

News Advertiser

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ON THE RUN

Pickering kids keeping fit
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TIME TO SAY GOODBYE

Veteran photographer heads home
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Mother's Day murder trial winds down Mistress 'didn't know he was married'

By Stephen Shaw
Staff Writer

DURHAM — An office manager for a U.S. state senator and mistress of alleged wife-killer Ganesh Raghunauth says she was conned into believing he wasn't married.

Sharda Badri, who's worked for a New Jersey state senator the past 16 years, said she met the Pickering man on an Internet chat room in 1999.

Ms. Badri, a well-dressed woman in her 40s, said the relationship started out platonic but turned intimate in March 2000, when she had sex with Mr. Raghunauth during their first face-to-face encounter at a New York hotel.

"I didn't know he was married," she told a 12-member jury Thursday.

Mr. Raghunauth led her to believe they would get married, added Ms. Badri, who flew in to testify for the defence at the trial of Mr. Raghunauth.

The 32-year-old father of one has pleaded not guilty to first-degree murder and is accused of poisoning his pregnant wife with cyanide.

Prosecutors say he fed Hemoutie (Geeta) Raghunauth lunch laced with sedatives then forced cyanide down her throat Mother's Day May 14, 2000.

♦ See Crown page 2



Ron Pietroniro/ News Advertiser photo

Hands-off approach

PICKERING — Kayla Russell, left, of Notre Dame Catholic Secondary School in Ajax, tries to beat Melissa Egan of Pickering's St. Mary Catholic Secondary School, to the ball Thursday. Notre Dame won the Lake Ontario Secondary School Athletics junior girls' soccer matchup 2-1 at St. Mary.

Waste plant eyed for Pickering

Region enters negotiations for \$20-million diversion facility

By Jacquie McInnes
Staff Writer

DURHAM -- Durham could see its waste diversion rate soar to 60 per cent if a new \$20-million waste processing plant is built in Pickering, says a spokesman for Miller Waste Systems.

The company has all the permits in place to build a facility at its Squires Beach Road location that would process organic waste including kitchen scraps, leaf and yard waste into compost. The property is currently used as a garbage transfer site and recyclable material sorting facility.

Wednesday, at a joint regional works and finance meeting, councillors asked to have the Region investigate a deal with the

company to allow construction of the facility to go ahead. The Miller proposal would require a 20-year commitment from the Region to use the facility to process organic waste from all eight municipalities.

The Region already collects organic kitchen waste separate from other garbage for composting in the municipalities of Clarington, Uxbridge, Scugog and Brock. Those municipalities turned over their garbage collection to the Region earlier this year. Their organics are taken to a Richmond Hill area facility owned by Miller. However, that facility is at capacity and there are no other provincially approved locations in the GTA for organic food processing with available space. If the other four municipalities implement the organic collection program, new space must be created.

"This is a critical piece to the integrated waste management

♦ See Facility page 5

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Crown, defence closing arguments in murder trial expected May 12

◆ Crown from page 1

The 28-year-old expectant mother was found dead in the couple's Beat-on Way home.

The defence maintains she committed suicide after discovering evidence of her husband's infidelity.

Court heard Ms. Badri was one of at least three women Mr. Raghunauth, had sex with and promised marriage to in the months prior to his wife's death.

She said she found out Mr. Raghunauth had a wife on May 15, the day after Mrs. Raghunauth's death, and was surprised.

When confronted, Mr. Raghunauth lied telling her it was a "marriage of convenience" and that he and Mrs. Raghunauth had not even lived together.

Ms. Badri agreed with prosecutor Frank Giordano she was "fooled" by Mr. Raghunauth.

"Do you feel silly about it all?" Mr. Giordano asked.

"Oh, do I ever," Ms. Badri said.

The jury in the Superior Court trial heard the last evidence Thursday after four months of testimony from 50 Crown and 15 defence witnesses, including Mr. Raghunauth. More than 340 exhibits have been entered into evidence.

The Crown has portrayed Mr. Raghunauth as a liar, a thief, a forger, and an adulterer who murdered his wife for freedom from debt and family obligations.

Court heard he made inquiries about obtaining cyanide, claiming he had "a skunk problem," was secretly engaged to his New York mistress Indira Seonarain three weeks before his wife died, and defrauded former employers, including York

Central Hospital.


Mr. Raghunauth, in his own testimony, admitted stealing from his employers and lying to his wife, girlfriends and the police. While he feels "morally responsible" for his wife's death, he insisted he didn't kill her.

On May 14 he said he gave Mrs. Raghunauth flowers, cooked her a "Mother's Day treat" and went out with his father, visiting from Guyana.

When he returned, he said he found his wife dead on the bathroom floor.

The Crown and defence are expected to begin closing arguments May 12.

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Board postpones tests

Teachers' actions put off Grade 3, 6 assessments

By Mike Ruta
Staff Writer

DURHAM — Provincial testing for Durham's Grade 3 and 6 public school students is on hold due to the elementary teachers' work-to-rule labour action.

Luigia Ayotte, the Durham District School Board's programs superintendent, in a letter to parents and guardians this week advised that, "at this time, the capacity for our schools to deliver the assessments within the given time frame is jeopardized."

The Education Quality and Accountability Office, the Education Ministry's arm's-length testing agency, assesses the students' reading, writing and math skills each year. This year's assessment window is May 5 to 22.

Durham members of the Elementary Teachers' Federation of Ontario (ETFO) have been working to rule

since January. A week ago, local president Rachel Gencey announced teachers would not administer the tests to students in classes, and if principals went ahead with them anyway, educators would not supervise the students. Teachers on Tuesday began limiting supervisory duties to 60 minutes per teacher per week.

"In the next couple of weeks, it may be happening, it depends on how the situation unfolds," Ms. Ayotte said.

"We can go until I think the second week in June. The schools can actually choose their dates within that (time frame)."

She said the assessments might have to be delayed even further, adding, "We're not anticipating it."

During the work-to-rule, principals have had to pick up the slack caused by teachers' withdrawal from some duties. However, Ms. Ayotte said it would be a tall order for administrators to take over the job of running the tests in schools.

"One school has five Grade 3 classes, one of our larger schools, and it would be virtually impossible," she said.

As well, Ms. Ayotte said it would

not be fair to students to go ahead, since they would not have adequate preparation before for the assessments. "The bottom line is the validity of the results and what we do with them," she said.

Her letter noted schools would give parents and guardians at least three days notice before beginning the assessments.

In an interview Friday, Ms. Gencey downplayed the importance of the provincial assessments.

"It's a standardized test; it's just a snapshot of the year," she said. "I think the teachers' assessment is a much more valid tool. I don't think it's earth-shattering."

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Inquest called in death

PICKERING — A coroner's inquest into the death of Montgomery Harmon begins in Pickering May 14.

Mr. Harmon was 52 years old when he died in police custody March 28, 2001 at Rouge Valley Ajax and Pickering hospital.

He was a suspect in the double murder of his wife Marcia, 42, and daughter Danielle, six, who were found in their Lydia Crescent home two days earlier. Mr. Harmon was discovered in the house as well, unconscious after an

apparent suicide attempt by drug overdose.

He later regained consciousness at the hospital and was in police custody when he died.

Under the Coroners Act, an inquest must be held when a person dies in custody.

The inquest begins at 9:30 a.m. in Pickering council chambers.

Dr. Richard Swain will preside as coroner, and John Scott, Durham Crown attorney, will act as counsel to the coroner.

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Facility an 'innovative' proposal

◆ Facility from page 1

strategy," Blair McArthur, Miller's vice-president told the committee. He stressed it doesn't matter who collects the waste or how it is collected provided the materials are separated out. Oshawa and Whitby use municipal employees and equipment to collect garbage while Pickering and Ajax use contractors.

Durham council has stated it wants to get all eight municipalities diverting their organics out of landfill garbage by 2004 to lower the cost of disposal and to reduce the Region's dependency on Michigan-based landfills.

Peter Watson, Durham's waste manager, says the first step is to get everyone collecting garbage in a way that allows the organics to be separated out. Pickering has expressed interest in beginning the program this year. Miller says although there is no more room at its Richmond Hill facility to take the Pickering organics, it could find an alternative facility in the short-term.



This artist's rendering is of the \$20-million organic waste processing facility proposed for Squires Beach Road.

The proposed Pickering facility would be an indoor processor that would convert the organics to compost to the final curing stage. At that point, it is taken to an outdoor facility to be blended before it is sold as soil enhancer. Miller is looking at potential outdoor

sites for the final processing stage within Durham, says Mr. McArthur, who points out this would allow the Region to process the majority of its garbage within its borders and "be a leader" in waste diversion. All Miller facilities are operated with certificate of ap-

provals from the Ministry of the Environment, he says. Miller has operated a similar facility to the Pickering proposal in Halifax for four years, says Mr. McArthur. The plant would take a year to 15 months to build.

According to the waste management study commissioned by the Region and released last week, the Miller Pickering facility was one of two "innovative waste diversion proposals put forward for consideration during the recent request for proposals Durham sent out. Mr. Watson said staff did not make a recommendation on either facility because it first wanted to get all the collection processes coordinated throughout the Region's eight municipalities so it knew how much organic material it would have before proceeding further.

Curbside composting could be on the way

By Jacquie McInnes
Staff Writer

DURHAM—Residents across Pickering could soon be separating their food waste out of regular garbage for curbside collection with Whitby, Oshawa and Ajax to follow next year.

The Region's finance and works committee members are recommending Pickering begin the program, already in place in four other Durham municipalities (Clarington, Uxbridge, Scugog and Brock) as soon as possible. If Whitby, Oshawa and Ajax agree to collect the kitchen waste separately from regular garbage, they could begin the program sometime in late 2004. Those municipalities still need to determine how they could change their existing pickup to accommodate the program.

The organic pickup program allows residents to dispose of kitchen scraps, including meat and dairy, into bins provided by the Region for curbside pickup. Each resident is provided with an under-the-counter container for use in the kitchen. The container is used in conjunction with biodegradable liners, which, once filled, can be transferred to a larger bin for weekly pickup.

The committee also recommended the Region expand the Blue Box collection program, beginning this June, in Ajax, Pickering, Oshawa and Whitby to include additional items such as juice boxes, gable top containers, all plastic containers with a twist-off top, aerosol cans and empty paint cans.

The recommendations go before regional council Wednesday, May 7.

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Editorials & Opinions

SUNDAY, MAY 4, 2003 ♦ News Advertiser ♦ TONY DOYLE, NEWS EDITOR, 905-683-5110 EXT. 254

Editorial

Working together, not against

Pickering, business group agree on plan for good of community

Good things can happen when municipal officials and local business leaders meet halfway to resolve issues of mutual concern.

So it is with Mount Pleasant Group Cemeteries and the City of Pickering, which resolved concerns over a proposed pedestrian trail in the Duffin Heights Neighbourhood plan that would wind through one of the properties owned and operated by Mount Pleasant. It is but one part of the neighbourhood plan that is meant to act as a link between a future Seaton community with already established development in south Pickering.

The cemetery operator quite properly raised concerns over the public trail through the quiet, natural surroundings of the cemetery, noting it preferred "passive recreation" uses such as "reading books on benches".

The trail, as proposed, didn't offer assurances that were acceptable to Mount Pleasant, setting the stage for further negotiations and modifications to the plan.

In a matter of weeks, issues were addressed, changes were made that were deemed acceptable by all parties and, in the long run, citizens of Pickering will benefit from the dialogue.

This is a small issue, certainly, but one that symbolizes the achievements that can be reached through thoughtful debate, a willingness to compromise and a view to the future.

The City of Pickering approached the issue with ideas and open minds. The Mount Pleasant Group acknowledged the benefits of a trail and came armed with a willingness to consider all options.

This approach, one that is inclusive and respectful of differences, should guide the City in all of its dealings. It is far better to give up a little in the pursuit of a goal than give up everything in pursuit of exercising power. For its part, Mount Pleasant is setting an example for other landowners in Pickering who can add value to the community through the pursuit of mutually beneficial goals.

That can translate into other areas of land use and development and sets an impressive example of what can be achieved when differing opinions are heard, debated and considered honestly and openly.

Thus, a trail will eventually be built on the site with appropriate measures to respect the rights of cemetery visitors, to assuage the concerns of the landowner and to create an important new natural setting for Pickering residents to enjoy.

See what happens when people work together.

Perhaps a similar method can be used to resolve the vast differences between the City of Pickering and the Province on the Duffin Rouge Agricultural Preserve.



Letters to the Editor

Enough about all the SARS scares

To the editor:

For weeks now, we have been bombarded with frightening figures of SARS victims. Every day an update. 'There are now 286 probable cases,' etc. All along I have been saying, why don't they tell us about all the people in this category who tested negative and went back to work, etc., reducing the figure and putting our minds at rest.

Now that the World Health Organization has threatened our pocket-books, suddenly the number changes dramatically. But wait, don't get too comfortable, a crowd died in Newmarket this week, and we now have to be

scared of West Nile Virus.

Please do not think I am making light of these diseases and their effects on the human race. But are we not suffering from information overload, must we hear it 60 times a day (they even interrupt my soap opera to tell me it's coming up).

Now the teachers and education workers are aiming for another pay increase, the union gives them no choice, I'm sure the teachers etc., would be quite happy if not spurred on by people who have to justify their existence. I wish they would all relax and enjoy the oncoming spring, we have waited so long for it.

Just get the barbecue going and have a cold one.

June Duffy-Smith
Whitby

Rocking good time brewing on the floor

New lacrosse team offers local talent



Al Rivett

sports editor

Will high-level lacrosse be solid as a Rock or will it be just a passing fancy on the Ajax and Pickering amateur sporting landscape?

The guessing here is that lacrosse provided by the Ajax-Pickering Rock in the Ontario Lacrosse Association's Senior 'B' league will catch on -- just as the National Lacrosse League's (NLL) Toronto Rock has captivated GTA audiences with its pro brand at the Air Canada Centre.

For anyone not in the know, the Ajax-Pickering Rock is one of two expansion teams in the nine-team OLA senior 'B' loop for the 2003 season. The brainchild of area residents and co-owners Rob

Roche and Paul St. John, the Rock was forged to follow on the heels and success of the local minor lacrosse program, also known as the Rock, that started several years ago.

The Rock held tryouts in late April with more than 50 players vying for the approximately 18 roster spots. Its regular-season debut came last night (Saturday) at the Pickering Recreation Complex against the defending cham-

pion Owen Sound Woodsmen. The team will play another 15 games throughout the spring and summer with seven more home games, mostly on Saturday nights and Sunday afternoons, at the complex.

Although the sport's roots run deep in other areas of Durham Region, with Oshawa, Clarington and especially Whitby springing to mind, lacrosse has virtually been ignored at the grassroots level in these parts until recently. Anyone wishing to play -- either at the minor league level or junior 'A', 'B' or major series -- had to travel to Whitby or Oshawa.

Ajax and Pickering, however, have produced some notable players. Coming to mind is Ajax resident Gee Nash, a goaltender who toiled in the Whitby minor system and won at every level. He won the Minto Cup national title

with the Whitby Warriors as a junior and has played several seasons in the pros with the New York entry in the NLL.

Niall Maynard, another Ajacian, was also a Minto Cup champ with the Whitby Warriors and has continued to play at the Major Series level with the Brooklin Redmen.

The Rock's games promise to be exciting, given the high energy and speed of the game. The players, who play for the love of the sport, have all come from other senior programs, as well as some who've played at the junior level. The one notable exception is mountain-of-a-man goaltender Mike Miron who has risen through the ranks to arrive in the pros with the Columbus Landsharks this year.

It seems a Rocking good time is brewing for Ajax and Pickering lacrosse fans.

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Pizza day helps kids

DURHAM — Buy a slice of pizza Tuesday to support a children's charity.

Variety - The Children's Charity and Pizza Nova announce the 4th Annual "That's Amore - Pizza for Kids" day. On May 6 from 11 a.m. to 9 p.m., customers can purchase a medium pepperoni pizza for \$3.99 from any participating Pizza Nova location. One dollar from each pizza will be donated to Variety - The Children's Charity.

Pizza Nova has raised more than \$164,000 over three years.

OVERT needs volunteers

DURHAM — Needed: a few good men and women.

The Ontario Volunteer Emergency Response Team Inc. (OVERT) is looking for volunteers to expand the agency.

An information session for prospective new recruits will be held on Tuesday, May 6, at 7 p.m. at the Garnet B. Rickard Arena, Hwy. 2 at Regional Road 57, Bowmanville.

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Tues., May 6th & Wed., May 7th



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By Mantles™, ToGo™, Liz Claiborne, Nygård Collection, Jones New York, Tommy Hilfiger, mac & jac, Melrose, Maxfield, Alia and Alia Sport

Includes petite and Above Average sizes. 2nd item must be of equal or lesser value. Off regular and clearance prices. Not to be combined with any other offer.

SPECIAL BUY

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Royal Albert Old Country
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299⁹⁹ Reg. \$880.

Includes 4 of each: dinner plates, salad plates, bread & butter plates, teacups & saucers. Offer ends Sun., May 18th (where permitted by law).

save 25%

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Royal Velvet Event now on! Save 40%-55%

WOMEN'S SPECIAL BUY

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save 20%

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Housing plan 'shaky at best'

Durham staff questions proposal

By Jacquie McInnes
Staff Writer

DURHAM — A provincial plan using federal funding to help municipalities create new affordable housing stock with private partnerships isn't being warmly received in Durham.

The plan would see 215 geared-to-income units built in Durham with a contribution of \$5 million from the federal government and \$400,000 from the Province. Over 20 years, local property taxpayers would need to add to that with the Region making a \$5-million contribution through waived development charges and tax reductions to the developer.

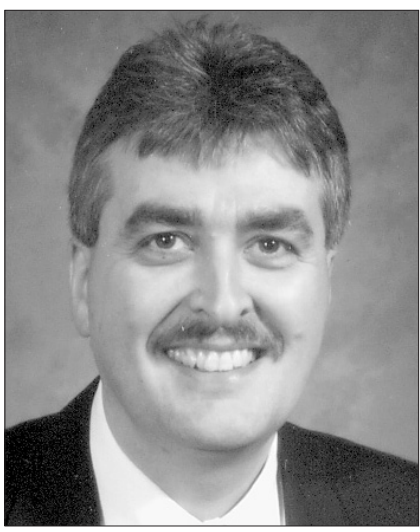
Area municipalities that host the projects would have to contribute an additional \$3.2 million between them. Other incentives, such as land donations could also be provided by municipalities.

But regional councillors at Wednesday's finance meeting were concerned the incentives to private developers to get the units built may be a bad deal for the public forced to foot the bill.

A maximum of 45 per cent of the units would be owned by a not-for-profit housing agency - up to 25 per cent for municipal non-profit agencies and up to 20 per cent for private non-profit. The remaining units would remain under control of the developer who must abide by rent control guidelines on those units for 20 years. After that, the developer would be free to sell or increase rents on those units under his control. The non-profit units would remain under the ownership of those agencies.

While some councillors joked they might want to get into the housing development business to take advantage of the deal, finance commissioner Jim Clapp noted the private sector reception to the plan has been cool.

"The private sector is not lining up to take this on," Mr. Clapp said.



JIM CLAPP
'Whether this program gets off the ground is debatable.'

"Whether this program gets off the ground (even if council approves it) is debatable. The whole thing is shaky at best."

The Region must notify the Province by Oct. 31 if it plans to take advantage of the federal/provincial financing, which leaves a short window for the Region to work with municipalities and developers to bring projects on line.

Regional staff are also concerned about a requirement the projects be tendered for the lowest bid instead of working through a request for proposal process where the Region and municipalities would have more control over the type of developments selected.

The committee recommended sending the proposal to area municipalities for consideration. However, it is also recommending that the Region notify the Province it has concerns with the "lack of significant participation" by the Province, the limitations on the percentage of housing allocated to non-profit housing participation, the short timeframe to submit project proposals and the need to tender the project.



Ron Pietroniro/ News Advertiser photo

Foxes make it official

AJAX — Rolly and Betty Fox had plenty of reasons to smile recently when they took part in the ribbon-cutting ceremony for the official opening of the local school named in memory of their son Terry. Terry Fox Public School started welcoming students in Ajax last fall.

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Canada has turned the corner on SARS.

Respected health professionals and specialists in disease control are all coming to the same conclusion: Canada has turned the corner on SARS. To put things in perspective, Health Canada believes it is important to remember the following points:

- The number of people who have recovered from SARS is going up.
- The total number of people in quarantine is going down.

“ We will be lifting the travel advisory for Toronto, Canada, effective tomorrow.”

Dr. Gro Harlem Brundtland, Director-General, World Health Organization, April 29, 2003

“ It’s safe to travel to Toronto... In my view it is. I’m planning to go there next week.”

Dr. Julie Gerberding, Director of U.S. Centers for Disease Control in Atlanta – Fox News, April 27, 2003

“ It’s safe to travel to Toronto.”

Dr. Paul Gully, Health Canada – Toronto Star, April 24, 2003

“ Toronto continues to be a safe place. Anyone who’s travelling to Toronto, either for business or pleasure, should be reassured that it is safe to do so.”

Dr. Colin D’Cunha, Commissioner of Public Health and Chief Medical Officer of Health – Toronto Star, April 24, 2003

Thanks to the ceaseless efforts and hard work of health care workers, the threat of SARS is being dealt with across the country. As for Toronto, all the facts indicate that it is safe to work, live and travel there.

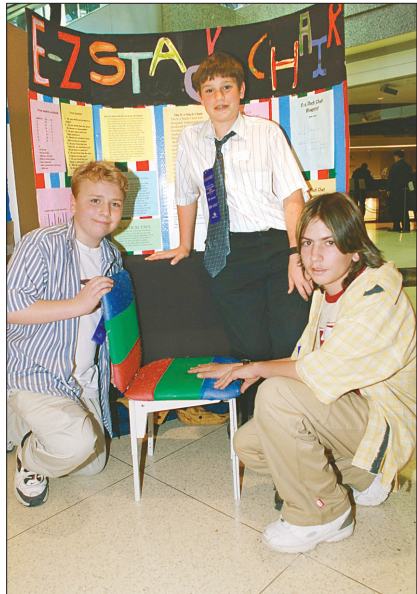
☎ For Government of Canada: 1 800 454-8302, TTY: 1 800 465-7735

🌐 www.canada.gc.ca

☎ For Government of Ontario: 1 888 668-4636, TTY: 1 800 387-5559

🌐 www.health.gov.on.ca

Pickering kids stack up



Scott Paterson, Adam Ray and Andrei Vlagioiu showed off their invention, the 'E-Z Stack Chair' at the recent Invention Convention day in Toronto.

Phin students show off skills at Invention Convention

PICKERING — Young city inventors showcased their ideas at the recent sixth annual Invention Convention.

"The students worked very hard," said Eleanor McIntosh, Grade 7 and 8 teacher at Elizabeth B. Phin Public School. "It was a good learning experience."

The school was the sole representative from Ajax and Pickering at the event, which included students from the Toronto, Toronto Catholic, York Region, Halton, Dufferin-Peel Catholic and Durham District School Boards.

They all gathered in downtown Toronto's Commerce Court, which was particularly exciting for Elizabeth B. Phin's students, said Ms. McIntosh.

"It went really well," she said.

Grade 7 students Scott Paterson, Adam Ray and Andrei Vlagioiu were the creators of the 'E-Z Stack Chair', which can be compacted completely, but also adjusted for height through its legs.

In recognition of their inventions, all students received a certificate of participation.

The event was part of the Learning Partnership's program 'Investigate! Invent! Innovate!' The goal is to instil entrepreneurial skills and positively influence students to learn science, mathematics and technology.

Local Liberals pick executive

PICKERING — The Pickering-Ajax-Uxbridge provincial Liberal Riding Association has selected its executive for 2003.

Led by president Jim Grady, the committee also includes vice-president Dave Ryan, secretary Diane

Sonego, Laurie Grady as treasurer, and Shirley Gawman as membership director. The directors are: Bob Cheslo-Trengrove, Doris Beers, Bromme Wharton, Beverly Sefton, Bill Lightstone, Jerry Green and Munir Bashiruddin.

Spring fling time at Ajax church

AJAX — It's Spring Fling time at St. Timothy's Presbyterian Church.

The 3rd annual Spring Fling is Saturday, May 24 at the church, 97 Burcher Rd., from 9 a.m. to 2 p.m. Some of the events include a \$5 car wash and bake sale.

For more information, call Susan at 905-427-4090.

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9th to learn more about what you can do for your
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- CPA (Canadian Payroll Association)
- HRPAO (Human Resource Professional Association of Ontario)
- Institute of Law Clerks of Ontario
- RIBO (Reg'd Insurance Brokers Ontario)
- PMAC (Purchasing Management Associate Canada)
- CIE (Canadian Institute of Entrepreneurs)

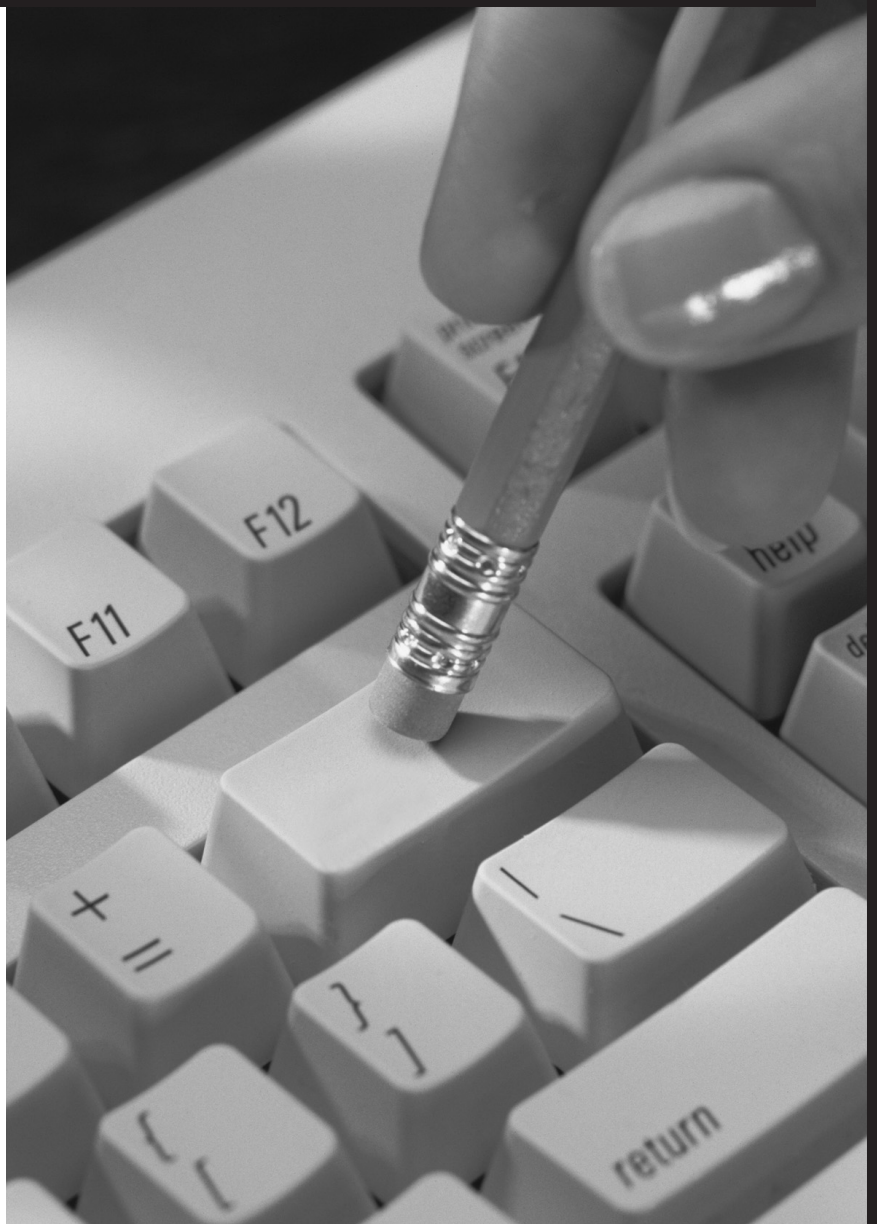
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Educator offers spiritual guidance at abuse session

AJAX — Educator and spiritual director Mildred Frank is the guest speaker at a substance abuse information evening May 12.

The conference speaker has led retreats across Canada and the U.S., dealing with the addiction process and recovery from addictions.

The Outreach Team on Substance Abuse at St. Bernadette's Catholic Church, 21 Bayly St. E., is host for the

event from 7 to 10 p.m. It's an opportunity for people to learn how to help themselves or others suffering from a narcotic addiction.

Along with Ms. Frank, Peter Dwyer will make a presentation on Denial and Enabling.

Admission is free. For more information about the event, call Peter Dwyer at 905-683-6385 or the church at 905-683-1533.

Ajax wants your local photos, stories of the Queen's start

AJAX — As the Queen's 50th anniversary celebrations come to an end, the mayor's office is looking back to 1953.

Fifty years ago, elementary school kids and perhaps other Ajax residents dedicated trees to honour the Queen's coronation. If you were involved in the event, the Town of Ajax wants to hear from you and see any photos or other memorabilia you might have.

The 4th Ajax Scouting Group has proposed a new planting to mark the end of the Golden Jubilee season. The plan is to plant a Jubilee tree across the street from the historical marker, at Harwood Avenue and Kings Crescent, commemorating the event 50 years ago.

The tree would be planted on Monday, June 2 at roughly 10 a.m. between the Town Hall and the new library.

If you have any memories, photographs or other mementoes of the 1953 event, call Cherry Seigny at 905-619-2529, ext. 335, or cherry.seigny@townof-ajax.com.

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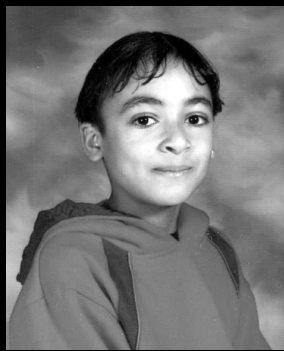


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Adrian

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Adrian for being our Carrier of the Week.



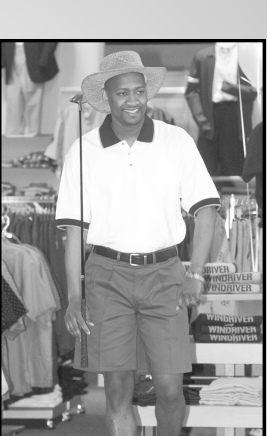
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CORRECTION: change of venue from April 30th notice.

PUBLIC NOTICE

Transport Canada Hosts Open House on Proposed Zoning Regulations for Pickering Airport Site

The proposed Pickering Airport Site Zoning Regulations will be published in the Canada Gazette, Part I, on April 12, 2003, and April 19, 2003.

Airport Zoning Regulations (AZRs) are enacted in accordance with the federal *Aeronautics Act* to ensure that development of the land, adjacent to and in the vicinity of an airport or airport site, is undertaken in a manner that is safe for aircraft operations. The AZR process represents prudent long-term planning so that if demand dictates, a safe and viable airport remains an option for local interests. It does not imply that a decision to proceed with an airport has been made.

Transport Canada invites you to find out more about the proposed Pickering Airport Site Zoning Regulations by attending an Open House on Thursday, May 15, 2003, 4:00 p.m. to 8:00 p.m. at the Ajax Community Centre, 75 Centennial Road, Ajax, Ontario or Tuesday, May 27, 2003, 4:00 p.m. to 8:00 p.m. at the Pickering Recreation Complex, 1867 Valley Farm Rd., Pickering, Ontario or Saturday, May 31, 2003, 1:00 p.m. to 4:00 p.m. at the Claremont Community Centre, 4941 Old Brock Rd., Claremont, Ontario.

An informative model and displays will be available and a formal presentation by Transport Canada will be made at 3:00 p.m. (Claremont) or 7:00 p.m. (Ajax/Pickering). Transport Canada staff will be available throughout the Open House to answer questions.

Further information is available on Transport Canada's Web site at www.tc.gc.ca/OntarioRegion/pickering/menu/htm or may be obtained by contacting:

Transport Canada
Regional Manager
Aerodrome Safety, ANS & Airspace
4900 Yonge Street, Suite 400
Toronto, Ontario M2N 6A5
416 952-1623

Between April 12, 2003 and June 11, 2003, interested persons may make written representations concerning the proposed regulations, by writing to the address above, or through our Web site at <http://www.tc.gc.ca/OntarioRegion/pickering/azr/en/menu.htm>



Transport Canada



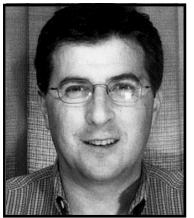
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Ask The Podiatrist Starting From Scratch

**Ronald J. Klein
B.Sc., D.P.M.
Podiatrist-Foot
Specialist**



Ask The Podiatrist:

My feet perspire a great deal, and I find myself with itchy feet that always crack between the toes. My friends at the health club tell me I have an athlete's foot problem. Do you think I do, and what can I do to stop or prevent it from recurring?

Your friends are right. It does, indeed sound as if you do have athlete's feet (TINEA PEDIS).

First, I must tell you that you don't need to be an athlete to develop this skin condition. It is caused by a fungus which flourishes in a warm, dark, moist environment. As feet may perspire more with athletics, there may be a slightly higher incidence of athlete's feet in people who participate in sports. Athlete's feet can occur in the healthiest of people with the best feet. It is usually not contagious unless the proper conditions to ensure its growth exist. The

area itself often has a reddish line with flaking, whitish skin, which peels or sloughs off. This is nature's way of trying to rid the body of the fungus. The most common areas are between the toes.

There are many ways to try and prevent the problem from occurring. The best is to avoid walking barefooted in areas such as health clubs, swimming pool decks and common shower areas. Always wear shower shoes.

Secondly, you should keep the environment of the foot as dry as possible. Wear cotton or wool socks, not nylon, polyester or rayon. Natural fibres breathe, and therefore, keep the foot dryer. Also, wear shoes that are made of leather or canvas. Shoes that are made to keep water out will keep perspiration in.

Dry your feet well after every bath or shower, especially between the toes. Putting socks on a foot already wet from

the shower will hasten the occurrence of the athlete's feet. Always put your socks on first when getting dressed even before your underwear. This will prevent the spread of the fungus to the groin, which is also a warm, dark, moist environment. Sometimes the nails may also become infected by the fungus. They thicken and become yellow. There is a tendency of the nails to reinfect the foot, so flare-ups are usually only temporarily controlled by medication. Once the fungus gets a "foot hold" on the nails, it is difficult to eliminate the problem.

Treatment of an athlete's foot problem involves:

- (1) Don't scratch the area, as you will spread the infection.
- (2) Keep the area dry, cool and in the light as much as possible.
- (3) Wear socks and shoes made of natural materials.
- (4) Keep feet covered in public areas.
- (5) Over the counter creams and/or powders may help milder infections, as

well as soaking the feet in tepid saline salt water.

(6) Prescription creams or orals may be prescribed for more chronic conditions.

(7) If a secondary bacterial infection occurs (misery loves company), that will also inflame the area - then a cortisone or an antibacterial cream may be prescribed.

Usually fungal infections are easily controlled, but they can recur if the conditions needed by the fungus are met. It seems that some people are more prone to these problems. Remember, you don't need to be an athlete to develop athlete's feet.

IF YOU HAVE A QUESTION YOU WOULD LIKE ANSWERED OR A TOPIC YOU WANT ADDRESSED, SEND IT TO ASK THE PODIATRIST C/O THE NEWS ADVERTISER.



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Foot orthoses are devices that fit into your shoes that are designed to correct the alignment of your foot and gait. By correcting the alignment, many painful conditions can be corrected. Many people have had poor, unsuccessful results with orthotics in the past, leading them to believe that orthotics are not going to help. James Beard, a registered Chiroprapist at the Ajax Foot Clinic & Orthotic Centre believes "not all orthotics are created equally." Many

poor outcomes with orthotics could be alleviated with the following:

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- Be sure the person prescribing the devices is a registered foot care professional. Chiroprapists and Podiatrists are the ONLY regulated foot professionals educated exclusively in the assessment and treatment of foot disorders. A foot professional will look at your foot, but will also ask you many questions about your health. Orthotics differ based on health conditions, foot types, weight, and others. All of these factors must be addressed when prescribing orthoses. Foot professionals are also extensively trained in looking for poor foot mechanics and gait abnormalities. You wouldn't come to a foot care office to get corrective eyeglasses, so why would you go elsewhere to get

foot orthotics? See the professionals. The Ajax Foot Clinic & Orthotic Centre's chief Chiroprapist James Beard, uses all the above mentioned techniques in prescribing and manufacturing foot orthoses. The Ajax Foot Clinic & Orthotic Centre is always accepting new patients, and no referral is necessary. We offer evening and daytime appointments. We are located at 48 Church Street South, Ajax. (905) 426-FEET (3338)

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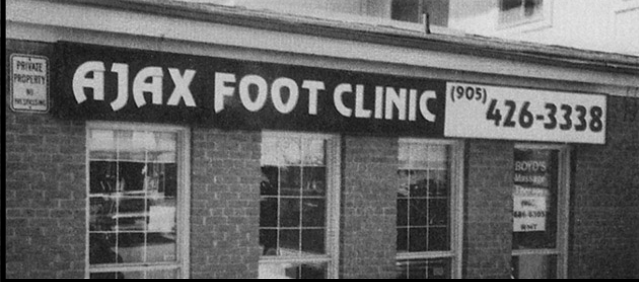
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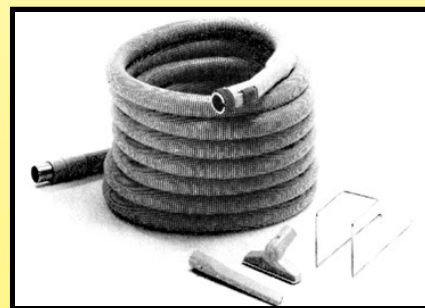
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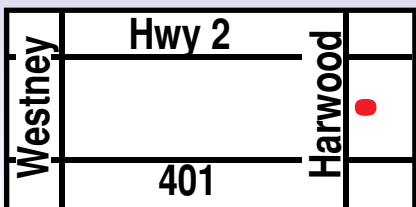
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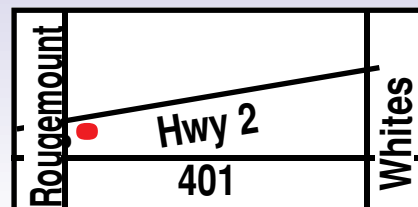
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New seniors' guide offers useful tips

DURHAM — Leading the way through the maze of programs and services available to Ontario seniors is a new, 200-page guide.

"This guide is a particularly useful public education tool because it centralizes information on a variety of programs and services available for seniors from a number of sources," says Ethel Meade,

co-chairman of the Ontario Society (Coalition) of Senior Citizens' Organizations.

Sources of information from 16 provincial government ministries, 12 federal government departments and many non-profit organizations, were developed for the guide in partnership with seniors' organizations. Featuring a wide range of pro-

grams and activities of interest to Ontario seniors, the guide also includes information from the municipal level of government.

Copies of the guide are available by calling the Seniors INFOLine, 1-888-910-1999 OR 416-326-7076, TTY: 1-800-887-5559 or by visiting www.gov.on.ca/citizenship/seniors.

Pottery deals spring up

DURHAM — The Spring Pottery Show and Sale is coming to town.

The Durham Potters' Guild invites the public to its 14th annual spring pottery show and sale Sunday, May 4 from 11:30 a.m. to 4 p.m., at the Ajax Kinsmen Heritage Centre, 120 Roberson Dr., in Ajax.

The sale features works by guild members, who produce both func-

tional and decorative handmade pottery.

Also, there are door prizes and there is no GST.

A percentage of the sales are donated to the Denise House Shelter and Support for abused women. There is no cost to enter.

For more information, call 905-427-7097.

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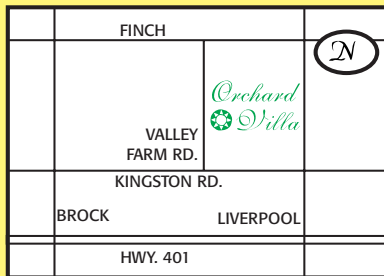
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Seniors host flower show

DURHAM — April showers bring May flowers and here's a chance to see some of those posies.

Visit the Whitby Seniors Spring Flower Show on May 7 and 8 from 10 a.m. to 3 p.m. Entries are open to Whitby seniors in classes for tulips, daffodils, violets, hyacinths, houseplants, and floral arrangements.

Entry forms are available at the Whitby Senior Centre located at 801 Brock St., Whitby.

Health on the menu at the YMCA

DURHAM — Lunch and learn about nutrition, especially the kind that keeps hearts healthy, at the Durham Family YMCA.

Beginning March 5 from 11:45 a.m.-1:30 p.m., on the first Wednesday of each month, a nutritious lunch will be followed by a presentation on various health topics.

The cost is \$6.50. The Durham Family YMCA is located at 99 Mary St. N., Oshawa. Register for the lunches in advance. Call Lee at 905-438-0822, ext. 451 for more information.

Come out for Alzheimer's information

DURHAM — The Durham Alzheimer Society will host a public information night discussing the signs of the disease on June 5.

The meeting is from 6:30 to 8:30 p.m. at the Uxbridge Public Library, 9 Toronto St., S.

The Alzheimer Society also holds its annual meeting June 16 at 6:30 p.m. at the Oshawa Public Library, 65 Bagot St. The meeting features guest speaker Dr. Wendy Meschino. A volunteer recognition will also be part of the meeting. People are asked to register in advance.

Call 905-576-2567 or 1-888-301-1106.

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Renowned Health Expert Reminds Public that Times of Crisis Call for Increased Immune System Support

For Immediate Release - May 2003

MAY 2003 – It's a critical time in the world...and also for your health. The war in Iraq is a great cause for upset and concern, while the outbreak of the mysterious SARS virus or 'Severe Acute Respiratory Syndrome' has Canadian health officials and media talking 'killer flu pandemics'. While paying attention to your immune system may seem like a low priority, in fact, according to Dr. James LaValle, R.Ph., N.D., C.C.N, a pharmacist, doctor of naturopathic medicine and certified clinical nutritionist and author of *Cracking the Metabolic Code* (Basic Health 2003), bolstering immune system function is never more important than during times of crisis.

Dr. LaValle advocates plant nutrients can help support healthy immunity

Of primary concern is the effect of all this stress on the immune system, or the intricate system that fights sickness and disease. Under acute and chronic stress the body's adrenal glands secrete excess cortisol. High levels of cortisol cause cells to die in the thymus gland, spleen and lymph nodes, the centers of immune cell production and activity. Dr. LaValle says, "the impact of stress and excess cortisol on the immune system makes us more vulnerable to sickness. By maintaining a healthy immune system, especially during times of stress, people can increase their odds to fight infection." One of the most important things people can do for the immune system is to ensure adequate nutritional intake. In addition to vitamins and minerals, plant sterols and sterolins are known to help support the immune system. Sterols and sterolins are essential plant nutrients that occur naturally in all fruits, vegetables, nuts, seeds and soy products.

Dr. LaValle notes that Professor Patrick JD Bouic, Ph.D., the Head of Immunology at Stellenbosch University in Cape Town, South Africa, and one of the world's leading experts on natural plant molecules says, "more than two decades of clinical research shows that phytosterols play an important role in optimizing the immune system."

While healthy lifestyle and dietary choices are critical, individuals may also benefit from an immune support supplement. Moducare®, a scientifically-proven and award-winning (2003 'Best Immune Supplement' from Health Products Business) daily supplement of sterols and sterolins supports the immune system ensuring it is ready when called into action.

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- International Journal of Immunopharmacology;
- Cell Biology International;
- Current Opinion in Clinical Nutrition and Metabolic Care and
- The International Journal of Sports Medicine.



Dr. James LaValle
Pharmacist and Naturopathic Doctor

These studies investigated the effects of a proprietary blend of plant sterols and sterolins (found only in Moducare®) on various types of immune suppression. In addition, in both long-term and standard toxicology studies, pre-clinical testing and clinical observations, Moducare® was found to have no negative side effects.

Other immune system support includes...

Dr. LaValle says, "even in times like this we can limit the impact of stress. Once we grasp the connection between stress and the immune system, we can begin to take steps to control it. We can exercise more often, get the rest we need, adopt a healthier attitude and choose foods rich in immune-support nutrients." These immune-support nutrients include vitamins A, C and E, minerals such as magnesium and zinc, antioxidants such as coenzyme Q10, Alpha-Lipoic Acid and Glutathione.

For more information visit www.moducare.com or call 1-877-297-7332
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Abilities centre targets Durham seniors

Facility will provide health and fitness programs

By Jeremy Le Page
Staff Writer

DURHAM — The new Abilities Centre Durham is going to work out well for the senior population in the region.

The 80,000 square-foot facility, to be joined to Iroquois Park Sports Centre in Whitby, will open its doors to the 94,000 elder residents living in East Central Ontario in need of health and fitness programs.

It's a number expected to grow to 150,000 by 2028.

"We're looking for it to be a world-class facility," says Ed Crouch, vice-president of the project. "That's our ultimate goal."

The opening of the facility is scheduled for 2005.

The non-profit corporation began planning for the centre in summer 2000.

The project has been a partnership between Variety Village, Grandview Children's Treatment Centre, WindReach Farms, Town of Whitby, Durham school boards, Durham College and the University of Ontario Institute of Technology.

Sharing resources with Iroquois Park, the \$21-million facility will provide access to weight rooms, conference rooms, a gymnasium, ice pads, baseball diamonds, a restaurant, tennis courts, waterfront



The new Abilities Centre Durham is being modelled after the Variety Village facility in Scarborough, above.

trails, swimming pools and an indoor track. The centre will be barrier-free, focusing its services to be accessible to all people.

Mr. Crouch says sharing resources with Iroquois Park, along with access to the waterfront, will give the project a boost other facilities don't have.

"These are things that are not available in other facilities," he adds.

Financial targets for the project include: \$3 million from both levels of government (the Province has already committed its share via a SuperBuild grant, and a decision from Ottawa is expected soon); \$3 million from the Town of Whitby; \$1 million from Durham Region; \$7 million from corporate sponsors; and \$4 million from community and individual sponsors. Construction won't begin, explains Mr. Crouch, until 80 per cent of the funding has been achieved.

Along with the senior population, the Abilities

Centre will be open to about 235,000 individuals with disabilities in the East Ontario region and over 43,000 children.

Abilities Centre Durham will be used by residents from Pickering to Belleville, and as far north as Peterborough and Orillia, says Mr. Crouch.

People living in other countries, he adds, will also be drawn to the facility in the future, and the centre will be designed with the ability to host international events.

"The people in the region will be proud," ex-

plains Mr. Crouch, who adds transportation to the facility is being closely looked at to ensure all can utilize the centre.

The project's co-ordinators are taking the transportation issue seriously, he says.

"We have a committee set up," he says. "That's one of the things we're working on right now."

Whitby Councillor Shirley Scott has also expressed an interest in ensuring proper transportation for the Abilities Centre's users.

"Transportation would be a large part of the suc-

cess of the facility," she insists.

"I imagine that there will be proper transportation... We would have to make some sort of arrangement."

The project's co-ordinators are currently seeking a sponsor for the naming of the facility. "Now we're into the next stages of the project," says Mr. Crouch. "Putting a name to the building. Something like the Air Canada Centre building."

Other fund-raising events for the Abilities Centre will be announced in the future.

Alzheimer's workshops offer help to caregivers

DURHAM — Caregivers of Alzheimer's patients can take advantage of two upcoming information sessions.

The family caregiver education workshops are designed to educate participants on the effect Alzheimer's has on the brain, diagnostic methods and tools, the stages of the disease and current treatments.

Information about support services for caregivers from the Alzheimer

Society of Durham Region and other agencies is also provided.

The workshops are Thursdays, May 15 and June 19, from 9:30 a.m. to noon at the society's office in the Oshawa Centre, 417 King St. West, suite 207.

The cost is \$5, which includes a resource package. Registration is required.

For more information or to register, call the society at 905-576-2567.

Under the B – seniors meet for bingo every Wednesday, Friday

AJAX — The Ajax Seniors' Friendship Club offers a full lineup of activity each week in Ajax.

Among the regular events is bingo every Friday at 7:30 p.m. and every Wednesday at 1 p.m.

In addition, members

play shuffleboard every Friday at 9:30 a.m.

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Living life to the fullest

Long-term cancer survivor has been through plenty in past 28 years

By Jane McDonald
Staff Writer

DURHAM — Just before her 10th birthday, Christine Wells-Stewart's parents were told their daughter had only three weeks to live. When they asked what could be done, they were told to take her to Disneyland.

The Oshawa family chose not to head for the California theme park but to stay and fight the often-fatal illness - advanced Hodgkin's disease. That was 1974 and those three weeks have stretched into almost three decades, during which the now 38-year-old Christine has been to Disneyland many times.

It hasn't always been easy and challenges remain, but Ms. Wells-Stewart's philosophy is one worth noting, especially during cancer month.

"Life is living each moment like you'll never see another," she says. "Survivors condense their lives like soup. In a short time span they do everything."

The fatigue, severe weight loss, pain, surgeries, years of chemotherapy and radiation treatments -- after which her long braided hair fell out -- are distant childhood memories. Throughout her ordeal, Ms. Wells-Stewart attended Brownies, sang in the church choir and went to Sunday

school. She excelled at school, using her down time to study.

In keeping with her optimistic philosophy, she remembers those long drives twice a week for two weeks (followed by two weeks off) to the Toronto Hospital for Sick Children. One of the Canadian Cancer Society's Durham Unit volunteer drivers had long braids, too.

"She was a beautiful lady," remembers Ms. Wells-Stewart. "When mine fell out, she let me tug hers. I remember drivers showing up with birthday presents.... They went way beyond the call of duty, especially when you remember they were volunteers."

When she and her parents were told in early 1977 that she was in remission, they had a party.

"And I stomped my foot and said I'm going to do everything I can as fast as I can."

And so she has. Ms. Wells-Stewart married her older sister's brother-in-law.

"I married the best man," she jokes, referring to the first time she met her future husband at her sister's wedding. She graduated from Central Collegiate after she became a wife and mother and had lived in Scotland for a year. She then earned a diploma in public relations and worked as a flight attendant for Ward Air and National Airlines. A business course took her to work in downtown Toronto and another baby (she was told she could never have children) took up most of the 1990s. Today, she works with her husband in his educational computer business.



Walter Passarella/ News Advertiser photo
Christine Wells-Stewart was only given weeks to live after her diagnosis with Hodgkin's disease as a child. Yet, 28 years later, the Durham woman is still living life to the fullest, and offering advice to other long-term cancer survivors.

She's also writing a book - about the late effects experienced by those who survived childhood cancer.

"When I turned 18 years old," she explains, "I was asked to participate in a long-term study of pediatric cancer survivors. I have

spent many hours filling out forms and giving information to the University of Minnesota in the U.S. which is being used to compile further information regarding cancer, causes, treatments, cure rates, relationships, fertility issues ... Most important,

late effects were calculated and a book was published in 2000. Any long-term survivor should have a copy of 'Childhood Cancer Survivors'."

Although she had been free from Hodgkin's disease since 1977, Ms. Wells-Stewart is facing serious late effects of treatments she received as a child.

She is checked for second bouts of cancer during annual checkups at Princess Margaret Hospital. She makes sure she gets an annual flu shot because of a compromised immune system and takes antibiotics before dental work. She's had chicken pox four times and shingles, but the greatest challenge the intrepid survivor now faces is extensive scarring which caused her to suffer congestive heart failure last summer.

"I hold fast to the thought that if I had not survived the Hodgkin's disease, I would never have had these 26 years and yes, I have filled them in and not wasted anytime doing so."

There are no support groups for long-term survivors such as herself in Durham Region, so Ms. Wells-Stewart suggests the previously mentioned book for others and the American Cancer Society's www.acor.org web site. She lauds both the Canadian Cancer Society, Durham Region Unit (12 Stanley Ct., Unit 3, Whitby) and Hearth Place Cancer Support Centre (86 Colborne St. W., Oshawa) as good sources of information and offers her own e-mail address: christine@wellscomputers.com for survivors who would like to get in touch with her.

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Iwanowski: History still in the making



News Advertiser file photo

Longtime News Advertiser photographer Andrew Iwanowski retired this week, leaving behind countless images of the Durham Region community, including this shot of the Ajax-Pickering Dolphins in action last summer.

Longtime News Advertiser photographer heads home

DURHAM — You can't pick the time and place where you're born. Take the fine spring day Andrew Iwanowski came into this world: May 16, 1938 - Warsaw, Poland.

"When war started, my parents and I were in Warsaw," recalls the award-winning Metroland photographer, who will retire in May from the Durham Region division, after more than 19 years of service.

"My dad was an employee of an airplane factory. A bomb fell on the factory so my dad was without work. On Sept. 1, 1939 we went back to the village (Wasiliszki) where my ancestors came from and where it was easier to live. I lived with my mom. Dad was arrested by the Soviets. On Sept. 17, 1939, the Soviets had moved to the east. Dad returned to Warsaw and was involved in the Underground Army."

It was a pretty full first year for young Andrew and his parents. And in some terrible ways, it was just the beginning. On Aug. 22, 1939 Adolf Hitler authorized the "killing without pity or mercy all men, women and children of Polish descent or language." Then on Sept. 1, the Germans invaded. Almost from the beginning of the Nazi occupation, there were arrests and executions. Yet the underground resistance movement grew and was centred in Warsaw.

"My dad's brother smuggled me back to Warsaw," says Mr. Iwanowski of his early memories. "He tricked me when he loaded me on the train. I was five years old in 1943. From 1943-44 I lived in Warsaw in an apartment where others who were involved in the Underground Army lived. Because my father was also involved, we had to move. Mom survived the war but lost a baby. Dad survived the Warsaw Uprising (Aug. 1, 1944) but was killed later by the Germans for being part of the patriots."

As the war finally came to a close, he says his family's village and the towns around Warsaw were "empty of people, completely destroyed." He has one particular recollection from 1945 of seeing two Germans speeding away "like crazy" on a horse cart they stole. "I was just happy they didn't hit me," he remembers.

As a young man, Mr. Iwanowski entered Warsaw University. But it was his interest in chemical studies at a polytechnical school that piqued his curiosity for photography. He recalls a job with a hunting magazine as being one of his best working experiences and where he took his favourite photo: a deer running through a Polish wood early one fall morning.

"I managed one shot only," he says. "Everything clicked."

From the magazine he moved to general press photography. Again, history and timing was about to cause Mr. Iwanowski's life to take a dramatic turn. On holiday to visit an uncle in London, England in 1981, martial law was declared in his homeland.

He jokes he's "still on vacation more than 20 years later."

"The British government gave me a work permit," he says. "I had family in Toronto and contacted them. They were not close family but they set up a sponsorship for me."

"When I arrived in Canada, I immediately became a landed immigrant," he continues. "Three or four years later, I was a Canadian citizen. Now I feel more Canadian than Polish. I am very well at home in Oshawa, Ontario, Canada."

Professionally, he says he's particularly enjoyed working with younger colleagues, with whom he's shared his years of experience.

He first worked in Canada at the Scarborough Mirror as part of an employment program for newcomers. When the grant expired, he heard of an opening in Metroland's Durham division. "And the rest is history," he laughs.

Now at retirement age, Mr. Iwanowski is headed back to the place where he was born, although the part of Poland where he is from has been renamed Belarus.

Does the adage 'you can never go home again' deter our Metroland photographer? No way. New generations of the Iwanowski family are waiting for him, one a grandchild only weeks old.

Turn to Page 21 for just a small sample of the thousands of community moments Mr. Iwanowski has captured across Durham Region.

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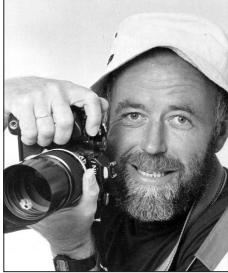
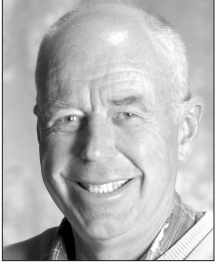


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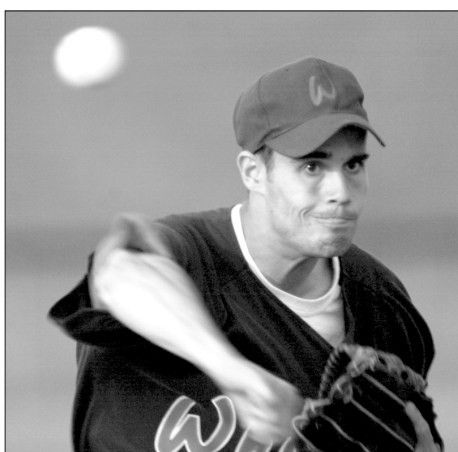
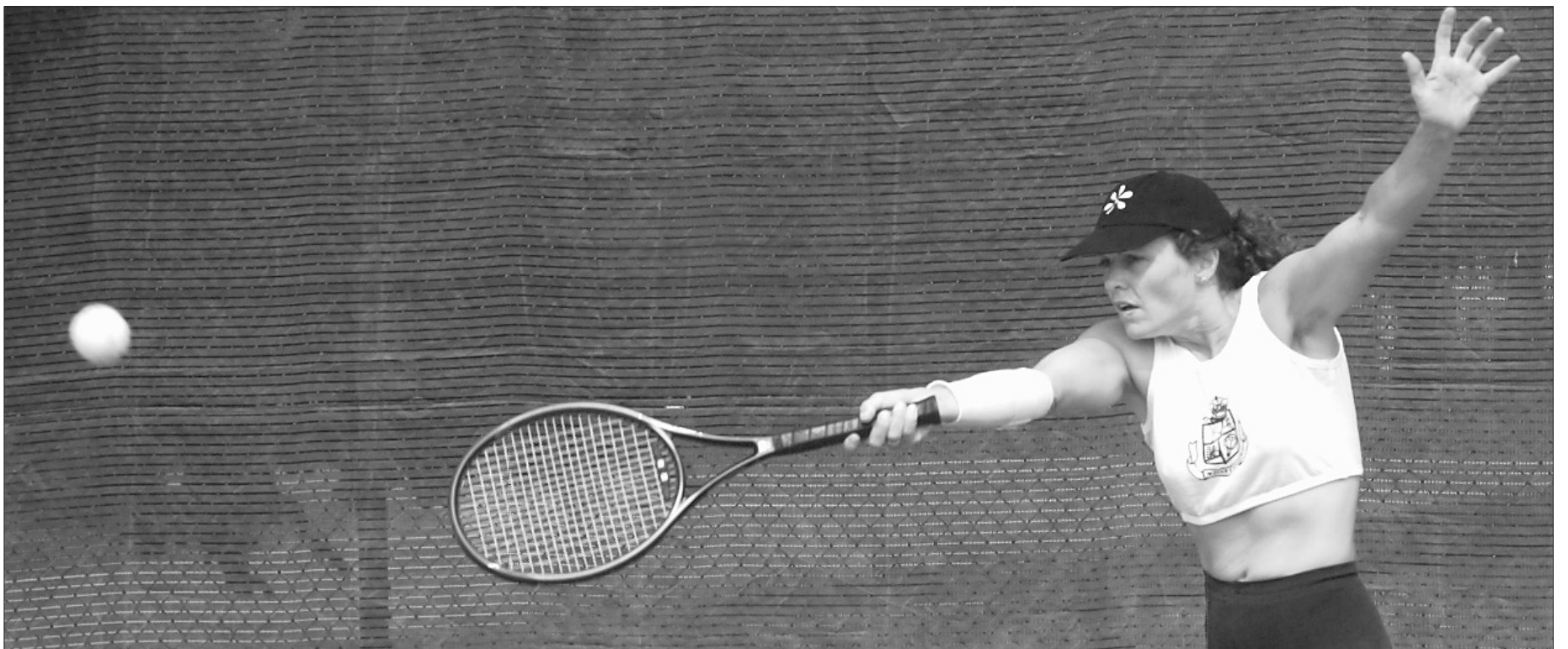
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Andrew Iwanowski



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Sports

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See Page 30

SUNDAY, MAY 4, 2003 ♦ News Advertiser ♦ AL RIVETT, SPORTS EDITOR 905-683-5110 EXT. 250



Grade 5 students (above) at Pickering's St. Marguerite Bourgeois Catholic School enjoy their run across the school yard. Joel Ramjist (right) is also physically active. The Grade 7 student is a member of the school's skipping team.

Healthy minds, healthy bodies

'The best thing is running with friends,' says Megan Spicer



'GetFitDurham' is a monthly series profiling Durham schools which promote healthy, recreational lifestyles. Each school profiled receives \$150 in physical education equipment from 'Durham Lives' and a mini-stereo system from Metroland Durham Region Media Group.

By Chris Murphy
Special to the News Advertiser

PICKERING — Rain or shine, each day Grade 5 students at a Pickering elementary school pull out their running shoes, leave their books behind for a few minutes and take their legs out for a short run.

It's all part of efforts to encourage a positive lifestyle at St. Marguerite Bourgeois Catholic School in Pickering.

"We run everyday regardless of the weather," says M.J. Marrin, a fifth grade teacher at St. Marguerite. "We also promote healthy living, the kids bring in healthy snacks everyday."

Marrin started the students running everyday not only for the physical benefits, but to help them with their schoolwork.

"The students are more focused after the run, it's a huge difference," she says. "It's a good behaviour management tool for teachers."

Cathy VanDen Hoogen, part of Program Support at the school, says the children love the extra activities and the reaction has been incredible.

"We get great response from the kids, we have so

many people come out for our teams and programs," she says. "The participation is fantastic at this school."

The students not only focus more in class, they have fun and learn that keeping in shape is important in maintaining health.

"It's fun, the best thing is running with friends," says Megan Spicer, a Grade 5 student. "It's good to keep fit and stay healthy."

Michael Straub, also in Grade 5, loves lacing up

his shoes daily.

"I am a long-distance runner, I like running a lot," he says. "We have a snack before running so we burn up energy and it's like an extra gym class so we can keep fit."

Along with running, the school has cross-country, track and field, a jump rope club and both inter-school and intramural sports.

Grade 8 students help run the intramural programs twice a week over the lunch period.

"The exercise gives you endorphins, which makes you happy and it keeps you focused," says Grade 8 student Larissa Eytene.

"We are in the gym twice a week, once for the older students and once for the younger kids."

The jump rope club started five years ago after a great response from the kids after a Jump Rope for Heart campaign.

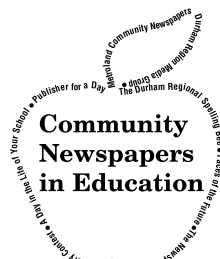


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East Side delivers women's hoops title

AJAX – East Side Mario's claimed the championship of the Ajax Ladies' Basketball League with an emphatic 33-22 victory over the Bank of Montreal Wednesday night.

Both teams played tough defence and at times were penalized for rough play. East Side scored its resulting free throws but the bankers weren't able to convert their chances from the charity stripe. Open scoring chances were limited but both teams worked hard to create shots under pressure. Mario's rolled out to a big lead, with the bankers unable to close the gap.

Erinn Lynch netted 13 points for East Side. Portia Vidal and Carol Stephenson netted eight apiece for the bankers.

Meanwhile, in the consolation final, Donlands Jewellers scored a 41-33 victory over Select Food Products. Lana Letourneau got the game-high 21 points for Donlands. Lori Lomborg replied with 14 for Select Food.

Players in the league live in Ajax and Pickering.



Ron Pietroniro/ News Advertiser photo

On the ball

PICKERING — Notre Dame Catholic Secondary School Cougars' Keirra Metcalfe, left, tries to edge past St. Mary Catholic Secondary School Monarchs' Savannah Heathcote during first-half action in Lake Ontario Secondary School Athletics (LOSSA) junior girls' soccer. The game was played at St. Mary Thursday.

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YOUTH EMPLOYMENT OPPORTUNITIES AVAILABLE

General Labour
Customer Service
Office
Sales Associate
and more!

Drop in Monday, May 5, 2003
9:30 am - 12:00 pm to register***

YMCA Durham Employment Services
1550 Kingston Road, Pickering
(Hwy. 2 & Valley Farm Road)
905.427.7670

***Must be age 16-24, out of work & school, collecting E.I.
"People Working to Get You Working"

Ontario Your YMCA charitable is 11930 70060 RR0001

ATTENTION YOUTH! LOOKING FOR A JOB IN A RESTAURANT? GET SMART SERVE CERTIFIED!

Cost = \$20.00
Free to those who register for Job Connect!

Thursday, May 8, 2003
12:30 - 4:30 pm
Call to register - limited seating available!

YMCA Durham Employment Services
1550 Kingston Road, Pickering
(Hwy. 2 & Valley Farm Road)
905.427.7670

**Job Connect is for ages 16-24, out of school & work, not collecting E.I.

Ontario Your YMCA charitable is 11930 70060 RR0001

Apprenticeship Information Session

Have you ever wanted to know more about what an apprenticeship involves or how to become an apprentice?

Here's your chance! Listen to speakers from various organizations supporting apprenticeships and get valuable information about this exciting career choice! An opportunity to have your apprenticeship questions answered that you don't want to miss!

WHEN: Tuesday, May 6, 2003 at 6:30 pm
WHERE: McLean Community Centre
96 Magill Drive
Ajax, Ontario

HOW TO REGISTER: Foyer at (905) 686-7060 to reserve your spot!
Space is limited!

PRESENTED BY **YMCA DURHAM EMPLOYMENT SERVICES**
IN CORPORATION WITH **AJAX RACE RELATIONS ADVISORY COMMITTEE**

This project is funded in part by the Government of Canada.

YMCA Canada

510 General Help

HEY STUDENTS! Circle Me! Local Corp. is expanding with positions in Customer Service and Sales/ \$14.75 base/appt. (no experience needed) with different looks, shapes, and sizes. (newborn to senior) For Commercials, TV Shows, Movies, Catalogs. MTB will be holding Auditions in your area on Tues May 13th by appointment only. Audition fee of \$34.50 is refundable if you do not qualify book online @ www.modelandtalentbureau.com or 519-249-0700

510 General Help

ACTORS/MODELS/EXTRAS Summer filming has begun. Toronto production is exploding. Scouting new people, (no experience needed) with different looks, shapes, and sizes. (newborn to senior) For Commercials, TV Shows, Movies, Catalogs. MTB will be holding Auditions in your area on Tues May 13th by appointment only. Audition fee of \$34.50 is refundable if you do not qualify book online @ www.modelandtalentbureau.com or 519-249-0700

510 General Help

ADMINISTRATIVE /S ALES HELP computer whiz, part time for Pickering office. \$12/hour. 416-817-1721

WINDOW WASHER for Ajax based company looking for window washer (at least 5 years experience with ladders, residential, and commercial) must have valid Drivers License! Call 905-428-1844 fax 905-428-8496

ARE YOU READY FOR A Career change? Do you have a background in Sales/Marketing, Insurance or Financial Institutions? Do you possess leadership skills? Could you train and manage other people? Experience not a requirement, full training given to successful candidates. For interview contact Jill Roberts 1-866-787-3918

SUPERINTENDENT/ COUPLE
For Oshawa apt.
Must have skills in:
• Repairs
• Leasing
• Administration
Fax To:
416-485-7859

BACK HOE OPERATOR & DOZER OPERATOR
with at least 4 years experience needed.
Please Call:
416-688-5316
Fax 905-723-2847

CASH PAID FOR YOUR OPINION
Attend a market research discussion group in Pickering, this **Thurs. May 8th**. Group is 2hrs long and pays you \$50.00 cash!! Due to limited seating, only punctual & reliable people need apply! Males/females required! Register now!!
905 839-2126

Upscale Cafe in Ajax
Opening June 1st
Requires **CHEF/COOK**
F/T with exp.
Responsible for breakfast & lunch.
COUNTER HELP
F/T & P/T
Fax 416-633-0449

International Careers TEACHING ENGLISH
Thousands of new jobs monthly!
The College of Applied Linguistics is offering a 5-day TESOL Certificate Course June 18th-22nd (Evenings & weekend) in the Durham District.
To register for the **Open House, May 22nd 7 p.m. Call: 1-888-246-6512**
www.INTLcollegeoflinguistics.com

CIRCLE THIS

Students sick of minimum wage? Great Starting Pay

- As Seen on CNN & CNBC
- No experience nec. / will train
- No telemarketing no door-to-door

Call or apply online summerwork4you.com
Durham Region
905-430-7672

COMMISSIONED MARKETING REPRESENTATIVE. We are looking for a dynamic marketing representative for our cruise boat corporate marketing division to sell corporate charters and advertising. Must be personable and have proven corporate selling experience. Fax resume to: 905-985-9461 or email to: info@scugocruises.com

CONSTRUCTION LABOURER required for GC. Must have construction experience, some tools and reliable transportation. Please fax resume to 1-905-319-7692.

CONSTRUCTION LABOURER required immediately. Knowledge of masonry labouring, concrete forming & pouring a must. Wage negotiable. Contact Gary at (905)427-4632

CULLEN GARDENS REQUIRES gardener, maintenance person. Assistant Manager with food service experience, full-time dishwasher, line cook, servers. Fax resume (905) 668-0510

510 General Help

DOG GROOMER part time for Whitby grooming shop. ONLY EXPERIENCED GROOMERS NEED APPLY. Call Judy 905-668-2721

DOG GROOMER. Experience required. Sheridan Veterinary Services in Pickering. Fax resume to 416-283-5599, no phone calls please.

EARN EXTRA MONEY demonstrating and selling unique products in department stores full time/part time. Oshawa/Pickering area. Will train. (800) 361-8723

ECE TEACHER required for Ajax Child Care Centre. Please fax resume to 905-427-8155 or phone 905-428-0531 8am to 4pm

EXPERIENCED cabinet maker. Fax resume to: 905-723-3945.

EXTRA INCOME Canada's leading food and beverage sampling company has immediate openings for part time in-store demonstrators. In-store Focus requires friendly energetic outgoing individuals. Must be available weekends. 1-888-774-9558

FITZ PUB is moving to Pickering Village. Now hiring bartenders, waitress & kitchen staff. Apply in person: 619 Kingston Rd., Pickering Village

FRESH AIR, exercise and more. Suitable for students Call for a carrier route in your area today. 905-683-5117.

FULL TIME appointment coordinator and full time bilingual appointment co-ordinator needed. \$8.00 and \$12.00 per hr. (bilingual) (905) 426-2796 between 10 a.m. and 5 p.m.

GOLF PRO - Required for Oshawa Course. Please apply in person with resume stating qualifications to: Harmony Creek Golf Centre, 1000 Brook St. E. or fax to (905) 433-7996.

HAIRDRESSER required immediately for upscale trendy salon located in west Pickering area. Call Rosario for appt. 416-281-2504.

HANDYPERSON required part time, retired person welcome, to maintain large property in Pickering on Brock Rd..Call for appt. 905-683-1828

INSTALLATION COMPANY looking for a "DZ" Class driver. Clean abstract, willing to work evenings and weekends. \$15. per hr. Fax resume to (905) 839-5694

International Careers TEACHING ENGLISH
Thousands of new jobs monthly!
The College of Applied Linguistics is offering a 5-day TESOL Certificate Course June 18th-22nd (Evenings & weekend) in the Durham District.
To register for the **Open House, May 22nd 7 p.m. Call: 1-888-246-6512**
www.INTLcollegeoflinguistics.com

LAMINATORS NEEDED. \$12.00 per hr. Long term temp, plastic and wood experience. Pickering area. Fax resumes to Staff plus (416)495-0941. Attn: Christine.

LANDSCAPE FOREPERSON needed, must have at least 3 to 5 years experience and have a good knowledge of plants and pruning, with a valid drivers license. Call (905) 428-1844. fax (905) 428-8496.

MODELS needed for fashion shows, magazines, catalogues, advertising and TV commercials, Toronto and International opportunities. Call 416-535-1571 or e-mail: modellcall@mail2world.com

Mr. Handyman
Are you looking for:
•Excellent hours? (M-F)
•Good wages?
•Use of co. vehicle?
•Good working conditions?
Mr. Handyman can offer you all of the above & more. 416-445-8500

NEED TO LOSE 15-120LBS? No calorie counting, no food restrictions. Doctor formulated, 100% guaranteed. Call 905-427-6952

CUSTOMER SERVICE ORDER TAKERS
\$15.00/hr. Avg.
Full Training Provided
Managers Required
Call Paul
905-435-0518

510 General Help

PICKERING BASED portable toilet company requires service route driver/labourer for units in GTA, York and Durham and for septic tank pumping. Starting rate \$11.00 per hour after training period. Part time and full time required. Please fax (905)985-3850

STRONG VOICES NEEDED! Telephone sales re: police retirees. Work from our office Monday - Friday, 10 a.m. - 4 p.m. or 4:45 to 8 p.m. salary plus bonus and commission. Phone (905) 579-6222.

SUMMER WORK! F/T & P/T positions in Customer Service and Sales. No experience necessary. Will train. Great starting pay. Call Mon-Sat. 8am-5pm 905-665-8568 or apply online www.summerworknow.com

STYLIST POSITION for busy Oshawa and Whitby salon. Guaranteed salary / commission. Hiring bonus from \$100 - \$350., store discounts. Also part time stylist position for Ajax. Call Cheryl (905) 723-7323.

SUMMER WORK? looking for full time? Need money for School/Fun? Advertising company in seek of 10 hard working people who are looking for \$500 a week. Scholarships and bursaries available. Call Kayley @ (905) 576-4425

SUPERINTENDENT - personable and energetic couple for clean attractive and well managed 40 unit building in Oshawa, free apartment plus salary, experience and references preferred. Apply File #902 Oshawa This Week, P.O. Box 481, Oshawa, Ontario. LH 7L5

WANT A \$400 a week paycheck? Looking for warehouse work? no advancement? If so, look at the next ad please. We don't offer any of that. Looking for an advertising and marketing career and have no experience and want to make more than \$400 a week and advance and we train. Call Lisa (905) 576-3557 or email at wellbanksadvertising@hotmail.com

WELL ESTABLISHED, expanding carpet cleaning franchise requires Technicians, full & part-time to join our winning team. Must be bondable, neat in appearance, reliable & clean driving record w/ valid drivers license. Experience PREFERRED but not necessary, will train. Call 905-434-6569

ATTN: MOTHERS & OTHERS . Work from home online. Earn \$500-\$3,000+/mo PT/FT. No door-to-door sales, soliciting friends & family. Visit: www.321seethedream.com

CLEANERS - LOOKING for individuals with cleaning experience for great new opportunities with cleaning service for residential clients. Extremely attractive wages offered. Own vehicle preferred. Call (905)686-5424 now.

514 Salon & Spa Help

BUSY SPA looking for full time esthetician. Apply in person with resume at 36 Athol Street, Oshawa 2nd floor

FULLY EQUIPPED salon for rent on Brock St. in Whitby, also one large room for rent within salon. Ideal for RMT or esthetician. Great location and amazing low rent 905-430-0093

HAIR STYLIST ambitious & motivated person for very busy salon located in Oshawa, full time. Call 905-723-5090.

VALENTINO'S Grande Salon seeking highly skilled professional hairstylists & colourists to work in trendy downtown Whitby salon (no clientele required). Call 905-666-3806

515 Skilled & Technical Help

BRICK LAYER REQUIRED. Minimum 3 - 5 years experience for crew in Durham Region. Top wages. Call (905) 655-6113

CLASS A MECHANIC for heavy and light duty trucks. Must have own tools, experience, able to do AC Service. 12-8pm shift 4 days per week, and 8-4pm shift Saturdays, weekday off of your choice. Benefits, paid lunch breaks, brand new facility. Please state expected wages. Fax resume to 705-277-3880 or call Phil 705-277-3888 for further info.

ELECTRICIAN Journeyman or 5th term apprentice required for industrial and commercial control work. Must have own vehicle, competitive wages. Fax resume 905-655-3831

EXPERIENCED TRUSS Salesperson and Truss Designers needed with a busy truss company in Ajax. Resumes should be faxed to 905-683-6558 or e-mailed to sales@hrt-on.com.

EXPERIENCED PREP PERSON, minimum 5 years. Apply in person to: 520 Fox St. Until 1. Oshawa.

INSURANCE BROKERAGE in Whitby requiring Receptionist for face-paced environment. Basic computer skills a must, will provide industry training. For consideration, fax resume to: 905-433-5012

530 Sales Help & Agents

BELL SYMPATICO AGENT requires commissioned direct sales representative (door-to-door). Full & part-time positions avail. Excellent remuneration. Students welcomed. Contact Robert 416-678-3115 or John 905-432-9862.

514 Salon & Spa Help

COME JOIN A WINNING TEAM OF GREAT HAIRSTYLISTS

Hair Fitness Inc. offers above competitive wages, incentive programs, advanced training, paid vacation and much more!

If you are an experienced hairstylist and looking for a friendly bright atmosphere give us a call
(905) 683-0290, 1-800-618-9684
416-571-8367

Positions available in
Ajax, Oshawa, Bowmanville & Whitby

515 Skilled & Technical Help

HEAVY EQUIPMENT MECHANIC
Experienced with own tools.
Markham area.
Call Fred ext 116
or Angelo ext 115
at (905)294-7480

HP Horn Plastics Inc.

We are a recognized leader in the custom injection moulding and assemblies business. The following opportunities are available at our new Whitby location.

Set-Up Technicians

You will ensure the timely and efficient set-up of injection moulds, trouble shoot related processes and equipment and complete required repairs. You have a minimum of 5 years' injection moulding or plastics related experience and thrive in a team-oriented environment.

Please send your resume, in confidence, to: **Human Resources, Horn Plastics Inc., 114 Industrial Drive, Whitby, Ontario, L1N 5Z8**
Fax: (905) 668-3860
E-mail: hr@hornplastics.com
No phone calls, please.

SUPERVISOR REQUIRED

Afternoon shift
B & G TRUCK/TRAILER REPAIR
Benefits available.
Call (905) 435-1166 for interview
Fax resume to (905) 435-4707

530 Sales Help & Agents

Coburn's Transportation Systems

We are a leader in the transportation of specialized freight, household goods and overseas relocations. Our Sales Department has an opening for an experienced sales consultant. We require at least 3-5 years sales experience. Knowledge of transportation industry an asset, training is available. Applicant must be customer oriented and able to manage a busy schedule. Competitive compensation package.
Fax resume to 905-571-4769

515 Skilled & Technical Help

LICENSED AUTOMOTIVE tech. for busy general repair shop in Oshawa. Must be able to do diagnostic and repair work. Qualified applicant will get \$25.20/hr flat rate to start and benefits after 3 months. Call 905-433-4782.

ROOFING SHEET METAL installer. Local Company. Serious inquiries only. 1-2 years experience. Must have own hand tools and transportation. Call (905)666-8594

525 Office Help

DURHAM'S LARGEST insurance brokerage requires a dynamic individual to join our team as a personal lines CSR. Must have RIBO licensed. Please fax resume to: 905-427-4615 at: Laura.

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535 Hospital/Medical/Dental **535** Hospital/Medical/Dental **535** Hospital/Medical/Dental

Dental Chairside Assistant

Train for an exciting and creative career in the dental health field, helping people and making a difference.

- Program Overview:
- Anatomy & Histology
 - Pharmacology
 - Radiology (H.A.R.P.)
 - Preventive Dentistry
 - and more

- Apply for a position in:
- General or Specialized Practice
 - Public Health
 - Dental Sales & Administration

(905) 723-1163
Oshawa Centre



Trillium College
419 King Street W.
Oshawa Centre
Visit: www.trilliumcollege.ca

565 Volunteers **565** Volunteers **135** Lots & Acreages

VOLUNTEERS NEEDED
Frontenac Youth Services,
A Children's Mental Health Centre
Serving the Durham Region since
1972 is in need of volunteers
for the following:
Board of Directors
10 meetings/year
Bingos Bi-weekly
Please contact Betty at
905-579-1551 ext. 223

110 Apartments/Condos For Sale **110** Apartments/Condos For Sale

OWN NEW IN BOWMANVILLE \$699/month

Suites from \$99,990.
Bowmanville's finest location.
\$500 initial deposit, combined
income required \$30,000.
Limited quantity available.
Appliances included.

Steps from GO service.
25 minutes east of T.O.,
exit at Waverly North
of the 401.
Just south of Hwy 2.

Call 905-697-0513
THE KAITLIN GROUP

A GREAT INVESTMENT

160 Business Opportunities **160** Business Opportunities

BUSINESSES WANTED

We are interested in growing our business into new areas by acquisitions or partnerships. If you have a Durham Region / Northumberland County area business that would benefit from more promotion, we may be interested in talking with you.

Our interest is primarily, but not restricted to, businesses in the areas of publishing, distribution, printing, customer fulfillment, consumer and trade shows, and advertising agencies.

Please write to:
File #825, c/o Oshawa This Week
PO Box 481, Oshawa, ON L1H 7L5
Email: morebusinesswanted@hotmail.com
describing the nature of your business with addresses / phone numbers to contact you.
We will only contact businesses of interest.

100 Houses For Sale **100** Houses For Sale

OPEN HOUSE, May 3 & 4, 2pm-4pm. 830 Castlegrove Avenue, Oshawa (first street north of Hwy#2 on Thornton) 3-Bedroom, 2-Bath, non-smoking, FAG-CAC, fully-fenced backyard, paved-drive-way, inter-locking brick; direct-access single-garage w/ opener; Finished rec-room. \$182,900. Call 905-725-7899 for alternate viewing.

PICKERING VILLAGE 82 Todd Rd. John Boddy Home. Kingsgate Model 8-months-old. 2440-sq-ft. 3-bedrooms, double garage mainfloor laundry, hardwood/ceramics gas fireplace cathedral ceiling. Manu upgrades \$368,000. Very flexible closing. Motivated seller OPEN HOUSE May 10/11. 10-4:00 416-358-3367

BEAUTIFUL CENTURY HOME, Hwy#12 Manchester (beside Sandman Motel) 3/4-bedrooms, family-room with fireplace off large modern kitchen, 2-car garage, 1 1/2 commercial acres for your business. \$1495 plus utilities will sell for \$299,00. owner may finance. Open House Sat. Sun May 3&4, 1-4. 905-725-1171

TUDOR-STYLE2-storey in Beau-Valley (Beatrice/Sycamore). Oshawa. '70's retro rec-room, 4 bedrooms, 3 baths, double-car garage, r.v. Asking \$259,000. 905-404-9900; 905-718-4074.

GOOD JOB BUT NO DOWN PAYMENT? Simcoe/Olive, Oshawa. 2 1/2 storey. Call Bernie 416-283-3000 or Rob 416-587-3162

ESCAPE THE CITY move to the country with big city convenience. Unique 48 acres, 3-hay fields, rolling land, pine & cedar trees, stream, building lot, unlimited water, old gold mine shaft. 10-minutes out of Madoc, (613) 473-2015, after 8pm.

MONTAGUE, PEI summer retreat or year round 2 storey home, 2 baths, large country kitchen, many renovations, large treed lot w/private back yard. Five minute walk to town marina. 15 minute drive to sandy beach at Pamure Is. 10min drive to 2 renovated 18 hole golf courses at Bredenell. \$89,000 Phone (902)838-4532 weekdays after 6pm, anytime weekend. Pictures upon request. snc

120 Out-of-Town Properties

P.E.I. TWO 10 ACRE lots on quiet paved country road. 7 acres clear, 3 wooded with brook running through wooded area. 10 min. to Panmure Island Beach, 15 min. from (2) 18 hole renowned golf courses at Burdenell. \$49,000 each. Phone (902) 838-4532 weekdays after 6 p.m., anytime on weekends. snc

145 Indust./Comm. Space

AVAILABLE immediately. Park & Bloom, commercial unit, 1,425 sq. ft. Good location. Call 905-579-5077 or 905-571-3281 after 5.

BOWMANVILLE, 30,000sq.ft., 6.5 acres zoned M1-M2. Heavy power, 4 OH cranes, 4 grade level OH doors. Call Barrie Lennox, Re/Max (905)668-3800.

INDUSTRIAL UNIT, 1000, sq. ft., drive-in door, office & wash-room from \$495.
ALSO a car fully equip Oshawa, body shop, spray booth air compressor etc.
4,000 sq.ft.
For sale 8 unit indust. building, owner financed great investment.
905-725-1171

150 Office & Business space

AVAILABLE IMMEDIATELY, Veltre Complex, Bowmanville. 68 King Street East. Office/Retail Rental Space. Parking & Wheelchair Accessible. 3 spaces available: 390-sq-ft to 760-sq-ft. & 2495-sq-ft. For more information call: 905-623-4172

SECOND FLOOR UNIT, approx. 560sq.ft. Simcoe St. N. Oshawa location. Available May 1. Parking on premises. Call Kathy or Bob (905)576-5123.

155 Stores For Sale Rent/Wanted

STORE FOR LEASE downtown Whitby on Brock St close to 4 corners. Inquiries call 905-430-8327 Available May 1st

160 Business Opportunities

\$\$ GOVERNMENT FUNDS \$\$ Grants and loans information to start and expand your business or farm. 1-800-505-8866

MARKET YOUR BUSINESS Opportunity to over 4.9 Million adults in Ontario with Metro-Land Community Newspapers. Call today for information on weekly word ad rates - 416-493-1300 ext. 335

NEWLY RENOVATED GAS BAR, on busy Highway #28 (near Kawartha Downs). 1300sq ft bldg on 2 acres. Ideal spot for Sub or Coffee Shop. For sale or lease, easy terms, open for offers. Call Mark before 9pm(705)324-0233

170 Apts. & Flats For Rent

OSHAWA - 1 BEDROOM APT. - \$650/mth inclusive, no pets, single working person preferred. Ist/last. Available immediately 905-438-1982 after 5 p.m.

1-BEDROOM +den large basement apt., Pickering-Liverpool/Kingston on ravine, in quiet adult occupied home, suit single, \$825 inclusive w/ cable/parking, July 1. 905-831-6289

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170 Apartments & Flats For Rent

33 & 77 Falby Crt., Ajax

2 & 3 bedroom apartments starting at \$978 per mo. On-site superintendent and security.

Rental Office Mon.-Fri.
8:30 a.m. - 4:30 p.m.
(905) 686-0845
www.ajaxapartments.com

MANORS OF BRANDYWINE
45 GENERATION BLVD. APT 122

Hwy. 401 & Meadowvale Blvd.
1, 2 & 3 bedroom suites available.
Freshly painted with new carpets, blinds, and ceiling fans. Air conditioned, close to schools, shopping and Toronto Zoo.
Call to view: (416) 284-2873
Email: brandywine@goldlist.com

170 Apartments & Flats For Rent

RENT-WORRY FREE
1, 2 & 3 Bed. Apts.
Well maintained, modern Appliances. All Util. included.
On site super, maintenance & security.
Rental Mon. - Fri. after 10:30 am
Office: Sat. & Sun. 1 pm - 5 pm

VALIANT PROPERTY MANAGEMENT
905-579-1626
www.gscrentals.com
e-mail: valiant@speedline.ca

1-BEDROOM, central Oshawa, clean, freshly painted, quiet basement of house, references, first/last, all inclusive, washer/dryer, \$550/month. No pets. Available June 1st. Call 905-884-6922

1-BEDROOM BASEMENT apartment, furnished, bright, laundry, parking, Liverpool/Bayly area, \$1000/month inclusive. Short or long term. Available May 1st. (905)420-1612

2 BEDROOM MAIN level, includes basement) in legal duplex, North Oshawa. Large rooms. Available June 1st. Parking, 1 car. \$825. Leave message (905) 242-9099

1 BEDROOM ground floor apt. available immediately, \$625+hydro. First/last. Uxbridge downtown Brock St. No pets/smoking. References. Call Sam 905-709-8152.

3 BED. apt for rent in Whitby, Garden/Mary St. available June 30th. \$1200/month all inclusive. Call 905-683-7622 or 416-801-0575.

3 BEDROOM MAIN floor of house and large basement bachelor available. May 1st, large yard and deck, close to Oshawa Centre/bus, laundry, pets Ok. \$1,050 and \$650. Heat, hydro, water parking included. (905) 431-0577.

A 2-BEDROOM GORGEOUS executive apt. Prime north Pickering location, sep entrance, private laundry, no smoking/pets. \$1000-incl. 647-280-4074. www.upscalentals.ca

A BEAUTIFUL basement apt 401/Harwood, 1-bedroom large living room, open kitchen, full washroom, central air conditioning, parking, sep entrance, available now, no pets/smoking. \$800+30% utilities. Call Shahbaz after 6pm 647-280-9500

AAA1-MAIN floor-basement, immaculate Oshawa home. Beautiful family-neighbourhood. Completely-renovated, 3-bedrooms, large-kitchen/livingroom/diningroom. All appliances, laundry, 2-parking/storage-shed. \$1200+utilities. No pets/smoking. June 1st. 905-424-1113.

BASEMENT APARTMENT New 1-bedroom, laundry, gas fireplace, own entrance, big yard, parking. \$875/mth. Altoona/Sheppard area. Approx. 800sq.ft. No smoking/pets. 905-509-8678

BROCK RD/401, new bachelor apartment in quiet home, separate entrance, parking, full bathroom, kitchen, air, first/last \$700/month. No smoking, no pets. Available immediately. Suit single person. (905)427-0886.

OSHAWA - 1 BEDROOM APT. - \$650/mth inclusive, no pets, single working person preferred. Ist/last. Available immediately 905-438-1982 after 5 p.m.

1-BEDROOM +den large basement apt., Pickering-Liverpool/Kingston on ravine, in quiet adult occupied home, suit single, \$825 inclusive w/ cable/parking, July 1. 905-831-6289

170 Apts. & Flats For Rent

OSHAWA - 1 BEDROOM APT. - \$650/mth inclusive, no pets, single working person preferred. Ist/last. Available immediately 905-438-1982 after 5 p.m.

170 Apartments & Flats For Rent

BROOKLIN - 2+1 bed. apt. 4 new appliances. Whole apt. redecorated. New broadloom. \$1145/mo+hydro. Also 1 bed. apt. 2 appliances. \$625/mo+hydro. Available June 1st/or to be arranged. 905-424-9743.

CENTRAL WHITBY, 3 Bedroom mainfloor of triplex, very clean, spacious, quiet building. \$1,075 all inclusive. Available June 1. Ist/last, no pets, 905-263-4125.

CHARMING 1-bdrm in large Victorian country home. Covered porch, picture window, washer & dryer. Suit professional non-smoker, no pets. \$975 inclusive. Avail. June 1st. 905-655-8293

CLEAN 1-BEDROOM \$770/month, utilities included. Simcoe and Mill area, small quiet apartment building. Call for appointment (905)579-9890.

170 Apartments & Flats For Rent

GEORGIAN MANSIONS OSHAWA
Luxury 1, 2 and 3 bedrooms. Laundry facilities, close to all amenities
Seniors incentive (905) 579-9016

LARGE LUXURIOUS NEW 1-bedroom basement apt. in executive Whitby home. Very bright, parking, fireplace. Available immediately, \$840/month. Call (905)430-7845

OSHAWA - 488 Bloor St. E. (West of Wilson Rd.) 2 bedroom semi, immediate, \$925 all inclusive. Ist/last. Fridge, stove, large backyard, Sheila Gordon (905) 436-0278.

OSHAWA - TAUNTON/WILSON - New home, immaculate walkout bachelor apartment, suits one person, parking, non smoker, no pets, June 1st. \$650 per mo. all inclusive (905) 728-9509

OSHAWA 2-bedroom apt., main floor of house. Bright, spacious clean, use of backyard, suit mature, working couple. Available June 1st. \$985/month. First/last. No dogs. (905)666-1817

OSHAWA above ground basement, 1 bedroom, 4 appliances, very clean, parking, \$700, June 1st, Ist/last. (905) 424-9115.

OSHAWA APTS. professional new ownership/management, newly renovated 2+3 bedrooms from \$800, new appliances. Building upgrades to include: security cameras, new windows and more! On transit route near schools/amenities. 905-404-4002

OSHAWA 1&2 BEDROOM Available anytime or June 1st. 2 locations: 350 Malaga Rd., 946 Masson St. \$680/\$780 mth inclusive. No pets. Please call any time 905-576-6724 or 242-4478.

OSHAWA 1-BEDROOM lower level of house, private building, ample parking, washer, dryer, close to all amenities, \$700/month, available immediately. No pets. 416-402-6594

OSHAWA, 1-bdrm, bright, clean 2nd floor apt. Ritson/Olive. Separate entrance, parking, utilities and cable incl. No smoking/pets. \$750. Call 905-986-4889

OSHAWA, 2-bdrm basement, quiet home, central air, private entrance, laundry, 5 appliances. 1-parking. Use of yard in exchange for maintenance. May 15 or 30. \$825 inclusive w/cable. 905-404-8695

OSHAWA, 2 bedroom available in small very clean quiet building, freshly painted, carpeted, update decor, parking included, laundry on site, \$675 - \$725 plus hydro. (905) 434-9844

OSHAWA, 2 bedroom available in small very clean quiet building, freshly painted, carpeted, update decor, parking included, laundry on site, \$675 - \$725 plus hydro. (905) 434-9844

OSHAWA, unique clean 1 bedroom main floor of home. Parking, close to all amenities. May 1. First/last, no pets \$650/month inclusive. 905-786-2413

PICKERING, Brock/Delbrook 1-bdrm basement. Clean, freshly painted, separate entrance, 4 appliances, no pets, 1-parking, suit working person/couple. First/last, references. \$795/month inclusive. Available immediately James (905) 619-2289, cell 416-991-2083.

170 Apartments & Flats For Rent

PICKERING - Bayly/West Shore (at lake), new 2 bedroom basement apt., separate entrance, laundry, parking, A/C, 1st/last, credit check req'd, no smoking/pets, prefer quiet working woman. \$850/mo. incl. Available June 1. Call home: 905-421-9150/business: 416-396-5643

PICKERING 1-BEDROOM basement apt., separate entrance, parking, laundry, a/c, freshly painted, new flooring. No smoking/pets. \$750 inclusive, first/last. Available immediately. (905)839-6636

PICKERING, 1865 Glenanna Rd., 3 bedroom apts. close to shopping, schools, daycare, GO, 4 appliances, heating, air, carpeted, large suites. From \$1100. Available May/June 1st. 905-831-1250

PICKERING, Brock/Hwy #2, 2-bdrm basement, separate entrance. avail immediately, \$825 inclusive. Suitable for quiet couple. No smoking/pets. First/last. Call 416-989-2666.

QUEEN SIZE 4-pc. bedroom set \$500; dining set w/4 chairs, buffet glass hutch \$900; coffee table, round glass top \$60; 666-0123

REGENCY PLACE - 15 Regency Cres., Whitby, 50+ Adult Lifestyle Apt. Complex. Clean quiet building, across from park. Close to downtown. Daily activities incl. All utilities included. Call 905-430-7397. www.realtar.ca

SIMCOE/401, 2-bdrms first floor apt in quiet residential w/ all facilities Separate entrance, parking. No smoking, bus stop at door. \$850. 905-571-7585

SIMCOE/MILL OSHAWA Quiet building near shopping, transportation. Utilities included. 1-bdrm, immediately/June 1 \$729/mo., 2-bdrm, May/June 1 \$829, 3-bdrm, May/June 1 \$929. 905-436-7686 until 7:30pm.

SOUTH AJAX - IMMEDIATE. Large bright one bedroom bsmt. apt. Suit single working. Parking, laundry. No pets/smoking. Sep. entrance, First/last/references \$750 inclusive. 905-686-6773

SOUTH PICKERING, 1-bedroom walkout basement apartment separate entrance, gas fireplace, all appliances, \$800 inclusive. Jo-Anne Carr (905)428-4557 X123.

SPACIOUS one bedroom basement apt. \$650/inclusive. First/last required. Laundry fac., suit single working person or mother with child welcome. Near Oshawa Centre, all amenities. June 1st. 905-579-2877 after 6 p.m.

SPACIOUS 2-BDRM CONDO 936 Glen (at Park). Parking, appliances, laundry, A/C, \$800/mo. incl. First/last, references no pets. Suit professional couple. (905)725-8553 or (416)516-4238

SPACIOUS spotless 3 bedroom condo located at beautiful Sailsdown On The Lake. A gated community, 5 appliances, 2-parking/locker. All util. and cable included. \$2200/mo. Available August 1. 905-718-9264

SPRING FLING 1 MONTH FREE OSHAWA VERY SPACIOUS
2 & 3 bdrm. apts.
Close to schools, shopping centre,
Go Station.
Utilities included.
Senior Discounts
Call(905)728-4993

TAUNTON/SIMCOE, one-bdrm basement, separate entrance, parking, cable, laundry. No smoking/pets, suit single working person. \$700 inclusive. Avail. immediately. Call 905-720-2210

TESTA HEIGHTS -2 TESTA RD. UXBIDGE One & two bedroom apts. available. Conveniently located in Uxbridge in adult occupied building. Weekly tenant activities. Call 905-852-2534 www.realtar.ca

WHITBY-Large clean 2 bedroom, on 1st floor, near 401, parking, laundry on site \$810/mo. includes utilities. Available June 1st. 416-652-9277

WHITBY - OSHAWA. Whitby 2 bedroom from \$795 plus hydro. Central Oshawa modern 2 bedroom \$810 plus hydro (905) 728-8066. Central Oshawa basement 2 bedroom \$650 inclusive (416) 818-3886. Ist/last references required.

WHITBY Brock & Dundas, 1-bedroom apt, \$680/month water & heat included. 1-parking. First/last required. Available June 1st. 416-493-1927

WHITBY PLACE, 900 DUNDAS ST. E., One and two bedroom units available, park like setting, close to downtown, low rise bldg, laundry facilities, balcony, parking. 905-430-5420. www.realtar.ca

OSHAWA PARK RD./401. Large furnished 1-bedroom apartment, bus route, separate entrance, parking, \$700 monthly. Includes utilities, first/last, immediate. Call (905)576-8381

AA 3 BEDROOMS in Oshawa 4 appliances, close to Downtown & schools. \$1000+ First & last. Available immediately. 905-721-0443

170 Apartments & Flats For Rent

OSHAWA - 1 BEDROOM APT. - \$650/mth inclusive, no pets, single working person preferred. Ist/last. Available immediately 905-438-1982 after 5 p.m.

170 Apartments & Flats For Rent

NORTH OSHAWA, 2 bedroom May 15th or June 1st. Clean, family building. Heat, hydro and two appliances included. Pay cable, parking, and laundry facilities. (905) 723-2094.

175 Apts. & Flats Wanted

WANTED - 2 bed. spacious apt. for July 1st. No pets/no smoking. Whitby/Ajax/Pickering area. Approx. \$900-\$1000 inclusive. Am a single professional. 905-683-0830

180 Condominiums For Rent

AJAX, 189 Lakewoodway Beautiful 2-bedroom condo, 2 parking spots, available July 1st. \$1300 all inclusive, first/last, credit check required. Call (905)619-2495.

COLLINGWOOD, Cranberry, 3 bedroom, 3 baths, fireplace, fully equipped, ski season \$6500. 905-294-6776.

LIVERPOOL/401, new 1+1 bedroom, steps to shopping, GO, highway, 5 appl., parking, \$1400 inclusive. May/June 1. 416-540-2653, 905-428-7581

REGENCY PLACE - 15 Regency Cres., Whitby, 50+ Adult Lifestyle Apt. Complex. Clean quiet building, across from park. Close to downtown. Daily activities incl. All utilities included. Call 905-430-7397. www.realtar.ca

SIMCOE/401, 2-bdrms first floor apt in quiet residential w/ all facilities Separate entrance, parking. No smoking, bus stop at door. \$850. 905-571-7585

SIMCOE/MILL OSHAWA Quiet building near shopping, transportation. Utilities included. 1-bdrm, immediately/June 1 \$729/mo., 2-bdrm, May/June 1 \$829, 3-bdrm, May/June 1 \$929. 905-436-7686 until 7:30pm.

SOUTH AJAX - IMMEDIATE. Large bright one bedroom bsmt. apt. Suit single working. Parking, laundry. No pets/smoking. Sep. entrance, First/last/references \$750 inclusive. 905-686-6773

SOUTH PICKERING, 1-bedroom walkout basement apartment separate entrance, gas fireplace, all appliances, \$800 inclusive. Jo-Anne Carr (905)428-4557 X123.

SPACIOUS one bedroom basement apt. \$650/inclusive. First/last required. Laundry fac., suit single working person or mother with child welcome. Near Oshawa Centre, all amenities. June 1st. 905-579-2877 after 6 p.m.

SPACIOUS 2-BDRM CONDO 936 Glen (at Park). Parking, appliances, laundry, A/C, \$800/mo. incl. First/last, references no pets. Suit professional couple. (905)725-8553 or (416)516-4238

192 Rooms For Rent & Wanted

YOUNG PROFESSIONAL, spacious beautiful room in upscale large house looking for occupant. Ajax/Pickering. Non-smoking. Facilities/parking. \$475/month, June 1, First/last, references. (416)995-6138

BOWMANVILLE-Liberty/401. Furnished room available, quiet, clean, T.V., cable, parking, shared bathroom, kitchen & living room. \$95/week, first & last week required. 905-697-0760.

FULLY FURNISHED rooms for rent, Ajax. \$450/month inclusive. Clean responsible tenants. Call (416) 677-9681

ROOM FOR RENT Ajax 1 bedroom, share kitchen & Bath, no smoking, frst/last \$400.mo., 905-428-1205.

WESTNEY/ROSSLAND, large main floor room with laundry, bath, parking, suit working person, no pets/smoking, \$500 inclusive. Available immediately. 416-540-2653, 905-428-7581

194 Shared Accommodation

A MUST SEE!! East Oshawa clean quiet house, share w/2-professionals. A/C, cable, phone, abstainer/no pets. Ret-ro furnished. \$475/month. Call 416-997-3509

COURTICE-MAY 15/June 1st - bedroom on separate floor with private-4pc. bath, shared kitchen, on bus route, close to amenities. \$475/inclusive. 905-404-8777.

WHITES/401 Mature male preferred. 2-storey house, garage, all appliances, family-room w/replace, rec-room, laundry, parking, quiet residential area. \$450. 416-804-4867. 905-420-0081

200 Vacation Properties

\$9,900 Fully serviced wooded trailer site, hydro, water, sewers, telephone. Near Co-bourg. Sandy Beach, great fishing, will finance. Call 905-885-6664.

GREAT FISHING and family holiday on Rice Lake. One hour from Oshawa. Modern cottages. Sandy beach, playground, children's programs. Available May thru September Family prices. (705)698-2601

205 Rentals Outside Canada

CLEARWATER, FLORIDA, 2-3 bedroom furnished manufactured homes. 85° pool, 105° hot tub, minutes to beaches and major attractions, NHL Hockey (S8/seat), Horse/dog Tracks. Children welcome. Photos shown in your home. \$275 weekly (less than motel) (905)683-5503.

209 Cottages For Rent

FENELON FALLS, Sturgeon Lake, private lakefront 3-bedroom modern cottage, all conveniences, cable. No pets. \$600/weekly. Call (905) 623-7637.

OWN A COTTAGE For less than your vacation budget. Under an hour away. I will find your cottage. Matt Murphy, Re/Max Eastern 1-800-567-4546

211 Motor Homes

TRAILER 1984 BONAIR cabin trailer for sale. 15/30 amp, sleeps 2, electric stove. \$1800 obo as is 905-433-1685 after 6

215 Campers, Trailers/Sites

17 FT. GLENDALE Golden Falcon 1972 camper trailer sleeps 6. Full kitchen, propane heating, washroom, good condition, asking \$2600 obo. (705) 738-5500 evenings.

1974 APACHE TENT Trailer, sleeps 7, fridge, hard top and slides, good condition. \$750. Call (905)686-6277.

1993 18FT TRAVEL TRAILER, Layton Lite by Skyline. A/c, stove, fridge, microwave, furnace, sleeps 4, dual axle. Excellent condition \$7,995. Call 905-623-6868

B' TRUCK CAMPER, 4-burner stove/oven, fridge/freezer, furnace, sink, toilet, sleeps 4. \$1200. obo. 705-328-2212.

HUNTER'S DELIGHT - 9ft. slide in TRUCK CAMPER, 2 beds, stove with oven, fridge, furnace, washroom and hot water, can be seen at Castle-ton Hills Trailer Park, Lot 4 or call 1-866-241-2224 or 905-344-7838.

NEW PARK -RICE LAKE Large seasonal 10 new sites. Pool, beach, docking, rec. hall. North Lander Trailers for sale. Park Model rentals weekly. Call (705)696-3423. Website: www.dreamlandre-sort.on.ca

232 Boats & Supplies

20 FT. SAILBOAT, sleeps 4, with trailer, 3 sails, motor, retractable centre board. \$2,500 (905) 723-7800

JOHNSON 3 cylinder out-board motor, earlier model, oil injection option, good condition, \$2,000 obo. 905-985-8615.

279 Tutoring

DORNA TUTORIAL SERVICES Inc. - One on one private tutoring. Exam preparation, homework. All subjects, Grade 1-University. 905-471-6260.

309 Bargain Centre

PEREGO CARRIAGE/stroller w/bassinnet & stand; crib, linens w/matching gliding chair & stool; playpen; infant car set w/snap & go. Call 905-509-4220 or Garage Sale May 3rd.

SELF CLEANING INGLIS stove, almond colour, matching fridge. \$325 o.b.o. Call 905-668-1471.snp

310 Articles For Sale

10 KW ELECTRIC/WOOD furnace, garden double doors exterior, satellite dish with receiver, snow plow. (905) 576-6341

CARPETS - lots of carpets. I will carpet 3 rooms (30 sq. yd.) Commercial carpets for \$319.00. Residential or Berber carpets for \$389.00. Includes carpet, premium pad, expert installation. Free, no pressure estimate. Norman (905) 686-2314.

DANBY FREEZER 5 CU. FT. SCRATCH AND DENT \$199. New danby bar fridges, \$139 and up. Also variety of new appliances, scratch and dent. Full manufacturers warranty. Reconditioned fridges \$195 / up, reconditioned ranges \$125 / up, reconditioned dryers \$199 / up, new and reconditioned coin operated washers and dryers at low prices. New brand name fridges \$480 and up, new 30" ranges with clock and window \$430. Reconditioned 24" ranges and 24" frost free fridges now available. Wide selection of other new and reconditioned appliances. Call us today, Stephenson's Appliances, Sales, Service, Parts, 154 Bruce St. Oshawa. (905)576-7448.

CARPETS, LAMINATE AND VINYL SALE, 3 rooms, 30sq. yds. for \$319 Commercial carpet including premier underpad and installation. Laminate \$1.69sq. ft. Click System. Residential, commercial, customer satisfaction guaranteed. Free Estimate. Mike 905-431-4040.

PENTIUM III computer 128Mb ram, modem/CD/sound/video, kbd/spk/mouse, 15" monitor. Amazing deal \$350. Can deliver +set up. 905-439-4789

4 OAK BAR STOOLS \$500; Oak dresser 150yrs \$300; white wicker single bedroom \$450; bunk beds 2yrs \$350; sofa +chair \$250; 36" Tv 1yr \$750; futon 1yr \$250; black dining table, 8 chairs \$275; replica queen bed \$200; antique oak dining table (only) \$350. 905-260-2200

5 PC. OAK BEDROOM suite, \$695. 11 pc. dining room suite \$1695. 4 pc. antique living-room suit \$1695 (exc. shape), recliner \$75, sofa chairs \$65, coffee table \$125., 3 dressers \$45 each, Columbia Gramophone \$495, rocking chair \$145, Tv \$50, antique dresser \$245, wall unit \$30, oak dog cage \$135, brass bed (1860's) \$450, sofa table (1900's) \$695, many dishes collectibles, old radios, paintings and many more items, call 905-697-3532, Bowmanville.

52" RCA Big screen tv with manuals and 5 year warranty. Guide-Plus, Picture-in-picture Bought 9 months ago. Asking \$1,750. Telephone (905) 665-8208

A-KING pillowtop mattress set, New in plastic, cost \$1600. Sacrifice \$650. 416-746-9995

A-1 CARPETS & HARDWOOD SALE - 20 cu Commercial carpet, installed with pad \$285 (30 yds.). Berber carpet installed with pad from \$375 (30 yds.). Special Buy - 40 cu Nylon carpet, neutral colours \$10.50 yd./\$116 sq. ft. Hardwood flooring 3/4" thick from \$4.95 sq. ft. Other great deals available. Free shop at home service. Durham to Northumberland area. SAILLIAN CARPETS 905-242-3691 or 905-373-2260.

AA BIG MOVING SALE! Items from A-Z. Email for list at sold@sympatico.ca or fax 905-743-9900 (Oshawa)

PIANOS/CLOCKS Scratch & Dent Sale on all Roland digital pianos, Samick pianos. All Howard Miller clocks. Large selection of used pianos (Yamaha, Kawai, Heintzman etc.) Not sure if your kids will stick with lessons, try our rent to own. 100% of all rental payments apply. Call TELEP PIANO (905) 433-1491. www.Telep.ca WE WILL NOT BE UNDERSOLD!

ADD A SUNROOM to your home, 8x10 Solarium Kit, still in box, easy install. Paid \$4200, asking \$3200. Judy (416)417-9951.

310 Articles for Sale

AFFORDABLE APPLIANCES HANK'S APPLIANCES. BEAT THE RUSH, keep cool get your Air conditioner now! Fridges \$100/up, stoves \$150/up, washers & dryers \$350/pr. Washers \$175/up, dryers \$150/up. Stackable washer/dryer \$499/up. Portable dishwasher \$175/up. Dehumidifiers \$100. Large selection of appliances. Visit our show-room. Parts/sales/service. 426 Simcoe St. S. Mon-Fri 8-6pm, Sat 9-5pm, Sun 11-4pm. (905)728-4043.

ALL SATELLITE SERVICES. Amazing Electronics, 601 Dundas St. W. Whitby. Call (905)665-7732.

ANTIQUE 1860 Ash Bedroom suite, 3/4 size w/new mattress paid \$3,000. 1950's dining set w/hutch, table, 4 chairs; oak dining table w/4 padded chairs; hall bench; sofa bed & more. Reasonable offers please. Pickering. 905-839-5449

APPLIANCES refrigerator, stove, heavy duty Kenmore washer & dryer, apartment-size washer & dryer. Mint condition, will sell separately, can deliver. 905-839-0098

AWNING, new, 16ft \$500; student desk/hutch \$50; other misc. items. Best offer. Call after 6pm 905-982-0480

BED, QUEEN PILLLOWTOP, orthopedic Mattress set, Newer Used, still packaged, cost \$1025, sell \$450. 416-741-7557

BEDROOM SET, 8pce cherry-wood. Bed, chest, dresser, mirror, night stands, dovetail construction. Never opened. In boxes. Cost \$9000, Sacrifice \$2800. 416-748-3993

CAMCORDERS FOR SALE JVC, Panasonic, Samsung. 8mm and VHS-C. Brand New, \$300. For more information call 416-716-3278

CARPETS SALE & HARDWOOD FLOORING: carpet 3 rooms from \$329. (30 sq. yd.) Includes: carpet, pad and installation. Free estimates, carpet repairs. Serving Durham and surrounding area. Credit Cards Accepted. Call Sam 905-686-1772.

CARPETS, LAMINATE AND VINYL SALE, 3 rooms, 30sq. yds. for \$319 Commercial carpet including premier underpad and installation. Laminate \$1.69sq. ft. Click System. Residential, commercial, customer satisfaction guaranteed. Free Estimate. Mike 905-431-4040.

ComputerDeals.Net (www) Pentium Internet starter \$299. Brand new powerful custom built computers from \$599. Off lease lab tops, big selection from \$449. Monitor 17" @ \$149, 19" @ \$199. 18 years experience, we love doing upgrades & difficult repairs. (905)655-3661.

COMPUTERS: BITS AND BYTES Computers Services. P-200 Tower complete system \$185.00, P2-350 Tower complete system \$255.00 Complete system includes: 15" monitor, keyboard and mouse. April Special: 17" Monitor Upgrade for \$20.00 while quantities last. Layaway Plan, Warranty and Other Accessories. Call (905)576-9216 or www.speedline.ca/bitsandbytes

DININGROOM 13 PCE cherry, 8 chairs. Buffet, hutch, server, dovetail construction. Still in boxes. Cost \$11,000. Sacrifice \$3000. (416)746-0995.

FOR SALE ! SHOPCRAFT 10' hand saw with blades, excellent shape. Great for home hobbyist. \$200. Call Greg (905) 987-0536 after 6 p.m.

FREE SHED, white vinyl, good condition to whoever will remove, 8'10'. (905)720-2355 (cnp)

GENERATOR, John Deere, 4400-watts used twice \$800; air conditioner, 12,000-btus, vertical, used 2 seasons, \$500; Pine Wardrobe 3'x6", \$100. Sony video-cam \$100. 905-655-9805

HOSPITAL BED ETC. 1. New hospital bed w/mattress (retail \$2,400) 2. Two transfer poles 3. Electrically-controlled recliner chair 4. Electrical adjustable bed w/brass head-board (retail \$800). Best offer. Call 905-723-9891

HOT TUB 2003 all options, red wood cabinet, never used, still in wrapper. Cost \$9995, sell \$5000. (416)746-0995.

II CARAT 1-2 F colour 18k solitaire diamond w/custom 5 diamond wedding band. Appraised to sell \$3K. 905-666-5851.

WEDDING GOWNS for sale - new and previously enjoyed gowns, all sizes. Wedding gowns also taken on consignment. Call Sheila after 5 pm or weekends 905-697-1676

310 Articles for Sale

MOVING - 2pc Rattan set; Micro/convention oven; various end tables; rowing/exercise machine; sofa, chair, lamps, other items. Call after 4 pm. 905-430-3028

MOVING SALE Beginning Sat. May 3 - 12noon at 48 Divine Dr., Whitby (Weldon/Divine) Weekdays 7:30pm-9:30pm

PIANO TECHNICIAN available for tuning, repairs, & pre-purchase consultation on all makes & models of acoustic pianos. Reconditioned Heintzman, Yamaha, Mason & Risch, & other grand or upright pianos for sale. Gift Certificates available. Call Barb at 905-427-7631 or check out the web at: www.barbhall.com Visa, MC, Amex.

PLAYSTATION MOD CHIPS. Play backed-up and foreign titles. PS1 Chip: \$65. PS2 Chip: \$95 (vs 1-4), \$175 (vs 5-7). XBOX Chip: \$175. All work guaranteed. Inquire about our list of used games. North End Oshawa. (905)924-2097

RENT TO OWN new and re-conditioned appliances, and new T.V.'s. Full warranty. Paddy's Market, 905-263-8369 or 1-800-798-5502.

STORAGE TRAILERS AND STORAGE containers, 24 ft. & 22 ft.. Call 905-430-7693.

WALNUT DINING ROOM SET 6 chairs, table w/extension, 4-door buffet & hutch excellent condition \$1100 or nearest offer. 905-428-1633

WASHER & DRYER, Kenmore, Extra capacity, heavy duty. 4 months use (Moving) \$700/pr obo. 905-725-3089, cell 416-879-2234

ZODIAC 9FT. 4 years old, used only 2 years as dingy on boat. 15HP Forse motor, asking \$2250. Call (905)623-4428.

330 Firewood

FIREWOOD - Order your hardwood now, to be sure of dry wood for next season. Call 905-655-0673 or cell 905-431-0083

370 Pet, Supplies Boarding

A WEDDING...a weekend retreat. We will care for your pet a day, a weekend or a week. Call 905-839-7853

BICHON FRISE PUPPIES, vet checked, dewormed, micro chipped, ready to go. Only 3 left! \$700 (for pets); \$850 (with papers). Call Eileen 905-623-9971 Bowmanville.

CKC REG LAB PUPS, Black, yellow, males/females. Micro-chipped, dewormed, 1st needles, vet checked. 7 weeks old. \$600. Oshawa. (905)576-7126.

FREE TO GOOD home Lab x Sheppard, black & white, 6 months, all shots. (905)426-6674.cnp

PUPPIES, Shitzu, Doberman, Pomeranian, Cocker Spaniels, Pit bulls, Toy poodles, Schnoodle, Chows, Husky-X, Sheppard-X, Collie-X \$175. Kittens Tabbys, Himalayans. 905-831-2145.

TSURO DOG TRAINING - real training for real dogs. 905-797-2855, Oshawa 905-432-8318. www.tsurodogtraining.com

400 Cars For Sale

1982 NEW YORKER, 5th Avenue, very rare find. Only 95K, loaded, pw, locks, seats, air, mint condition, senior driven and well maintained. Only \$1900. Call Rob 905-831-9785.

1984 CAMARO Z-28 High Output 305, loaded with options, 121,000-km, stored all winters, paint original, absolutely no rust. Car is mint & must be seen & driven to appreciated condition. Certified & e-tested. Asking \$8500 obo 905-576-8803

1986 TOYOTA CELICA running condition \$900. Call 647-888-2544

1990 CHRYSLER DYNASTY 3.3L V6, automatic/overdrive, 4-door, blue, blue interior, very clean, air conditioning works, runs and drives excellent, very affordable and reliable family automobile, low insurance rates. Certified/Emissions. 6 Month/10,000 km Warranty Included. \$2495. 905-718-5032 dealer.

1992 DODGE COLT, 156,000kms., automatic, runs well. As is. Best offer. 905-982-0438.

1992 SUNBIRD SE, auto, 4-dr, 113,000 original kms., \$2,700 certified & e-tested or \$2,200 as is. Call 905-668-9151

1993 PLYMOUTH ACCLAIM, green gold interior, 124K, cert-E-tested, \$2500+taxes. Nick Oram Auto Body Sales-Dealer 905-985-1991.

1993 SUNBIRD SSE 81,000kms, V6 auto, air, 2 door, red, pw/pl, abs, AM/AM Cassette, certified, e-tested, \$3800 OBO. 905-428-9656

400 Cars For Sale

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1997 BUICK PARK AVENUE Ultra, 106km, leather interior, fully loaded, many extras, mint cond. Call (905)571-6902. (snp)

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1986 TOYOTA CELICA running condition \$900. Call 647-888-2544

1990 CHRYSLER DYNASTY 3.3L V6, automatic/overdrive, 4-door, blue, blue interior, very clean, air conditioning works, runs and drives excellent, very affordable and reliable family automobile, low insurance rates. Certified/Emissions. 6 Month/10,000 km Warranty Included. \$2495. 905-718-5032 dealer.

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1992 SUNBIRD SE, auto, 4-dr, 113,000 original kms., \$2,700 certified & e-tested or \$2,200 as is. Call 905-668-9151

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1993 SUNBIRD SSE 81,000kms, V6 auto, air, 2 door, red, pw/pl, abs, AM/AM Cassette, certified, e-tested, \$3800 OBO. 905-428-9656

400 Cars For Sale

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Sale Priced \$11,995

Johnston
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For Audio on current deaths,
call **905-683-3005**
From Clarington, Port Perry or
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- Step 1. Simply dial the above number on a touch tone phone only.
- Step 2. Listen for the name you are looking for. The listings are recorded by surname first.
- Step 3. When you hear the name you want, press 1 to hear details of the funeral arrangements.
- Step 4. If you miss any information, press 1 to replay the details.
- Step 5. If you want to go back to the main directory of names, press 2 and repeat from Step 2.

Remembering

Our Mothers 
with an
In Memoriam


Mother's Day
Tribute


Publishing
Sunday, May 11

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This Week or the
News Advertiser at
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(905) 683-0707 Ajax
(416) 798-7259 Toronto

Sign on for basketball camp at Notre Dame this summer

AJAX -- There's still time to sign up for an upcoming summer basketball camp. Notre Dame Catholic Sec-

ondary School is hosting its first ever summer basketball camp. Run by Notre Dame Cougars basketball coach Shawn O'Hare,

the camp is Aug. 11 to 15 at the school, 1375 Harwood Ave., north of Rossland Road. It's for boys and girls ages nine

to 14. Campers receive a T-shirt and awards at the end of the week. Registration has started, but those interested can still reg-

ister on Monday, May 26 from 6:30 to 8 p.m. at the school. For more information, call 905-686-4300 ext. 6922.

WHITBY'S 6th DUCK RACE

MAY 10, 2003 - 12:00 Noon D'Hillier Park - North of Hwy. #2



2 pairs of Tickets

15 pairs to be Won for a draw to win:

1st Prize \$2,000 2nd Prize \$1,000

5 other Prizes @ \$100

Please drop off ballot at News Advertiser, 130 Commercial Ave., Ajax

Whitby 6th Duck Race

Please Print Clearly

Name: _____

Phone: _____

All Entries Must be Submitted by
Tues. May 6

Friday May 9th LIVE at the JUBILEE PAVILION

THE BARRA MACNEILS Down East Kitchen Party

Tickets are
\$20.00 in Advance
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registration day . sunday may 11
11.00am - 1.00pm
millennium square
south end of liverpool road

Optimists can tee it up at tourney

Annual junior golf qualifier at Annandale May 11

AJAX -- Returning for the 22nd year, the Optimist Club of Ajax presents the Optimist International Junior Golf Championship next month.

The qualification tournament is Sunday, May 11 at Annandale Golf and Country Club, providing the winning golfers with an all-expenses-paid trip to the Ontario District championship.

Registration is required. The tournament is for nine to 18 year olds and registration is at 8:30 a.m. the day of the event.

There are two price options: a \$20 package, which includes nine holes, lunch, drinks, prizes, group instruction and range balls, or \$30 dollars, which includes 18 holes, lunch, drinks and prizes.

For more information or to pre-register, call Cliff Hawker at 905-683-4256 or Dave Cabel at 905-427-3135.

Scoreboard

MAY 4, 2003

AJAX BRIDGE CLUB
Duplicate bridge results from April 15/03
STRATIFIED OPEN PAIRS
FLIGHT 'A' - NORTH-SOUTH
1. Dianne Balcombe, Peter Lipscomb; 2. Neil Holmes, Mike Fernley.
EAST-WEST
1. Fred Day, George Creighton; 2. Ken Marden, Keith Balcombe
FLIGHT 'B' - NORTH-SOUTH
1. Cobie Stimming, Rainer Stimming; 2. Alba Saptel, Robert Saptel.
EAST-WEST
1. Eleanor Gardiner, Marguerite Townshend; 2. Judy Denby, Nancy Adams.

AJAX BRIDGE CLUB
Duplicate bridge results from April 22/03
STRATIFIED OPEN PAIRS
FLIGHT 'A' - NORTH-SOUTH
1. Sonia Ostroff, Ed Burgan; 2. Theresa Pascoe, Merryl Chin.
EAST-WEST
1. Ken Marden, Keith Balcombe; 2. Diana Dahdouh, David Hamer.
FLIGHT B - NORTH-SOUTH
1. Alba Saptel, Robert Saptel; 2. Frank Salianni, Fred Oliver.
EAST-WEST
1. Dennis Erwin, Joe Kryzanowski; 2. Wallace Brown, Ron Haney.

AJAX BRIDGE CLUB
Duplicate bridge results from April 29/03.
STRATIFIED OPEN PAIRS - SECTION 'A'
FLIGHT 'A' - NORTH-SOUTH
1. Helen Johnston, Rob Hanly; 2. Beth Stockell, Bev Candlish.
EAST-WEST
1. David Sawicki, Irwin Schwartz; 2. Keith Balcombe, Ken Marden.
FLIGHT 'B' - EAST-WEST
1. Eleanor Gardiner, Marguerite Townshend; 2. Wallace Browne, Ron Haney.

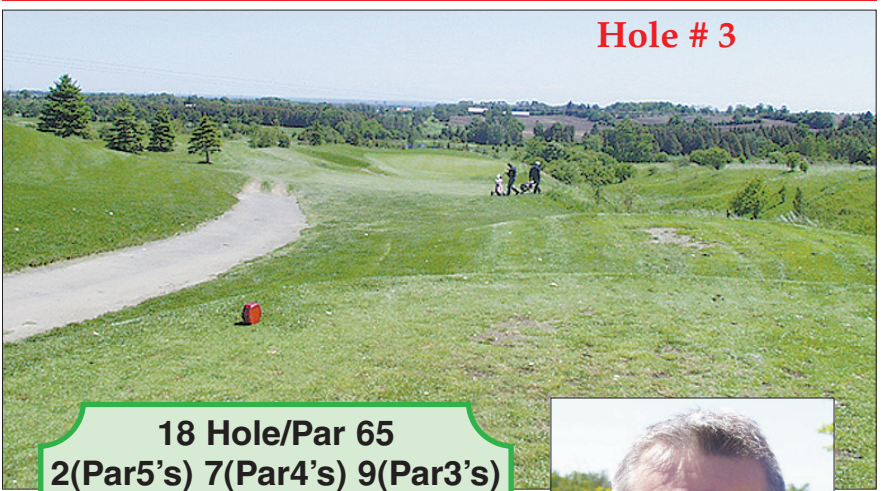
SECTION 'B' - FLIGHT 'A' - NORTH-SOUTH
1. John Aitken, Mark Martinek; 2. Bob Killen, Ilko Dossev.
EAST-WEST
1. Deanna Go, S. Korde; 2. Irv Ashraf, Michael Norman.
FLIGHT 'B' - NORTH-SOUTH
1. Pat Doktor, Chet Doktor; 2. Blair Breen, Dale Beaudette.

AJAX-PICKERING ROCK SCHEDULE 2003
Saturday, May 10 -- 7 p.m.
at Brooklin Merchants
Sunday, May 11 -- 2 p.m.
vs. Arthur Aces, Pickering Recreation Complex
Saturday May 24 -- 7 p.m.
at St. Clair Storm
Saturday, May 31 -- 7 p.m.
vs. Mohawk Stars, Pickering Recreation Complex
Sunday, June 1 -- 7:30 p.m.
at Burlington Chiefs
Friday June 6 -- 8 p.m.
at Ennisnore Shamrocks
Sunday June 8 -- 2 p.m.
vs. St. Clair Storm, Pickering Recreation Complex
Saturday, June 14 -- 7:30 p.m.
at K-W Kodiaks
Sunday, June 15 -- 2 p.m.
vs. Brooklin Merchants, Pickering Recreation Complex
Saturday, June 21 -- 7 p.m.
vs. K-W Kodiaks, Pickering Recreation Complex
Sunday, June 22 -- 7:30 p.m.
at Arthur Aces
Friday, June 27 -- 8 p.m.
vs. Ennisnore Shamrocks, Pickering Recreation Complex
Saturday, June 28 -- 7 p.m.
at Mohawk Stars
Saturday, July 5 -- 8 p.m.
at Owen Sound Woodmen
Saturday, July 12 -- 7 p.m.
Burlington Chiefs, Pickering Recreation Complex

5th Annual
Hole In One
SHOOT OUT 2003

PROCEEDS DONATED TO THE DENISE HOUSE

First Qualifying Site 6 p.m. to 8 p.m. Monday, May 5th
Whispering Ridge Golf Course



18 Hole/Par 65
2(Par5's) 7(Par4's) 9(Par3's)
Mens 4773 Yards
Ladies 4047 yards



Golf Pro
Jerry Nemish

Whispering Ridge is the First Qualifying Site for the Fifth Annual Durham Region Hole in One Shootout.

Entering into its 8th season, Whispering Ridge was designed to accommodate novice and advanced players alike. Bent grass tees and sculptured fairways combined with a picturesque view and virgin rough are the notable qualities that generate the increasing popularity of Whispering Ridge's brisk 18-hole challenge. This course offers a balanced mixture of short and long holes measuring in at a total of 4773 yards.

Whispering Ridge is also the perfect choice for small groups of 20 to the corporate golf tournament of 200. The club features a two-level clubhouse, pro shop, large dining room, golf lounge, patio and complete locker and shower facilities.

Golf Hints: Golf Pro Jerry Nemish says #3 is longer than it appears so keep that in mind when choosing your club. Aim to the left of the green and it will kick to the right for that hole in one. *Good Luck!*

••Whispering Ridge Golf Course is located three km north of Highway 7 on Lakeridge Road at Brawley Road East
GREEN FEES 2003 - Monday-Friday \$35; 2 p.m. \$29; 5 p.m. \$22
Seniors \$28; Juniors \$20 Weekends and Holidays \$40; 2 p.m. \$35; 5 p.m. \$25

RULES

- \$5 for 3 shots from 150 yards
- Closest 3 qualify for championship
- No cash value
- No trades/refunds on all prizes
- Must be on green to be measured
- Must be 18 years of age
- Only one chance to qualify each night unless time allows

QUALIFYING SITE PRIZES

- Hole in One wins a Buick Golf Bag courtesy of Cliff Mills Motors.
- 1st, 2nd & 3rd wins... Golf Passes, \$25 Dinner Certificate courtesy of The Thirsty Monk, a 1 Hour Gift Certificate courtesy of Metro Golf Dome & a \$25 Pro Golf Gift Certificate.

CHAMPIONSHIP PRIZES
Total of 18 prizes worth over \$5,000 including the Grand Prize of a \$2,000 Golf Package

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Tel: (905)427-1921 Fax: (905)427-1926

LYNDEBROOK GOLF COURSE
SENIORS DAY Mondays 9-3 \$14
GREEN FEES
9 holes \$16
additional 9 holes \$14
RESERVED TEE TIMES UP TO 72 HOURS IN ADVANCE
• Licensed • Soft Spikes
Hwy. #12, Brooklin
2 km North of Taunton Rd. (905) 655-4653

WINCHESTER GOLF CLUB
GREEN FEES: Weekdays \$26 (3pm-\$18, 6pm-\$13)
Weekends \$32 (2pm-\$28, 4pm-\$18)
• 2003 Tournament Dates Available • Fully stocked proshop
• Summer long Junior League For Non Members!
Winchester Rd., Oshawa (905)655-4757

Join Uxbridge & Celebrate

Rain or Shine!
10-4 p.m.

UXBRIDGE Family Fest



Saturday, May 10th

ONE FINE DAY IN MAY



- Crafts
- Entertainment
- Musicians/Singers/Dancers
- Face Painting/Balloons
- Shuttle Bus
- Store Specials
- Horse & Wagon Rides
- Dunk Tank • B.B.Q's



Jumping Castles



For information call

Barb Stirling 905-852-1732 or Shanie Tracey 905-852-9346

