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SUNDAY, NOVEMBER 25, 2001

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Pickering house blaze accidental

PICKERING — The cause of a Liverpool Road and Finch Avenue-area fire has been ruled accidental by Pickering Fire Services.

Deputy Fire Chief Mark Diotte said the blaze began in the garage of 1311 Redwood Lane in the early morning hours of Nov. 13 before spreading to the house next door and causing an estimated \$720,000 damage to the contents and structure of the two homes, which have been deemed uninhabitable. Deputy Chief Diotte did not give a specific cause for the blaze.

There were no injuries to residents or Pickering fire-fighters, officials said.

Teachers enjoy the hire life

*Durham public board
employs 514 new
educators*

BY MIKE RUTA
Staff Writer

DURHAM — Durham's public school board hired 100 more teachers this year than last, half of whom were recent graduates.

Durham District School Board

staff at Monday's board meeting released a report on how many teachers were hired, where they came from and why they came to Durham. It is the second straight year the board has done the survey.

Statistics show the board hired 548 teachers (full-time equivalent 514) by mid-October, compared to 446 at about the same time last year. For the second straight year, roughly eight out of 10 of the new

hires said geographic considerations prompted them to look for work in Durham. New graduates comprised 48 per cent of the new employees, compared to 35 per cent in 2000.

Craig Burch, employee relations superintendent, said other factors were involved in decisions to work here.

"We have competitive salaries in the Greater Toronto Area..." he said. "We continue to have, I

think, the highest reputation for boards in Ontario for professional development. Durham is a good place to work and it's a good place to raise children, and I think that's very important as well."

Seven out of 10 educators were trained in Ontario, virtually the same number in last year's survey, and once again, most of

See **DURHAM** page 2



ANDREW IWANOWSKI/ News Advertiser photo

Singing a song for the season

PICKERING — Young vocalists with the Pickering Christian School choir put a little body language into their performance Friday at the Pickering Recreation Complex as part of the Durham Festival of Trees. Organized to help raise money for the Ajax hospital, the Durham festival is made up of a series of community-based events. Here, singers (front row, from left) Skylar Charlton, Alicia Isaacs and Arielle Schreiber enjoy their vocal performance.

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Durham public school board on hiring binge

DURHAM from page 1

the new teachers came from faculties of education in Toronto (153), Kingston (55), southwestern Ontario (66) and northern Ontario (55).

The number of teachers who came from other countries rose to 70, compared to 47 last year. The United States led the way with 34, followed by Australia or New Zealand (14) and the United Kingdom (11).

Fifty-eight per cent of the new teachers learned of job opportunities via the board's Web site.

Mr. Burch said the board does "very little" pool hiring, in which teachers apply to the system as opposed to a specific school.

"They prefer it, because they're actually applying... to a real job, with a real principal, with a real school, where they know where the timetable is," he said.

Brian Reid, the board's manager of employee services/hiring, warned the shortage of certified supply teachers is expected to continue and even worsen. The board hired 72 supply teachers this year, one more than last year.

"With the many (full-time) opportunities that are out there, there are simply fewer and fewer supply teach-

ers left," he said.

On the issue of retaining teachers, Mr. Burch advised trustees to remember the origin of gratuities, in which an employee who takes very few sick days over a 25-year career with the board is entitled to 50 per cent of their salary upon retirement. Twenty-year employees receive 40 per cent and 10-year employees receive 20 per cent of their salary.

Mr. Burch said the practice started in the 1970s when, like today, there was a lot of movement of teachers between boards.

"One should be cautious about attempting to do away with them," he said in an interview.

Ajax Wards 3 and 4 Trustee Melinda Crawford suggested the government should provide funding to the board to advertise teacher positions.

"We need to have that continuously on the minds of those who are coming up to that graduation of college and university," she said.

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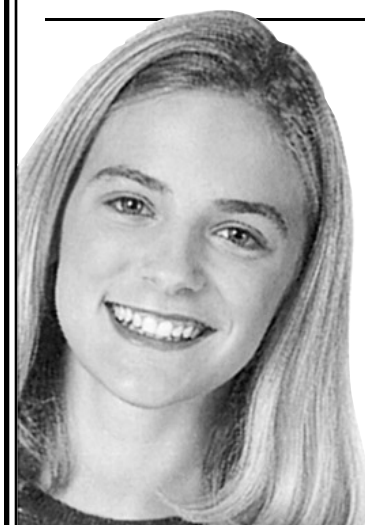
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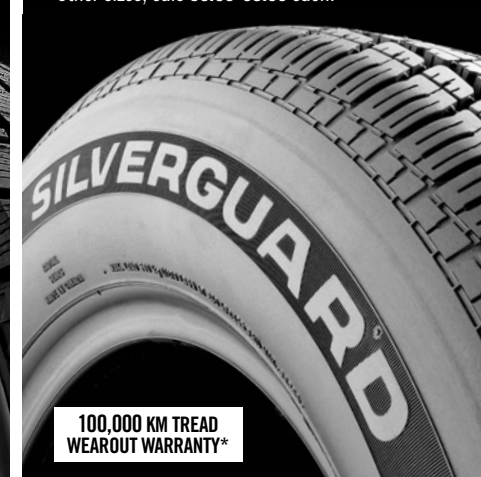
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Pickering fights for Valley View Public School



Closing rural school 'doesn't make sense' to councillor

BY MARTIN DERBYSHIRE
Staff Writer

PICKERING — City council has joined the fight to save Valley View Public School in Greenwood. Council voted unanimously Monday to approve a motion requesting the Durham District School Board recognize the important role of Valley View and ensure it remains open and continues to serve the community.

Ward 3 City Councillor David Pickles in an interview said he received a number of calls from parents and residents in the small hamlet opposed to the board's proposed accommodation plan, which calls for it to be closed along with six other schools in Durham.

"It's the only school in a community in a large rural area in north

Pickering," he said. "In an urban area it may be easier to move students from one school to another, but in the countryside where the nearest school is quite a ways away it doesn't make sense."

Under the plan to close Valley View, students would be bused to either Claremont Public School or Cadarackque Public School in Ajax.

Coun. Pickles said those two schools are not close enough to

Greenwood and the busing would be very "tough on the community".

He believes moving students to schools already overcrowded could force students to spend most of their elementary years in portables.

"In my day we would have maybe one year or one class every day in a portable," he said. "These kids could be looking at four consecutive years in a portable."

School board staff has maintained under-utilized schools have

to be closed to offer students a viable education program and to receive provincial funding for new student places region-wide.

Council's motion has been forwarded to school board staff, trustees, and Minister of Education Janet Ecker, who also serves as the Ajax-Pickering-Uxbridge MPP.

Coun. Pickles said if his schedule permits, he will take the fight to school board accommodation plan meetings in December.

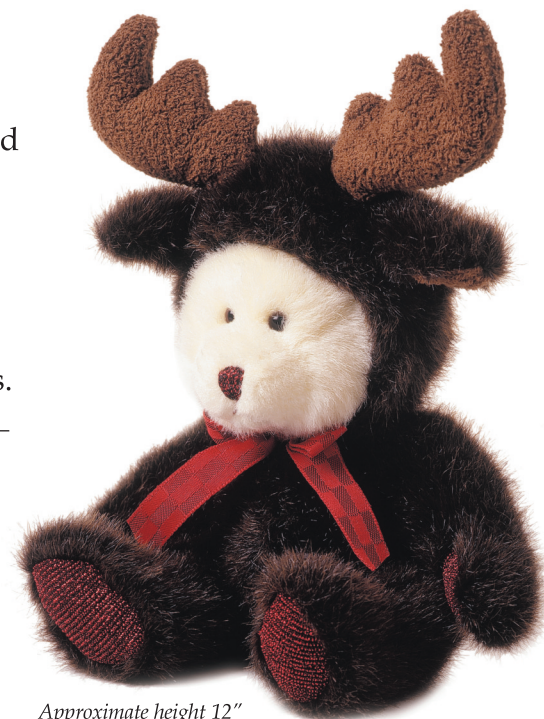
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Trade board meets

PICKERING — The annual general meeting of the Ajax-Pickering Board of Trade runs Wednesday, Nov. 28 from 11:30 a.m.-2 p.m. at Regalis Restaurant in Pickering. Cost is \$25 for non-members and \$20 for members.

For more information call 905-686-0883.

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Women's group fights violence with public forum

Ajax-Pickering organization wants to reach out to women in abusive relationships

DURHAM — November is Woman Assault Prevention Month and a local group has a message it wants to get out — violence against women and children will not be tolerated.

The Women's Rights Action Coalition of Durham (WRAC) hopes to spread the message by reaching out to women living in abusive relationships.

WRAC holds a public education seminar Wednesday, Nov. 28 in Rooms 1 and 2 of the Pickering Recreation Complex, Valley Farm Road south of Hwy. 2. It runs from 7 to 9 p.m. and the keynote speaker is Smita Vir Tyagi, who has extensive experience in anti-violence and anti-oppression work.

WRAC spokesman Esther Enyolu said violence against women cuts across all racial, social, cultural, economic, political and religious spectrums. She noted Statistics Canada reports 51 per cent of women are affected by violence in their

homes, while another study found 70 per cent of high school girls have been either sexually assaulted or physically abused by their boyfriends.

Forms of abuse include physical, emotional, verbal, psychological, economic, sexual, threatening, isolation and stalking.

Abuse negatively impacts the self-image and self-esteem

of women and children, Ms. Enyolu said. Children exposed to abuse tend to experience nightmares, be withdrawn, display aggressive behaviour, or feel ashamed or humiliated.

The seminar is open to everyone.

For more information or to register for the seminar, call 905-427-7849 or 1-877-849-5853.

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Flaherty wants to be like Mike

Local MPP pledges choice for families, union members in drive for leadership

BY JANE McDONALD
Staff Writer

DURHAM — A kinder, gentler Jim Flaherty told a packed room of supporters and media how he would lead his party to the "compassionate role that government must play to help the less fortunate".

The 51-year-old finance minister and deputy premier made it official Friday: he wants to be the next premier of Ontario.

Introduced by his wife, local lawyer Christine Elliott, and accompanied by his 10-year-old triplet sons John, Galen and Quinn, Mr. Flaherty was flanked by Tory caucus supporters that included cabinet members John Baird and Tim Hudak and MPPs Bart Maves, Steve Gilchrist, Ernie Hardeman and Durham's John O'Toole.

Pickering-Ajax-Uxbridge MPP Janet Ecker, who is education minister and house leader, has gone on record as supporting former finance minister Ernie Eves, the acknowledged front-runner to replace outgoing Premier Mike Harris.

Standing firm on his initiative to give an education tax credit for parents who send their children to private schools, Mr. Flaherty said he'd like to see "between 50,000 and 100,000 more lower-income people in Ontario, off provincial tax rolls."

"This is about giving hard-working Ontario families more choice. Choice to spend their money on Christmas gifts for their children, to paint the kitchen, or to help pay for life's other necessities."

Calling for the health-care system to "keep the best and fix the rest" by developing regional autonomy and co-ordination, Mr. Flaherty pledged to "eliminate the waiting lists for cancer treatment within five years."

Perhaps the most contentious proposal he made was to bring in what he dubbed 'pay-cheque protection' legislation to give workers a choice in how their union dues are spent.

"Thousands of people in this province pay union dues," he

said. "That's fine. But what isn't fine is when unions use workers' money for things that workers just don't support. The hard-working people that I know don't want to send their money to support organizations that engage in violence and vandalism. That isn't fair."

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Weight Loss Made Easy! Paula Owens Shares Her Story of "Effortless" 55 Lb. Weight Loss!

My name is Paula Jo Owens. I live with my husband, Keith, and our two children, Kyla and Brianna. I am an office manager. I discovered an amazing weight loss breakthrough that helped me melt off 55 lbs. of unwanted



"I had lost all respect for myself."
Paula Owens Before Positive Changes Hypnosis

fat. My dress size quickly plunged from a plump 18 to a slender 10 and it was effortless! I took off my weight without diets, pills, packaged foods or expensive herbs. I hope that my story will help other people who are overweight and miserable the way I once was...

By: Paula Owens

Tears of frustration stung my eyes. I was sitting on the edge of my bed, tugging on a pair of blue jeans. I couldn't even get them past my thighs! But that wasn't the worst of it. They were not my blue jeans, they were my husband's!

I remember feeling so desperate, I could barely breathe. I knew my weight had been steadily climbing for the past 3 years, but I had no idea how much.

Fast Food Frenzy

In truth, it was no wonder that I'd grown so fat. My eating habits had spun out of control. Most nights I felt so stuffed that I would have to change into sweatpants just to breathe! I couldn't stop it. My attempts at dieting were disastrous. It was as if I had no control over my hands. I just kept feeding myself.

I could sense that my husband was no longer attracted to me the way he used to be. I knew that he loved me, but I felt as if we were just going through the motions. I was suffering emotionally. I had lost all respect for myself.

My Amazing Discovery

By the time of the 'jeans incident,' I had given up on dieting. I had tried everything from diet pills to starvation. Nothing worked. My weight would always shoot right back up plus more.

As I sat on the bed, tears streaming down my cheeks, I remembered a conversation that took place about six months earlier. A close friend had told me some amazing stories about people who had lost weight and kicked their smoking habits by being hypnotized.

She said that these amazing results were happening right in our

When my husband looks at me, I can tell that he loves what he sees!
Paula Owens After Being Hypnotized to Shed 55 Lbs.

hometown at Positive Changes Hypnosis and that I could go in for a free hypnotic screening. They get excellent results! she'd said.

My friend and I grew up together so I trusted her. But I'd been skeptical. It

was all so new to me. Hypnosis made me think of crystal balls and swinging watches.

Was I ever wrong!

The office was surprisingly professional - something like a doctor's office, but not so clinical. I saw happy people that were thrilled by how hypnosis had changed their lives. I

thought, hey, this is for real. Hypnosis actually works.

My consultant was refreshingly open and honest. She answered all my questions and made me feel at home.

Even the fee was surprisingly low. I was so impressed. I decided right then that hypnosis was the solution to my weight problem.

Instant Success!

Right after my first hypnosis session, I noticed a change in my eating habits. I immediately stopped drinking cola. I had no taste for it. Water and fruit juice are far more satisfying to me.

I lost about 4 pounds my first month. After that my weight melted off so quickly, I hardly knew it was happening. I would average three pounds a week. It took me 6 short months to shed my entire 55 lbs.!

Hypnosis made my weight loss easy and effortless. I didn't even have to think about it. Hypnosis

has eliminated my food cravings and bad eating habits. There is no comparison to where I was before being hypnotized.

Candlelight & Romance!

The changes I've experienced with hypnosis are so powerful that it's hard to explain. Before hypnosis, I felt like an 'it.' Nobody paid attention to me. People notice me now.

I feel like a woman again. Before being hypnotized, I never dreamed I would get here.

My husband has always been a hopeless romantic. He loves to make candlelight dinners for me. Since losing my weight, our romance has rekindled. These days, when Keith looks at me, I can tell that he loves what he sees!

"Hypnosis Does It All!"

My success with hypnosis was fast, easy and effortless. I feel in control. It's comforting to know that I will never go out of control like that again.

I recommend Positive Changes Hypnosis every day because I have experienced their success first hand. One woman showed me her before picture. She had lost 80 lbs. I met a husband and wife who were ecstatic! He had lost 105 lbs. and she had taken off 95 lbs! I was skeptical about hypnosis until I met these people. What a difference!

Now I have my own success story to tell! Hypnosis came through for me when all else had failed. In fact, hypnosis does it all! I am calm and relaxed. My energy level is through the roof. My body feels strong and willowy. I did all this without ever feeling deprived and with no negative side effects! I owe 100% of my success to Positive Changes Hypnosis. Thanks to them, I am wearing my own jeans in a slim size 10.

So if you are considering Positive Changes Hypnosis, I urge you to do it now. I waited and suffered for months - until I couldn't even fit into my husband's blue jeans! Don't let that happen to you.

Call Positive Changes Hypnosis to schedule your free hypnosis screening. Hypnosis changed my life. It can do the same for you. In my opinion, the benefits are unlimited. But the only way you'll know is to find out for yourself. So pick up the phone and call now.

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Jeff & Kathee Clarke

Jeff and Kathee Clarke have been married for seven years and work together at an aerial photography company. They each kicked their smoking habit

instantly after being hypnotized. True story as told at a recent interview.

Kathee: About a year ago I called Positive Changes Hypnosis for information. They would occasionally send me invitations to come in for a free hypnosis screening. One day I told Jeff that I really wanted to quit smoking. I said, 'I am going. You can go with me or not.'

Jeff: I'm sure glad I decided to go! Even though Kathee was a lot more enthusiastic about hypnosis at first, I was amazed at how easy it was.

Kathee: Neither of us smoked after the first session. One session and we were done!

Jeff: We both had been smoking for over 25 years.

Kathee: I was smoking about a pack of cigarettes a day. Jeff was up to a pack and a half per day.

Jeff: Whenever I'd try to quit, I would become very irritable. Kathee can attest to that. I could not focus on anything. The last time I tried to quit, she told me I had to start again because I was too hard to live with. Hypnosis was completely different. It was easy.

Kathee: I had tried to stop smoking using the gum, the patch, and cold turkey. I couldn't get rid of the desire. I wanted a cigarette all the time. Positive Changes Hypnosis took away

the desire. The rest was easy; I had no withdrawals and for that I was grateful.

Jeff: We also noticed an increase in our energy level. Our boss says we smell better!

Kathee: Positive Changes Hypnosis has given us benefits galore. Besides the health benefit, we are saving money and have experienced boosts to our confidence and self-esteem.

Jeff: That makes Positive Changes a very smart investment.

Kathee: We would recommend Positive Changes Hypnosis to anyone who wants to quit smoking as easily as we did! We recommend it to folks all the time.



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Editorial & OPINIONS

NEWS ADVERTISER NOVEMBER 25, 2001

Editorial

e-mail responses to shouston@durhamregion.com

It all comes down to health care

Feds continue to shun responsibility, leaving public fallout at feet of provinces

For two months terrorists have ruled the minds of Canadians, but if there's one thing you can count on it's this: the state of health care is never far from our hearts.

It's not hard to understand why.

The provision of a medical system which purports to treat rich or poor with equality is one of the fundamental and most cherished aspects of being Canadian. Any threat that serves to undermine that system naturally causes deep fears across this land.

A recent Ipsos-Reid poll shows a whopping 36 per cent of Canadians consider health care the No. 1 issue facing the nation, up from just 22 per cent a month ago when the threat of terrorism was No. 1.

Here in Ontario we're constantly reminded by our premier, finance minister and health minister, that health-care spending continues to rise.

Despite ongoing investment from the Province, now more than 40 cents on every tax dollar, hospitals invariably run annual deficits. Hints of two-tier medicare are never far away when talk of spiralling costs hit the headlines. It's enough to make any low- or middle-income earner ill.

But what's the solution? The mania at the provincial and federal levels for income tax reductions over the past few years means a quick reversal and sudden tax hikes are extremely unlikely.

The people who've really been getting a free ride on medicare are the Liberals in Ottawa. When Prime Minister Jean Chretien, Finance Minister Paul Martin and Health Minister Allan Rock criticize their provincial counterparts for cutting taxes instead of boosting health-care spending, they are ultimately being dishonest with the voters. They are neglecting to point out health-care funding, once a 50-50 proposition between the feds and provinces, is now, in Ontario at least, an 85-15 deal with the Province stuck with the vastly larger share of the bill.

The Liberals are entrenched as the reigning party in Ottawa with no effective opposition in Parliament to counter their low-budget medicare policies. Mr. Rock can talk a good game, but he simply isn't willing to pay the price. He leaves the negative fallout for provincial governments.

Meanwhile, Canadians must wait for the Romanow federal commission on health care, due out a year from now, to suggest ideas. The place to start is with a renewed commitment from our federal government to increase its share of spending on health care. That would be an excellent remedy for an ailing system.

DOLIGHAN.
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Letters to the editor

e-mail responses to shouston@durhamregion.com

Extracurriculars depend on goodwill

To the editor:

Re: 'It's written all over their faces,' editorial, Nov. 16.

It is with disappointment I read your editorial, which seems so oblivious to the lessons that should have been learned from the recent past. This is particularly true with your desire that extracurriculars be entrenched in schools.

Volunteerism in schools, as in broader society, is the result of goodwill. It is not amenable to entrenchment. It can be nurtured and encouraged but cannot be demanded, forced or legislated. Even the Mike Harris government — antagonistic as it is to those who do the actual work of educating students — recognized this when it withdrew the legislation that would attempt to mandate extracurriculars participation.

The vulnerability of extracurriculars to

labour unrest arises from precisely the same source as its strength — the fact they are delivered by people who are motivated by a love of what they're doing. Take away that motivation and you take away what makes the whole system worth saving.

Even difficult and protracted contract negotiations, when conducted within the atmosphere of the mutual respect that seems to prevail currently between public secondary school teachers and their employer, are unlikely to interfere with teacher volunteerism. In my 11-and-a-half years of teaching in this board, only a ham-handed effort to implement government policies antithetical to the effective delivery of public education has succeeded in doing that.

Perhaps, then, the best guarantee of ongoing extras is obvious: at the next available opportunity, let's vote in a government that sees teachers as partners in, rather than obstacles to, a vital, caring, successful school system. That alone will bring us as close to entrenchment as we should ever wish.

Harvey Bischof

It's that selfish element volunteers come to love

The chance to meet, get to know others they'd never otherwise come to know just too good to pass up

There's the sweet old woman who always wears a smile and has a kind word before saying goodbye.

There's her neighbour nearby who is tiny and frail, but still manages to walk with a bounce in her step.

Then there's the elderly gentleman who lives in one of the local high-rise buildings and always answers the door promptly and makes sure he knows how I'm doing. He always offers a friendly half-wave, half-salute when I'm on my way out the door.

These are the wonderfully friendly and unassuming people I've met in the last six months while delivering hot, nutritious lunches through the local Meals on Wheels program, which is part of the larger Community Care organization serving residents in Ajax and Pickering.



Steve Houston

Managing Editor
shouston@durhamregion.com

Apparently, it's a job that causes much happiness.

It's not hard to find someone smiling at the Community Care office in Ajax. The officials who create order and bring a military efficiency to the job of creating and maintaining routes always wear a smile. You'll also find the volunteers grinning as they pick up their day's deliveries. And I've already mentioned the clients — happy, happy, happy!

The credit, if you're looking to give some, lies with the people who created Community Care. It's with the people who donate to the local United Way to help programs like Meals on Wheels continue. It's with the long-term volunteers who come to know their community and the people in it with a depth of connection few of us could imagine. It's with those who believe so deeply in the goodness of the cause they don't see it as volunteering as much as they see it as a calling.

I enjoy my handful of clients; I'm getting to know them a little better with every visit and want to learn more about them. It's gotten to the point that I actually look forward to Mondays.

As far as volunteering goes, I'm a Johnny-come-lately. I have written

many stories about community-minded people in years past and always admired the character that compelled them to give so much of themselves to others. Now, however, I am beginning to get a sense that it's not just about "giving back to the community".

I would even suggest there is a selfish element to volunteering: It's a great way to connect with others in our little corner of the world. For the simple effort of delivering a hot meal, I now have in my life a handful of people I otherwise would never have met. I ask about their lives and they ask about mine. I ask if they're feeling OK and they demand to know how I am. They tell me about their children, their day, their lives.

It's not volunteering. It's making friends.

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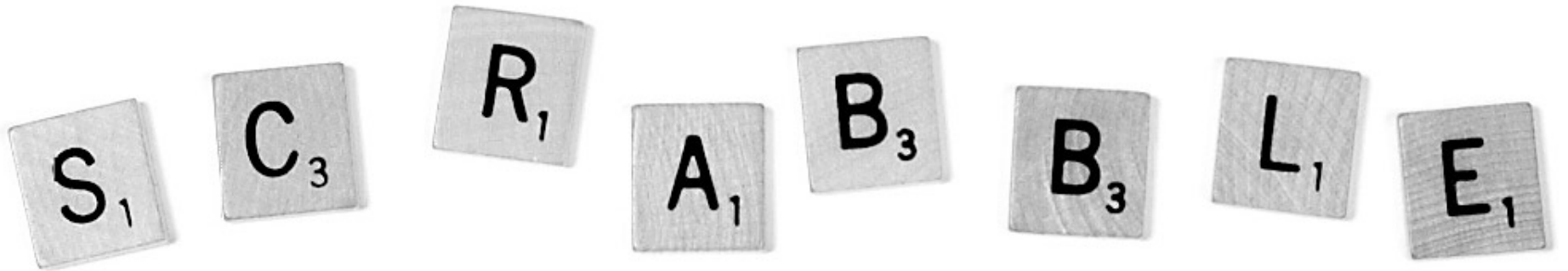
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How do you spell fun?



BY CRYSTAL CRIMI
Staff Writer

DURHAM — One in three families in North America have the Scrabble habit.

Calling itself 'America's good time game,' Scrabble isn't just about family fun, it is also a game about strategy, spelling, math, cheating and bluffing, tournaments and more, breeding fanatics not only across North America, but also around the world.

Abdul Khan was a Scrabble club director in Saudi Arabia for years, and before he moved to Whitby, he was already e-mailing Oshawa's Scrabble Club so he could be part of another club right away.

"The same month I called Trevor Sealy (Oshawa's club director) and he was really happy to say, 'OK come on this Monday,'" said Mr. Khan.

Mr. Sealy's interest for Scrabble was also sparked before he moved to Canada from Barbados. After he lived in Oshawa for a few years, finding out there was a Scrabble club in Oshawa was a bonus for him.

"I had a niece who was living at the time in Massachusetts and she was nine years old when she brought her Scrabble game with her," said Mr. Sealy. "I started to play with my little niece and maybe I'm a bit of a nerd, but I got hooked."

Each week about 20-35 group members join each other in the Woodview Community Centre to scrabble the night away over coffee, treats and conversation. People from all over Durham and even from Toronto, attend the weekly game nights, playing in either the A group for experts, C group for beginners, or B groups for those in between.

"We're addicted," said Mr. Sealy. "Some of our members are quite serious. Some advocate 15, 20 or 30 hours a week studying the words list. I guess it has evolved to the point where members are using computers to study the most probable rack."

"We have customized boards, we have customized clocks, we have special tiles (so players can't cheat by brailling which means feeling the letters on the tile), some of us even have longer racks that enable you to mix your tiles if you're trying to come up with a good word and some of us play Scrabble on the computer."

"That's why some of us get hooked," the level A Scrabble player added. "You learn new words everyday; it's a questions of learning all the strange words and trying to beat your opponent."



ANDREW IWANOWSKI/ News Advertiser photo

Sylvia Meek (left) and Janice Madill are the founding members of the Oshawa Scrabble Club which now attracts members from across Durham and Toronto.

But beginners shouldn't feel intimidated to join, even if they have never played Scrabble before. Newcomers are paired with people at the same level and given a list from Mr. Sealy of two- and three-letter words and unique ones such as words built with a Q that don't require a U.

The Oshawa Scrabble Club has evolved since it began in the late 1970s, and some of the original members are still in it. Janice Madill was one of the club's founders. She said while reading the newspaper one day, she noticed in ad from a man who enjoyed Scrabble, but had no one to play with. Mrs. Madill and her friend Sylvia Meek responded to the ad and found out they were not the only ones. There was one problem - being strangers, no one wanted to hold the games at their house. Luckily for the club, her aunt was a chief librarian who let the group use the reading area of the library. About eight people showed up the first night and the Oshawa Scrabble Club was born.

"From then on we met and then we played," she said. "We took turns playing at our houses for a while and then we got Woodview Park Club House. At first we played in a tiny little room in the basement and gradu-

ally got the whole upstairs which was really nice and that's where we play now."

Another member who has been playing since the beginning is 63-year-old Hilda Schlechter.

"I was laid up after back surgery and I started playing at home with my children for just something to do other than watch TV because I couldn't do anything else and I really, really got to like it," said Mrs. Schlechter.

"I just liked it so much I kept going - I love the outing. I'm not active in other sports, I'm limited: I can't play ball, it's too much for me or mow the lawn and heavier things, but I have the love of words and letters and I like math too where you keep adding your scores so I think that's why and I just try to see how good I can get. There's always more to learn. There's always new words a person learns and tricky words and things like that," she added.

When she plays Scrabble, she said she forgets everything else. Scrabble becomes an outlet for her to just be herself and not worry about anything else. She loves being part of the club and occasionally going to tournaments.

"You meet all kinds of people and you have to learn or be gracious

enough to lose as well as win and show sportsmanship," said Mrs. Schlechter. Sometimes she'll play a tournament and get a really good score and other times, a really bad one, but it doesn't upset her to lose so long as she tried her best.

Rookies get to play tournaments for free. The second tournament entry requires a National Scrabble Membership, obtained by sending \$20 US to the National Scrabble Association in New York. As a member, people can join any tournament and get a Scrabble newsletter eight times a year. The association keeps track of each player's score in a tournament and those with 1,700 points are rated experts. If an expert is playing a tournament and has a much higher score than the rest of the players, he is expected to win. If he does, he'll get more points toward his rating but if he loses, his rating decreases. Mr. Sealy has participated in the Super Stars Tournament in Las Vegas, which is by special invite only. The top 50 players in North America were invited to play in it for a grand prize of \$100,000.

"Most of us do it not to win money - we do it for the honour," said Mr. Sealy.

There is even a World Scrabble

Cup tournament and the current Champion is a Canadian named Joel Wapnick. The next World Cup is in December this year. National Scrabble Championships are held all over the world.

So how is Scrabble played? The game, invented by New York architect Alfred M. Butts in 1948 is traditionally played with two or more players.

Words are made vertically and horizontally. Each player receives seven letters and each letter has a number of points listed on it. The first player builds a word using two or more letters (also known as tiles), announces the word and the number of points it has earned him, then receives the same amount of letters used in the play so there are always seven letters on a player's rack. The next player builds or modifies a word by using one or more letters and receives full points for any new or changed word. Blank tiles can be used as any letter, for example an N. The blank tile remains an N for the rest of the game.

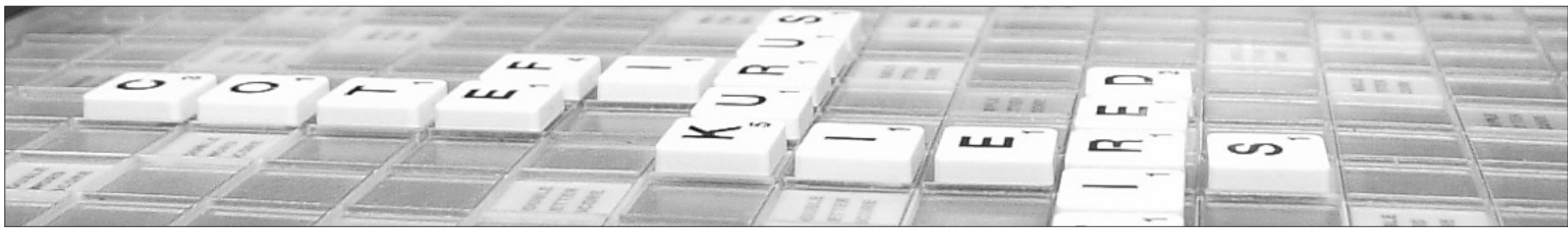
If a player disagrees with a word made, she can challenge it before the next player takes her turn. The word is then checked and, if unacceptable, the person who made the word loses his turn and points, but if the word is acceptable, the person who challenged it loses her turn. The game is over when all the letters are gone. The player with the most accumulated points wins.

Mrs. Madill said the trick to becoming a better-than-average Scrabble player is by learning words not found in traditional dictionaries, such as XI and AA.

"I think people come out and they get intimidated and they shouldn't," she said. "I think they think we're all too good and they don't know these little words we use in the Scrabble Dictionary - a lot of them just use Webster's or the Oxford Dictionary."

The first time someone attends a Scrabble night is free. Remaining nights are \$2 for seniors and \$3 for anyone else. The fee covers coffee and treats provided throughout the night, as well as a fancy dinner twice a year for all club members to attend, and trophies for the annual tournament.

For information on becoming a club member phone Mr. Sealy at 905-432-8828 or stop by the Woodview Community Centre on 151 Cadillac Ave., in Oshawa any Monday between 7:30 and 11 p.m. For more information on Scrabble visit www.scrabble.com.



Nuclear industry plays it safe

In wake of terrorist attacks, regulator orders permanent changes

BY KEITH GILLIGAN
Staff Writer

PICKERING — Stressing there have been no "credible threats" on local facilities and that recently introduced measures will become permanent, a top nuclear official was in Pickering this week to discuss safety at Ontario plants.

Linda Keen, president and chief executive officer of the Canadian Nuclear Safety Commission, touched on security and safety at nuclear plants in the wake of the Sept. 11 terrorist attacks on the United States during her speech to about 50 people at an Ajax-Pickering Board of Trade luncheon at Regalis Restaurant on Wednesday.

"While many new questions have been asked following Sept. 11, we must keep in mind that there have been no attacks on, or credible threats made to, nuclear facilities in Canada," Ms. Keen said.

"Within one hour of the attacks in the United States, the CNSC had instructed major licensees to implement enhanced

security measures at their facilities. These new measures have been maintained."

On Oct. 19, the commission also ordered a number of other security measures at nuclear plants.

"Licensees have treated this order very seriously and have been very co-operative and quick to act," she noted. "Our position is that these new security measures will be maintained permanently as part of a continuum of improvement in security and safety."

Following her speech, Ms. Keen said in an interview the ability of facilities to withstand various types of attacks is being "looked at". Also being considered are "air-exclusion zones and marine exclusion zones" around nuclear plants.

"I'm on record as saying I'm not interested in exclusion zones for the sake of exclusion zones. Really what I want is something that is protective and we're looking at that," Ms. Keen stated.

"Every regulator around the world, not just in the nuclear business, based its threat assessment on an accident, an accident happening and not on issues to do with, say, a suicidal terrorist attack. We are rethinking (security measures and risk assessment) and that's judicious and Canadians would expect us to do it."

However, Dave Martin of the Sierra Club of Canada Nuclear Campaign, who also attended the event, summed those comments up in an interview as being "too little, too late. Their response is directed, at this point, exclusively to a ground-based attack. They really haven't come to grips with the threat of an airborne suicide attack by jumbo jet."

He added nuclear facilities in Ontario provide a more opportune target for terrorists than the U.S.

"Pickering, with its proximity to several million people, is a terrorist's dream come true," he said.

The buildings around nuclear reactors have to be "hardened by pouring more concrete," he continued, noting ancillary buildings should also be reinforced.

"We know they can't withstand the impact of a jumbo jet."

An anti-aircraft defence system, with ground-based missiles, is needed, he added.

"A no-fly zone does nothing. We can't get a CF-18 from Trenton to Darlington or Pickering in time to divert or bring down an attack," he said.

He pointed to France having installed radar and air defences around one of its reactors.

Ms. Keen said in terms of missiles, "nothing has been ruled out and nothing will be ruled out, per se. If you look at why France put in the missiles, they have nuclear weapons and plutonium on their site. Neither of these conditions exists in Canada at nuclear facilities we're talking about."

During a question-and-answer period, Ms. Keen said, "There's a move afoot to look at hardening of facilities. Not just to look at possible terrorist attacks, but to make them as secure as possible."



LINDA KEEN
'These new measures have been maintained.'

Helpers sought to aid reading efforts

PICKERING — Local residents are being asked to help a child discover the wonders of the written word.

Volunteers in the community are needed to help kids aged five to 12 develop their literacy skills.

The William Peak Co-op Reading Circle and Homework Club in Pickering meets Tuesday, Nov. 27 in the activity room at the Whites Road and Finch Avenue co-op from 7 to 8 p.m. The group meets every Tuesday.

Call Liz at 416-684-3616 or Laura at 905-837-0761 for more information.



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Drink responsibly this holiday season: Durham health department

DURHAM — Responsible holiday party hosting and toasting is the focus of a Durham Region Health Department campaign currently underway.

The Celebrate in the Right Spirit Campaign is a year-round health department initiative. As part of the campaign, the department is partnering with M&M Meat Shops across Durham Region, Pickering Town Centre and Ocala Orchards, to provide information aimed at re-

inforcing the importance of personal and responsible alcohol.

A recent health department survey indicates one-fifth of Durham residents wrongfully believe they can have two or more drinks in the hour before driving and still be a safe driver.

"With every additional drink, the risk of motor vehicle collisions increases," says Heather Tucker, a public health nurse with the health

department.

Hosts and property owners are also often unaware of their legal responsibility when hosting a party.

"The goal of this campaign is to help people understand they may be held responsible for injuries or damages that occur as a result of the alcohol they provide on their property, or at a function that they are responsible for," says Dr. Donna Reynolds, Durham's associate medical officer of health.

Under the Ontario Liquor Licence Act, hosts or homeowners are responsible for the safety and behaviour of their guests until they are sober, not just until they leave the party.

More information will be available from health department staff on Friday, Nov. 30 from 3 to 5 p.m. at the following M&M Meat Shops: 20 Harwood Ave. S., Ajax; 133 King St. E., Bowmanville; 11 Taunton Rd. W., Oshawa; Kingsway

Village, 1300 King St. E., Oshawa; 1211 Kingston Rd., Pickering; 1874 Scugog St., Unit 2, Port Perry; and Kendalwood Plaza, 1801 Dundas St. E., Whitby.

Information will also be available at Pickering Town Centre Dec. 4 and 5 during mall hours. Additional information is also available through the Durham Regional Health Department's Injury Prevention Program at 905-723-8521 or 1-800-841-2729.



Make Winter Vacations Enjoyable by Practicing Sun Safety

If you plan on going south this winter, Durham Region Health Department urges you to avoid having the sun burn your vacation by taking precautions to protect you and your family from ultraviolet radiation (UVR).

According to reports from Health Canada, overexposure to UVR is one of the main causes of skin cancer. Other health risks associated with UVR include sunburns, premature aging of the skin and cataracts.

"It's important for vacationers to remember that the closer you are to the equator, the greater the intensity of ultraviolet rays from the sun," explains Stephanie Wilms, a public health nurse with the Durham Region Health Department. "Whenever possible, avoid the midday sun or at least find some shade."

To ensure a sun-safe trip, the Health Department recommends that you pack your suitcase with sun-safe items including a hat with a three-inch brim, sunglasses, loose fitting long sleeve shirts and pants, and sunscreen and lip balm that offer protection of SPF 15 or higher.

While some vacationers may begin their trip with a base tan from a tanning salon, it's a common misunderstanding that this will protect your skin and prevent you from getting sunburn. In fact, Health Canada warns that tanning salon lights may give off five times as much UVA as the

sun.

"Research has shown that there's no safe way to tan," notes Wilms, "however, if a person still desires a tanned look, they can apply self-tanning products available at many cosmetics and drug stores. Our goal is to help people celebrate sunshine

safely while enjoying their vacation."

For more information on sun safety, please call Durham Region Health Department at (905) 723-8521 or 1-800-841-2729 ext. 2185. Information may be obtained online at www.region.durham.on.ca

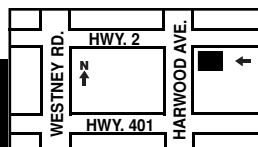
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Autism group hosts party

DURHAM — Celebrate the season at a special Christmas party.

Individuals with Autism, PDD and Asperger's, along with their

friends and family, are invited to a Christmas party at the Oshawa Jubilee Pavilion.

Held by the Autism Society, Durham Chapter, the party will

be held on Sunday, Dec. 9 from 1 p.m. to 4 p.m.

Participants are asked to bring a wrapped and clearly labeled gift, not to exceed \$15, for each

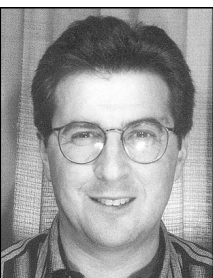
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To prevent heel slippage a conventional pattern of lacing is done until the last eyelet. By looping the end of each lace and using the loop as an eyelet, a more secure fit around the heel can be obtained. (Picture D)

A square box pattern of

lacing is used for those with high arched rigid feet or again for those with a bony bump on the top of their foot. In this method the lace never crosses over the tongue, but passes under each eyelet. This method eases pressure across the top of the foot. (Picture E)

If you are a runner who is prone to blackened toe nails or pressure at the front of the foot, a single lace cross-over may help. begin with the end of one lace much shorter than the other. Place it in the upper most inside eyelet and run it to the lowest most diagonally opposite eyelet. Then begin lacing from inside to side through the remaining eyelets. This pattern pulls the toe box

of the shoe up, relieving pressure on the toes. (Picture F)

For a custom fit, an independent method of using two different laces may be employed. This may work well for people with a wider forefoot, for those

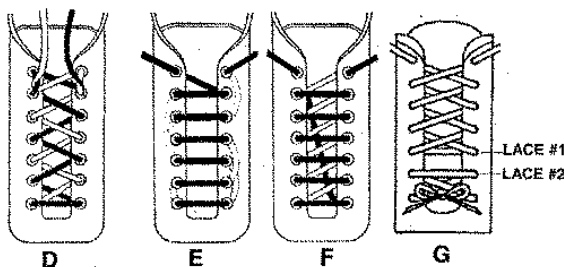
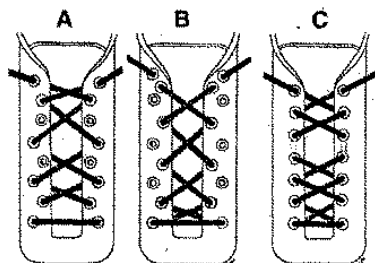
whose foot is two different widths. (Picture G)

If you have a question you would like answered or a topic you would like addressed, mail it into the News Advertiser c/o ASK THE PODIATRIST.

Dear Readers: Every so often I come across some information that I know will be of interest to most everyone, whether they currently have foot problems or not, yet no one would even think to ask. For example when you buy a new pair of shoes, how do you lace them? Do you take into account your foot shape, arch height, flexibility, tendency for heel slippage or blackened toe nails? Probably not, because our mothers taught us how to lace a shoe in one particular way (the conventional crisscross to the top of the shoe technique) and we have not varied from it. And for the most of us this will continue to work well. Beginning at the bottom of the shoe and pull the laces one set of eyelets at a time to tighten. This will distribute stress evenly across the eyelets and therefore across the top of the foot and allow for a more comfortable fit.

However, for those who do have specific gait problems or who have feet that are not average shaped, here are a few lace alternatives to the standard that may help keep you tied to be fit.

Did you ever wonder why your new shoes seem to have extra eyelets? Even manufacturers have designed their shoes to allow for custom lacing. The wider placed eyelets allow for laces to be pulled in more tightly and are therefore used for narrower feet, while the narrower placed eyelets allow for more girth and are more suitable for wider feet. (Picture A & B)



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Education funding cuts possible as Province seeks savings

BY JENNIFER STONE

Staff Writer

DURHAM — Speculation that education spending may be on the Province's chopping block in an effort to avoid a deficit has some local educators concerned about area students.

"Kids don't have textbooks in classes," says Dan Fewings, vice-president of the local branch of the Ontario Secondary School Teachers' Federation. "I think we're close to the breaking point now in terms of what kids have right now resource-wise and what's available in the classroom."

Reports this week from Queen's Park indicate the Province is on a massive savings-finding expedition in an effort to avoid a deficit and deal with the slowing economy. Some reports indicate each ministry — including, possibly, education — has been ordered to find savings of up to five per cent of their total budgets to avoid a deficit for the 2002-2003 fiscal year.

Provincial management board chairman David Tsubouchi said Monday the Province will look at selling assets, cutting program spending, and possibly attempting to boost revenue by privatizing some services.

The 2002-2003 fiscal year looks "very tight," says Durham MPP John O'Toole, who is part of a group of four MPPs charged with bringing forward suggestions to help the Province save money. No stone should remain unturned in an effort to do so, he says.

"To be saying anything is sacred isn't the right message," says Mr. O'Toole, parliamentary assistant to finance minister Jim Flaherty. "If there's any way to save taxes without affecting quality, that should be looked at."

There will "always be a demand for more money in health and education," notes the MPP.

"To sort out what is absolutely needed from what's nice to have is what this exercise is all about."

While local public school board chairman Bob Willsher says talk of budget restraint doesn't surprise him under current economic circumstances, he adds the public may not be receptive to the possibility of classroom spending cuts.

"I'm not surprised that we're headed down this path, given the fine balancing act of the Provincial budget and the risk of (economic) downturn upsetting that fine balance," says the Kawartha Pine Ridge District School Board chairman. "But I think they've (the Province) heard that certainly parents are not happy with the level of support education is receiving now."

Such cuts aren't popular, agrees Mr. Fewings.

"Conservative popularity in the polls shows where their politics of cuts have got them," he notes.

Further cuts "certainly would be a

major difficulty for our board right now," says Mr. Willsher, a Clarington trustee. The public school board is already in the midst of a massive expense-trimming plan aimed at paying off its approximately \$6 million accumulated deficit.

But, there may be room to make some cuts in order to help

the Province avoid a deficit, contends Joe Neal, a Clarington trustee with the Peterborough Victoria Northumberland and Clarington Catholic District School Board.

"I'm not generally in favour of running a large deficit, so if that means we have to be a little more frugal with the money we

get, I don't have a tremendous amount of difficulty with that," he says.

"I think we could find some savings in some areas, though I don't think anybody's enthusiastic about that."

Education cuts may not make a huge difference in terms of the provincial big picture though,

Mr. Neal notes.

"All areas are really dwarfed by health spending," he says. "They can cut education somewhat but it's not going to make a difference if health spending keeps spiralling up."

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Durham medical officials monitor meningitis case

Results of test on Whitby student expected back soon

BY MIKE RUTA
Staff Writer

DURHAM — Durham's health department expects to know within days what strain of meningococcal meningitis a 14-year-old Whitby student has contracted.

And depending on the information, that might lead to the vaccination of staff and students at the student's school.

Dr. Donna Reynolds, Durham Region's associate medical officer of health, said it is important to find out if the strain is the same one that a second Anderson Collegiate and Vocational Institute contracted in late October.

That 16-year-old student recovered after antibiotic treatment and is back in school. The 14-year-old was identified Monday and is also being treated with antibiotics.

"The concern of having a second one, if it is the same strain, is, is the bacteria circulating in the school and is it a more virulent strain?" said Dr. Reynolds.

She said vaccination "will be looked at once we identify the strain, and a decision will be made in con-

junction with the Ministry of Health."

"Serogroup C is the strain that is usually responsible for outbreaks that we see within schools and communities," said Dr. Reynolds.

A new vaccine specific for that strain was released in June, she said, noting the vaccine will render an individual immune to the strain for a lengthy period of time. The other available vaccine covers four strains, but has a much shorter immunity time frame.

Antibiotics are effective treatment for all strains, but Dr. Reynolds said vaccines are not at all effective for serogroup B strains.

Dr. Reynolds said the ministry told her there have been seven serogroup B cases in Ontario this year, including one in Durham this summer. That person recovered and the source was likely in Quebec, said Dr. Reynolds. There have also been two serogroup C cases.

Health Canada's Winnipeg lab is undertaking specialized test to identify the strain in the most recent case. Dr. Reynolds emphasized meningitis is "not very transmissible" and in a press release stated "the bacteria that cause this form of meningitis are spread through direct contact with secretions from the nose and throat."

She said the sharing of food, beverages and kissing most commonly spreads the bacteria.

"Even if you acquire the bacteria, it is very rare to get the disease," said Dr. Reynolds.

Meningococcal meningitis can be serious, leading to death in about 10 per cent of cases, she said, noting the Durham Region Health De-

partment launches an investigation as soon as it learns of a suspected case. Those identified as "close contacts" of carriers, including family members, are treated with antibiotics.

"We're just waiting to hear back from public health at this point in time," said Andrea Pidwerbecki, the Durham District School Board's communications

manager.

She said health department letters went home with all Anderson students on either Monday or Tuesday, depending on a student's schedule. In the case of the first infected student, letters went home with classmates.

Dr. Reynolds said 10 to 15 per cent of people carry in the back of their throat the bacteria that cause meningi-

tis. But it's unclear why less than one per cent of those people will develop meningitis.

There are usually four to eight cases of meningitis a year in Durham.

The health department has set up a meningitis information line for residents. For more information call 905-723-8521, or 1-800-841-2729, ext. 2316.



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School report cards will be coming home soon often accompanied by proud smiles, but sometimes looks of sad disappointment.

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(A) TEACHER COMMENTS

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THEIR MEANING.

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(B) TEACHER COMMENTS

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Ajax A. T. S. Hagge & Assoc. Inc. consultants in sales force automation and call centre operations, will be offering a half-day seminar for local businesses on December 11, from 9:00 a.m. - 12:00 p.m. at McLean Community Centre, Community Rm. at 95 Magill Dr. (905-428-7711).

More and more entrepreneurs are looking for more effective ways to manage their businesses. The bottom line is their client database - are they communicating regularly and in a timely fashion? Are there ways to improve how to do business?

Topics to be featured will include: CRM (customer relations management with Telemagic Software), CTI (computer telephony integration), networks (how they improve routine procedures), HSD (high speed dial up), costs vs benefits and Integration (oh, the joy of it all).

Seating is limited so please R.S.V.P. by Friday, December 7 (905-427-1914). A \$5 fee will apply at the door for materials.



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Health & FITNESS

NEWS ADVERTISER NOVEMBER 25, 2001

We have to be tough to take on the terrorists

What do you think Osama bin Laden is doing while he's being bombed by US planes in Afghanistan? I have no idea. But I'd bet most of what I own that he's not hiding in a cave taking antidepressants.

I'm equally sure the people we see night after night wandering the roads of Afghanistan are also not on this medication. And neither they nor bin Laden are wetting their pants. So how tough is the psyche of North Americans since Sept. 11?

It depends on who you listen to. New Yorkers and their heroic firefighters say they will not be beaten by terrorism, an admirable attitude.

But recent reports show that far too many North Americans are burying their psyches in the sand.

Rather than using the 'Old Frontier' toughness to fight terrorism they're doing what so many have learned to do so best in our society — take pills.

In this case, since the twin-tower disaster it's been more pills. A US survey shows that prescriptions for anti-anxiety drugs and sleeping pills are up 25 per cent in New York, 13 per cent in Washington and 9 per cent across the U.S.

This is no solution if North Americans are going to beat terrorists who intend to destroy us one way or another. The increase in this medication shows they've partially accomplished their goal. If we don't watch out they'll soon have us all cowering like imbeciles waiting for the next round of terror.

Let's face it we are no longer a tough society and we'd better admit we have a problem. I've been witnessing this trend in my office for years. Only the occasional patient says, "I'd prefer to put up with

the pain or the worry than take medication."

Rather most patients want an easy out. Pills for minor aches.

Pills to sleep. Pills, pills, pills for everything under the sun. And this starts at an early age.

A report in the Journal of the Canadian Medical Association states last year more than one million prescriptions for ADHD (attention deficit hyperactivity disorder) drugs were given to Canadians. Most of them were children.

Christiane Poulin, an associate professor in the Department of Community Health at Dalhousie University, reports 5.3 per cent of students in grades 7-12 are taking Ritalin and other drugs.

I'd bet the rest of what I own that they don't need pills in Afghanistan to make children sit still and learn their ABC's.

And I refuse to believe so



W. Gifford-Jones, M.D.

The Doctor Game
shouston@durhamregion.com

many children in the US and Canada require Ritalin in order to perform in school. It doesn't take a genius to see what would happen if these Ritalin children had to face the hardened teens in bin Laden's camp. Ours would be torn apart limb by limb.

No one doubts that the US is the greatest military power in the world. But pill-popping kids grow to be pill-popping adults, not the kind that will win the psychological war against the likes of bin Laden.

I'm tired of brave statements bin Laden isn't going to make us

wet our pants. The hell he isn't. He's made too many people wet them already.

Recently a concert I planned to attend was cancelled. The US performer was afraid to fly from New York to Canada. What a terrible message to send everyone.

How many Canadians are wetting their pants? Just ask any travel agent how many people have cancelled flights when arguably there's never been a safer time to fly. Some of my patients have cancelled cruises.

Others have put off a driving trip to the U.S. or even to destinations in Canada. So let's stop kidding ourselves we're tough and going about our business as usual.

To be sure these are difficult times but let's put them into focus. It's a horrendous tragedy that so many died needlessly in New York. And that others have

died from Anthrax.

But remember every day over 1,000 people die from cancer in North America. Many others succumb to other diseases or die in car accidents. This isn't the time to cop out with anti-depressants. Rather, it's time to rekindle that old frontier toughness that made our nations great.

To beat Osama bin Laden we'll need to harden ourselves psychologically. So let's stop wetting our pants, swallowing anti-depressants and being fearful of travel as we approach 2002.

NOTE: Readers keep asking how to obtain the Gifford-Jones Living Will. It can be obtained by sending a self-addressed stamped envelope to Dr. Gifford-Jones 1 First Canadian Place, P.O. Box 119, Toronto, Ont., M5X 1A4. Please enclose \$5 to cover the cost.



HEALTH DEPARTMENT



Free Flu Clinics for children to receive their second flu shot

The first year that children under 9 years of age receive their flu shot they require a second (booster) dose at least four weeks after the first dose. The second dose is not required if the child received one or more doses in a previous flu season.

Children under 9 years of age can receive their **second flu shot** free of charge at Durham Region Health Department's upcoming flu clinics.

CLINICS: Tuesday, December 11th 2 - 6 pm
Monday, December 17th 3 - 8 pm

Durham Region Health Department
Whitby Mall
1615 Dundas Street East
Whitby, Ontario

All children requiring flu shots will be seen by **APPOINTMENT ONLY.**
Please call Durham Region Health Department
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1-800-841-2729 ext. 2195
for more information or to book an appointment.

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MONDAY, NOV. 26

TEENAGE ABUSIVE RELATIONSHIPS: Dawna Speers will discuss awareness and prevention of abusive relationships among young people at 7 p.m. in the Exeter High School library, 80 Falby Crt., as part of the school community council meeting. Refreshments are available. Call Darlene at 416-284-8131 ext. 4817 for more information.

CARDIAC REHABILITATION: Everyone is welcome to attend classes by the Cardiac Rehabilitation Organization every Monday, Wednesday, and Friday at 5 and 6 p.m. in Oshawa at 1 McGrigor St. Topics include diabetes, angina, stress, heart conditions, arthritis and fibromyalgia. Call 905-404-2691 for more information on the classes.

DURHAM DENTAL HYGIENISTS SOCIETY: Group meets at Oshawa Public Library's McLaughlin branch from 6:30 to 9:30 p.m. Guest speaker Dr. Dennis Azuma will discuss dentistry in Third World countries.

TUESDAY, NOV. 27

SENIORS' FRIENDSHIP CLUB: The Ajax Senior Citizens' Friendship Club meets every Tuesday morning beginning at 9:30 a.m. for a discussion group at the Seniors' Centre, 46 Exeter Rd. Today's annual meeting will deal with election of officers and suggestions for programs in 2002. All members are asked to take part. Call Louise Johnson at 905-683-7799 for more information.

TOASTMASTERS: The Pickering Powerhouse Toastmasters Club welcomes guests to an open house in Pickering each Tuesday at 1 Evelyn Ave., at 7 p.m. Learn more about enhancing your communication and leadership skills. Call Marva at 905-619-0030 or Hazel at 416-560-3768 for more information.

MEDITATION CLASSES: Sahaja Yoga Meditation holds free meditation classes every Tuesday at 7 p.m. at the Ajax library's main branch, 65 Harwood Ave. S. Call 905-420-7252 or visit www.SahajaYoga.ca.

PARENT SUPPORT: A local chapter of The Association of Parent Support Groups Inc. meets every Tuesday in Ajax at 7:15 p.m. for parents of kids involved in drugs, alcohol, running away, dropping out of school, crimes and parent abuse. Call 416-223-7444 or 1-800-488-5666 for location or information.

HEALTH WORKSHOP: Ajax Family Chiropractic offers a free, half-hour to health workshop every Tuesday at 6:30 p.m. at 145 Kingston Rd. E., Unit 13 (across from Costco, behind McDonalds).

Seating is limited so call the office at 905-426-4116 to reserve a spot or for more information.

VOLUNTEERS: Volunteers are needed to help kids aged five to 12 develop their literacy skills. The William Peak Co-op Reading Circle and Homework Club in Pickering meets in the activity room at the Whites Road and Finch Avenue co-op every Tuesday from 7 to 8 p.m.

Call Liz at 416-684-3616 or Laura at 905-837-0761.

AMNESTY INTERNATIONAL: The next meeting of Amnesty International's Ajax-Pickering group starts with coffee time at 7:15 p.m. followed by the 7:30 p.m. meeting at Pickering Village United Church, 300 Church St. N., just north of the high school in Ajax. All are welcome to attend the event.

WEDNESDAY, NOV. 28

SPIRITUAL WOMEN'S BOOK CLUB: The Dunbarton-Fairport United Church, 1066 Dunbarton Rd., Pickering, hosts guest speaker Selma Sage, former professor of biblical women's studies at York University and director of education at the Toronto Synagogue, speaks on 'Women in Genesis' and 'The Red Tent' Meetings run from 7:30 - 9:30 p.m. Call 905-839-7271.

TOASTMASTERS: Improving communication skills, speech giving, listening and understanding skills, organization

Billboard

Nov. 25, 2001

abilities and presentations are covered at Ajax-Pickering Toastmasters club meetings. Meetings run from 7:15 - 9:30 p.m. every Wednesday. For more information call Michelle at 905-619-2568.

BOARD OF TRADE: The Annual General Meeting of the Ajax-Pickering Board of Trade runs from 11:30 a.m. - 2 p.m. at Regalis Restaurant in Pickering. Cost is \$25 for non-members and \$20 for members. For more information call the vent hotline at 905-686-0883.

CARDIAC REHABILITATION: Everyone is welcome to attend classes hosted by the Cardiac Rehabilitation Organization every Monday, Wednesday, and Friday at 5 p.m. and 6 p.m. at 1 McGrigor St., in Oshawa. Topics are diabetes, angina, stress, heart conditions, arthritis and Fibromyalgia. For more information call 905-404-2691.

BUSINESSWOMEN'S CLUB MEET: Time management is the theme of the Durham Business and Professional Women's Club meeting facilitated by

Rose Cronin. Meeting starts at 6:15 p.m. Dinner cost is \$30. Guests are welcome. 905-428-7886 or e-mail broskpk@direct.com.

SINGLE PARENT SUPPORT: The local chapter of The One Parent Families Association of Canada meets every Wednesday at 8 p.m. (8:30 p.m. on the second Wednesday of the month) at the Ajax Cricket Club, 418 Monarch Ave. at the corner of Clements Road. Meetings are for both custodial and non-custodial parents whether your kids are two or 42. All are welcome. For more information visit www.geocities.com/opfaca, or call 905-837-9670.

MEDITATION CLASS: Learn how to meditate at a free yoga class every Wednesday at 7 p.m. at Pickering Devi Mandir, 2590 Brock Rd., south of Taunton Road. All are welcome.

For more information call 905-420-7252.

ALZHEIMER'S: Alzheimer Durham holds an Ajax Support Group meeting at 7:30 p.m. at 487 Westney Rd. S., Units 19 and 20 (at Clements Rd. W.), Ajax. All caregivers welcome. Call 905-576-2567 for more information on the group or its meetings.



AIDS AWARENESS WEEK

Nov. 25 - Dec. 1, 2001

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Friendship Club meets

AJAX — The Ajax Senior Citizens' Friendship Club meets Tuesday, Nov. 27 at 9:30 a.m. for a discussion group at the Seniors' Centre, 46 Exeter

Rd. Today's annual meeting will deal with election of officers and suggestions for programs in 2002.

Call Louise Johnson at 905-683-7799.



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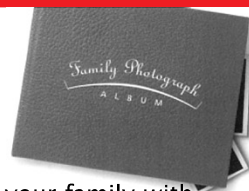
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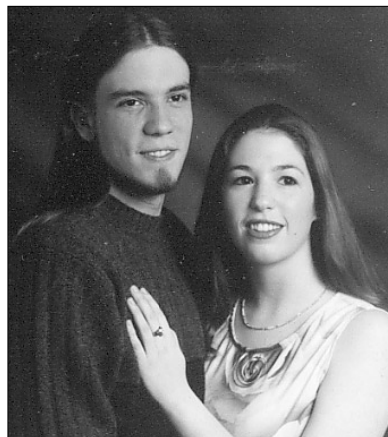
NEWS ADVERTISER NOV. 25, 2001

Birthday

There were happy birthday wishes for **Emily Neitvelt**, "our million-dollar girl", on Nov. 23 when she turned five. Lots of hugs and kisses from **Mommy, Daddy**, brother **Frankie**, **Nonno**, **Nana**, **Uncle Aldo**, **Uncle Joe** and **Auntie Rie**.



Engagement



"**Shirley and Keith McCann** are pleased to announce the engagement of their daughter **Colleen** to **David Boyer**, son of **Carolyn and Mike Boyer** of Astorville, Ont. No date has been set of the wedding."

Birthday

Nov. 26 is a big day for one cool dude, as **Adam** turns two. "We have been blessed with having you in our lives these past two years. **M o m m y** and **Daddy** wish you lots of healthy and happy birthday wishes. Also, a happy birthday from **Nana, Nonno, Oma, Opa**, your aunts, uncles and cousins. We love you dearly. Happy birthday sweet pea."



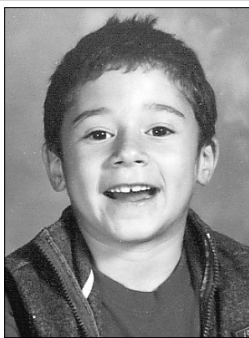
Birthday



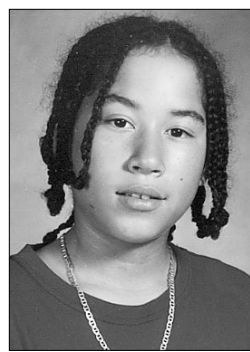
"**Evan Rombos** turned two Nov. 5. Our little 'Bubbalouie' has hit the terrible two stage with full force, but he still can't do any wrong — he's way too cute! We want to wish our son a happy birthday and we can't wait until those sentences start flying. With tonnes of love from **Mommy and Daddy**."

Birthdays

"On Nov. 16, **Brandon** turned seven. He loves soccer and is very funny. Happy birthday and love from **Mom, Dad**, your big brothers **Brad** and **Miska**, sister **Amanda**, **Grandma Lolita**, **Grandpa**



Carl, **Uncle Gerald**, family and friends. And, on Nov. 23, there's another teenager in the house as **Mihaly** makes number-three. Lots of love from **Mom, Dad**, brothers **Brad** and **Brandon** and sister **Amanda**. Also, happy 13th from **Grams Lolita** and **Carl**, **Uncle Gerald**, family and friends."



Birthday



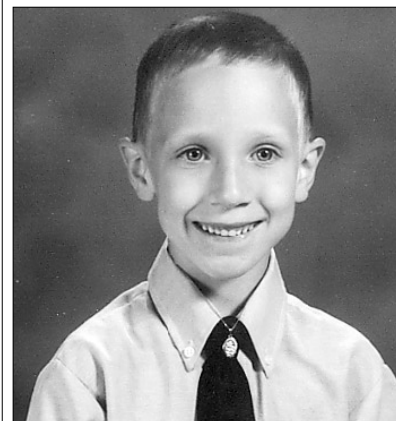
To "our dearest **Hannah Kate Stoneman**, a happy second birthday on Nov. 25. You delight us and charm us with your own very special ways, and fill our lives with so much love and joy. Be happy. Loving you forever, from **Mommy, Daddy** and all your family and friends."

Birthday



Happy birthday wishes go out to "our little bit", **Kristen Bedley**, who turns four on Nov. 29. "Our middle angel is growing up so fast. We love you very much and hope you enjoy your birthday party with all your new friends from school. Love and kisses always from **Mommy, Daddy, Michelle** and **Taylor**."

Birthday



Nov. 20 was a special day for **Erik Martin**, as he turned six. Wishing him all the best were **Mom, Grandma, Uncle Michael** and all his aunts, uncles and cousins.

Birthday

"It was 11 years ago that this beautiful girl blessed us with her presence. **Nicole Leigh Bird** turned 11 on Nov. 23. Wishing Nicole all the best are **Daddy, Mommy, Brady, Grandmas, Grandpa, Poppa, Nana**, all the rest of your family and friends."



Birthday

Robert Mason turned one Nov. 24. "Happiness lies in the joy of creating life. If we could reach up and hold a star each time you made us smile, the entire sky would be in our hands." Robbie's **Mom Anita** and **Dad Greg**, brother **Ricky** and his grandparents **Beryl, Terry** and **Jean** are proud to announce his first birthday. "Happy birthday Robbie. We love you."



Birthday



Nov. 25 is a special day, as **Superman** turns five. Wishing **Jade Harker** all the best are **Mommy, Daddy** and his many friends and family.

Birthday



Happy 13th birthday on Nov. 30 to "our loving daughter **Stephanie Ramsahaye**. May God always bless you. We love you very much, from **Mom, Dad** and brother **Nicholas**. Have a wonderful birthday."

40th Birthday

"Happy 40th birthday on Nov. 21 to **Mike Hickey**. You are the youngest and best **Daddy** and husband in the whole wide world. Love from your princess **Lauren**, your buddy **Ryan**, and your wife **Heather**."



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3. Kristen Bedley

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Sports & LEISURE

NEWS ADVERTISER NOVEMBER 25, 2001

Pine Ridge Pumas fall to Austin in LOSSA final

Entire girls' basketball team should be back for 2002

PICKERING — Playing the top-ranked Father Leo J. Austin Catholic Secondary School Wildcats on their home basketball court in front of a partisan crowd was tough enough for the Pine Ridge Secondary School Pumas.

But, then add in the fact Pine Ridge is an upstart program, which lay dormant for three years, going up against a Wildcats senior girls' team that has persevered through the education turmoil that hamstrung sports in Durham the past few seasons.

All this came crashing down on the Pumas in the Lake Ontario Secondary School Athletics (LOSSA) senior girls' basketball final Wednesday.

Despite all this, the Pumas gave it everything they had in an 80-62 loss

to the Wildcats. And, that was more than enough to satisfy Pine Ridge coach Cam Nekkers.

"The best thing we had going for us was effort," he said. "They had a bit more experience than us. They probably played 20 more games throughout the year."

"They deserved to win. They're a good ball team and they played a good game."

The game, said Nekkers, was closer than the score would indicate. The difference in the final quarter was the Wildcats' shooting from the free-throw stripe, which was an uncanny 90 per cent.

Throughout the contest, the Wildcats used a full-court press to good advantage, which kept the Pumas off balance, not to mention wearing them down in the final analysis.

"We haven't played a team that presses as much as Austin," said Nekkers.

Provincial and national-level player Alisa Wulff led the Pumas

with a 25-point effort in the final. Tabia Charles added 14.

To get to the finals, the Pumas downed Oshawa's Paul Dwyer Saints 63-48 in the semifinals. Carlene Siopis led Pine Ridge with 26 points. In the quarter-finals, the Pumas downed the O'Neill Collegiate Redmen.

The silver lining in the defeat is the entire Pine Ridge team will return next year, said Nekkers. Three of the team's current starters all tower at or above six-feet, Wulff and Sara Masterton (6-foot-1) and Charles (6-feet).

"We'll be a bit better next year, I'm sure," said Nekkers, who'll also coach the senior boys' basketball team at Pine Ridge.

In the junior games, Oshawa's McLaughlin fought back from a 38-28 deficit through three quarters for a 47-45 win over Ajax High School in the 'AAA' girls' final.

Kate Weiss of Ajax was the top shooter with 20 points.



RON PIETRONIRO/ News Advertiser photo

WHITBY — Father Leo J. Austin Wildcats' Kelly Lafontaine races to the basket past Pine Ridge Pumas' defender Alisa Wulff during the Lake Ontario Secondary School Athletics senior girls' basketball final at Austin Wednesday. Pine Ridge lost 80-62.

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A.J. GROEN/ News Advertiser photo

Taken to the ice

PICKERING — Two Pine Ridge Secondary School Pumas players take this member of the St. Mary Catholic Secondary School Monarchs to the ice during Lake Ontario Secondary School Athletics hockey action at the Pickering Recreation Complex Tuesday afternoon. The Pumas won this all-city match-up 7-6.

Down to the buzzer

Select edges Bank of Montreal, East Side devours Caesar's

AJAX — For the second week in a row, Select Food Products snatched victory in the dying moments of their game during Ajax Ladies Basketball League action.

This time, the Select victimized the Bank of Montreal with a buzzer beater last weekend to upend the bankers 24-23 in a defensive battle.

The Bank of Montreal had a point advantage for much of the game but lost possession with little time remaining on the clock. Select then scored at the buzzer.

Portia Vidal scored six points for Select and Lana Letourneau replied with seven for the bankers.

The closing game between East Side Marios and Et Tu Caesar's was a different story. Caesar's was missing key players and East Side Mario's took advantage to run up a 50-21 victory.

East Side intercepted many passes and turned them into a fast break to win the game by a comfortable margin.

Engrid Carmichael Johnson scored 15 points for East Side, while Cindy Miles had six for Caesar's.

Players in the league live in Ajax and Pickering.



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7:00-9:00 pm

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Panthers 'AA' juveniles split over results

Pickering thrashes Peterborough, loses to Stouffville

PICKERING — The Pickering Panthers juvenile 'AA' rep hockey team split league games with Stouffville and Peterborough recently.

In its most recent tilt, the Pickering juveniles suffered a 3-2 loss Nov. 20 to Stouffville. Unfortunately, the Panthers had three goals called back

by the officials. Steve Phillips and Sean Kostka scored the Pickering goals, with assists to Aiden Vandersteen, Brandon Taylor and Mike Mitchell.

A six-goal performance by Mike Dawson helped the Panthers to a 9-1 victory over Peterborough Nov. 19. Steve Costa, Kostka and Taylor notched singles. Brett Carpenter registered three assists. Mitchell and Evan Georgievski had two apiece, and Craig Lillie, Dave Lewis, Kostka and Taylor added one apiece.

SCOREBOARD

PICKERING MEN'S BASKETBALL LEAGUE

Results from Monday, Nov. 19

GAME ONE

Gallantry's 51 vs. Envoy Business Systems 47.

TOP SCORERS

Gallantry's: John Christiansen 14, Tom Parisi 11, Frank Gallo 9, Steve Hemphill 5.
Envoy Business Systems: Pat Roach 16, Randy Filinski 14, Tom Rowen 13.

GAME TWO

Melanie Pringles 64 vs. Verifeys 58.

TOP SCORERS

Melanie Pringles: Karl Hutchinson 24, Mike Jovanov 13, Rick Jones 8, Charlie Denchfield 6.
Verifeys: Mike Pink 21, David Voth 15, Bill Boston 14, Chris Sheldon 6.

GAME THREE

Van Kempen Insurance 48 vs. Eil-Rod Holdings 42.

TOP SCORERS

Van Kempen Insurance: Bruce Briard 11, Irwin Stanley 11, Ray Fox 10, Horace Peterkin 8, Reynolds Watkis 8.

Eil-Rod Holdings: Mike Horn 13, Dave Bayliss 12, John Esposito 9.

GAME FOUR

Mud Hen's 47 vs. West Hill Men's Slo-Pitch 34.

TOP SCORERS

Mud Hen's: Colin Exeter 11, James Williamson 8, Sam Terry 7, Don Leahy 7, Grant Maves 6.
West Hill Men's Slo-Pitch: Rod Fraser 13, Glenn Hill 9, Mike Moore 4.

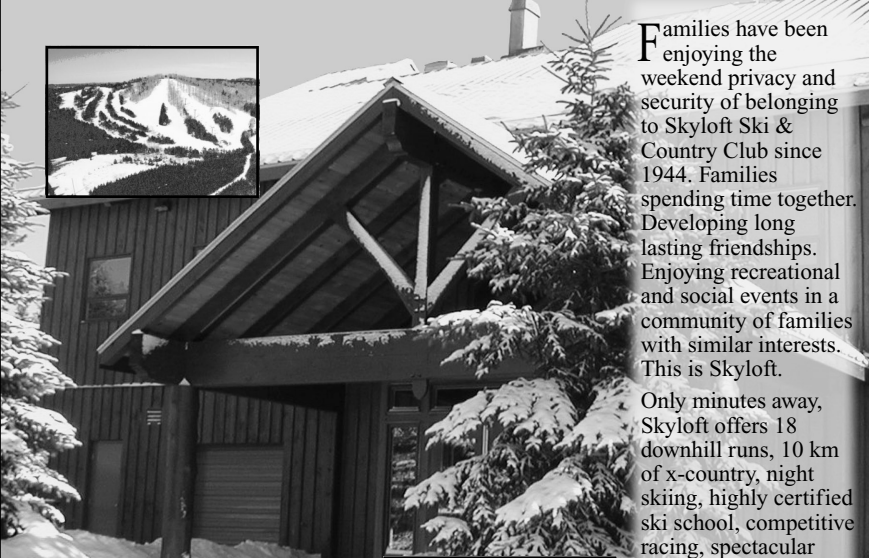
DURHAM WEST GIRLS' HOCKEY ASSOCIATION SENIOR LADIES' DIVISION

As of Nov. 18/2001.

TEAM	G	W	L	T	F	A	PTS
Team Six - Teal	10	5	3	2	23	13	12
Team Two - Grey	9	5	4	0	17	15	10
Team One - White	8	4	2	2	17	14	10
Team Four - Black	7	4	2	1	11	8	9
Team Eight - Blue	8	3	2	3	18	18	9
Team Seven - Red	9	3	4	2	19	19	8
Team Three - Orange	8	3	4	1	12	11	7
Team Five - Gold	9	1	7	1	14	31	3

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Nomad Rd. Dunn Cres.  
Oakwood Dr. McLeod Cres.  
Toynvale Rd. Rougemount Dr.  
Dahlia Cres. Cowan Cres.  
Moorelands Cres. Woodgrange Ave.  
Commerce St. Annland St.  
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Closed Saturday



Our phone lines are open
Mon. to Fri. until 8 p.m.
Sat. 9:30 a.m. to 3 p.m.

Classified Online: Now when you advertise, your word ad also appears on the internet at <http://www.durhamregion.com>
Email: compose@durhamregion.com

Toronto Line: (416) 798-7259
24-Hour Fax: (905) 579-4218

510	General Help
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If you have a winning attitude and want to expand your horizons, discover a career-enhancing opportunity with a growth-oriented company that cares! We offer training, development, an excellent benefits package, and a salary/bonus plan reflective of your talents. We are continuing to grow and are currently recruiting for the following exciting opportunities.

• General Manufacturing Workers

lifting up to 60 lbs.+

• Wrapping Machine Operators

high speed wrapping machine experience

• Processing/Packaging Mechanics

related food/high-speed packaging experience required

Candidates must have a Grade 12 education and excellent communication skills. You must be flexible to work shifts.

Please apply to: **WRIGLEY Canada**, 1123 Leslie Street, Don Mills, Ontario M3C 2K1 (Just North of Eglinton Ave.)
Job Information Line: (416) 442-3706 Fax: (416) 442-3299
e-mail: wccareers@wrigley.ca



We are an equal opportunity employer.

515	Skilled & Technical Help
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AJAX MAGNETHERMIC
Employment Opportunity Local manufacturer of industrial electrical equipment is seeking an: ELECTRICAL/ELECTRONIC TECHNICIAN OR TECHNOLOGIST
 Applicant must have 3-5 yrs. of industrial electrical experience, knowledge of PLC and automation controls. Must be familiar with electrical safety code and should possess strong trouble-shooting skills for all AC and DC circuits. Extensive travel is required for this position. Preference will be given to 4th or 5th year electrician apprentices.
Please respond by fax to: Service Manager @ 905-683-6550

510	General Help
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ADMINISTRATOR Full Time Position. Condominium environment. Must have computer skills, and be multi task oriented. Accounts payable and accounts receivable a must. All interested candidates should fax their resume to: Human Resources (416) 487-8024. All resumes are appreciated, however only selected candidates will be contacted.

HELP WANTED - Looking for work? WE are looking to fill 16 openings. Must be responsible, professional, people oriented and fun. Call Monica at (905) 435-3478.

HOMEWORKERS NEEDED! To assemble our products-Mailing/Processing Our Circulars - Copy/Mailing PC Disk Program. No experience needed. Free information. Send SASE to: Crafts, #8-7777 Keele St., Referent 07, Concord, ON L4K 1Y7

HOUSE CLEANERS. Needed 3-4 days a week (Mon-Fri). 5-6 hours per day. Drivers license necessary. Transportation provided in Ajax and Pickering. Call (905) 428-9765.

IDEAL FOR STUDENTS, telephone sales, re: police refires. No experience necessary. Salary plus commission, Monday - Friday 4:45 p.m. - 8:00 p.m. Phone (905) 579-7776.

LADIES - EARN CASH and great discounts! Perfect time to start for Christmas sales. Sell Avon to family and friends. Call Christina 905-697-3181 or 416-505-9562

LIGHT INDUSTRIAL, long-term temp, Staff Plus will be interviewing 9:30 a.m. to 2 p.m., November 28th at the Iroquois Sports Complex, 500 Victoria St. Whitby

LOCAL MOVING COMPANY, requires helpers and DZ & G drivers, full/part time. Experience preferred but not necessary. Call (905)431-5320

MACINTOSH FISH & CHIPS has a full-time position. Experience in food industry. Call Yiannis (905)420-9789

SHOELESS JOE'S NOW HIRING - Pickering location. Experienced Floor and Bar staff. Please bring resume to: 1725 Kingston Rd. (at Brock) unit 14, 15. Attention - Cindy

510	General Help
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OUT OF A JOB?

Need help with your resume?
 Want help brushing up your interview skills?
Make a change in your life
aliasjones (416) 817-1721

PART TIME RETAIL SALES Help. All day Friday Saturday & Monday. Drop resume to the Rec Room/Satellite Express. 1501 Hopkins St. Whitby or Fax 905-665-0318

PLENTY OF WORK!! Call Dan 905-435-3478

REGISTRATION OFFICERS REQUIRED

• Piece work guaranteed by contract
 • Full training provided
 • Temporary Christmas help also required
 • Manager positions available
Call Tim 905-435-0518

REGISTRATION POSITIONS available \$21.00/hr avg. Call Tim 905-260-1102.

SERIOUS PEOPLE needed to have fun and make \$\$\$ 18+, F/T. Call Tyler 905-435-0730

SIX FIGURE INCOME Manager required. Call Cyrus at 416-728-4445

SNOWPLOW BROKER'S wanted for routes in Oshawa & Ajax. Lots of hours. Also require Drivers (good record) & Labourers. Please call (905)433-8624.

SNOW PLOW with truck and plow up to \$60/hour, and also experienced snow plow driver \$12-15/hour. 905-434-6561

STRONG VOICES needed! Telephone sales re: police refires. Work from our office Monday - Friday, 10 a.m. - 4 p.m. Salary plus bonus plus commission. Phone (905) 579-6222.

510	General Help
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SUPERINTENDENT required for adult lifestyle apt. building located in Oshawa. Suitable for retired couple. Call (905)922-0772 or fax to: 416-297-9499

TELEMARKETING SUPERVISOR needed for outbound Call Centre. Experience required. Call Tony (905)426-1322.

GENERAL LABOURER required full time, steady days. \$10. to start. Call (905) 426-7260 ask for Wayne. Bayview Metals, 6 Barr Rd., Ajax.

WAIT STAFF required for exotic dance club. Apply in person, 947 Dillingham Rd. Pickering, or for more information call (905) 420-2595.

WE ARE LOOKING for mature people to expand our Financial Services business in this area. Please call Grace 905-579-2869.

WORK AT HOME assembling products & crafts, mailing/processing our circulars, copy/mailing PC disc programs. Great weekly income. VALUABLE FREE information package. Send self-addressed stamped envelope to: Distinctive Crafts, 22 Commerce Park Dr., Unit C1, Ste. 256, Barrie, Ont. L4N 8W8.

WORK AT HOME Health Industry \$1000 part-time, \$5000 full-time per month. Training available. Call for free information booklet 416-631-3922 www.workathomeexperts.com

BEAUTIFUL SALON & SPA seeking an experienced neat and confident esthetician. For interview call 905-728-0435

PLUMBER required for busy service oriented plumbing company. TOP hourly wages, new service vehicle and uniforms provided. Excellent learning opportunity for the right person. Please call Doyle Plumbing Ltd. 905-427-7409

LICENSED Body person, required for Collision Centre in Port Perry. Experienced Painter -Prepper. 1-877-834-4401.

515	Skilled & Technical Help
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\$20 - \$25 / HR

Nat'l company with lots of work for Remodellers, Painters, Carpenters, Flooring Installers & Handymen (m/f). Flexible hrs, immediate pay, be independent. Need tools, vehicle and must be bondable. Call Mr. Woods, Monday 10-2 905-686-7236

525	Office Help
-----	-------------

For temporary positions in:
**CUSTOMER SERVICE
 EXECUTIVE ASSISTANT
 ADMINISTRATIVE ASSISTANT
 RECEPTION / SWITCHBOARD
 MARKETING / SALES ASSISTANT**

OFFICETEAM

Tel: 905-771-8272 • Fax: 905-709-3664
 Email: markham@officeteam.com
 For more information visit our website at www.officeteam.com

515	Skilled & Technical Help
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For temporary positions in:
**PAYROLL SPECIALIST
 STAFF ACCOUNTANT
 COLLECTIONS SPECIALIST
 ACCOUNTS PAYABLE
 ACCOUNTS RECEIVABLE
 BOOKKEEPER**

accountemps

Tel: (905) 709-8009 Fax: (905) 709-3664
 Email: markham@accountemps.com
 For more information visit our website at www.accountemps.com

515	Skilled & Technical Help
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TELEPHONE SALES REPRESENTATIVE
 Wanted for computer company. Work from home, excellent, easy, bonuses, chance for advancement. Call (905) 427-8822. Also wanted part time computer technicians.

525	Office Help
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BOOKKEEPER/ADMINISTRATOR for small manufacturing company. Must know simply Accounting & MS Word, Excel, Access. \$12.00 per hour. Duties inc: invoicing, A/R, A/P, bank reconciliation, monthly financial statements, customer service & general office duties. 3-5 days per week. Fax resume to (905)686-3909

MARKETING REPRESENTATIVE required for Medical Assessment firm in Whitby. Part to full time hours. Previous experience required. Excellent remuneration. Fax Resume (905) 404-9449.

OFFICE ADMINISTRATOR - Person required to manage small engineering office. Part-time position approximately 20-25 hours per week with flexible hours. Strong computer skills and some book-keeping experience required. Fax resume to: (905)404-9843

P/T DAYS office help \$8.00/hour, taxi company. Fax resume to (905)831-1225

PERMANENT PART TIME Office Help required. Pleasant telephone manner/customer service, working knowledge of WP8, Quick Books, spread sheet program to work Monday & Fridays with flexibility for additional hours. Please fax resume with salary expectations (905)839-4380.

530	Sales Help & Agents
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EXPERIENCED AGENTS wanted. 2-4 people to aggressively work in the Mortgage business. No restrictions. A car is a must. Commission only. Office in Whitby. Must be a team player. Call Robert Brown 905-436-9292 for an interview.

GROWING COMPANY requires Experienced Sales People

immediately Leads provided. Must have reliable vehicle. Earn above average income.
Call Tony for interview (905)426-1322

515	Skilled & Technical Help
-----	--------------------------

530	Sales Help & Agents
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NEW HOME Sales Person required for upscale homes in Oshawa. Experience necessary. Fax resume to (905) 728-2720.

SALES PERSON required for immediate opening. Earn above average income. Leads provided. Must have reliable vehicle. Training provided for the right candidate. Call Tony 905-426-1322.

535	Hospital/Medical/Dental
-----	-------------------------

RMT
 Busy wellness centre in Pickering requires an energetic RMT. Mornings and evenings, 20 hrs per week. Great opportunity to work with an established team.
Please hand deliver resume to:
Pickering Chiropractic Health Centre
1794 Liverpool Rd., Pickering (Pickfair Plaza)

DENTAL HYGIENIST needed for 9 month maternity leave starting in January. Tuesday, Wednesday, Thursday & Saturdays. Please fax resume to (905)427-9280.

DENTAL RECEPTIONIST - Experienced - Oshawa. We are seeking a motivated and dynamic individual experienced with dental computer software and with solid accounting skills. Duties to include: reception, hygiene coordination. Interested candidates contact Norma Monday, Tuesday, Thursday 9am-7pm 905-725-5308

DENTAL RECEPTIONIST/ASSISTANT required for 1 yr maternity leave. Starting immediately. Must be HARP certified, new graduates welcome. Hours Mon-Thurs 8am-5:30pm. Please fax resume to: (905)831-5975 or call (905)831-7566

DIRECT CARE WORKERS needed in group home for developmentally handicapped children and adults. Must be caring and energetic. Must be able to drive, work various shifts, and be on-call. DSW, ECE, RPN, PSW, CYW, or related experience. Fax resume to: 905-686-3112.

OPTOMETRIC RECEPTIONIST Successful candidate will be organized, have an enthusiastic, pleasant personality with the ability to work well as part of a team. Full-time with evenings and occasional Saturdays. Send resume with references to: 189 North St., Port Perry, L9L 1B7

535	Hospital/Medical/Dental
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You can have it all at Lakeridge Health!

Registered Dietitian • temporary full-time, Bowmanville

Pharmacists • full-time, Oshawa

Physiotherapists • full & part-time & temporary

Technologists - Lab & Radiology • full & part time

Speech Language Pathologist • temporary full-time

Respiratory Care Practitioners • part-time & casual

Our regional programs include:

Cancer Care | Dialysis | Paediatrics | Perinatal | Mental Health

We offer:

Life Long Learning | Mentorship | Educational Funding

Join us and experience the difference!

Human Resources Department,
 Lakeridge Health Corporation,
 1-850 Champlain Ave., Oshawa, ON
 L1J 8R2 Tel: (905) 576-8711 Ext. 3629
 Fax: (905) 721-4865
recruitment@lakeridgehealth.on.ca



LAKERIDGE HEALTH
Patients First

Visit our website www.lakeridgehealth.on.ca for all the details!

535	Hospital/Medical/Dental
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REGISTERED MASSAGE THERAPIST, highly motivated, required for Pickering clinic. If commitment to the customer is your first priority then fax to: (905) 427-9147.

RN'S, RPN'S for floor duty, excellent pay scale. call Gentle Care Nursing Agency (905) 839-0602, or 1-877-845-1018

VERSA-CARE CENTRE Uxbridge invites applicants for permanent part-time night RNs. Previous LTC experience an asset. Fax or mail resume to Elizabeth Batt, DCC, 130 Reach St. Uxbridge, ON L9P 1L3, 905-852-0117.

537	Holistic Health
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ESTHETICIAN / YOGA Instructors required. Experience a plus. Holistic health professional environment. For interview call 905-623-7653

100	Houses For Sale
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AJAX, Gorgeous John Boddy Executive home. 4000 sq. ft. Loaded with upgrades, designer home finished top to bottom. Hardwood, ceramics, two fireplaces, hot tub and more, \$389,500. Open House Sat. Dec. 1st, 11-2 p.m. 55 Darley St. Ajax. 905-683-9080.

GREAT WHITBY LOCATION. 3+1 bdrms, immaculate brick family home. Large lot, heated pool, professionally finished basement w/home office. Close to schools, 401, shopping. A must see at \$229,900. Call for appt. (905)626-2911 or (905)626-0554. 90 Prentice Dr., Whitby (Burns/Garden)

BEAUTIFUL 2 BEDROOM bungalow for sale in North Oshawa. No money down, good credit only. Call Now! (416) 652-5431.

110	Apt./Condos For Sale
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PRIVATE - upscale condo, Sailwinds Whitby. 2 bedrooms, 2 baths, balcony, 8th floor n/w, new carpets, underground parking, laundry en-suite, move in condition, \$184,900. 905-666-2196

145	Indust./Comm. Space
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1900 SQ FT. open space. Available immediately. For trades Shop/Automotive with pkg. \$1,250 monthly. Also Commercial store unit, approx. 700 ft. \$1,143 monthly. R. Barsi/Associate Broker Sutton Rlty. 905-436-0990.

STORAGE SHEDS FOR RENT AVAILABLE IMMEDIATELY. Kendal Village. Located Regional Roads #9 & #18. Sheds approximate sizes ranging from 20'x20' up to 53'x25' each. For information call 905-434-0473 anytime; 8:00am-4:30pm Mon-Fri 905-623-4172

150	Office & Business space
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KING/PARK, OSHAWA - 824sq.ft., \$618 +utilities; 2022sq.ft. \$1750 +utilities. High traffic exposure, good parking. Available Dec. 1. Call Randolph Lengauer 905-436-0990, Sutton Group Status Realty Inc.

OFFICE SPACE for lease at 197 Bloor St. E., Oshawa approx. 700 sq. ft., \$535 per month Call (905) 432-2624

OFFICE SPACE in Pickering Village on Hwy #2 just east of Church, 700 sq. ft., suit professional. Avail. December 1st. Call days 416-757-7773 ext 24, evenings 416-258-7742.

AJAX - LARGE 1-bedroom basement apt., no smoking, no pets. Available Dec. 1st. \$750/month includes parking. Near schools, shopping & bus. Call (905)426-1431

AJAX - WESTNEY area. Separate entrance, 2 spacious bedrooms, no smoking/no pets. \$850/month, first/last. Available immediately. Call (905)428-0798 or (416)783-3894.

160	Business Opportunities
-----	------------------------

\$\$ GOVERNMENT - Funds \$\$ Grants and loans information to start and expand your business or farm. 1-800-505-8866.

A WORK FROM HOME health and nutrition industry. \$500-\$1500 P/T, \$2000-\$5000 F/T. Call (416) 812-6595, email: work@home-earnmoney.com

ESTABLISHED Clarington part time sign business. Potential \$20,000 annual income, asking only \$12,500. 905-697-3018.

SIGN FRANCHISE expanding locally. Fully computerized. No experience needed. Training & local support provided. Low investment. Financing avail. Call 1-800-286-8671 or www.signarama.com

\$\$ Government Funds \$\$

Grants and loans information to start and expand your business or farm.
1-800-505-8866

WANTED - 30 PEOPLE to lose up to 30 pounds in 30 days. Natural/Guaranteed/Doctor Recommended. www.uwillbeslim.com

170	Apts. & Flats For Rent
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2 BEDROOM APT. \$725 monthly, apply at 213 Bloor St. W. A-201, Oshawa. (905) 721-0624. 1st/last references required.

2 BEDROOM legal basement apartment. Harwood/401 separate entrance. Shared laundry. No-smoking. \$800/month Inclusive 1st/last. One parking space. Call 905-426-7696

2 BEDROOM upper duplex apartment. Separate entrance, large kitchen with storage, laundry room, 4-pc bath, large balcony, heated, appliances. Oshawa Centre area. Avail Jan 1. 905-728-5570.

2-BEDROOM, 2-bath corner 4th floor apt. clean, quiet, bright Church St. S. Ajax. Great facilities. Available Dec. 1. \$1,300 all inclusive. Call 905-427-5466

2 BEDROOM brand new apartment, on west side of Oshawa Centre, available immediately. \$775 +1/3 utilities. Call 905-723-5513.

3-BEDROOM MAIN FLOOR. huge yard, shared washer/dryer. Pickering Village, \$1400 monthly inclusive. Available December 1st. Call days (416)757-7773 ext. 24, evenings/weekends (416)258-7742.

WHITBY GARDENS - 900 Dundas St. E., One and two bedroom apartments available in clean, quiet building. Utilities included. Laundry facilities and parking available. Call (905)430-5420.

AJAX - LARGE 1-bedroom basement apt., no smoking, no pets. Available Dec. 1st. \$750/month includes parking. Near schools, shopping & bus. Call (905)426-1431

AJAX - WESTNEY area. Separate entrance, 2 spacious bedrooms, no smoking/no pets. \$850/month, first/last. Available immediately. Call (905)428-0798 or (416)783-3894.

AJAX - 3 BDRM bungalow, sparkling renovations, huge yard, first, last, references required. Avail. December 1st. (905)683-9213

Oshawa house for rent 3 Bedrooms, plus 2 baths, available December 1st. 975 plus utilities. (905) 260-1890

170	Apartments & Flats For Rent
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AJAX, Bayly/Pickering Beach Rd. Clean 1-bedroom basement with separate entrance. Parking, share laundry, appliances, cable, included. Prefer quiet, mature non-smoker. \$675+ utilities. Jen at 905-619-2540.

AVAILABLE DEC. 1ST. Basement bachelor apartment, 6468 Wayne Ave., Oshawa, \$500 monthly. (905) 728-2969

BASEMENT APARTMENT in Whitby clean, spacious. Parking, separate entrance, close to 401 and GO, Living room and one bedroom. \$700 plus. Available immediately (905)-619-9787

BEAUTIFUL 2-BEDROOM, bright basement apartment, gas fireplace, sparkling clean, 2 parking spots. Church/Meekings. Credit check a must. Call (905)426-7116 or (416)998-8379.

CENTRAL OSHAWA, 3-bedroom, \$950, December 1st. In well-maintained building, close to all amenities. Please call (905)723-0977 9a.m.-6p.m.

COURTICE Bright, spacious 2+1 main floor

170

Apartment & Flats For Rent

170

Apartment & Flats For Rent

RENT-WORRY FREE

1, 2 & 3 Bed. Apts.

Refurbished & New Appliances. All Util. included.

In-house Supt. & Maint.

On site Security.

Rental Office: Mon - Fri. 12 noon - 8pm

Sat & Sun 1pm-5pm



VALIANT PROPERTY MANAGEMENT

905-579-1626

232

Boats & Supplies

232

Boats & Supplies

PORT OSHAWA MARINA

VESSELS FOR SALE

☐ 33 ft. 1950's custom wood Sailboat, diesel

☐ 18 ft. 1977 runabout, 165 hp. Merc I/O dual axle Trailer

☐ 25 ft. Peterboro Sedan cruise, 188 hp. Merc I/O.

☐ 30 ft. 1950's Inboard Wood cruiser

Viewing will take place at Port Oshawa Marina, 169 Harbour Road, Oshawa on Wednesday November 28th and Thursday November 29th from 2:00 p.m. to 4:00 p.m. Sealed tenders with written offers will be opened at 10:00 a.m. on Friday November 30th, 2001. Owners must be prepared to enter into Marina Lease and pay storage in advance or agree (in writing in their bid) to remove the vessel within 72 hours.

185

Houses For Rent

192

Rooms For Rent & Wanted

A-ABA-DABA-DO. I have a home for you! 6 months free! From \$550/month OAC, up to \$6,000 cash back to you, \$29,500+ family income. Short of down payment? For spectacular results Great Rates. Call Ken Collis, Associate Broker, Coldwell Banker RMR Real Estate (905)728-9414 or 1-877-663-1054 email:kcollis@trebnet.com

3+1 Bedroom home

Northeast Oshawa. Finished basement. Gas heat. Appliances included. Workshop with hydro. Private yard. Steps to park. Available Dec 1st. \$1075/month +.

Call Rob (905)436-1336

8 ROOMS, brick, parking, downtown Oshawa. Mr. Leroy 905-576-0111 ext. 224.

A NEWLY RENOVATED 4 bed-room home in Westshore. Familyroom w/fireplace +walk-out to large deck, eat-in kitchen, built-in dishwasher, C/A, avail. Jan., \$1500 +. Call 905-837-2766

AN UNBEATABLE DEAL! From \$500. down, own your own home starting at \$69,900 carries for less than rent. OAC. 24 hrs free recorded message 905-728-1069 ext 277. Coldwell Banker RMR Real Estate. Aurelia Rasanu.

A-A-A-MANY HOUSES FOR RENT in Pickering, Whitby, Ajax, Oshawa, Bowmanville and surrounding areas. Rent from \$1,100 to \$5,000 per month plus utilities. Call Garry Bolen, Sutton Group Status at 905-436-0990 (MUST ASK for Jan Van Driel for info and scheduling).

PICKERING DIXIE/GLENANNA 2300-sq.ft. executive 3+2 bedrooms finished basement 5 appliances inground pool quiet court close to all amenities. \$2350 plus utilities Feb. 1. 905-831-4557

190

Townhouses For Rent

CARRIAGE HILL TOWN-HOUSES - 122 Colborne St. E. Oshawa. 3 bedrooms available. For appt. call (905) 434-3972.

192

Rooms For Rent & Wanted

AVAILABLE IMMEDIATELY Furnished room in Pickering, cable, kitchen facilities, near Pickering Generating Station, PTC/GO \$180 bi-weekly. (905)420-4318.

COLLEGE STUDENTS: Furnished rooms, shared facilities, non-smoking, all inclusive, 1 km from college, country setting, no bus, \$350/month, first/last, references. No pets. December 1st. (905)725-5624

HARMONY/OLIVE rooms for rent, shared facilities, parking, cable, non-smoking family home. Suits working professionals. \$400-\$350/month, first/last, flexible availability. Call 905-436-7938

310

Articles For Sale

LEATHER JACKETS, up to 1/2 price, leather purses from \$9.99, luggage from \$29.99, leather wallets from \$9.99. Entire Stock Clearance Sale! Family Leather, 5 Points Mall Oshawa. 905-728-9830 or (416)439-1177 Scarborough

CARPETS - lots of carpets. I will carpet 3 rooms (30 sq. yd.) Commercial carpets for \$319.00. Residential on Berber carpets for \$389.00. Includes carpet, premium pad, expert installation. Free, no pressure estimate. Norman (905) 686-2314.

NEW DANBY bar fridges, \$139 and up. Also variety of new appliances, scratch and dent. Full manufacturers warranty. Reconditioned fridges \$195 / up, reconditioned ranges \$125/ up, reconditioned dryers \$125 / up, new and reconditioned coin operated washers and dryers at low prices. New brand name fridges \$480 and up, new 30" ranges with clock and window \$430. Reconditioned 24" ranges and 24" frost free fridges now available. Wide selection of other new and reconditioned appliances. Call us today, Stephenson's Appliances, Sales, Service, Parts, 154 Bruce St. Oshawa. (905)576-7448.

52" COLOUR TELEVISION, great picture, great shape. \$1295 o.b.o. 200 gallon aquarium, 2 heaters, pump, gravel, plants, and all accessories \$2495 o.b.o. Call (905)423-1821.

6-PERSON HOT TUB with covers, accessories & chemicals. \$3,500 or trade for big screen TV. Call (905)434-8667

9 PCE. DINING ROOM suite solid pine, table, 6 chairs, two extra leaves, buffet and hutch \$1500 or best offer. Telephone (905) 721-8466

HOME THEATRE SYSTEMS SPECIAL SALES - only \$100 per piece in packages while supply lasts. Cash only. Back to the 60s-70s. Vintage equipment from Accuphase, Aiwa, Denon, Mitsubishi, Nakamichi, Nikko, Optonica, Pioneer, Quad, Revox, Rotel, Sharp, Sherwood, Dual, Empire, Garrard, PE, Akai, Dorker, Belcor, Tuners, Amplifiers, Receivers, Signal Processors, Equalizers, Cass Decks, Reel to Reel, Turntable, 8-tr. Rec. & player, Super Digifine Hi-End JVC tuners, amplifiers, CD players, cassette decks, signal processors, VCRs, DVD players, 90 day layaway. Oshawa Stereo 905-579-0893

AFFORDABLE APPLIANCES HANK'S APPLIANCES. Matching fridge/stove, good condition \$249; Whirlpool Washer +dryer \$449/pair. Washers reg/extra-cap \$149/ up. Dryers extra/reg \$125/ up. Selection apt-size washers/dryers. Selection fridges \$100/ up. Side-by-sides \$299. White/almond stove, full/apt-size \$150/ up. Air conditioners \$100/ up. Portable dishwashers \$225/ up. Visit our show-rooms. Parts/sales/service. 426 Simcoe St.S. Mon-Fri 8-6pm, Sat 9-5pm, Sun 11-4pm. (905)728-0403.

ANTIQUES FOR SALE: Elegant French antique door, beveled glass 23"x80", door knobs, claw feet for bath tub, and Chinese screen. (905)697-9462

APPLIANCES refrigerator, stove, heavy duty Kenmore washer & dryer. Also apartment-size washer & dryer. Mint condition, will sell separately, can deliver. 905-839-0098

APPLIANCES: refrigerator 2-door frost free, deluxe stove, matching heavy duty washer/dryer \$675/all- will sell separately. Also washer used 2 years \$250 +dryer and 8 mo old dishwasher \$275. (905) 767-6598

BEDROOM SET, 8pce cherry-wood. Bed, chest, tri-dresser, mirror, night stands, dovetail construction. Never opened. In boxes. Cost \$9000, Sacrifice \$3500. 416-748-3993

BIG MOVING SALE - baby and children's furniture, single and double stroller, kitchen, study and familyroom furniture, microwave, stove, large indoor hot-tub, brand new pool heater. Lots of items. Phone for free list 905-435-0321

CANNON NP4835I PHOTO-COPIER, with feeder/collator, 2-side copy, enlarges & reduces, \$2800. Boardroom table, chairs, excellent quality, \$650. Cirlox binder. \$70, call Cheryl at 905-433-1784.

CARPETS SALE & HARDWOOD FLOORING: carpet 3 rooms from \$339. (30 sq. yd.) Includes: carpet, premium pad and installation. Free estimates, carpet repairs. Serving Durham and surrounding area. Credit Cards Accepted Call Sam 905-686-1772.

310

Articles For Sale

LADIES MINK JACKET size Medium, like new, \$850 obo Call 905-579-8902 after 4 pm.

CARPETS! CARPETS! CARPETS! 3 rooms carpeted with pad and installation \$299 (32 yds.). SPECIAL BUY - 24oz. Berber, 10 colours, \$7.50/yd. 32oz Berber, 12 colours, \$8.50/yd. 45oz Nylon Saxony, 30 colours, \$13.50/yd. NO HIDDEN COSTS. Free shoot at Home Service. Guaranteed Best Prices. SAILLIAN CARPETS, 905-373-2260.

CARPET, VINYL & LAMINATE SALE- Carpet three rooms, completely installed w/premium pad, 30sqyds, from \$339. Free/fast service. Guaranteed installation, residential/commercial. Financing available. Customer satisfaction guaranteed. For free estimate Call Mike 905-431-4040

CD JUKEBOX, Fabbri soccer table, pinball machines, video games, pool tables, Golden T, counter top games for sale. ALSO Require locations for high profit-sharing. (905)429-1013

CHIPPENDALE CHEST on Chest, solid mahogany, excellent condition \$1200 call after 6:00. 905-420-7318

COLEMAN Powermate 5000 generator new \$750 firm; Sears self-propelled lawn mower, new, 5.5hp \$320; Burma teak 7pc. dining room set, good cond., sliding glass doors \$400. Heavy duty Torsion bar trailer hitch, \$100. 905-433-7682-Whitby

COMPUTER SPECIALS, Pentium Internet starter system \$299, new 1 gig pro-system with monitor \$799, discounted laptops, big selection, from \$399. We love doing upgrades and difficult repairs. (905)655-3661

COMPUTER-Pentium 200, 32Mb Ram, 2GB HDD, 56K modem, sound/video card, CD Rom, 3.5 floppy, keyboard/ speakers/mouse. 17" SVGA monitor, Internet ready \$350. Can deliver +set-up. Also, 20" Trinitron monitor, like new \$400. 905-433-4789.

CONTENTS SALE - Bedroom, living room and dining room furniture. Items \$50 - \$350. Cash only. Saturday, December 1st 9 a.m. - 3 p.m. 178 White Cedar Dr., Pickering. (905) 831-0175

DININGROOM 14 PCE cherrywood. 92" double pedestal Chippendale chairs. Buffet, hutch, server, dovetail construction. Still in boxes. Cost \$14,000. Sacrifice \$5000. (416)746-0995.

DIRECT SATELLITE DISH - Program your own HU card, HU programmer \$199. Complete RCA systems and emulation available. 905-626-6092

DTV RCA SATELLITE systems, Christmas special - \$350, complete with dual LNB with programmed HU card, H & HU card programming, installation available. Kirk's Satellite Services, (905) 728-9670., Oshawa.

DIRECT TV SATELLITE, Complete systems with programmed HU card \$345; with H and HU programming \$25; programmers \$275. Call 905-767-8571

DSS SYSTEMS - Dish Network systems available. Boot loaders. Emulators. Cubes. HU loaders avail. Website: caribdss@yahoo.com or Call (905)426-9578

ELEGANT LIVINGROOM furniture. Gibbard cherry oval coffee table, 2 end-tables, small round table (\$1,200). Lane sofa, loveseat, hunter green w/floral print (\$1,800). 7-yrs-old rarely used. 905-666-2517

ESTATE LIQUIDATION Dressers \$45 antique Queen Anne dining room suite \$4400; antique bedroom suite \$1395; sofa \$155; kitchen table & chairs \$45; maple corner cupboard \$495; Drafting table \$175; six antique chairs \$65 each; 6pc. Gibbord dresser \$495; pine dresser and hutch \$335; antique mirror \$50; 6pc. Roxton maple bedroom suite \$3200. Stove \$65. Many pictures, prints, lamps, fixtures, collectibles, & many more items. 20 King St. West Bowmanville. 905-697-3532.

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1988 Sunbird 4 dr., auto., e-tested. Attention Dealers and public, alot of antiques, snowblower, candle liquidation.

AUCTIONEER: PHILIP McCRISTALL

310

Articles for Sale

LUIGI'S PRE-CHRISTMAS CLEARANCE - Palisier leather is overstocked - lowest prices of the season. Futons from \$165, spring mattresses from \$89. Always on display. 10 different styles of futons all in stock ready to wrap up for Christmas. Metal furniture complete with mat from \$199. Simmons mattresses at wholesale prices - The do not disturb pocket coil mattress is also priced to clear. Bean bags are back. Reduced prices on all futons, mattresses, coffee and end tables, wing chairs, palisier leather and upholstery, bunk beds etc. Always the best quality at the lowest price. Check us out first - our prices can't be beat! Luigi's Furniture, 488 King St. W., Oshawa (905) 436-0860.

MARQUIS DIAMOND ring 18k yellow gold, w/4 baguettes, tcw 1.08ct. appraised at \$8500 also matching wedding band w/0.14ct baguettes appraised at \$600 sell both for best offer. 905-426-9337 after 6pm

PIANO SALE on all Roland digital, Samick acoustic pianos and used pianos. All Howard Miller classics. Large selection of used pianos (Yamaha, Kawai, Heintzmann etc.) Not sure if your kids will stick with lessons, try our rent to own. 100% of all rental payments apply. Call TELEP PIANO (905) 433-1491. www.Telep.ca WE WILL NOT BE UNDERSOLD!

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PLAYSTATION MOD CHIPS PS1 \$35., PS2 Ver 1 & 2 \$75. Ver 3 \$95. Ver 4 \$125. All work guaranteed. Install while you wait. Beatrice/Wilson area (905)721-2365

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SNOWBLOWER, Mastercraft, 10.5 hp. with drift cutter, light, manual power steering. Almost new. \$800. 905-644-2025 - days.

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330

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1988 FORD TEMPO, it runs! Great for parts, \$250. Call 905-697-2434.

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1991 PLYMOUTH VOYAGER V6, automatic, needs paint, certified & e-test passed. \$2750 OBO. Call 905-579-9300

1992 GRAND AM GT, white, mint condition, 3.3L V6, automatic, p.w., p.l., ABS, am/fm cassette, 162,000kms \$5200 o.b.o. Call (905)427-8332 leave message

1993 HONDA ACCORD EX 4 dr., excellent condition, well maintained, rust proofed, certified, emission tested, p.w., p.d.l. am/fm cassette, beige, 172,000kms. \$7300 o.b.o. Call (905)433-4222

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REQUEST FOR PROPOSAL 01-11

Request for Driver Education Program Proposal for Various Locations.
CLOSING DATE:
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Proposal documents are available from the Purchasing Department.

The lowest or any proposal not necessarily accepted.

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Manager of Purchasing
The Durham District School Board
400 Taunton Rd. East, Whitby, Ontario L1R 2K6

265 Lost and Found

273 Daycare Available

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MISSING SIAMESE seal-point neutered, declawed. From Whitevale Oct 20 answers to Manchu. We miss him very much! Reward. Marion 905-294-1978

268 Personals

DIVORCED MALE seeking personable, adventurous but practical female in mid/late 50's. Looking for a happier worthwhile relationship. I am in good health, reasonably attractive, easy going and enjoy life. Phone & photo appreciated. Don't be Shy! Reply to: File #761, Oshawa This Week, P.O. Box 481, 865 Farewell St., Oshawa ON L1H 7L5.

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Deaths

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Deaths

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In Memoriam

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In Memoriam

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In Memoriam

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In Memoriam

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In Memoriam

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Cards of Thanks

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— AJAX/PICKERING —
NEWS ADVERTISER
THE COMMUNITY NEWSPAPER SINCE 1965

STELL, NELLIE JAN

In loving memory of a wonderful
Wife, mother and grandmother
Who passed away on November 27, 1999.

*God saw she was getting tired
and a cure was not to be.
So He put His arms around her
and whispered, "Come with me."
With tear-filled eyes we watched her
suffer and fade away.
Although we loved her deeply,
we could not make her stay.
A golden heart stopped beating,
hard-working hands put to rest.
God broke our hearts to prove to us
He only takes the best.*

*One night I dreamt I was walking
along the beach with the Lord
Many scenes from my life
flashed across the sky.
In each scene I noticed
footprints in the sand
Sometimes there were
two sets of footprints,
other times there was only one.
This bothered me because I noted that
during the low periods of my life,
when I was suffering from
anguish, sorrow or defeat
I could see only one set of footprints.
So I said to the Lord,
'You promised me Lord,
that if I followed You,
You would walk with me always.
But I have noticed that during the most
trying periods of my life, there has been
only one set of footprints in the sand.
Why, when I needed You most,
have You not been there?'
The Lord replied,
'The times when you have seen
only one set of footprints my child,
is when I carried you.'*

Lovingly remembered,
Bruce, David and Danielle,
Tracy and Justin, Chloe and Isaac.

The family of

Marlene Burgess

who passed away on October 7, 2001

Would like to thank family, friends, neigh-
bours and co-workers for visits, calls, flow-
ers, cards, food and gifts that you were
thoughtful enough to send.

Thank you for the care given to Marlene
by Doctors A. Gove and D. Waller, and the
doctors and staff at Lakeridge Health
Oshawa; Durham Access to Care and the
dedicated professional support services
Paramed Health Services, Community A-
vantage Rehabilitation, Hospice Durham,
Home Relief and Firstat Nursing Service.
Doctors N. Cashman, A. Newall and John
Edmeades & staff at Sunnybrook Hospital
A.L.S. Clinic.

Thanks also to Marion Irwin and A.L.S.
Ontario and Durham Chapters; Marlene's
Team at the Walk to D'Feet A.L.S.
Ajax.

Rev. Doug Snell for his many visits and
comforting funeral service, Ministry of
Correctional Services Honour Guard at
the Belleville General Hospital Class of
Nurses and the Oshawa Funeral Service
staff for excellence in serving our needs.

So many people gave above and beyond
the call of duty that it would be impossible
to name them all. Your thoughtfulness and
support during this difficult time was very
much appreciated by Marlene and our
family.

Bill, Todd and Joel

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