogging, whereby the curb leg is forced to be the longer leg. Change the side of the road you are jogging on halfway through your run, in the same way you would change the direction of your run when jogging on a banked track.

DIABETICS should always take the time to dry their feet well especially between the toes and should cream their feet regularly but **NEVER** between the toes.

HEAT should never be applied to an injured area until the swelling has subsided. Heat will cause blood vessels to dilate, increasing blood flow to the area, causing more swelling and possible tissue damage.

During a kilometer of running your foot will strike the ground between 500 and 750 times with a force of up to four times your body weight. The force depends on the length of your stride and your body weight.

The human body is made up of 70 per cent water and its need for water increases tremendously with exertion. This is because fluids are lost not only through perspiration, but also by increased breathing. **FLUID REPLACEMENT** should occur before, during and after the activity.

FACT OR MYTH: Corns have roots. This is a **MYTH**. A corn is a build up of dead skin against a bony prominence because of shoe pressure. They will recur even after being paired down.

FACT OR MYTH: No pain no gain. This is a **MYTH** as pain is a signal sent out by your body to slow down or pay attention to a specific part of the body. Continuing the activity will only worsen the problem, taking longer to recover.

FACT OR MYTH: Gout is a rich man's disease. This is a **MYTH** as gout can occur in anyone who has suffered difficulty metabolizing uric acid. At one time it was thought to occur in people whose diets included red meats and alcohol.

FACT OR MYTH: An adult foot will never increase in size. This is a **MYTH** as feet can lengthen at least one shoe size when the longitudinal arch collapses. This is seen in people as they age, gain weight or in women during pregnancy.

If you have a specific question you would like answered or a topic you would like addressed, please send it to **ASK THE PODIATRIST** c/o The News Advertiser.



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health and wellness

advertising feature

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Dr. Albert Chan
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Q. I have a broken filling. The other day, when I went to my dentist, he recommended a crown. I'm disappointed. Why couldn't he just fill this tooth again?

A. It's a natural response that if an old filling breaks, all we need to do is put a new filling back. In all probability, the old filling might have been in place for 10 to 15 years, so if a new filling were to be replaced, it could conceivably last for another 10 to 15 years. And that would be good for most patients. Or so it seems.

If the filling is small, then the correct treatment would be to refill, but if the filling is big, then the correct treatment would be to crown it. (Sometimes it is hard for the patient to determine what is small and what is big. Also, the piece that came off may be small, but the remaining piece still left in the tooth could be big.)

So why do we need to crown a tooth if a big filling breaks? Why can't we just fill it instead? The following are points that we should consider:

1. The problem here is not the filling, the concern is the remaining tooth structure around the filling. The bigger the filling is, the weaker the surrounding tooth is. Every time this tooth is filled and refilled, the remaining tooth structures will become weaker, so it wouldn't take much for this tooth to crack and fracture in the future.

2. We do not want this tooth to crack and fracture. If it cracks under the gum line, or into the nerve chamber, it becomes a major reconstructive nightmare.

3. As we age, teeth naturally become more brittle, this is more so in teeth with bigger fillings. A crown would be needed to prevent a crack or fracture happening.

4. Teeth with big fillings are also more likely to develop microscopic cracks. In its early stage, there are no symptoms and they don't even show up on an x-ray. If allowed to fully develop, they will result in a fracture of the tooth.

Of course, the final decision rests with you. The dentist can only suggest what is best for you. If you're not ready for a crown, you should ask for other treatment options. If you have a specific question you would like answered, or a topic you would like addressed, please send it to the News Advertiser c/o ASK THE DENTIST

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Hypnosis will allow you to be more in touch with your emotions, imagination, intuition and senses. It is through the use of hypnosis that you have your best chance of achieving your weight loss objectives. If you have ever said to yourself "if only there was a way to make it easy for me to follow a diet or to follow through on an exercise program" then you owe it to yourself to take the Hypnosis for Weight Loss program. Taking action now will allow you to say, "I am so glad I took Hypnosis for Weight Loss. I just wish I had taken Hypnosis for Weight Loss years ago." The next Hypnosis for Weight Loss program starts in Ajax October 25.

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Talk privacy and help United Way

Home and small business group bids for organization

DURHAM — Help support the United Way and talk business next month.

The Durham Home and Small Business Association is holding a silent auction at its meeting

Wednesday, Nov. 10 and is looking for donations by Oct. 29. Proceeds go to the local United Way agencies.

The topic for the meeting is the new privacy laws, featuring Deborah Blucher, chief executive officer of the SET Institute, which runs compliance training sessions.

The meeting is at the 420 Wing, Oshawa Airport. Entrance is on Stevenson Road, north of Ross-

land Road in Oshawa.

Registration is at 6:30 p.m. and the meeting runs from 7 to 9 p.m. The cost is \$15 for members and \$20 for non-members.

Everyone attending is asked to bring a non-perishable food item with them to donate to a local food bank.

For more information about the event, call Samantha Stolk 905-571-1574.

Roll the dice this week and help support brain injury group

AJAX — Cash in at Casino Rama and help boost the Acquired Brain Injury Clubhouse.

The Ajax clubhouse, is organizing a trip to the Orillia casino Wednesday, Oct. 27.

The cost is \$8, which includes lunch.

The bus leaves at 8 a.m., from

314 Harwood Ave. Unit 22 in the Harwood Place Mall, and returns at 5 p.m.

The trip is to raise money for people living with acquired brain injuries.

For more information and to reserve a seat, call Ann or Sue 905-428-6402.



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Pumpkin Patrol returns to the streets on Halloween night

Volunteers mark 20 years of keeping kids safe

By David Blumenfeld
Staff Writer

DURHAM — With Halloween around the corner, Durham Regional Police Service and Rogers Cable have launched the 20th annual Rogers Pumpkin Patrol in order to keep kids safe on Oct. 31.

The Pumpkin Patrol was formed in 1984 when Rogers employees, many of them parents themselves, volunteered to patrol streets in the company's bright red vans and keep a watchful eye out for trick-or-treaters who may be in need of help.

Today, more than 500 volunteers will be out on Halloween in Ontario alone. In addition to cruising the streets, the Pumpkin Patrol and local police also educate Grades 2 and 3 students in the weeks prior to Halloween about staying safe on the night of Oct. 31.

This year, the patrol and Durham police held a

safety presentation at Kids Safety Village for students from R.A. Sennett Public School in Whitby on Oct. 15, where they talked to children about the importance of wearing reflective arm bands or clothing, visiting well-lit homes and not crisscrossing the streets at night.

They also handed out safety loot packs complete with a safety tips card, reflective arm band and Halloween stickers, and were encouraged to go home and talk about Halloween safety with their parents.

"What we're trying to do is let the kids know that on Halloween night if there's a problem they can watch for the police, a Block Parent house or the Rogers Pumpkin Patrol vans," said Const. Esther Rathwell. "The idea is to say to the kids that 'Here's one more place that you can go to get help if you need it. We're out there looking out for you, and make sure that you dress appropriately.'"

Const. Rathwell said the police are grateful to have the help of the Pumpkin Patrol, because they already have their hands full that

night chasing down kids throwing eggs, causing havoc and stealing other trick-or-treaters' candy. "The police really appreciate the extra eyes out there...it's wonderful," she

added.

The Pumpkin Patrol recommends that children wear bright and non-flammable costumes, use make-up or a mask that does not hinder vision, and that they

visit the front door of well-lit homes and never go inside.

They should also plan a route and curfew time, travel in groups and never stray too far from home. It's

also important that they not eat any treats until an adult has checked them first, the patrol said.

For more information on a full list of safety tips go to www.pumpkinpatrol.com.

Group is out to make taking care of kids fun and games

Durham group offers sharing of ideas for home day-care providers

DURHAM — Home day-care providers in Durham now have another forum in which to share ideas with one another.

The Home Childcare Providers Association meets the third Tuesday of each month at 7:30 p.m. at Cedarcroft Place Retirement Residence, 649 King St. E. in Oshawa.

"Day care is an isolated job. You work by yourself," explained Sue Prentice, who has operated her own daycare business from her home in Oshawa since 2000. "Myself, I'm running out of craft ideas."

There is no membership fee to join the group. Each meeting will feature different guest speakers.

Upcoming guest speakers include a community

police officer talking about summer safety and a public health nurse discussing car-seat safety, injury prevention, nutrition and sun safety.

The group is also a forum in which members can help one another solve such daily dilemmas as how to handle a picky eater, what to charge for services, or even what to do when children are hogging toys.

"It's simple things like that. They seem logical but you wrack your brains on your own trying to solve them," Ms. Prentice added.

Each meeting will also feature different theme kits, bins of toys and activities members develop based on a certain theme like dinosaurs or farm animals. The theme kits are shared and swapped between members at each meeting.

For more information about the association, contact Ms. Prentice at 905-433-1543 or Ms. Corvera at 905-571-6407, or visit www.durhamdaycare.com.

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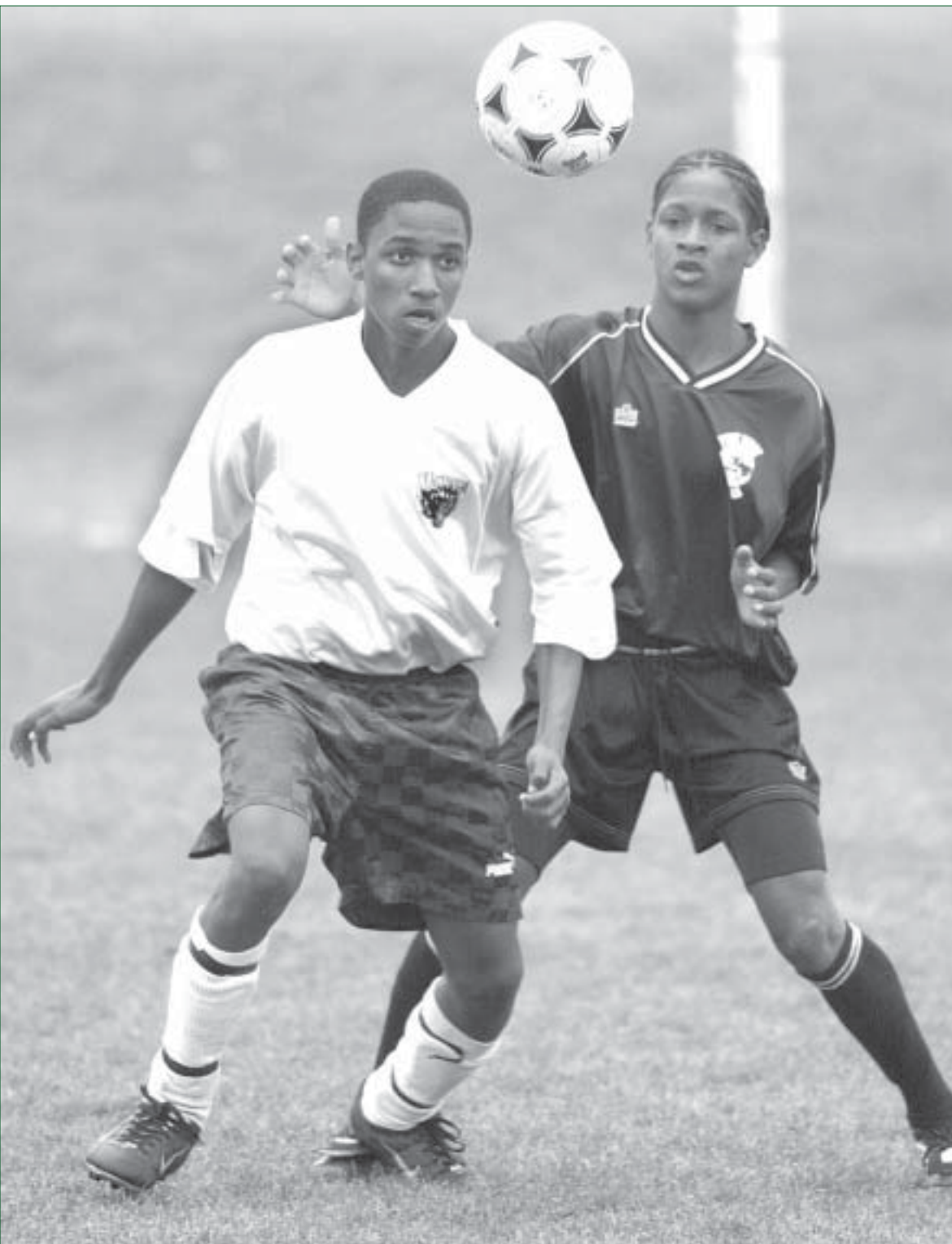
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THIS WEEKEND

The Ajax Axemen junior 'A' hockey team hosts the Huntsville-Muskoka Otters at the Ajax Community Centre today (Sunday) at 3 p.m.



Ron Pietroniro/ News Advertiser photo

Pitch battle

PICKERING — St. Mary Catholic Secondary School Monarchs Junior Ralph, at left, battles with Pine Ridge Secondary School Pumas Jordan Webb for the ball during the Durham Region 'AAAA' boys' soccer championship contest at the Ajax Community Centre Thursday afternoon. The defending champion Monarchs earned a 1-0 overtime victory over the Pumas. For story, see page 23.

Highbush on a high after cross-country meet

Pickering school captures all-Durham team crown

DURHAM — The Highbush Public School's group of long-distance runners established themselves as one of the best at the elementary-school level in Dur-

ham.

The Pickering school captured three Durham Elementary Athletic Association (DEAA) team cross-country crowns while competing under wet and windy conditions at Lakeridge Ski Resort on Wednesday. The school captured the 13-and-over girls', the 11-year-old girls', and the eight-year-old boys' team crowns.

Individually, Kailey Chappell won the girls' 13-and-over title and Jack Cats captured the eight-year-old boys' event for Highbush.

Other winners from Ajax-Pickering schools were: Trent Sayers (Frenchman's Bay) in the boys' 13-and-over category and Julian Patchett (Lincoln Avenue) in the boys' 12-year-old division.

Football Trojans exact payback on St. Mary

Charles paces Pickering High attack with two touchdowns, 200 yards rushing

By Al Rivett
Sports Editor

DURHAM — The Pickering High School Trojans waited three long years for Friday's senior football game against the St. Mary Catholic Secondary School Monarchs.

Billed as the clash of the Durham Region football titans, the contest featured two teams with identical 3-0 records entering the pivotal contest at Pickering High School. What it ultimately turned out to be, however, was a good, old-fashioned thrashing administered by the Trojans on their old nemesis from Pickering who've had Pickering High's number over the past several seasons.

Riding an outstanding performance by running back Adrian Charles, who carried for two touchdowns and 200-plus yards, the fired-up Trojans took no prisoners en route to a 41-7 pasting of the five-time LOSSA champions.

After being drubbed by St. Mary in last year's LOSSA West Division semifinal 35-0, the Trojans were poised and ready for their first meeting since that lopsided contest.

"It was payback time for St. Mary," says Charles, who celebrated with teammates at midfield following the big win. "St. Mary was talking about whipping us. We wanted to give a little payback to show that we're a new and improved team."

Charles noted he and his teammates circled the calendar and zeroed in on the Monarchs at practice this week.

With the celebration going on around him, Trojans head coach John Martini says his team will be anything but satisfied with the win over St. Mary. He notes his team can still improve and won't have to be guarding against overconfidence when the playoffs roll around.

"We're not going to be overconfident. We know (St. Mary) is going to be healthy and we know they're going to be in the final. I think we can still improve."

Martini gave kudos to Charles who may have been slowed down, but was never stopped by the St. Mary defence.

"He's a hard runner and he can't be tackled by one guy. He going to give us a second and third effort. We're really happy with Adrian. The offensive line was doing a good job, too."

For his part, St. Mary quarterback Erik Glavic was picked off and tackled numerous times by a swarming Trojans' defence, which made life miserable for the Monarchs' vaunted offence. The all-star pivot tipped his hat to Pickering High following the game, saying his Monarchs are going to have to play at another level to beat them if they meet again.

"They wanted to win. We knew they were going to be tough. We're going to have to step up. It means a little tougher road to get to the final. We'll probably meet Paul Dwyer in the semifinal now," he said.

Charles got the Trojans on the scoreboard first on their second play from scrimmage following an interception by Sean Walker off an errant Glavic pass. Charles ran 20 yards up the middle to put Pickering High in front.

The Trojans offence also found the end zone in its second series of the opening quarter. Rommel Reid delivered on a two-yard touchdown run. Place kicker Mohammed Khawaja's convert was good to put Pickering High up 13-0.

St. Mary scored its only touchdown early in the second quarter with Jesse Andrews, subbing intermittently at quarterback for Glavic, heaving a strike to Glavic 11 yards for the major. Glavic also booted the convert to cut the Trojans' lead to 13-7.

Late in the second quarter, the Trojans capitalized on a Monarchs fumble with a pass from Glavic to Andrews popping out. The loose ball was picked up by Jonathan King who ran 70 yards to the end zone for a 21-7 lead.

In the Trojans' first play from scrimmage to open the third quarter, quarterback Darren McCloy handed off to Charles who ran 70 yards to put Pickering High firmly in command. Khawaja's convert put the Trojans on top 27-7. Another interception by Pickering High's Milos Kuceric led to another major and convert later in the quarter for a 34-7 lead.

Receiver Hassan Hazime completed the scoring in the fourth quarter, catching a pass from McCloy in the end zone. Khawaja was good on the convert attempt.

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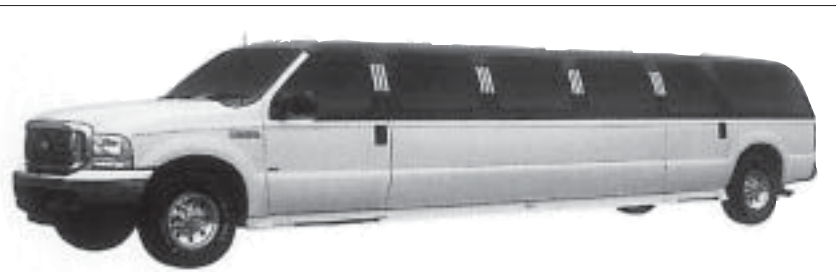
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GAS TECH. 3 for assisting in gas fireplace installations and service. Experience preferred. Fax resume to 905-434-4523.

GET PAID to enjoy the outdoors. Staff needed for Canadian Tire hot dog carts. Year round employment. Benefits available. Flexible days. Fax resume to (905) 263-2700 or call (905) 263-4282.

HOMEWORKERS needed!! To Assemble Products- Mailing/Processing Circulars- PC/Clerical Work Available. No Experience Needed! Free Information: www.homeworkersnetwork.com or send S.A.S.E.; QSEI, 111-336 Yonge St., Reference #7-107, Barrie, ON, L4N 4C8. (705)726-9070.

HOUSE CLEANERS needed 20-25 hours per week hard working and reliable. Transportation provided. Please call 905-428-9765

Certified Protection Officer (CPO) Training program now available

This internationally recognized certification will prepare you for the best jobs in the professional security industry. Increase your job readiness with this six week program. **Classes will begin November 9th, 2004.**

Information & Registration
October 26th 3 pm or 7 pm
October 28th 3 pm or 7 pm
Register Now!!

Durham Continuing Education
120 Centre Street South, Oshawa
For more information visit: www.dce.ca
Click on Certified Protection Officer Training Program
To register call 905-440-4532 Toll-Free 1-800-408-9619
Must be 18 years of age or older by November 15th, 2004.
Criminal Background Check required.

Group 4 Falck

DURHAM COLLEGE TRAINING COURSES - Are you looking to start a new career or upgrade your skills to advance your current occupation? Durham College has full time computer administration upgrading courses and project management courses. Funding through EI, OSAP, ODSP, WSIB, to qualified. For more info, call Colin McCarthy 905-721-3336. www.durhamc.on.ca

REFLEXOLOGY & Aromatherapy Certificate Courses approved by Ont. Ministry Training Colleges. Reflexology Nov. 6 & 7, Aromatherapy Nov. 13 & 14. \$500 ea. 1-647-881-4463 / 905-809-1740.

505 careers

LEGAL ASSISTANT required for real estate department of local law firm. Knowledge of real estate software, and PC Law is essential as well as a minimum of 5 years previous experience. Apply in writing to File 134 Oshawa This week, P.O. Box 481, Oshawa ON, L1H 7L5

Place your ad at 905-683-0707

SHIFT SUPERVISOR

Oshawa area manufacturer seeks individual to supervise production crews in a multi-shift fiberglass manufacturing operation. Post-secondary education combined with 3-5 years supervisory experience in a multi-product manufacturing environment required. Strong communication, mechanical, organization and people skills essential.

Address resume with cover letter to attention of:
Human Resources Manager
Box #133
Oshawa Whitby This Week

NELSON FINANCIAL GROUP LTD.

HERE WE GROW AGAIN!

- Skip Tracer
- Outside Collector

Fax resume to: 905-839-7002
www.nelsonfinance.ca

15 Full Time Openings

Have fun, make money and help others!
We deal with pro sports teams, restaurant chains & Charities. Sales, customer service and management training. Paid Training!

For interview call 905-433-3829

A-LIST FLYER DISTRIBUTION

\$8/hr cash
Wed. & Thurs.
Oct. 27th & 28th
1p.m. - 6p.m.
905-436-6817

CAR AUDIO, Alarm, Remote Starter installer, experience and tools an asset. Will train. Valid Ontario D.L. required. Call 905-668-2675 or e-mail resume to sales@custone.com

IMMEDIATE WORK UP TO \$10.50 PER HOUR

Long and Short Term Assignments
DURHAM REGION

- Packers
- Material Handlers
- Sorters with Q.C.
- Safety Shoes Essential
- Transportation an asset.

Apply in person with 2 pieces of I.D. - one must be photo I.D.
Tues. and Wed. Oct. 26, 27
9 a.m. - 2:00 a.m.
OSHAWA EXECUTIVE TOWER
Oshawa Centre Suite - 601
Oshawa

spherion.
staffing solutions

Top Pay for Top Producers

Experienced plainclothes retail investigators wanted in the Oshawa, Pickering and Toronto areas. \$14.75 per hour plus benefits. Must have own vehicle.

Email: jobs@intelligarde.org
Fax to: LP Manager 416-469-4255
in confidence.

510 general help **510** general help **510** general help

JOB'S JOB'S JOB'S!!!!!!

- light industrial - \$8.00 - \$10.00 + per hr.
- forklift position - \$11.50 per hr.
- long term assignments
- all shifts available

Please come in and apply every
Tuesdays, Wednesdays, Thursdays
9:30 a.m. - 2:00 p.m.

1614 Dundas St. E.
(at Thickson)
Suite 203
Whitby, Ontario



INSTALLATION and repair technicians required, Oshawa, Cobourg and surrounding area. e-mail resume to: tor@ajilon.com

JANITORIAL CLEANERS. We are looking for cleaners in the Ajax/Pickering area to clean medium size retail stores. Early a.m., 3-4 hours per clean, 3 days per week. Vehicle required. Teams welcome. Call 1-877-226-2536 ext. 430

JOIN THE WINNING TEAM! Compass Group, Canada's largest contract foodservice provider is currently accepting resumes for dynamic team players for our cafeteria operations. We are seeking F/T Supervisors, Cashiers, Warehouse, Culinary and General Help personnel. Successful candidates must be willing to work days, nights and weekends. Please forward your resume to: Cafeteria 777, Brock Road Pickering ON, L1V 2R5 or fax to 905-837-7288 or email cafeteria@opg.com Attn: Food Service Director. Hand delivered resumes will be accepted at our Job Fair on Wed. Oct. 27, 2004 between 3:00pm-6:00pm at the above address.

LANDSCAPE LABOURERS need with or without experience. Call Terry at 416-688-6312 or Fax 905-723-2847.

LEARN HOW to operate a mini office outlet from home, earning \$3000+ month. www.missionsuccess.ca.

LOADER OPERATORS, DZ Plow truck drivers, sidewalk shovellers for Pickering, Ajax, Whitby area. Call (905)640-6330

LOCAL SOD INSTALLATION Company requires two positions to be filled ASAP: AZ DRIVER WANTED Full-time position to haul tractor-trailer of sod from field to local job site. 1-2yrs experience/driving abstract required. LABOURER WANTED: Full-time position to install sod/topsoil. Call Debby (905)263-2126, or fax resume 905-263-4089

LOOKING FOR PEOPLE to work at construction in cleaning new homes & windows. Scarborough Area S.I.N. and car necessary. Call: 905-665-8733 Fax: 905-665-8774

LUNCH-ROOM SUPERVISOR needed for special needs child. Mon-Fri. 11:25am-12:25pm. \$12.75/hour. Please contact Mr. Hess, Lord Elgin Public School, Ajax 905-683-3581.

MAGICUTS one of Canada's leading chains requires a licensed Assistant Manager for our Ajax salon. Also full/pt stylist for our Whitby Salon. We offer: Competitive salary, opportunity for advancement, paid vacation, profit sharing, free training classes, contests/monthly prizes, benefits. Join a winning team. Call Cheryl (905) 723-7323.

MARKHAM TOWING company requires responsible, reliable full & part time drivers. Good driving record required. Must have 10 years driving experience. Towing experience preferred but not necessary, will train. Benefits available. Call 905-472-0426 or 1-877-300-7958 or fax 905-294-9649.

NEW HOMES, Sales Representatives and hostess required for new sub-division opening soon. Please call Peter (905)265-2233 or fax (416)743-7195 for interview.

OPENING SOON, Ajax pub hiring servers, busers, bartenders and hostesses. Apply in person at 67 Kingston Rd. East, or call 905-426-5110.

OSHAWA new home builder requires general service person for pdi work and after sales service. Must be experienced and have own tools. Fax resume with wage expectations to (905) 576-0013.

510 general help **510** general help

APPLEONE Employment Services
• PERMANENT/LONG TERM TEMPORARY POSITIONS
• WEEKEND WORK AVAILABLE (SAT/SUN ONLY)
Durham, Richmond Hill, Concord, Markham, Aurora & Toronto Area
ALL SHIFTS

ASSEMBLERS	\$10-\$11
MACHINE OPERATORS	\$10-\$11
PICKER/PACKERS	\$ 9-\$10
INDUSTRIAL CLEANERS	\$12-\$13
LABOURERS	\$10-\$11
QUALITY INSPECTORS	\$10-\$11
CERTIFIED RAYMOND REACH OPERATORS	\$14.00
CERTIFIED COUNTER BALANCE OPERATORS	\$14.00

Please call our office today!
905-831-3400 for an appointment

CHILD & YOUTH WORKERS
Part Time

Urgently needed for part-time awake overnight and relief shifts. Treatment Residential Program in Durham Region and G. T. A. service children with emotional and behavioural difficulties. Minimum of a Child and Youth Worker Diploma is required. Knowledge of crisis intervention, anger management, computer skills and clinical skills an asset. Potential for full time. Please submit resumes to:
ENTERPHASE CHILD & FAMILY SERVICES
209 BOND STREET EAST,
OSHAWA, ONTARIO. L1G 1B4
OR FAX TO: (905) 434-1775
email: jen@enterphase.com



...toy stores, famous for selection & customer service, seek permanent FT & PT sales staff. Flexible schedule includes weekdays, evenings & weekends for our store in the **Pickering Town Centre.**
We are looking for people from the neighbourhood who enjoy children, quality toys, understand excellent customer service & would like to join our team. Company benefits & generous employee discount available.
Call Head Office: 416-321-8984 ext.264
Or Fax resume to Head Office: 416-321-8988

STOP Looking START Wednesday
Looking for Enthusiastic People to fill various positions
Office * Sale * Management * Etc.
Start earning \$1800-\$3,000
Call for Interview Mon. & Tues.
9-5, 905-571-5055

HIRING FOR OUR TEAM LINE-UP:
• Full & Part Time Cooks
• Prep Cooks
• Salad/Dish
• F.O.H./B.O.H.
• Kitchen Supervisor
For our "NEW LOCATION" AMC Theatres
75 Consumers Dr. Whitby.
Applications may be dropped off in person at above address or at Taunton & Simcoe Oshawa.

PART TIME WAREHOUSE HELP WANTED
Approx. 20 hrs per week
• Must be able to work flexible shifts including afternoons and Saturdays.
• Must be able to do heavy lifting
• Must have a valid drivers' license
Send Resume: Attention Tim Harris
130 Commercial Ave.
Ajax ON L1S 2H5
or Fax 905-683-7363
We thank all applicants for their interest, however only those candidates receiving an interview will be contacted.

TRAVELINE Required for Truck & Trailer Repairs
AZ DRIVERS • APPRENTICES • DIESEL MECHANICS
Call Al or Steve (905) 432-0982 or fax resume to: (905) 725-7521

510 general help **510** general help

Herbal Magic is seeking professional compassionate career oriented individuals to provide weight management counselling in a clinic setting. Phone and sales experience are an asset. Full time applicants only.
Call 905-432-6999

DIRECT BUY
Now Hiring Full-Time Positions
Come in person with resume on
Tuesday October 26th 10:30am sharp
1735 Bayly St. Unit 17, Pickering

515 skilled & technical help **515** skilled & technical help

domnick hunter
LICENSED REFRIGERATION MECHANIC
Domnick Hunter, the world's largest manufacturer of compressed air treatment products seeks the above with the following qualifications:
• Minimum 3 years experience
• Excellent communication skills
• Compressed air experience an asset
• PLC experience an asset
Interested parties please
Fax resume to 905-820-5463 or email to jeff.brettell@domnickhunter.com

LOOKING FOR GREAT PEOPLE!!! ALL SHIFTS!!!
We currently require Truck and Coach Mechanics & Licensed Trailer Mechanic
Starting Wage - \$21.01 per hour and raised to \$22.01 after 3 months. Continental shifts 3 - 12 hr., paid for 40 hours.
Contact Mandy LeBlanc
ADVANTAGE PERSONNEL
5-605 Brock St. N. Whitby, Ontario. LIN 8R2
(905) 430-2120

Independent Craftsmen
Nat'l company has work for: **Painters, Remolders** (must be able to do everything), **Carpenters, Tilers, Plumbers** Flexible hrs. immediate pay, be independent. Need tools, vehicle and must be bondable.
Call Monday (905) 686-7236

510 general help **514** salon & spa help

P/T JOBS FOR STUDENTS 12-16yrs preferably, 2-3 weekday evenings and 1 full day on weekends. Must be reliable. Cash paid daily. Ajax/Pickering call 905-427-2978, Whitby 905-244-6659, Oshawa 905-571-9358, Bowmanville 905-623-5090.

PART-TIME ON-CALL ECE required for Christian day care. Send resume with salary expectations to: 320 Ritson Rd. S., Oshawa, ON L1H 5J1

QUALITY INSPECTORS required for various shifts in Oshawa. Car a necessity. Safety boots and safety vests required. Long term, pay \$9.25 per hour. E-mail to: kimm@accu-staff.com Fax: 905-720-9904 or phone 905-720-0754 ext. 230.

Registration Officer
Positions Required \$20.00/hr Avg. We Train You! Call Tom (905) 435-0280 Christmas help req'd

SHIRT PRESSER with experience for busy Ajax drycleaning business. Call after 4 p.m. (905)426-4378

SUPPORT WORKERS NEEDED, full and part time, and occasional. Call the Durham Family Registry at (905)427-2157

TAXI DRIVERS WANTED: 30 day current abstract. Oshawa Taxi License required. City Wide Taxi. Phone for appt. (905)571-1331 between 11 a.m. - 4 p.m..

Tucker's Marketplace is NOW HIRING for all positions; cooks, hosts/hostesses and servers. Apply in person or fax resume 905 420-3831.

WANTED OWNER/OPERATOR's and AZ Company drivers to run mid west, south and New England states. We run all LTL, paid percentage. Call for more information 1-888-335-3187

515 skilled & technical help **515** skilled & technical help

Bowmanville Area SHEET METAL MECHANIC
Must be able to Do Setups & Layouts **SEMI SKILLED TRADESMAN**
Able to do simple setups and assembly work from drawings Aluminum Tig welding An asset
Contact Max at
Fax: 905-623-1683
Phone 905-623-2303 ext. 29

CARPENTER/LABOURER required immediately for local industrial construction company. Full-time, experienced need only apply. Call (905)391-5149 or fax resume to 905-668-8284.

ELECTRICIAN LICENSED, construction and maintenance for Durham Region. Minimum 5 yrs residential and commercial experience. Please fax resume to 905-666-2872.

EXCELLENT JOB opportunity - FULL TIME position available. Qualified Electrician required. Commercial/Industrial. Please apply to: J.W. Contracting, 630 Euclid St. Whitby, L1N 5C2 or call (905)666-1400.

FULL TIME LICENSED CLASS A MECHANIC required for auto shop in Ajax. Minimum 5 yrs. experience. Vehicle required. Call 905-427-4323.

GAS TECH 2 for gas fireplace installation and service, experience preferred. Clean driving abstract required. Fax resume ASAP to 905-434-4523.

525 office help

ADMINISTRATIVE Assistant/Rental Agent required for national property management company. 2-person office in Ajax. Fax resume and salary expectation to: 905-683-8710.

BUSY REAL ESTATE office requires PART-TIME RECEPTIONIST. Shifts: 11 a.m. - 9 p.m. and every other weekend! Real Estate experience required. Fax resume to attention Gem at 905-432-1260 or email to: abilityadmin@rogers.com

PART-TIME RECEPTIONIST needed at Rosebank Animal Hospital 2-3 days/week. Must be well spoken, friendly, post secondary education preferred. Bring resume to 1414 Rosebank Road, Pickering. No phone calls please!

Fast growing new business requires **PART-TIME OFFICE ASSISTANT**
Interested candidates should possess the following qualifications and attributes:
• MUST have in-depth working knowledge of Quickbooks Pro 2004
• Strong understanding of accounting principles with ability to take to trial balance
• Collection experience
• Valid drivers licence
• Pleasant phone manner
• Self-motivated and flexible
The successful candidate will be responsible for all accounting and receptionist duties, not limited to, but including data entry, collection of receivables and processing of payables.
Salary and hours are negotiable.
Please mail resume to:
92B Orchard Road, Ajax, Ontario L1S 6L1
email: qualitycollisoneast@bellnet.ca

LEGAL ASSISTANT
Required for law firm in Ajax. 5 yrs. min. experience in Real Estate, Corporate & Commercial Law.
Fax resume with salary expectations by October 31, 2004 to: 905-428-2063

530 sales help & agents **530** sales help & agents

SALES PROFESSIONALS
Are you looking for a career, or just another job?
Do not prejudice this opportunity. Alderwoods Group is one of the largest publicly owned funeral home and cemetery corporations in North America. We are seeking enthusiastic and professional sales executives.

If you are driven to excel, thrive on taking hold of the possibilities, and have a proven sales track record we want to talk to you. Apply to Alderwoods today and discover how rewarding it can be to work with us:

- Excellent income and bonus potential
- Attractive benefits and vacation
- Continued learning & development.

For confidential consideration, fax your resume to **1-800-696-9906** or email it to careers@alderwoods.com
Reference Job Code LN-OSH-DR.
Visit our website at www.alderwoods.com

Wood Man

Customer Service / Accounts Receivable Representative

We are seeking a hard working, motivated individual for a rewarding position as a Customer Service / Accounts Receivable Representative. Excellent communication, telephone and organizational skills are required. Accounts receivable experience an asset. Computer knowledge and fast and accurate typing essential. Ability to multitask and work in a fast-paced environment a plus.

The hours are Monday to Friday 12:30-9pm, Saturday 9:30am-1:30pm and alternating Fridays 8am-4:30pm. \$11/hr entry level position - apply now by fax or E-mail.

Fax: 416-269-5746
E-mail: Wmscarborough@aol.com
Attention: Michelle.
We will amaze you.

FULL TIME BOOKKEEPER/SYS. ADMIN. Required. Established Scarborough manufacturing company. Minimum 2 yrs. exp. Position available immediately. Email resumes to: accounting@promarkmfg.ca

100 houses for sale

100 houses for sale

A Special Place



A custom built bungalow situated on 1.6 acres, in Orono. 4 bedrooms, 2 baths, finished basement, hardwood floors throughout. Private sale, asking \$340,000. Call Sien Eikens By appointment (905)983-5279.

Open Houses: Sunday October 10th, 2-4pm
October 17th, 2-4pm
October 24th, 2-4pm

MODERN FOUR-LAWYER firm in Ajax seeks a Legal Assistant with 3-5 years' experience. One-year maternity leave contract position with potential for permanent employment. Must have current knowledge of family law and civil litigation procedures. Candidates must have strong organizational, administrative skills as well as knowledge of WordPerfect and/or Word, Divorcement and PC Law. Please fax resumes to 905-427-4042 or email mdheureux@reillylegal.com

OFFICE HELP for small family business in Oshawa. PT mornings. Fax: 416-352-5431 or e-mail: andy@culturemix.ca Romanian speaking an asset but not essential.

530 sales help & agents

AGGRESSIVE EXPANSION! In local area. Wanted Motivated Professionals with Sales or C.S.R. background. Call 1-800-590-7203 ext. 2072

SALES, ADVANCED COMMISSIONS. Work from home, F/T P/T. A needed service, no competition, established NYSE Company. Diana Thompson 416-244-5858.

535 hospital / medical dental

PICKERING MEDICAL CLINIC requires fit or p/t receptionist/assistant. Experience is necessary. Venipuncture, ECG, OHIP billing preferred. Fax resume to: 905-831-8858.

REGISTERED MESSAGE Therapist needed immediately. Full-time at busy chiropractic clinic. Existing clientele. Drop off resume to: 18 Gibbons Street, Oshawa or fax 905-728-6443

WHITBY DENTAL OFFICE requires Receptionist. Part time, 20-25 hrs. per week, including Evenings & Saturdays. Relevant Dental Education and/or experience a must. Fax resume to 905-723-7533.

CERTIFIED DENTAL ASSISTANT required in Ajax, 25-30 hours per week. No evenings or weekends. Experience preferred. Fax resume to 905-686-4347.

COOK REQUIRED (Part-time) Training at a college level and/or experience in cooking in a long-term care or retirement facility would be an asset. Submit resumes by October 26 to Food Manager, White Cliffe Terrace Retirement Residence. Fax (905) 579-1255

CYW'S NEEDED IMMEDIATELY - Experience with brain injury and behaviour management as asset. Car a must. Please call 1-877-392-3512.

DENTAL ASSISTANT position available in established Pickering family practice. Experience preferred. Please fax resume to 905-509-1974

DENTAL RECEPTIONIST for busy Pickering office. Full time hours, evenings and Saturdays. Able computer experience preferred. Fax resume to: (905)839-8435

DENTAL RECEPTIONIST, full time position, with no weekends, computerized, experience an asset, for outgoing, confident candidate. Please apply at 104 Waverly Rd. Bowmanville.

DENTAL RECEPTIONISTS required for Whitby and Oshawa. Must know Tracker or Dentrix, full-time and part-time. Competitive wages and health benefits. Please send resume to: Dental Careers, 1801 Dundas St. East, P.O. Box 70567, Whitby, Ontario. L1N 9G3

RECEPTIONIST, RMT, MD and dermatologist required for busy clinics in fitness clubs to start immediately. Fax resume to: 416-686-5233.

2-STOREY, COURTYARD, across from park 2186sq ft., 4-bdrms, 3 bathrooms, c/a, c/v, oak cabinets, deck, large fenced yard, \$289,900. (905)433-1713

55 MINUTES FROM OSHAWA - gorgeous sunsets - 283 Snug Harbour Rd., RR#6 Lindsay. Spacious 3 bedroom 4 season cottage/home with well manicured 75' x 230 ft. Sturgeon Lake waterfront lot and perennial flower beds. Quality broadloomed throughout. Hot tub is in sunroom overlooking the lake. Jacuzzi tub and stand up shower in bathroom. 2 free standing Napoleon propane fireplaces (42,000 btu's each) on thermostats heats whole house. Large holding tank (2,200 gals). This home is move in condition, but the exterior needs some TLC. House inspection report is available. Priced to sell at \$214,500. See virtual tour and photo gallery at www.remax-kawartha.ca Contact Marilyn Pigott, Sales Representative, Remax Country-Town Realty Inc. Lindsay (705) 324-6153 or email marilynpigott@remax-kawartha.ca



FINAL RELEASE IN BOWMANVILLE'S FINEST LOCATION
OWN FROM \$699/MONTH
Suites from \$111,990
2 bedroom from \$134,990
25 minutes east of Toronto
Buy now with \$500 initial deposit

Ask sales rep for details
Call Eric 905-697-0513

www.kaitlingroup.com
visit our model suite.
Prices correct at press time.
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RENT-TO-OWN IN BOWMANVILLE
• 1 & 2 bedroom suites from \$975/mo.
• \$100 per mo. will be credited towards your future Kaitlin home purchase
• Appliances included, Juliet balconies or patios
• Ensuite Laundry
• Close to 401, public transit & GO
• 25 minutes east of Toronto
CALL ERIC
(905) 697-0513

135 lots & acreages

135 lots & acreages

LOTS FOR SALE
Fully treed 1 1/2 acre lots across the street from Lake Scugog, only minutes to town from \$69,900. Also 2 acre lots starting at \$155,000. in the Town of Port Perry with fabulous views of the lake and access to the lake in a prestigious development.
Call (905) 424-3086
or e-mail to:
rick@fourteenstates.com

145 industrial/commercial space

160 business opportunities

INDUSTRIAL UNIT, near Oshawa Centre & 401, bay with roll-up door & side entrance, ample parking, good for machining, tool & die, auto repair, detailing. All inclusive, very reasonable. Low budget storage units avail. (905)576-2982

PRIME INTERSECTION - Highway #2 and Mill St. Heart of Newcastle. Building with 7,500 sq. ft. for lease. Ideally for hardware store or restaurant. No hardware store in town now. Town is growing in leaps and bounds. Call Alan (416) 598-1648, Tenzin (905) 261-6997, (905) 987-4627

RESTAURANT FOR LEASE - Port Perry, 2400 sq. ft. Call 905-985-3490 or email: tdhotot@rnis.com

WORK AT HOME \$529.27 Weekly. Mail work, Assemble products or Computer work. (416)703-5655. 24hr message. www.TheHomeJob.ca Or write: Consumer, 599B Yonge Street, #259-222, Toronto, M4Y 1Z4.

WORK AT HOME \$529.27 Weekly. Mail work, Assemble products or Computer work. (416)703-5655. 24hr message. www.TheHomeJob.ca Or write: Consumer, 599B Yonge Street, #259-222, Toronto, M4Y 1Z4.

NORTH WHITBY, offices \$440 per month plus. Storage and garage, up to 1425 sq.ft. 1/2 price (905)430-6805.

PROFESSIONAL FURNISHED OFFICES (3). Includes reception/admin functions. Whitby, only 4 mins from 401. \$300-\$500. Call (905)433-0040

RETAIL LOCATION for sublease 7 Bascom St. Uxbridge, 550 sq. ft. Call 1-866-291-4045

100 FAMILIES WANTED - to become debt free. Must have mortgage and debts. Debt Freedom Canada Inc. To Register call: 1-800-590-7203 ext. 2062.

\$\$\$ Mortgage Money \$\$\$ for any reason. 1st, 2nds to 100% oac. Arrears, consolidations, power of sale, previous bankrupts, self-employed, commission sales. All applications processed. Call AMS at 905-436-9292 or toll free 877-509-LOAN (8626). online application: www.accuratemortgages.com

\$\$\$MONEYSS 100% 1st, 2nd, and 3rd mortgages. Bad credit ok. Call Ontario Wide 1-888-307-7799.

ESTABLISHED USED car lot for rent, display up to 100 cars, with office, signs, lights, high traffic, #2 Hwy. Whitby, Call (905)725-1171, 1-336-210-9828.

FOR IMMEDIATE SALE residential cleaning company. East Durham area. Fully equipped, fully staffed, growing clientele. Please email inquiries to: cleaningforsale@nexusisp.com

\$\$\$ Mortgage Money \$\$\$
Purchase & Refinance 1st & 2nd's to 100% oac
"Previous Bankrupts, Self-Employed, Commission Sales"
We process every application good, bad, or no credit.
AMS Accurate Mortgages Services Inc.
905-436-9292 or 877-509-LOAN (5626)
Online application at www.accuratemortgages.com

CENTRAL FUNDING GROUP, first & second mortgages to 100%. From 4.90% for 5 years. Best available rates. Private funds available. Refinancing debt consolidation a specialty. For fast professional service call (905)666-4986

MONEY PROBLEMS? STOP: judgments, garnishments, mortgage foreclosures & harassing creditor calls. GET: debt Consolidations, & protection for your assets. Call now: (905)576-3505

170 apartments & flats for rent

1 & 2 BDRM. - Oshawa. Hardwood floors, free parking. No pets. \$700/\$750 inclusive. First & last. Available November 1st. 905-723-1647, 905-720-9935.

1 BDRM. AVAILABLE for Nov 1. Located at 350 Malaga Rd. \$695/mo. all inclusive. Please call 905-576-6724 or 905-242-4478.

1 BEDROOM BSMT APT. Private entrance, just renovated. Available Nov. 1st. Park Rd. N/401. Includes digital cable, utilities, parking. Non-smoker/no pets, \$750/month. 905-720-1029

1 BEDROOM FURNISHED basement. Bloor/Harmony. No smoking. Working adult preferred. Clean, quiet, side entrance, parking. First/last. \$750/mth. includes utilities. 905-720-2927

1 BEDROOM LUXURY APT. newly renovated, clean, spacious. New paint, floors and counters. Above retail, Oshawa. \$800/mo/utl. included. No pets/smoking. Available Nov. 1st. (905)438-0232

1-BDRM \$775/mo with balcony. Avail. Nov. 1st. 2-bdrm avail. Nov. 1st/Dec. 1st \$875 in very clean well maintained bldg. Oshawa. Call 905-721-0831

1-BDRM APT., Central Oshawa, parking, private entrance, gas fireplace, \$725/mo inclusive. Avail. Nov. 1st. No dogs. First/last. (905)213-6593

1-BDRM walkout bsmt, Oshawa, Bloor/Grandview. On bus route, close to shopping. Quiet neighbourhood. No smoking/pets. Single professional preferred. \$700/mo inclusive. First/last. Nov. 1st. (905)432-0937, (905)767-4140

1-BEDROOM BASEMENT APT. Liverpool/Bayly Close to GO. Bright new separate entrance laundry \$750/month including utilities/cable. Available Dec. 1st. 905-509-7034.

1-BEDROOM walkout basement, full washroom, 1 car parking, \$750/month, first/last. No smoking/pets. Available Nov. 1st. Ajax, Hwy 2/Westney. Suitable for couple. (905)426-3845.

1011 SIMCOE ST. N., Oshawa - Large 3 bedroom 2 storey town home suites with full basements, available for rent. Private fenced yards with mature trees. \$999.00 per month. Call (905) 579-7649 for an appointment.

2 BDRM APT, avail now. Simcoe St. North Oshawa, Appliances, laundry facilities, 1-parking. Call 905-720-0432

2 BEDROOM APARTMENT available, Dec. 1st. all inclusive, plus parking, \$800. 80 Williams St. W. near DT Oshawa. Call (416) 305-6464

2 BEDROOM APT. available in Ritson/Adelaide area Oshawa, for Nov/Dec. 1st. \$775+ lights. Appliances, parking, private entrance. Call 905-799-6803.

2 BEDROOMS, basement apartment, coin laundry. Available Nov 1 - 15th. \$800 all inclusive. 1st and last. No pets please. Ron (905)424-1994.

2-BDRM bsmt. separate entrance, 1-parking, all utilities incl., Ajax. Avail. immediately. No smoking/pets. Call (905)426-1886

2-BDRM large basement, North Ajax. Separate entrance and laundry, parking, cable, includes utilities. \$950/mth. First/last. References. No pets/smoking. Available Nov. 1st. Call 416-602-7511.

2-BEDROOM APARTMENT, \$845/month inclusive, Dec/Jan 1st. Immaculate newer building in decent Oshawa neighbourhood. Prefer quality adult tenants. No dogs. 905-448-8929 or 905-439-8893.

2-BEDROOM basement apt. Sep. entrance, close to amenities. Includes parking, appliances, laundry fac., available immediately, \$825/mo. Non-smoker preferred. Near Salem Rd. Ajax. (905)428-7443

AJAX CHURCH/HWY. 2 Large 2-bdrm \$950 includes utilities, plus parking. Available Nov 1st, in clean, quiet bldg. 905-426-1161

APPLY ON LINE - \$\$\$1ST AND 2ND MORTGAGES \$\$\$ www.mortgagebid.ca or call Dennis @1-800-915-2353. Purchases, renewals or refinancing. To consolidate your debts. Lowest rates possible for residential or commercial. Credit issues, self employed, I will assess your needs. Prompt, professional service.

MORTGAGES - Good, bad and ugly. Financing for any purpose. All applications accepted. Call Community Mortgage Services Corp. (905)688-6805

170 apartments & flats for rent



2 & 3 bedroom apartments starting at \$978 per mo. On-site superintendent and security. Rental Office Mon.-Fri. 8:30 a.m. - 4:30 p.m. (905) 686-0845 www.ajaxapartments.com

Up to \$500 Move-In Allowance Condominium Sized Suites 1, 2, 3 Bedroom Apartments starting at \$700.

- Renovated suites
 - Free Utilities
 - Free Parking
 - Tenant free rent draw & rewards program
 - Senior Discounts
- Drop by or Call for Appointment
905-728-4993

2-BEDROOM basement, sauna, Jacuzzi, separate entrance. \$1000/month all inclusive, first/last. Available November 1st. No smoking/pets. Near all amenities. Call 905-686-5782.

2-BEDROOM, new, spacious, private balcony, laundry, parking, suit professional. N/W Oshawa Centre, no smoking/pets, 6-plex, beautifully maintained, first/last. \$860/utl. Ann: 905-720-1300 x6683, evenings 905-728-8041.

3 BEDROOMS. Be above the crowd. Top fir. Available Nov. 1st. \$975 all inclusive. 1st and last. No pets. No exceptions. Freshly painted. Ceramics, coin laundry, wiring/retired couple preferred. References and Cr. Check. Ron (905) 424-1994.

3-BDRMS+ LOFT. Main floor of well-maintained house. Pickering, Liverpool/Bayly, separate entrance, laundry, parking, near schools, GO, bus/mall. Available November 1st. \$1199/mo+ 1/2 utilities, (negotiable). Call (416)669-5534 or (416)878-5534.

3-BEDROOM, bright, clean upper level apt., 2 car parking, own laundry, Harwood/Bayly, \$1175 plus 1/2 utilities. Dec 1st. (905)509-7474, (905)999-2749

A WELL MAINTAINED clean one bedroom apartment, with big windows, in desirable neighbourhood Grandview and olive for mature person. \$675 all inclusive. Laundry, parking utilities, on bus route. Available Nov 1st last/last required. Call Rodney (416) 565-8408

AJAX - WESTNEY/DELANEY, newly renovated, spacious, 1-bdrm. basement apt. \$700/mo. cable, parking, laundry and utilities Nov. 1st. Call 905-426-5295.

AJAX 1-BEDROOM BASEMENT apt., separate entrance, includes all utilities, cable, laundry, near all amenities. \$800/month. No smoking/pets. Available immediately. (905)428-2653 or 416-254-7293

AJAX LEGAL 2-bedroom basement apt. high ceiling big kitchen new fridge shared laundry immediately oversized, bright, 1-42-room. Call (905)683-8092

AJAX, 2 bedroom basement apt, avail. Nov. 1, asking \$850/mo. Also 2 rooms on second floor, \$400 each. call 416-846-9647 after 6pm.

AJAX, Immaculate 2-bedroom basement apt. Large, 4 newer appliances, newly renovated bathroom, 2-parking, close to schools/shopping. \$850/mo + 1/2 utilities. Avail. immediately. Call Mike weekdays 905-427-4077 ext 24 or eve/wkends 905-442-0020

AJAX, 2 bedroom apartment, Hwy 2 and Westney, \$850 includes utilities cable, separate entrance, one car parking, close to go. Non-smoking/references. 1st. last, November 1st. Call (905) 683-6194.

AJAX, Available Immediately - Salem/Bayly area. Newly renovated oversized, bright, 1-bedroom legal basement apartment large living/dining, separate full-kitchen, ample storage, 3-car parking, laundry, no-smoking/pets. \$775/inclusive. Call 416-986-0619 or 416-460-2853.

BOND/SIMCOE, Spacious 1 bedroom apartment, \$660/hydro. Available immediately. Appliances, laundry fac. on-site and parking. Call 905-434-7931.

AJAX, Hwy 2/Hardwood, 1-bedroom basement, separate walkout, parking. Suitable for single, working person. Available now. No smoking/pets. \$650/inclusive, first/last. (905)428-2503.

AJAX- 2-bedroom basement apt. Large, 4 appliances, parking, close to schools, shopping, \$750/mo + 1/2 utilities. Avail. immediately. Call Richard - Days 416-865-7864 evenings/weekends 905-686-9662.

AJAX- 3-bdrm main floor \$1100 + 1/2 utilities, avail Dec. 1st. 2-bdrm basement apt. \$750/mo + 1/2 utilities, avail immediately. Both large, 4 appliances, parking, close to schools, shopping. Call Richard, Days 416-865-7864 evenings/weekends 905-686-9662.

ALTONA/PINEGROVE Brand new 2-bedroom basement, spacious, separate entrance, 1-parking. No smoking/pets. Utilities included. Available immediately. (905)509-1697/416-662-67654

ATTRACTIVE renovated 2 bedroom apt Simcoe/Mill, \$850/mo. inclusive. Laundry, balcony, parking, appliances included. Available immediately. 905-728-3449, 1-800-466-9826, WHITBY Victoria/Brook St. 2 bedroom \$850 inclusive laundry, parking. 1-800-486-9826.

AVAILABLE IMMEDIATELY 2-bedroom apt., lower level semi, parking, laundry, utilities, cable, bright clean, spacious, \$800/month inclusive. First/last, references. Call Carolyn/Mark (905)723-8610

AVAILABLE IMMEDIATELY in Whitby, Apt. building, spacious, carpeted, newly painted, with balcony, close to bus, shopping, all utilities included, first/last required, no pets. 1 bedroom \$800, 2 bedroom \$900, 3 bedroom \$1,025. Call (905)767-2565

AVAILABLE IMMEDIATELY, North Oshawa 1 and 2 bedroom apartments in Triplex. First/last/references required. No pets. Lynn, (905)925-3200 or (905)436-6886.

AVAILABLE NOW - Ajax - 2 bedroom, Pickering Village. Laundry, laminate floors, parking, Oshawa - Beautiful large 2 bedroom in a clean low-rise, freshly painted. Parking, laundry. Call (905) 922-0252.

BAYLY/HARWOOD, 1-bdrm self contained basement, 1-parking. No smoking/pets. \$650/mo + 1/2 hydro. Suitable for single mature person. 905-683-7532.

BLOOR ST. EAST Oshawa (Conveniently located near No Frills) - 2 bedrooms \$745-hydro(\$50/mo) avail. immed/Nov. 1st. First/last/1-parking. Immaculate, nice, well-maintained, bright, clean. Laundry, small buildings. Bus stop at door. No pets. 905-668-1946.

NEWLY RENOVATED 3 bedroom apt in Oshawa. Available ASAP free utilities, parking & laundry. Excellent neighbourhood. Call 416-722-4709

NICE 1-BDRM in Central Oshawa triplex. Large kitchen & bath, parking, large yard, \$625/mo inclusive. Avail. Dec. 1st. First/last. (905)743-0376

NORTH Oshawa - 2 bedroom, November 1st. Clean, family building. Heat, hydro and two appliances included. Pay cable, parking and laundry facilities. (905) 723-2094

NORTH OSHAWA - 2-bedroom. Available immediately. \$750/mo. available Includes fridge, stove, utilities & parking. Call 905-579-9777.

ONE BEDROOM apt in Ajax, \$795 incl. Westney / Ritchie area. Close to school, park, GO station. No pets. First/last and references. Available immediately. (905) 686-2993.

ORONO apartment, in a quiet country home, large backyard with creek, suitable for single or couple, all inclusive, references, \$730 a month, first/last, (905)983-5398

BROCK/HWY#2 immaculate 1 bedroom walkout basement apartment. Near all amenities. No smoking/pets or laundry. First/last. Available Dec. 1st. \$675/inclusive. (905)428-1986.

CLEAN 1-BDRM \$720/month, 2-bdrm \$790/month, newly decorated. Utilities included. Simcoe and Mill area, small quiet apt. building. Call for an appointment. (905)579-9890.

CLIPPER APARTMENTS AJAX - 2 & 3 Bed. Please call Mon. - Fri. 9 a.m. - 8 p.m. 905-683-6021 Shelter Canadian Properties Ltd.

DOWNTOWN WHITBY - 2 bedroom, 6-plex, available Dec. 1st. \$850, parking, Appliances laundry. Suit retired couple. No pets/smoking. 905-688-8967, 905-688-8667.

HUGE, EXCELLENT one bedroom basement apartment, available for rent, Harwood/401, air, heat included. Newly carpeted, separate entrance, utilities included. \$800 Contact Fahad (416) 371-7522 or leave message.

HWY #2/BROCK RD, bsmt apt, 3 rooms, separate entrance, shared laundry, large kitchen, cable, parking, no smoking/pets. \$850+utilities. Call (905)619-8918

LARGE 2-BDRM, Raglan, \$750/mo + utilities. Non-smokers. Avail. Nov. 1st. Call Doug (905)424-1477

LARGE 3 BEDROOM, 1160 Simcoe St. S., Oshawa. Available Dec. 1st. \$950 per mo. Heat and hydro extra. Call 9 a.m. - 4 p.m.

170 apartments & flats for rent

OSHAWA - clean 3-bdrm main floor of bungalow, appliances, laundry facilities, in ground pool, close to 401. Ist/last, parking, credit check. \$1100 plus 1/2 utilities. No dogs. Available Nov. Ist. (905) 576-7677

OSHAWA APTS. Clean quiet new bldgs. Bachelor, 1 & 2 bedroom includes utilities, parking, laundry on site, no dogs. (905)571-0425 or 1-888-558-2622

OSHAWA bright, clean, newly renovated 2-bedroom apt in triplex. New appliances & carpet. No pets/smokers. \$875/mo. avail. 905-576-0294.

OSHAWA CENTRAL, spottless 2-bdrm, h/w floors, small well maintained bldg., adult lifestyle, no pets, laundry, 1-parking, \$795-hydro. Avail. Nov. Ist. 416-816-8596

OSHAWA CENTRAL, new luxurious 2 bdrm apt. New bathroom, kitchen & appliances. Very clean. No pets. Immediate possession. \$750-monthly. 905-259-0399

OSHAWA CENTRE large basement apt., sep. entrance, parking, \$600/mo+plus utilities, first/last. No smoking/pets. Avail. Nov. 1 (905)576-9039, 905-924-5537

OSHAWA Park/Adelaide area. (230 Nipigon St) 2, & 3-bedrooms available. Well maintained building. Near all amenities. From only \$825/mo. Call (905)723-0977.

OSHAWA, 2-BEDROOM APT. near OC (Adelaide/Park), new carpets, freshly painted, well managed, parking, quiet building, appliances included. \$825/month, all inclusive. Laundry facilities. Avail. immediately. 905-723-0424

OSHAWA, 3-bedroom, 2 bathroom, 2-storey, triplex (top floors) Avail. Dec. 1, Asking \$975 all inclusive. first/last, references. (905)470-6930, leave message.

OSHAWA, King/Wilson, avail. immediately, newly renovated bright 1-bdrm bsmt apt. Separate entrance, c/a, 4pc bath, cable, laundry. No smoking/pets. \$725/mo inclusive. First/last. (905)404-8335

OSHAWA, Taunton/Northbrook. 3 bedroom. Near school and amenities. No pets. \$900 plus utilities. First/last and references. Available December 1st. (905)723-5079

PARK/GIBB - one bed, \$630-hydro and two bed, \$730-hydro apartments. Convenient location. References. First/last. Avail. Nov. 1st. Call 416-725-3323.

PICKERING - new renov. huge one bedroom basement. Avail. immediately. Must see. Upscale neighbourhood, close to all amenities. \$750/mo. (416)877-0297.

PICKERING - WHITES/401 3-Bdrm, Main Floor of Home, Sep Entrance, Parking, New Apls, No Smoking, Avail Immed, \$1300 + Utilities. (416) 428-3537

PICKERING - WHITES/401, 1-Bdrm Basement Apt, Sep Entrance, Parking, Laundry, Full Kit, No Smoking, Avail Immed, \$800.00 + Utilities. (416) 428-3537

PICKERING 2 bedroom, renovated, mint condition condo, close to GO station, Available December. Please call 905-424-1566 Mon. - Fri. 416-991-8249 weekends.

PICKERING GO/LAKE Nice 1 bed, quiet bsmt. apt. Warm floors. Suits single, non-smoker. Includes util, sep. entr, parking, cable, laundry. Designer paint, soundproof. Asking \$675/mo. Avail Now. Art: 905-420-3751

PICKERING large basement apartment. Walkout, Whites/Bayly, own laundry, living room, dining room w/fireplace, eat-in kitchen. No pets. Available immediately. Call Frank 905-831-1979.

PICKERING Liverpool/Bayly, large, bright, one-bedroom basement apt, shared laundry, parking, storage, steps to GO, avail. Nov. 1, \$800/mo-inclusive, Call (905)420-2104

PICKERING VILLAGE - 1-bdrm. basement apt. Spacious living room, includes utilities, cable, parking. Separate entrance, non-smoker, no pets. Suits single person. First/last. \$700/mo. Avail. Nov. 1. 905-427-0476.

PICKERING WHITES/FINCH Large 1-bedroom basement apartment. Private Entrance, Parking & Laundry. Single professional preferred non-smoker. \$800/month. Available immediately. 905-420-4233.

PICKERING, large, lovely, like new one-bedroom basement apt. A must see. No smoking/pets. 4-appliances, 4pc bath, near bus/GO/shopping, \$700 + 1/3 utilities. Oct 15. (905)420-0069.

PICKERING, 1 bedroom basement apartment. Laundry, parking, cable, separate entrance, fireplace. No smoking/pets. \$900/inclusive. First/last. (905)831-3427

PICKERING, BRAND new 2 bedroom basement apartment, separate entrance, 1 car parking, \$925 no pets/no smoking, laundry nego. Nov. Ist. (905) 831-1555.

170 apartments & flats for rent

PICKERING, 1-BEDROOM PLUS den, spotlessly clean, dry basement apt., in adult family home. Separate entrance, all utilities including cable, laundry, \$799/month, available Dec. 1st. (905)831-6289

PICKERING, 2 bedroom bright basement, sep entrance, cable, parking, close to schools, shopping, utilities included. Whites north. avail. Nov. 1, first & last. 905-839-1784, 416-558-1784.

PICKERING, BRAND NEW 3-bedroom apt., 2-storey with main floor entrance, balcony view of lake. \$1250+ 50% utilities. Call Paul Carlos (905)830-9997

PICKERING, bright spacious 2-bdrm bsmt, 4 appliances, parking, close to schools, shopping/GO. \$800 + 1/2 utilities. Avail. Nov. 1st. Call Mike weekdays 905-427-4077 ext 24 or eve/wknds 905-442-0020

PICKERING, Major Oaks/Brock, 2-bedroom basement, \$895/inclusive, available Nov 1st., first/last required. Separate entrance, parking, appliances/laundry. No smoking/pets. Call (905)428-9361.

PICKERING, Whites Rd/Finch, spacious, clean, 1-bedroom basement apartment, living, eat-in kitchen, bath, carpeted, separate entrance, non-smoking/pets. \$695 includes utilities, available Nov. 1, first/last, references required. 905-420-6532.

PICKERING - Whites/401, clean bright 1-bd. basement apt., separate entrance, full kitchen, air, laundry, parking, cable, utilities included. Non-smoker, first/last, Nov. 1st. \$800/mo. (905)837-0227

PICKERING/AJAX 1 & 2 bedroom basement apts. 3-bedroom upper \$700 \$800 & \$1100-inclusive. Private entrance, parking, laundry, 5-pc washrooms, avail immediately. (416)616-7776.

REGENCY PLACE - 15 Regency Cres. Whitty, 50+ Lifestyle Apt. Complex. Clean quiet building, across from park. Close to downtown. Daily activities incl. All utilities included. Call (905)430-7397. www.restar.ca.

SIMCOE ST. N. 1 - one bedroom, 3 - two bedroom units, Oshawa, air, 5 appliances, Luxury apartments, 1 bed \$1280, plus parking, 2 bedrooms \$1460, plus parking. Call 905-571-3760

TESTA HEIGHTS - 2 Testa Rd. Uxbridge. One & two bedroom apts. available November 1st. Conveniently located in Uxbridge in adult occupied building. Call (905)852-2534. www.restar.ca

UNUSUAL APT. Close to downtown Oshawa. Very quiet, private garden, skylights, fp, Murphy bed, Parking, \$800/mo inclusive. No smoking/pets. Suits one person. For apt. leave message 905-434-7012.

UXBRIDGE NEW! Townhouse/Apartment rentals, 2 bedrooms, 4 appliances, air-cond., patio/garden, parking, storage. Only 2 left! 905-852-4777

WHITBY - 2 bed. basement apt. Above-ground livingroom, wood fireplace, laundry fac., near schools, shopping, 401. Available immediately. \$875+50% utilities. Call 905-706-8171.

WHITBY - Kendalwood/King, large 1 bdrm. apt. Balcony eat-in kitchen, full bath, parking, in quiet, clean home. Suits professional, quiet female. No smoking/pets. \$700/inclusive. 905-432-8130.

WHITBY - one and 3 bedroom apartments available. Close to 401, G, \$750 and \$950 plus hydro. Available November 1st. Call (905) 666-1261.

WHITBY EXCEPTIONAL 2-bedroom apt., walk to GO, newer bidg, laundry facilities. \$815 + hydro. No pets. Dec. 1st. First/last. (905)723-8697

WHITBY Hwy#2/Anderson 1-bdrm basement apt. Separate entrance, A/C, laundry, parking, cable. No smoking/pets. \$625 inclusive, first/last. Suits single person Avail. immediately 905-430-9005.

WHITBY Place, 900 Dundas St. E., One and two bedroom suites. Low rise building, park like setting, balcony or patio. Close to downtown. In-suite storage. All util. incl. (905)430-5420. www.restar.ca

WHITBY, LARGE 1 & 2-bedroom in triplex, walk to lake, GO, Iroquois Sports. Dec 1st/04. \$695 plus hydro, \$795 plus hydro. (905)442-7202.

WHITBY, LARGE 1-BEDROOM basement apt., laundry, parking, separate entrance, quiet, clean, no pets/smoking, \$700/month inclusive, first/last. Available Nov/Dec 1st. (416)565-0125

WHITBY, lovely 2 bedroom basement, new kitchen, ceramics & new broadoom, large living room, 4 appliances, A/C. Near amenities. \$845/inclusive. Available Dec. 1st. Call 416-996-1941

170 apartments & flats for rent

WHITBY, Spacious 2 bedroom apt in clean well cared for building. Avail. Nov.1st, \$890. Call Jennifer (905)668-5934.

WHITBY, spacious 1st floor apartment in owner occupied duplex. Quiet street, walk to go, would suit quiet single person. \$795 inclusive. No pets. Ref. Ist/last. (905) 665-1678

WHITES/SHEPHERD/ROSE-BANK, brand new 2 bedroom basement, bright, separate entrance, new appliances. No pets/no smoking. Available immediately. \$1,000 inclusive. (905) 839-3217.

172 furnished apartments

WHITBY, Anderson/Dryden new bachelor basement, furnished, \$700 includes heat, water, laundry. First/last, references required. No smoking/pets. Nov. 1. Professional female preferred. 905-242-1304

180 condominiums for rent

1-BEDROOM CONDO, south Ajax, beautiful view from balcony, air conditioned, fireplace, \$1050+ hydro. Available Nov 1st. Non-smoker only. References. (905)434-1678

AVAILABLE NOVEMBER 1ST. - Spacious North Oshawa 2 bedroom, 2 storey condo apartment with 2 bathrooms and private laundry. Large living room with a walk-out to a balcony and an eat-in kitchen. 4 appliances included. \$950/month plus hydro. Near Simcoe and Taunton Rd. Call Ray (905) 718-1719

BOWMANVILLE, 1 yr. new, 2 bedroom condo, 5 new appliances, ceramics, southern exposure, \$1,000 per month inclusive. Ist/last required. Available Dec. 1st. (905) 723-2559.

185 houses for rent

2 1/2 STOREY, 3-bdrm plus fin. loft, living & diningroom with fp, eat-in kitchen, 5 appliances. Oshawa. Avail Nov. 15th. \$1200/mo + utilities. Call Peter (905)576-7945

2-BEDROOM, completely renovated lower level of a house. Luxurious, large and bright. Central-West Oshawa. Walk to all amenities. U.C.O. No smoking/pets. \$850/mo. Avail. immediately. Suitable for working couple. See online at <http://members.rogers.com/tomp/house.htm>, or call Tom at (905) 442-8667.

3 BEDROOM BACKSPLIT, main floors, beautiful Grandview/Cherrydown Oshawa. 4 appliances, gas fireplace, fenced yard, double driveway, avail. Dec. 1st. First/last, \$1050+share utilities. No pets/no smoking, references. (905)404-9489

3 BEDROOM, 2 storey semi detached, \$975, plus utilities. 264 Celina St., Oshawa. Ist/last. Available December 1st. (905) 424-5083

AAA1 MANY HOUSES, Townhouses semis & fully detached homes from \$1400 - \$4000/month plus utilities. In Pickering, Ajax Whitty, Oshawa, Courke & Bowmanville, Call Garry Bolen, Associate Broker, Sutton Group Status Realty Inc. (905)436-0990.

ABSOLUTELY astounding 6 months free, then own a house from \$600/month o.a.c. Up to \$5,000 cash back to you! Require \$30,000 plus family income and good credit. Short of down payment? Call Bill Roka, Sales Rep. today! Re Max Spirit (905) 728-1600, 1-888-732-1600

AJAX - 3 bedroom house, Westney/Hwy. 2 area. Close to all amenities, schools. Clair, c/vac, available Nov. 1st. \$1200+utilities. 905-626-8487 or 905-852-4747.

AJAX - Beautiful 2 bedroom main floor of bungalow in quiet area (Kings Cr.) Near shopping, bus, GO Train, Huge deck, backyard, shared laundry. No smoking/pets. \$1000+75% util. Move in date negotiable. 905-426-6176.

AJAX, 3-bdrms, main floor of house, separate entrance, deck, hot tub, \$1100/mo + utilities. Avail. immediately. First/last. (416)282-7213

BEAUTIFUL 3 BEDROOM home with huge loft on fully fenced private lot in Courtice. Available Dec. 1st. \$1350+utilities. Call 905-436-6872.

CENTRAL OSHAWA, 3 bedroom home. Parking, laundry, close to downtown. \$1200 plus utilities. First/last, no smoking/pets. Available Nov. 1st. (905)441-0611

COURTICE/TRULLS RD. small 3 bedroom detached, appliances, garage, air, quiet street fenced yard, Dec. 1, \$1100 plus. Condo-lynn Management. (905)428-9766

HAMPTON, 3-bdrm w/large heat-ed workshop, 13 acres (in village). Walk to 2 schools, general store, park, etc. Great house/location. \$1295/mo + utilities. Call for details/info pkg. (905)985-0384

185 houses for rent

OSHAWA Nov/Dec. 1st, 1-1/2 top storey house, central East Oshawa. Shops, transit schools, parks, newly renovated two bedrooms, appliances, parking, \$925 inclusive. Suits mature quiet non-smoker. First/last, home (905)579-0197 Cell (905)718-9358

NEWCASTLE CENTURY HOME, \$1100+utilities. 2 PLUS bdrms. Avail. November/December 1st. No pets. Easy access to 401. Features gas heating, 5 appliances, front porch, back deck. First/last, references. Call Marie 1-416-693-8924.

OSHAWA - 3 bedroom+ bungalow, 2 baths, close to 401, available Dec. 1st. \$1300 plus utilities. First/last. Call (905) 434-2437.

OSHAWA - 3 bedroom, 2 bathroom home, finished basement, large yard, Nov. 30th \$1250-util. Renata Leonowicz, ReMax Spirit, 905-728-1600.

OSHAWA, large 3-bdrm semi, walk-out, fenced yard, gas, rec room, no pets/smoking. Close to 401/GO, \$1050/mo+ utilities. Avail. Dec. 1st. (905)436-2399

PICKERING - Rougemount Dr. North - quaint cottage style home, 2 plus one bedrooms, available Dec. 1st. \$1,000 per mo. Telephone (905) 509-3601.

PICKERING, Clean, 2-storey 3 bedroom, 2 1/2 bath, m/f family room, fireplace, a/c, 2-car garage. Available Dec 1st. \$1,350 + utilities. Call 416-435-6622

PICKERING, LIVERPOOL/BAYLY, close to GO and all amenities. 3-bedroom main floor bungalow, \$1400 including utilities, first/last, references. Available immediately. Call (416)509-8534 or (416)495-7025.

SOUTH AJAX - 2 bedrooms, fireplace, large yard, parking. Available immediately. \$1200+ utilities. References required. Suits business professionals. Convenient to schools, church and shopping mall. Call days 905-706-8171 or after 6 p.m. 905-683-1300.

SOUTH AJAX 3+1 bedroom house, finished basement new kitchen, tiled & floating floors throughout, near schools, hospital, lake \$1400+utilities, 905-426-9993

TAUNTON RD. - N. OSHAWA. Private, immaculate, 2-storey, 3-br, walkout. Clean & cosy home. \$1000-hydro/4 appliances. Nov. 1. Sera 905-448-8636.

WHY RENT when you can own? Free list of homes available with no money down, under \$1,200/month. Free recorded message 1-888-527-5645 ID#1051. www.durhamregion.com. Sandstone Realty

190 townhouses for rent

2-BDRM brand new townhouse, Frenchman's Bay, 3 baths, 5 appliances, garage, parking, \$1450/month + utilities. Avail. Nov. 1st. (905)831-7832.

BRAND NEW! Frenchman's Bay executive townhouse: 3 bdrm., 3 baths, 3 balconies, greatroom w/w fireplace, 5 new appliances. 2100 sq ft. \$1725/month + utilities. (905) 839-8901.

CARRIAGE HILL Colborne St. E., Oshawa - 2 & 3 bedrooms available. Close to downtown and shopping. 4 appliances, carpet and hardwood flooring, close to 401 and GO. Utilities included. Call (905)434-3972. www.restar.ca Open house Wed. Thurs. Fri. 7-9 p.m.

EXECUTIVE TOWNHOME Brand new! Near UOIT. Simcoe/Niagara St. 4 bdrm, 3 bath, 1700 sq ft. Hwd flrs, 9' ceilings, W/D, 2 prkgs. \$1600+hydro/heat. Dec. 1. 416-524-1125.

HILLCREST HEIGHTS Community Living in Oshawa now has units. Avail. November 1st, parking incl. Please call 905-576-9299.

OSHAWA south 3 bedroom townhouses, close to schools, shopping. \$975/month plus utilities. First/last. Toll-free 1-866-922-6422, 905-579-9956.

OSHAWA/WHITBY boarder gorgeous 3 bedroom, finished basement backing onto ravine, \$1175 plus. Available immediately. call Paul 905-260-0461.

TAUNTON TERRACE - 100 Taunton Rd E., Oshawa 3 bedrooms without garage, 3 appliances, hardwood flooring, Outdoor pool, sauna, Children's playground close to all amenities. Fenced backyard. 905-436-3346. www.restar.ca.

WHITBY, 3 BEDROOM, 11/2 baths, access to garage, appliances, fenced yard, walk to GO/Walmart. Dec. 1, no pets/smoking, \$1150-plus utilities. References. (905)430-5792

262 public notices

Community Care Durham Notice to Registered Clients & Volunteers

Community Care Durham would like to invite you to attend a strategic planning session to refine and operationalize goals that were developed at previous planning meetings.

On November 10, 2004, 3-5:30 p.m.
Emmanuel Pentecostal Church,
1680 Reach St., Port Perry
RSVP 905-404-2224 ext 0
By November 3, 2004

We look forward to seeing as many of you as possible.

269 support groups

FREE Quit Smoking Group for Women

Wednesdays Nov. 3 - Dec. 8, 2004
 7:00 - 8:30 pm. Durham Regional Police Station, 1710 Kingston Rd., Pickering (corner Brock Rd. & Kingston Rd.)

Registration is required. Call Durham Region Health Department (905) 723-8521 ext. 2125 or 1-800-841-2729 ext. 2125

273 daycare available

INFANTS - 12 YEARS OLD

- safe home environment
- programming - personal attention
- receipts - full or part-time
- caregivers screened, trained, receive on going support, regular inspections
- Licenced by MCFCS

DURHAM PROFESSIONAL HOME DAY CARE 905-509-1207

192 rooms for rent & wanted

FURNISHED room in 3 year new house in Ajax. Suit professional or student, seconds to GO stop/station, shopping. 401. Immediately, \$400, first/last. Leroy (905)626-1447.

ROOMS w/own bathroom in brand new Whitby home. Share kitchen, laundry, parking. \$500/mo. Avail. Dec. 1st. No smoking/pets. Female preferred. (905)686-9067

SEMI-BACHELOR, sep. ent., 3-pc washroom, large room, non-smoker, Hwy7 & Westney Rd. cable & utilities included, \$550 per month. (905)427-5441

TAUNTON/ANDERSON, furnished rooms, share executive home, pets/smoking OK, \$440 plus. Call (905)430-6805

194 shared accommodation

FURNISHED ROOM utilities included, \$500 per month, no smoker/pets, available immediately, Ajax Westney & Hwy #2. (416)737-9466

LIVE BY the lake. Share house with owner, private room and bath. Share kitchen, \$600. No smoking. Must like cats. Call 905-420-1568.

NORTH OSHAWA Taunton/Ritson new home to share, no smoking/pets, use of all facilities, available Nov. 1st, hardwood, close to all amenities, \$500/mo. inclusive, (905)720-0505 message or (416)721-4203.

OSHAWA, immaculate bsmt apt in quiet home, furnished, queen size bed, tv, sofa, etc. Share kitchen/laundry. Non-smokers/no pets. Suit respectable mature working male. Avail. now. \$550/mo inclusive. (905)720-1533, (905)767-5839

PICKERING - Altona/Hwy. #2. Bedroom available in upscale neighbourhood, available immediately. Female preferred. \$425/mo. first/last, includes laundry, cable/internet. (416)877-0297

PICKERING HOUSE Shared accommodation. Mature male preferred, laundry, all appliances, large living, dining, family room w/fireplace, parking, storage, no smoking/pets, first/last \$425, 905-420-0081, cell 416-804-4867

SHARE LARGE HOUSE, private bathroom, parking, laundry, telephone, cable, internet. All inclusive \$500/month, storage available. Available immediately. Call (905)831-5838

205 rentals outside Canada

CLEARWATER FLORIDA, 2-3 bedroom furnished manufactured homes. 85 degree pool, 105 degree hot tub, minutes to beaches and major attractions. Children welcome. Christmas & New Years Available. Photos shown in your home. \$375/weeky (less than motel). (905)683-5503.

262 public notices

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- caregivers screened, trained, receive on going support, regular inspections
- Licenced by MCFCS

DURHAM PROFESSIONAL HOME DAY CARE 905-509-1207

192 rooms for rent & wanted

256 deaths

256 deaths

316 vendors wanted

316 vendors wanted

700 home improvements

700 home improvements

710 painting & decorating

710 painting & decorating

710 painting & decorating



STEFANIENKO, Irek - Suddenly at Toronto General Hospital on Saturday, October 16th, 2004. Beloved husband and best friend of his loving wife Bozena, very proud father of his daughter, Amanda and his son Alexander. Irek will also be missed by family friend, Teresa Kluk. Irek will be remembered for his wonderful sense of humour, genuine caring nature and the love and dedication he had for his personal greatest accomplishment, his family. Funeral Services were held at Holy Family Catholic Church, on Tuesday, October 19th, 2004.

Craft & Decorating Show Vendors Wanted
 Toronto International Centre
 November 5-7, 2004
 Oshawa Civic Auditorium
 October 15-17, 2004
 Richmond Hill Sports Centre
 October 23-24, 2004
 For info call Lisa (905) 426-4676 ext. 227

Christmas Craft & Collectible Show VENDORS WANTED
 Kingsway College, Oshawa
 Sunday, November 28, 2004
 10am - 4 p.m.
 Please call Lisa (905)426-4676 ext.227
 lmatthews@durhamregion.com

320 garage / yard sales

320 garage / yard sales

GARAGE/YARD SALE PRICING:
 This size \$49.00 +GST runs Friday
 Ajax Pickering News Advertiser
 Deadline: 2:30 Thursday
 More info. 905-683-0707

310 articles for sale

400 cars for sale

POOL table, 1" slate. Solid ash. All accessories. New in box. Cost \$6700, sell for \$2850. 905-213-4669.

POOL TABLES - 8' and 9' slate billiard tables, Foolsball/Jettoni table and air hockey tables for sale. Call (905)420-6113

RADIAL TIRES - 2 Defender SRXP23560R15, and 2 SR500P27560R15 on chrome rims, great shape \$300; Golf clubs Evolution FLX3 graphite irons, 3-PW reg. shaft new \$250; Coleman camp stove 2 burner propane, used once \$50; Coleman fuel lamp \$20; stainless steel wall garbage bin \$50; Unique ice hut heater propane electric start \$75; 705-328-0402 after 6 p.m.

ROLAND HP 230 digital piano with bench. Excellent condition. Asking \$1200. Call (905)433-4790

SOFA & LOVESEAT, Sage green, walnut feet, 3-years old, hardly used, (stored for 12 months), excellent condition, \$1,050. 905-666-1715

TARPS - Woven Poly Tarps, all sizes from 8'x10' to 30'x50'. Priced \$7-\$90. (tax incl). Call Bowmanville 905-623-5258.

YAMAHA GOLF CARTS with roofs, 2 electric, 4 gas, \$2500 each, Sunnybrae Golf Course 905-985-2234.

1976 CORVETTE STINGRAY, T-bar, running, new brakes, new engine mounts. As is \$7,000. Call (905)987-9828

1989 CADILLAC SEDAN Deville, 160k, B.C. car, certified. \$3,500. Telephone (905) 720-0861.

1989 Chev Cavalier RS 2dr. white V6 5 speed, tilt, cruise, new tires, brakes. ONLY 80,000 ORIGINAL KMS. Certified and e-tested. \$2495.00 OBO. Call 905-434-0309

1991 CHEV CAVALIER, excellent winter car, 4dr., good shape, \$675 obo. Call (905)442-5592

1992 MERCURY Topaz, 163,000kms. \$500 as is, runs good. Call 905-720-1709.

1993 PONTIAC SUNBIRD, 4-cyl., automatic, 2-door, CD player, rear spoiler, aluminum rims, excellent condition, no rust, low kms. Reliable, economical, clean, low insurance. Certified/Emissions. \$2200. (905)718-5032

1993 TEMPO, 106kms, air, no rust, certification details, \$2,450. call 905-718-4860.

1994 FORD TEMPO, 4 cylinder, 4 door, white, emission tested, excellent on gas, \$500. as is. 905-349-3887 after 5

1996 CHEV CAVALIER, 2dr., 4cyl., automatic, 111,000kms on engine, lots of new parts, remote starter, certified, emission tested \$3950. 1996 Saturn, loaded \$1700 as is, needs windshield to safety. (905)576-9538

1996 CHEV LUMINA van, 7-seater, air, 180K, very good condition, asking \$3,600. o.b.o. 1995 OLDS ACHEIVA, 6cyl, auto, fully loaded, asking \$2,850 o.b.o.; Both certified/e-tested. Call 905-404-8728, private

1998 DODGE STRATUS, loaded, excellent shape. 51,000-kms. certified & e-tested. \$5800 neg. (905)665-5822

1998 FORD CONTOUR, 4 cyl auto, 4 dr, Pioneer CD player, fully loaded, air, ps, 124k, \$6,000 certified/e-tested. 905-434-0392.

1999 OLDS ALERO, 170,000km. \$8700 certified & e-tested. Call Kirk 905-261-4397.

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168 business services / personals

5 TON TRUCK AVAILABLE - need transport, storage? Can't afford large transport or courier service? WE have a truck with driver for delivery use in Durham Region - GTA - Etc. We have secured and covered loading, holding and storage area. All available 24/7. Please call Paul at (905) 261-6386 anytime to inquire.

258 in memoriam

258 in memoriam

In Loving Memory of Shirley Tait (Gram)
 Nov. 29, 1933 ~ Oct. 26, 2003



My Grandma said she loved me and I believed her so.
 But what I don't understand is why'd she have to go?
 It was two days before my birthday and I was crying out my eyes.
 I know she was sick and there was nothing I could do
 But send her a get well card that read get well soon.
 Now I know that she loved me and I love her too.
 I miss you everyday "Gram"
 Love Kelly

MAW, VERNON
 January 16, 1939 - October 26, 2003

In Memory of a loving husband, father and brother who left us 1 year ago.

Every road we go down Reminds us of you

Always remembered by Erma, Kim, Barry, Norma and Jim

310 articles for sale

310 articles for sale

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 Affordable, reliable & honest service.
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NEW DANBY APT sized freezers \$199. New Danby bar fridges, \$119/pc. Also, variety of new appliances, scratch and dent. Full manufacturers warranty. Reconditioned fridges \$195/pc, reconditioned ranges \$125/pc, reconditioned dryers \$125/pc, reconditioned washers \$199/pc, new and reconditioned coin operated washers and dryers at low prices. New Danby Frost-Free Apt. size fridges \$399, new 24" and 30" ranges with clock and window @ \$399. Reconditioned 24" ranges and 24" frost free fridges now available. Wide selection of other new and reconditioned appliances. Call us today. Stephenson's Appliances, Sales, Service, Parts, 154 Bruce St. Oshawa, (905)576-7448

LUMBER SALE! 2x6 Cedar \$1.30/ft; Soft wood slabs \$25/load. Call WOODLEY SAW MILL 905-263-2121.

PIANO Technician available for tuning, repairs, & pre-purchase consultation on all makes and models of acoustic pianos. Reconditioned Heintzman, Yamaha, Mason & Risch, & other grand or upright pianos for sale. Gift Certificates available. Call Barb at 905-427-7631 or check out the web at: www.barbhall.com. Visa, MC, Amex

MOVING SALE traditional camel back sofa and love seat, with rosewood trim, antique pattern fabric, \$1,750., new Bernex French country bistro table and swivel chairs, paid \$2,850., asking \$1,650., new designer contemporary sofa and chaise lounge sofa \$675., chaise \$525., computer desk and commercial computer table. Call (905) 444-9354

PIANOS & CLOCKS - Clearance on all 2004 Roland pianos. Save \$\$\$ while quantities last. Also on Sennock pianos, and Howard Miller clocks. Large selection of used pianos (Yamaha, Kawai, Heintzman, etc.). Not sure if your rent will stick with lessons, try our rental to own, 100% of all rental payments apply. Call TELEP PIANO (905)433-1491, www.Telep.ca WE WILL NOT BE UNDERSOLD!

MOVING - BEST OFFER! 84 Honda Aspacade 4x4/plow, patio set, exercise walker, black coffee/end tables, wall unit, loveseat/chair, air conditioner, kitchen set, mag wheels/tires, cherry desk, drop leaf desk, apt washer/dryer, full-size dryer, freezers, van, captain seats, dressers, step-side rails, single beds, floor model TV. (905)721-8909

PLAYSTATION2 MOD CHIPS Chip installed from \$125. XBOX MOD CHIPS Chip installed from \$125. Several chips available for each console. For all the details: www.durhammods.com North End Oshawa. 905-626-0542

RENT TO OWN - New and reconditioned appliances, new TVs, Stereos, Computers, DVD Players, Furniture, Bedding, Patio Furniture, Barbecues & More! Fast delivery. No credit application refused. Paddy's Market, 905-263-8369 or 1-800-798-5502.

WHEATEN PUPPIES ready to go; F/M, 1st shot, dewormed, serious inquiries only; mom & dad on site; 905-434-2904

RENT TO OWN - New and reconditioned appliances, new TVs, Stereos, Computers, DVD Players, Furniture, Bedding, Patio Furniture, Barbecues & More! Fast delivery. No credit application refused. Paddy's Market, 905-263-8369 or 1-800-798-5502.

YELLOW LABRADOR PUPPIES for sale. Purebred, unregistered, Excellent family pets & retrievers. Call Dave 905-579-4986

RENT TO OWN - New and reconditioned appliances, new TVs, Stereos, Computers, DVD Players, Furniture, Bedding, Patio Furniture, Barbecues & More! Fast delivery. No credit application refused. Paddy's Market, 905-263-8369 or 1-800-798-5502.

POOL table 4.5 x 7.5 oak finish all accessories, like new \$1500. Please call 905-579-1470

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249 coming events **249** coming events

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- Metro East Fall Home & Renovation Show
Oct. 15, 16 & 17 - Pickering
- Health & Wellness Expo
Nov. 6 & 7 - Oshawa

For more information call
905-426-4676 ext. 222

255 announcements **255** announcements

Durham Teachers make a Difference: A Big Thank You

Thanks to all the support Thomas Dusome received by the teachers, guidance and resource counselors at Lord Durham, Exeter and Ajax High School. The continuing effort, time and resources made it possible to have Tom enter college and know that he could succeed. There is another word I would like to add it is caring. For they did follow Tom's progress closely showing Tom they saw the potential and desire to do well.


A note regarding extracurricular programs: many students benefit from such programs as sports, academic and music. Tom entered into the music program which has opened a new form of expression for him. I surely couldn't have given the opportunity either musically or financially and would have missed out of the great joy it has brought.

To the guidance and resource staff that took their time to listen to my concerns. I always left their office knowing that they would do their best for my son.

It is time that your efforts were recognized and that the public hears from an appreciative parent.

253 anniversaries **253** anniversaries

50th Wedding Anniversary



Ken & Mary Younie
October 23rd 2004

Congratulations Mom & Dad on your 50th Wedding Anniversary!
May you have many more years of health and happiness!

Love from
Barbara & Brad, John and Donald, and Ann, and your grandchildren Aaron, Jodi & Christopher, Christine, Elesia & Kimberley.

400 cars for sale **400** cars for sale

2002 PT CRUISER LTD., fully loaded with heated power leather seats, power sun roof, 22kms., with balance of 7 year factory warranty. Lady driven, black, with \$5000 worth of after market custom accessories. Receipts available. \$19,500. OBO. call (905)571-5509.

2003 GRAND PRIX GT, low kms, loaded, \$295/month, taxes included, assume lease. (905)434-2335

BAD CREDIT? No History? Need a car? Tired of the run-around? Straight Talk! Call now! 905-686-2300 or toll free 1-888-769-2502

400 cars for sale

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- ✓ BANKRUPTCY
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NO APPLICATIONS REFUSED

DRIVE A NEW 2005 OR USED 96 OR NEWER VEHICLE TODAY

CALL 24 HR. CREDIT HOTLINE
1-800-296-7107 (905) 683-5358

405 cars wanted

\$ \$75+ TOP DOLLARS - Ajax Auto Wreckers pays for vehicles. We buy all scrap metal, copper, aluminum, fridges, stoves, etc. 905-686-1771; 416-896-7066

A BABLE TO PAY Up to \$5000 on cars & trucks Free Towing 24 hours, 7 days (905)686-1899.

405 cars wanted

\$\$\$\$ A1 JOHNNY JUNKER. Tops all for good cars and trucks or free removal for scrap cars and trucks. Speedy service. (905)655-4609 or (416)286-6156.

CASH FOR CARS! We buy used vehicles. Vehicles must be in running condition. Call (905)427-2415 or come to 479 Bayly St. East, Ajax at MURAD AUTO SALES

SCRAP cars wanted, pay cash, free pick up. Ron 905-424-3508 or Leo 905-426-0357

410 trucks for sale

1989 GMC 2500 6.2 L., diesel, new tires, injector pump, body in good shape. (905)728-1359

1991 GMC SILVERADO extended cab, running, 300kms, as is. \$2500 Call Mario, (905)619-4663, or 416-275-0034.

1994 CHEV S10, blue, 5-speed, standard cab, 160,000km asking \$3000. For info call 905-718-7755.

1998 F150 STX Super Cab Truck, 103,000-km. \$10,000. 905-213-2492

420 vans / 4-wheel drive

1988 GMC SAFARI astro passenger van, 4.3 lt. V6, rebuilt, many new parts, good inside/out, E-tested and certified one year ago, \$1200 OBO (905)668-9088, evenings.

1995 MERCURY VILLAGER LS, auto, 3dr, 6cyl, excellent condition, a/c, p.seats, 7-passenger, cruise control, keyless entry, 191km, recently replaced engine, \$3,900 (905)665-4679

1996 Ford F150, \$3999. **1995 Nissan Pathfinder**, \$4495. **1993 Areostar Van**, \$1999. **1989 Mazda MPV**, \$1699. Special on other vehicles, PAY NO GST. Certified & E-tested. Call (905)683-7301 or (905)424-9002

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Jason Liebrechts/ News Advertiser photo Frenchman's Bay Public School's Owen Meier enters the home stretch while running in the nine-year-old boys' category at the Durham Elementary Athletic Association Cross-Country Championships at Ski Lakeridge Resort on Wednesday. Owen finished third in his division.

DEAA cross-country meet results

- Eight-year-old boys' team results
- 1. Highbush - 68; 2. Coronation - 111; 3. Epsom - 117; 4. Glen Dhu - 168; 5. Dr. SJ Phillips - 172.
- Eight-year-old boys' results
- 1. Jack Cats - Highbush; 2. Wesley Armstrong - Epsom; 3. Christopher McGowan - Adelaide McLaughlin; 4. Scott Henry - T.R. McEwen; 5. Brandon Martin - Vincent Massey; 6. Lucas Alward - Coronation; 7. Tanner Alward - Coronation; 8. Benjamin Donnelly - Harmony Heights; 9. Tristian Caufield - Dr. R. Thornton; 10. Daniel Salmon - Cadarackque.
- Eight-year-old girls' team results
- 1. Colonel J.E. Farewell - 118; 2. Ormiston - 136; 3. Dr. S.J. Phillips - 144; 4. Stephen Saywell - 177; 5. Joseph Gould - 185;
- Eight-year-old girls' results
- 1. Claire Phillips - Phillips; 2. Rene Atkinson - Stephen Saywell; 3. Lexi Webstar - Coronation; 4. Madison Hamilton - C.E. Broughton; 5. Carly Thornber - Vincent Massey; 6. Kaitlyn Emberley - Farewell; 8. Savanna Watson - Uxbridge; 9. Sarah McCorquodale - Carruthers Creek; 10. Sara Longmire - Carruthers Creek.
- Nine-year-old boys' team
- 1. Winchester - 94; 2. Colonel JE Farewell - 95; 3. Uxbridge - 126; 4. Meadowcrest - 141; 5. William Dunbar - 186.
- Nine-year-old boys'
- 1. Mathew Icton - Winchester; 2. Matt Mistele - Farewell; 3. Owen Meier - Frenchman's Bay; 4. Lukas Jarron - Alexander Graham Bell; 5. Tyler Jackson - Meadowcrest; 6. Matthew Stephenson - Adelaide McLaughlin; 7. Wesley Cowie - Claremont.
- Nine-year-old girls' team
- 1. Captain Michael VandenBos - 117; 2. West Lynde - 155; 3. Maple Ridge - 178; 4. Kedron - 192; 5. Sir W. Stephenson - 192
- Nine-year-old girls' results
- 1. Gennell Kent - Kedron; 2. Emilie Arbour - Alexander Graham Bell; 3. Megan Rushlow - Joseph Gould; 4. Shaylin Williams - Greenbank; 5. Evelyn Thombs - Sunset Heights; 6. Vanessa Gudgin

- John Dryden; 7. Simone Robinson - Stephenson.
- 10-year-old boys'
- 1. Captain Michael VandenBos - 68; 2. Joseph Gould - 95; 3. EB Phin - 119; 4. RH Cornish - 136; 5. Ormiston - 156.
- 10-year-old boys'
- 1. Brandon London - Ormiston; 2. Brandon Murphy - Vincent Massey; 3. Mackenzie Gilmour - Cornish; 4. Richard Benzinger - Gandatsetiagon.
- 10-year-old girls' team
- 1. Meadowcrest - 119; 2. Dr SJ Phillips - 126; 3. Captain Michael VandenBos - 136; 4. Pringle Creek - 141; 5. Southwood Park - 161.
- 10-years-old girls'
- 1. Erin Abbot - VandenBos; 2. Lauren Sayers - Fairport Beach; 3. Siobhan Klie - Pringle Creek; 4. Kennedy Phillips - Phillips; 5. Emily Brinks - Beaverton; 6. Kirsten Pellerin - Phillips; 7. Rebecca O'Leary - Uxbridge; 8. Kristi Riseley - William Dunbar; 9. Robyn Carroll - Duffin's Bay; 10. Teghan Henderson - Rosebank Road.
- 11-years-old boys' team
- 1. Colonel JE Farewell - 108; 2. Eagle Ridge - 117; 3. RH Cornish - 133; 4. Sunderland - 164; 5. Winchester - 168;
- 11-year-old boys'
- 1. Zachary Wright - Beau Valley; 2. Kevin Laporte - Prince Albert; 3. Connor Darlington - Leslie McFarlane; 4. James Ballenger - Sunderland; 5. Peter Van Dyck - RH Cornish; 6. Jeremy Waldron - Winchester; 7. Mark Wylie - EA Fairman; 8. Connor Wilkinson - Eagle Ridge; 9. Jeff Gilbert - Eagle Ridge.
- 11-year-old girls' team
- 1. Highbush - 64; 2. Frenchman's Bay - 122; 3. Captain Michael VandenBos - 123; 4. Glen Dhu - 125; 5. Sunderland - 133.
- Eleven-years-old girls'
- 1. Rachel Moore - FM Heard; 2. Jenna Thornber - Uxbridge; 3. Emily Heeps - Beau Valley; 4. Meaghan Salmers - Glen Dhu; 5. Taylor Buenting - Maple Ridge; 6. Allison Lovell - Beau Valley; 7. Jill Purves - Applecroft.

- 12-year-old boys' team results
- 1. Frenchman's Bay - 108; 2. Leslie McFarlane - 136; 3. Claremont - 149; 4. Palmerston - 160; 5. Applecroft - 169.
- 12-years-old boys'
- 1. Julian Patchett - Lincoln Avenue; 2. Eric Dillon - Walter E. Harris; 3. Cody Alock - Winchester; 4. Curtis Knight - Sunset Heights; 5. Branden Morris - Sir Samuel Steele; 6. Brandon See - Kedron; 7. James DeJong - McCaskill's Mills.
- 12-year-old girls' team
- 1. SA Cawker - 104; 2. Uxbridge - 137; 3. Frenchman's Bay - 177; 4. Dr R Thornton - 180; 5. Dr SJ Phillips - 181;
- 12-year-old girls'
- 1. Madison Smith - Cawker; 2. Rebecca Mendes - Gandatsetiagon; 3. Kelly Terry - Glen Dhu; 4. Linnea Sigfridsson - Captain Michael VandenBos; 5. Sydney Hoffmann - Dr. R Thornton; 6. Jenny Vincent - Coronation; 7. Aurora Evans - Phillips.
- 13-and-over boys' team
- 1. Jack Miner - 61; 2. Joseph Gould - 101; 3. Southwood Park - 118; 4. Pringle Creek - 124; 5. Goodwood - 153;
- 13-and-over boys'
- 1. Trent Sayers - Frenchman's Bay; 2. Ryan Andrian - Joseph Gould; 3. David Langford - Adelaide McLaughlin; 4. Justin Burke - Jack Miner; 5. Brett Holmberg - Lakeside; 6. Michael Lum-Walker - Applecroft; 7. Tyler Mitchell - Pringle Creek; 8. Brent MacFarlane - Maple Ridge; 9. Raihaan Patel - Alexander Graham Bell.
- 13-and-over girls' team
- 1. Highbush - 34; 2. Alexander Graham Bell - 113; 3. Pringle Creek - 119; 4. Bellwood - 145; 5. Thorah Central - 151.
- 13-and-over girls'
- 1. Kailey Chappell - Highbush; 2. Amy Clark - Thorah Central; 3. Courtney Kennedy - Coronation; 4. Rachel O'Connor - Grandview; 5. Jamie Ottor - Bellwood; 6. Kirstyn McCassey - Coronation; 7. Teddi-Anne Gilbert - Alexander Graham Bell; 8. Keraden Middaugh - TR McEwen; 9. Natasha Alli - Highbush; 10. Laura Donaldson - Highbush.

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Soccer Monarchs find a way to win in overtime

St. Mary seniors score golden goal to down Pine Ridge, earn back-to-back Durham crowns

By Al Rivett
Sports Editor

PICKERING — St. Mary coach Mark McCann was convinced his team's luck had run dry in Thursday's Durham Region 'AAAA' boys' soccer final.

The defending LOSSA champion Monarchs hit the crossbar twice and missed yawning nets on other occasions against the Pine Ridge Secondary School Pumas during the championship game at the Ajax Community Centre.

The team's inability to bury its scoring chances seemed to indicate it might not be St. Mary's day.

"In the playoffs, when your shots hit the crossbars, your luck's

not very good," says McCann. "We had written the game off. It was very stressful time for us."

Yet, the Monarchs continued to persevere through the remainder of regulation time and into the 10-minute 'golden goal' overtime.

That ability to persevere through what was an otherwise frustrating affair for the Monarchs paid dividends in the end.

With five minutes gone in the overtime period, John Jonke finally broke the goose egg for the Monarchs, giving them another Durham Region title. The 1-0 victory also earned them another trip to the Ontario Federation of School Athletic Associations (OFSAA) Soccer Championships in Mississauga next June.

Although McCann was elated for his Monarchs that stumbled through a sub-par 2-4 regular-season, entering the post-season as the ninth-seeded team out of 12 making the playoffs, he gave full credit to a scrappy Pumas squad

that made St. Mary earn its back-to-back LOSSA titles.

"Their coaches and players played an extremely good game. They beat us in the regular season with three of our key players out of the lineup," says McCann. "There were opportunities for (Pine Ridge) to win the game."

The biggest source of stress during the Durham final, says McCann, was keeping his squad focused on their defensive responsibilities. He noted one of his team leaders, Michael Sarangi, continually bailed the squad out on the defensive end.

"We have a lot of offensive-oriented players and a lot of the time we have defensive lapses. Our sweeper (Sarangi) was extremely strong. He saved us a lot of times during the game. He's been a consistently strong player for us."

The difference between the Monarchs' so-so regular season and their strong playoff run was having a full complement of play-

ers, says McCann. During much of the regular season, the team was without many of its key contributors.

"We always had injuries, or we had some players with a red card," he says. "The biggest reason we pulled it off was we had a full team with no injuries and no red cards."

The Monarchs started the playoffs with a 6-2 victory over Bowmanville High School. In the quarter-finals, St. Mary faced a stern test from the Sinclair Secondary School Celtics of Whitby, earning a 5-4 overtime victory. In the semi-finals, also played on Thursday at the Ajax Community Centre, the Monarchs earned their place in the final with a 4-2 win over the All Saints Secondary School Titans of Whitby.

McCann says he's a strong opponent of Durham Region high schools playing boys' soccer in the fall, only to have the OFSAA play-downs slated for the spring.

"It has been a contentious issue. We're one of the few regions that has boys' soccer in the fall," says McCann, adding the chief reason boys' soccer is scheduled then is the lack of field availability in the spring. "The continuity is completely lost and it's hard to keep the boys focused. We end up losing players because they have other team commitments."

McCann says most players compete in indoor winter leagues, so he's not too concerned about them being ready to play at OFSAA. In the spring, he plans to enter the Monarchs in some indoor tournaments as well as to play outdoor exhibition games against other Durham Region teams in order to prepare for the provincial play-downs.

NOTES: The Durham Region boys' all-star soccer game is slated for the Oshawa Civic Field on Tuesday, Oct. 26 at 7 p.m. The game is hosted by the Durham Storm professional soccer team.



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