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# Hall decision: It's a date

*Court ruling allows gay teen to attend prom with boyfriend*

BY MIKE RUTA AND NATALIE MILLER  
Staff Writers

**DURHAM** — Marc Hall had his night to remember.

Just hours before his classmates arrived at their high school prom, the Monsignor John Pereyema Catholic Secondary School student learned he and his date could join them.

The beaming blue-haired teen in a white tuxedo emerged from a sleek limousine with his boyfriend in black at an afternoon press conference Friday, shortly after the Ontario Superior Court of Justice decision.

Mr. Justice Robert MacKinnon ruled Mr. Hall, a Grade 12 student, could attend Friday night's prom with his boyfriend following a two-day hearing earlier this

week. Mr. Hall and his partner, 21-year-old Uxbridge resident Jean Paul Dumond, hugged supporters at Canadian Auto Workers Local 222 in south Oshawa.

"Oh my gosh," a soft-spoken Mr. Hall, 17, said to a swarm of reporters. "I'm very excited and so happy that we won. We were sitting in my kitchen when my lawyer called and I was jumping up and down."

Mr. Hall said he felt "at ease" knowing he could attend the end-of-school dance and "just have fun with my friends and my boyfriend."

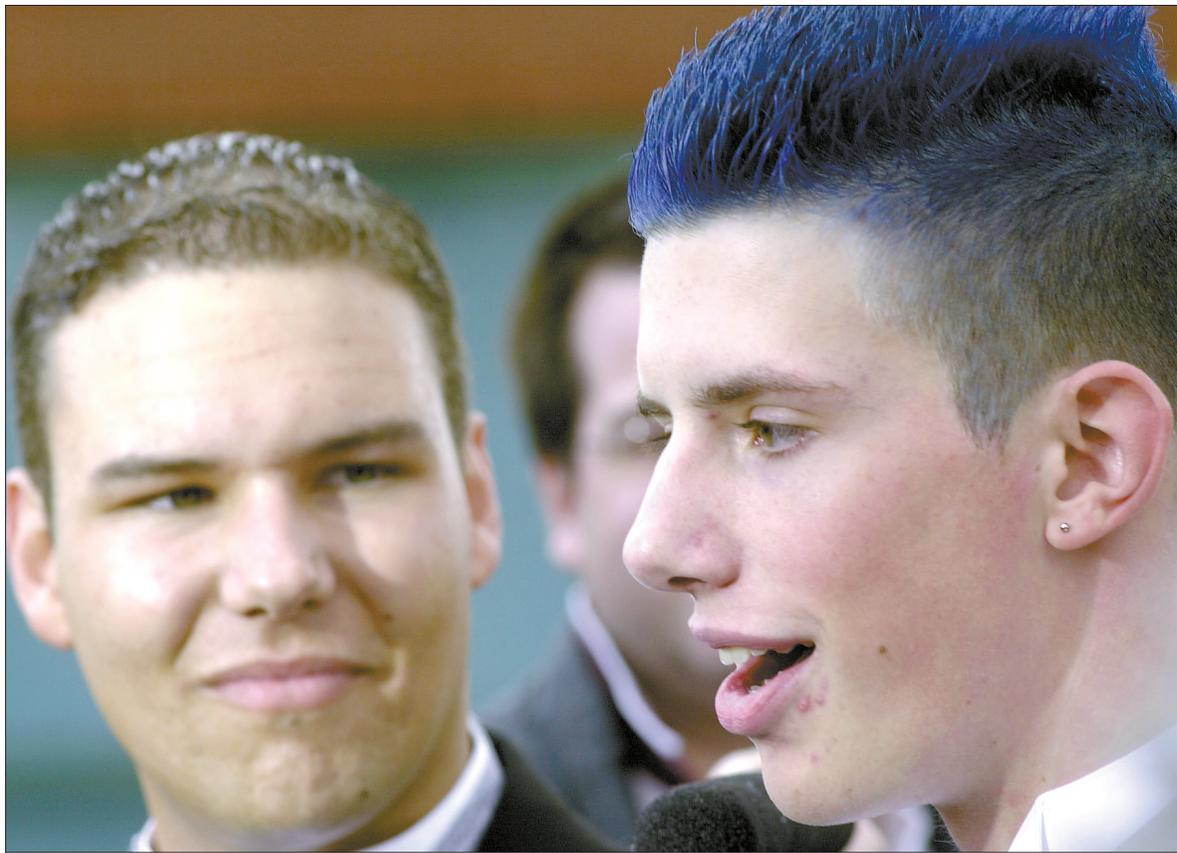
"I had to fight to get to go to my own prom," he said. "Finally equality between everybody is becoming known."

Someone handed Mr. Hall pink and yellow balloons before the pair climbed back into the limo and were whisked away to Trillium Trails in Raglan, where the prom was held.

Msgr. Pereyema School principal Michael Powers and the board of trustees had previously refused Mr. Hall's request, saying it would be condoning homosexual behaviour, forbidden by the Roman Catholic Church.

The board maintained it has the right to run its schools according

See **CATHOLIC** page 4



WALTER PASSARELLA/ News Advertiser photo

Marc Hall (right) fields questions from media as his boyfriend, Jean Paul Dumond, looks on during a press conference Friday after a judge's decision allowed him to attend his high school

prom. Mr. Hall, a student at Monsignor John Pereyema Catholic Secondary School in Whitby, was told he couldn't attend with his boyfriend and took the case to the courts.

# New options for municipalities: Arthurs

*Pickering mayor reacts to news from Tory throne speech*

BY KEITH GILLIGAN  
Staff Writer

**DURHAM** — Ontario Premier Ernie Eves's first throne speech

signalled a new approach to many of the contentious issues that have plagued the Tories the past few years.

However, the calls for more stability in funding the provincial health-care system and giving municipalities the options of issuing bonds generated mixed reactions locally. The speech was delivered

Thursday.

Ajax Mayor Steve Parish wasn't surprised by the idea of the 'opportunity bonds' option, noting Mr. Eves had talked about the issue during his leadership campaign. Under the plan, governments would be able to generate funds for local infrastructure projects.

"It's another tool municipalities can look to as an alternate to other debt servicing than debentures," he said.

The bonds would be tax-free, allowing municipalities to borrow money at a lower cost, Mayor Parish added.

"Everything helps, but a lot

See **ECKER** page 5

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# Man charged for impersonating police

**DURHAM** — An unemployed man accused of having bogus RCMP business cards, various other police paraphernalia and prohibited weapons is charged with impersonating a police officer, after running into the real thing.

Durham Regional Police said a 20-year-old local man was wearing a University of Toronto Police jacket

et when he was stopped Monday night for a routine traffic violation in the area of Burns and Green streets in Whitby.

During a search of the car and trunk the officer found an emergency flashing light, a police baton, business cards identifying the man as an RCMP sergeant, and Toronto Police T-shirt with badges,

said Sergeant Paul Malik. A knife and 'Ninja' style weapons were also seized, the officer added.

The suspect's residence was also subsequently searched and numerous assorted police badges were seized, including RCMP, Sgt. Malik said. Brent Charles Lomer, of Habitat Crescent, is charged with personating police and four counts of possessing a prohibited weapon in a motor vehicle.

## Serenity group meets

**PICKERING** — The Serenity Group meets Friday, May 17 at 8 p.m. for a 12-step recovery program at Bayfair Baptist Church, 817 Kingston Rd.

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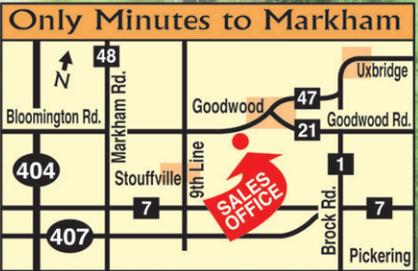


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# Man shot by police faced sex charges in Durham

BY STEPHEN SHAW  
Staff Writer

**DURHAM** — A former Bowmanville man killed by police after shooting his estranged wife at her workplace was facing separate sets of charges in Durham Region, including sexual assault, the News Advertiser has learned.

Armed with a shotgun, Peter Sherley Smith, 34, was fatally shot in the chest by a Toronto Police tactical officer during a standoff in the parking lot at A. G. Simpson, in Scarborough, just before 3 p.m.

Tuesday.

Minutes earlier, Mr. Francis reportedly showed up at the Progress Avenue business and shot his estranged spouse, Rayness Francis. The 47-year-old woman survived.

The Ontario Special Investigations Unit is probing the circumstances surrounding the police shooting, including the background of the couple who lived together until recently on Champine Square in Bowmanville.

In the past year, Durham Regional Police had several dealings with

Mr. Francis.

According to court documents, Mr. Francis was charged last spring with dangerous driving after parking his car on CP Railway tracks in Bowmanville in the early hours of April 7, 2001 in an apparent suicide attempt. Mr. Francis, who was also charged with driving with no insurance, was released on a promise to appear in court.

In July 2001, he was arrested following an investigation by Durham's Sexual Assault Unit into sex-abuse allegations that date back

to 1993. He was charged with sexual assault and sexual interference involving a person under the age of 14 and released on a promise to appear in court.

Also in July, police were called to the couple's residence for a heated domestic dispute, but no assault was reported and no charges result-

ed. And, last month Toronto Police charged Mr. Francis, who recently moved to Scarborough, with criminal harassment and two counts of uttering threats.

He was released on bail four days before Tuesday's shooting.

At the time, the Durham Region charges were still before the courts.

# Frenchman's Bay Festival rides up in the air

Harbour company wants City to give a little on development application

BY MARTIN DERBYSHIRE  
Staff Writer

**PICKERING** — The Frenchman's Bay Festival could become the latest casualty in the war between the City and the Pickering Harbour Company.

The two sides are locked in a battle over development on the east shore of the bay and Ward 2 Regional Councillor Mark Holland said at Monday night's Pickering council meeting the harbour company is refusing to allow festival organizers to set up the midway in its usual spot on the Coolwater Farms property.

In an interview Wednesday, harbour company president Harold Hough said he has good reasons for holding out.

"We're in the middle of negotiating with the City, we're trying to get them to cut us some slack on this hearing and if they do there's a possibility (they could use the property)," he explained. "If they're going to deny us the use of our own property why should we let them use it? It just doesn't make sense. We're at an impasse."

Mr. Hough is referring to the upcoming Ontario Municipal Board (OMB) hearing over development on the east shore of Frenchman's Bay and the harbour company's existing marina.

The harbour company wants to build 66 townhouses on the north end of the marina lands. Twenty-six of those homes would front Liverpool Road, eight of which would include commercial ground floors. The marina would continue to operate on the south side of the existing property, while Mr. Hough says the "messy" side of things — boat cleaning and maintenance — would move across the street.

Council has countered only 26 homes should be built, all fronting Liverpool and commercially convertible, and that the marina be left as it is.

The OMB hearing is set for today (May 10) and Monday, June 10.

The Frenchman's Bay Festival

(www.frenchmansbayfestival.com) is set for the weekend of Thursday, June 6 to Sunday, June 9.

Dave Johnson, chairman of the festival committee, said he'll need at least a couple of weeks' lead time if the midway is going to have use of the property.

But, he said the organizers would proceed regardless of the dispute.

"The festival will not be a casualty of what's going on between Mr. Hough and the City," he said. "It's definitely going ahead, we'll work around these problems."

## Hey Mac, catch up on your computer knowledge

**DURHAM** — Do bits and bytes pique your interest?

If so, the next meeting of Macintosh Users East group is Wednesday, May 22 from 7:30 to 9:30 p.m. in the lecture theatre at Henry Street High School in Whitby.

Gloria Jones of Kutoka Interactive, a children's software company, is guest speaker.

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# Catholic board 'extremely disappointed' in ruling

CATHOLIC from page 1

to Catholic teachings.

But Mr. Justice MacKinnon in his ruling states "it cannot be said that the conduct in question in this case goes to the essential denominational nature of the school." And he argued that "the evidence demonstrates a diversity of opinion within the Catholic community on pastoral care regarding homosexuality such that, it is not clear what conduct is necessary to ensure that rights with respect to denominational schools are not prejudicially affected."

Mr. Justice MacKinnon states he is "satisfied that the applicant has demonstrated that there is a serious issue to be tried."

However, board lawyer Peter Lauwers said at a press conference convened at the Durham Catholic District School Board education centre, also on Friday afternoon, "the next step is the trial and we intend to take it through the trial."

"What the judge says has to go to trial is a proper interpretation of the Charter (of Rights and Free-



WALTER PASSARELLA/ News Advertiser photo

A Durham Regional Police officer directs traffic around the site of Msgr. Pereyma prom at Trillium Trails in Raglan Friday afternoon.

doms) and section 93 of the constitution," he said.

Mr. Lauwers said he expects to win the case when it comes to trial in Durham Region.

But he did sound a cautious note when asked in an interview what's at stake for Catholics in the trial.

"If the ultimate decision is as

narrow in terms of denominational rights as this judge...then we have a problem," said Mr. Lauwers.

He denied that the seeming contradiction of the board and Catholic Church's position to both accept homosexuals but reject homosexual behaviour hurt his case.

"The distinction between a person and their behaviour is well-known in the law generally," he said.

"In this case, for some reason, people have had a problem keeping the two things separate."

Board chairman Mary Ann Martin said the board is "extremely disappointed by the court's ruling but bound by it." However, she said it does not change the board's position on the issue.

"The exercise of a homosexual lifestyle involving romantic activities such as dating is not consistent with Catholic beliefs and values," said Ms. Martin. "It is something we simply cannot condone or promote."

She said, "The most pressing matter for us right now is to ensure our students have a wonderful

prom," and asked the media to respect students' privacy.

Ms. Martin brushed off a question about Mr. Hall and Mr. Du-mond being permitted to dance together at the prom.

"All of our students at the prom will be dancing," she replied.

Mr. Justice MacKinnon in his ruling rejected the board's argument that it has "an implicit or inherent right to regulate those who can attend school dances based on denominational concerns under the generic umbrella of school management."

"Management in its ordinary sense is broad enough to encompass absolutely anything and everything that happens in a school system," he states. "If the board's view was correct, then section 93 would mean that Catholic schools had unfettered authority to do whatever they like on any matter."

Mr. Lauwers said the board was not arguing it could do whatever it likes. "That was a serious over-statement of our position and wrong," he said.

## New inspector assumes command of Ajax-Pickering police division

Sherry Whiteway takes over for John Morrison



**SHERRY WHITEWAY**  
Twenty-two year veteran is first female to assume role.

**PICKERING** — Durham Regional Police Inspector Sherry Whiteway has come back to her roots.

The 22-year veteran of the force, who began her policing career in 1980 working out of Pickering's old 25 Division, has been named the new commanding officer of 19 Division, the combined Ajax-Pickering community office.

Insp. Whiteway, the community's first female division leader, takes over from Inspector John Morrison, now in charge of the court services branch.

The division, responsible for patrolling the two communities with a combined population of 160,892, is manned by 124 uniform officers and a civilian support staff of six, and housed out of 1710 Kingston Rd., Pickering.

Insp. Whiteway cites crime spillover from Toronto, local youth gangs, retail robberies and traffic enforcement among the area's policing challenges.

Insp. Whiteway's background includes the youth bureau in Ajax, communications unit sergeant, platoon leader in Ajax-Pickering, administrative staff sergeant in Whitby and recently, regional duty inspector.

Her family also has deep roots in local law enforcement. Her father, Herb Le Gard, was a former Sunderland staff sergeant, her husband, Sgt. Tom Whiteway, currently heads up the force's traffic enforcement unit while her eldest daughter, Nicole, is an OPP officer.

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# Ecker touts 'long-range plan'

ECKER from page 1



**JANET ECKER**  
*"There are a whole range of issues. It's a long-range plan."*

more needs to be done," he said. "It's another tool for us. We also need more revenue vehicles other than property taxes."

Pickering Mayor Wayne Arthurs agreed the provincial and federal governments need to do a lot more for municipalities in terms of revenue sources.

But he's not sure what value such municipal bonds will have for Pickering.

"Bonds are just a way of acquiring debt," he said. "Acquiring debt is not the preferred way of generating revenue... there has to be a lot more than just issuing debt."

Mayor Arthurs said Pickering can already go to the marketplace to borrow money, but chooses not to.

"This is presumably just a lower-interest loan," he said.

Pickering-Ajax-Uxbridge MPP and Finance Minister Janet Ecker said the speech was "laying out a multi-year approach. There's no question we can't make some of the changes overnight. There are a whole range of issues. It's a long-range plan."

Funding will always be an issue, she said, noting with the recent economic downturn, "there are tough decisions to make".

While there are positive signs the economy is back on track, "at the same time, there are growing demands, growing needs in education

and health care," she said. "There are signs of optimism, but there's a serious need to make tough choices and decisions."

Ms. Ecker will deliver her first provincial budget later this month or early in June, with a specific date expected shortly.

"It will be more focused, a streamlined budget," she said, given the lack of time she has been in the role. Maria Milanetti, head of commu-

nications at the Rouge Valley Health System, which has sites in Ajax and Scarborough, said the hospital welcomed the plan for multi-year funding announcements.

"It gives us predictability. We've started the (fiscal) year (April 1) and we don't know what our funding will be," she said.

Rouge Valley has an "eight-per cent problem" with last year's funding, noting the hospital is between \$14 million and \$16 million in the red.

"They (the provincial government) are still saying the money may be coming. We're already into next year and we're still waiting on last year." She added optimistically that the hospital hasn't been told to make cuts.

The hospital is also waiting for an announcement on a \$45-million to \$50-million expansion at the Ajax site, which would include a new emergency department, Ms. Milanetti said.

"We have all the functional plans in and they're reviewing them. All the paper work is in and we're waiting for a decision on it," she said. The last time hospitals had multi-year funding was when the NDP was in power, but that government was making cuts, she noted. However, hospitals at least had certainty over the amount of money they had, she added.

— with files from Martin Derbyshire

# Province announces more school funding

**DURHAM** — Durham's public school board expects to receive an extra \$6.6 million from the Province to address local priorities — namely covering employee raises that take effect in September, says Ron Trbovich.

Durham Catholic District School Board, had not yet reviewed the funding announcement and said it was premature to comment.

The Durham District School Board's business superintendent was commenting after Education Minister Elizabeth Witmer on Friday announced provincial education funding in 2002/2003 would rise to \$14.21 billion, up almost \$350 million from last year. Of the extra money is a doubling to \$200 million of the 'local priorities amount', which is funding school boards can use as they wish.

Both officials welcomed the news, announced in Thursday's provincial speech from the throne, that there would be an immediate review of the education funding formula.

In addition to the \$200 million now set aside for local priorities amount funding, the Province announced:

- \$15 million in new, learning opportunities grant funding for students at risk academically;
- \$23 million in funding for boards where enrolment is declining; and
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David Visser, business superintendent at the

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# Editorial & OPINIONS

PICKERING NEWS ADVERTISER MAY 12, 2002

## Editorial

e-mail responses to shouston@durhamregion.com

### Judge needed wisdom of Solomon on decision

*In the end, human rights trumped religious rights in Marc Hall case*

With just hours to spare Friday, Marc Hall won his three-month battle to take his gay boyfriend to his Catholic high school prom.

The injunction to attend, which was granted by Ontario Superior Court Justice Robert McKinnon after judicial hearings Monday and Tuesday, will be met with as many howls of derision as shouts of joy.

Judge McKinnon, who at the close of proceedings Tuesday, said the case was "one of the most difficult I've experienced since my appointment to the bench nine-and-a-half years ago," was forced to weigh strong arguments on both sides.

Ultimately, Mr. Hall's lawyer, David Corbett, was able to successfully argue his client's human rights overrode the religious rights of the church. Mr. Corbett said to discriminate against his prom attendance based on his sexual orientation was a contravention of rights guaranteed under the Ontario Human Rights Code, the Education Act and the provincial Code of Conduct.

In a system where public funding plays a critical role, as it does in the separate school system, it's difficult for the church to argue its rules and regulations reign supreme over those we all must live by.

Clearly, the court saw the broader public-interest implications of the case and made the proper decision. The case will now go to trial.

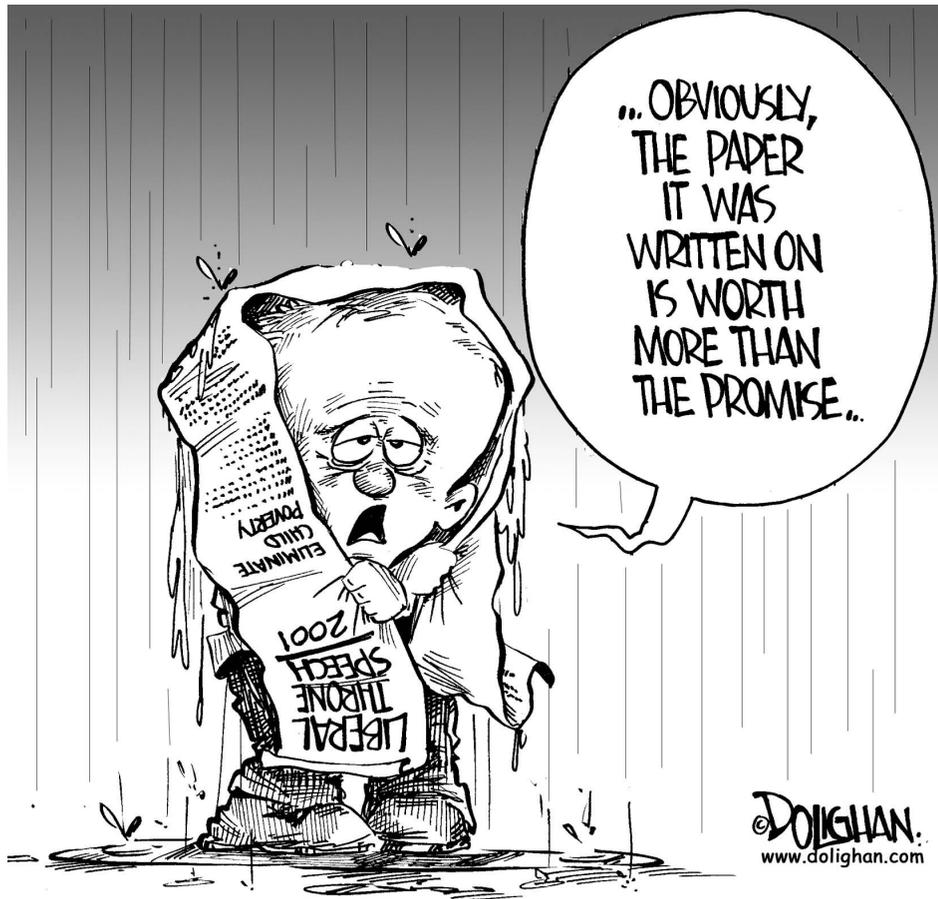
The judge decided Mr. Hall's right to be included outweighed the school's right to exclude him. If Mr. Hall, an A-student, is allowed to attend classes, play on sports teams or take part in extracurriculars, why shouldn't he be allowed to go to a dance with the person of his choice? That was always the central question.

School board and church advocates stressed the right of the school to set its own regulations, and lawyers in court earlier this week argued the Charter of Rights and Freedoms protects religious rights. In fact, the Charter argues no rights under its protection supersede privileges guaranteed under the Constitution of Canada in respect of denominational, separate or dissentient schools.

Durham Catholic District School Board education director Grant Andrews and Durham trustees, along with Monsignor John Pereyma Catholic Secondary School principal Michael Powers — who started the whole process by denying Mr. Hall permission to take his boyfriend to the prom — were firm in their belief they had the right to block Mr. Hall's attendance with a gay partner.

As Mr. Hall's crusade to have Mr. Powers's decision overturned gathered steam, he drew provincial and then national publicity. Provincial Liberal leader Dalton McGuinty and federal Industry Minister Allan Rock pleaded with the Durham Catholic board to allow Mr. Hall to take his date to the prom. The teen, who probably never thought the case would become such a huge story, found himself the subject of national columns and constant attention.

He made news again Friday, and no doubt celebrated a well-deserved victory Friday night.



### Letters to the editor

e-mail responses to shouston@durhamregion.com

#### Trustees are wasting taxpayer money

**To the editor:**

*Re: 'Board won't pay bill: Roy,' May 5.*

Perhaps the example of Stockwell Day and his use of public funds to defend a personal lawsuit has been lost on five of our elected trustees at the Durham District School Board.

I attended the board Monday and witnessed yet another example of the failure of some of our trustees to deal with issues honestly and in public.

The chairman of the board, Trustee Elizabeth Roy, censured a number of trustees last year for holding a 'secret meeting'. The chairman, quite rightly, censured them for not following board guidelines. A group of the trustees sought legal advice to fight the censure and now expect taxpayers to pay \$8,000

for their unauthorized legal expenses.

At Monday's meeting, Susan Shetler, Cynthia Steffen and Martin Demmers walked out on the meeting when the matter was to be discussed. So much for democracy and openness. Trustee Paul Crawford said this was an issue for in-camera and not a 'public issue'. Since when is an unauthorized expenditure of public funds a private matter?

This matter was taken to the lawyers because some trustees were reprimanded for not following policy. Why should taxpayers be on the hook for damaged egos, political agendas and hurt feelings? This is an issue that demonstrates once again the ineffectiveness of some of our trustees, their mistaken guidance on issues and the loss of focus on our children.

I urge all parents and taxpayers to attend the board meeting Tuesday, May 21 and express their dissatisfaction.

**Michael Barrett**

## Loving, caring senior could use a little help herself

Leonora Nicholls is a senior who loves nothing more than helping those less fortunate than herself.

At 74, the Bowmanville woman has been a true caregiver, both as a now-retired registered nurse trained in psychiatry, and as a friend.

Her good deeds continued even after she lost her husband in a drunk-driving accident, which also left her young son brain-damaged. Not only does she still care for her adult son, her love for humanity has yet to falter.

Her most recent effort has been ongoing since 1998 when she met Vivian Daniel. The 17-year-old has a large facial tumour and although it isn't life-threatening, it has caused the boy problems with eating, speaking and self-esteem throughout his life.

She met Vivian while vacationing



**Crystal Crimi**

*Staff Writer*

shouston@durhamregion.com

in her native home, Tobago. Her heart went out to him and after learning doctors in Trinidad and Tobago were unable to remove the deformity, Mrs. Nicholls began a mission to help.

Once home, she began writing letters to the Hospital for Sick Children and the Herbie Fund, a charity that helps foreign children get medical attention unavailable in their own country. Three years and several trips to

Tobago later, Vivian was accepted in October for a one-time surgery, estimated at the time to require about two months of medical attention.

With the Hwy. 407 extension through Clarington coming, Mrs. Nicholls will have to sell her Bowmanville farmhouse, which sits along the route. To prepare, she purchased a Courtice home and has allowed Vivian and his mother to stay there.

But after seeing Vivian, Toronto doctors realized much more work and time is required to fix the deformity. The Herbie fund is asking for help to pay the \$9,700 for orthodontic work, \$20,500 to realign the jaw, and \$15,630 to remove excessive soft tissue. The surgeries will take two years to complete. So far, Vivian has received braces and visits the orthodon-

tist every couple of weeks.

Vivian and his mother are on visas and unable to work in Canada; Mrs. Nicholls is left paying the bulk of their living expenses.

She isn't running out of steam, but she is running out of money. A small trust fund established to help Vivian has gathered little and Mrs. Nicholls, on a fixed income herself, could use a financial hand. Her fight for Vivian continues, and she is determined to see the boy's handsome face.

Residents who would like to assist can contribute through an account that has been set up at the CIBC branch transfer No. 00142, account No. 7466935. Any contributions would be much appreciated by a woman who has provided so much to so many during her life.

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# Single parents get local support

*One-parent group offers social activities, emotional support*

through a breakup. The Ajax-Pickering Chapter of the One Parent Family Association (OPFA) helps families with only one parent get back into society through planned educational and social activities.

"We're there to support people who are going through the same thing we are," said Linda Lomas, director of publicity for OPFA.

With 250 members, Ajax is the largest chapter in Canada.

"We have members from

all walks of life," said Ms. Lomas.

"There are teachers, career people and individuals on assistance."

Ms. Lomas said that although members are either going through a divorce, or already single, the group tries to keep the family unit intact through its many programs. Members meet people who have gone through the experience and discouragement that comes with being a single parent.

"It's where we can fit in as not only parents, but also as regular adults, and the kids have a place where they can feel comfortable too," said Ms. Lomas.

One child in particular agrees.

Ten-year-old Brittany recently delivered a school speech detailing the positive impact the group has had on her life.

"Every Christmas around Christmas time, we have a party for the all the kids," she wrote in the speech. "There are clowns, and Santa and Mrs. Claus give out presents to the children. There are also games to play and pizza to eat. It's fun to see all my other friends there."

All children's events are free for the kids.

"This group gives the parents balance," said Ms.

Lomas. "It allows them to be both a person as well as a parent."

It also gives the parent an opportunity to go out and meet new people, in an environment that is comfortable, she said.

Ms. Lomas encourages anyone interested in joining OPFA to attend an upcoming meeting.

The group meets every Wednesday at 8 p.m. (8:30 p.m. on the second Wednesday of the month) at the Ajax Cricket Club.

Membership in the local organization is \$40, and all money raised through memberships and fund-raising goes towards operating the

non-profit groups community activities.

"We want people to know that they are not alone," said Ms. Lomas. "It's a wonderful meeting place, and everyone is helping each other to feel comfortable. They want to come back."

Added Brittany, "It helps the adults get through a difficult time in their life. It also helps the children meet other children who are going through the same thing."

For more information on the organization, call 905-426-4646, or visit the Web site at [www.geocities.com/opfa](http://www.geocities.com/opfa).

## Durham child-care forum cancelled

**DURHAM** — A child-care public forum scheduled for Wednesday, May 15 has been cancelled.

The forum was planned at the Durham District School Board's head office at 400 Taunton Rd. E., in Whitby.

Local government representatives including the Minister of Community, Family and Children's Ser-

vices were invited to discuss and answer questions around the issues facing quality and regulated child care in Ontario.

However, many invited participants were unable to attend.

For more information on the cancellation, phone Denise Gilbert at 905-666-6487 or 1-800-339-6913 extension 6487.

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A.J. GROEN/ News Advertiser photo

## Doulton...on Doulton

**PICKERING** — Michael Doulton, of the Doulton family whose fine figurines grace china and curio cabinets around the world, paid a visit to the Pickering Town Centre recently to sign some of the products his company creates. Here, Mr. Doulton signs the 'Linda' figurine for appreciative collector Trish Gadsden. Mr. Doulton is the international ambassador for the company.

## Parent not sweet on party foods

*School board urged not to 'use junk food as a learning tool' in classrooms*

**BY SARAH TEPER**  
*Special to the News Advertiser*  
**DURHAM** — Lego blocks instead of Smarties, veggie platters in place of treat plates and no junk food on Halloween.

These were some of the recommendations Lois Pavlich made to Durham District School Board trustees at their May 6 meeting.

"This proposition is to propose a policy that does not allow teachers to use junk food as a learning tool," said the Whitby resident and mother of three. "Also, it will propose a policy that has guidelines on the amount of junk food used at school parties held in the classroom."

Ms. Pavlich's six-year-old son attends Col. J.E. Farewell Public School in Whitby. Sugar can trigger grand mal seizures in all three of her children because they may have hypoglycemia.

"I know they are exposed to junk food outside the classroom, but it is not necessary to constantly remind them of their condition in the classroom as well," said Ms. Pavlich.



**LOIS PAVLICH**  
*'Propose a policy that has guidelines on the amount of junk food used at school parties...'*

Ms. Pavlich noted a registered nutritionist recently said there is a common thread between sugar and violence, it can increase obesity in children, can adversely affect school grades and cause drowsiness and decreased activity.

Trustees were split on the issue.

"I don't believe teachers are bringing in an exceeding rate of

junk food to parties," said Ajax Wards 3 and 4 Trustee Melinda Crawford. She was concerned about the financial aspect and said some parents can't afford to send vegetables or meats with their children for a party.

"Teachers do a good job promoting The Canada Food Guide," she said.

She then asked for a report from staff that would include what schools take part in healthy eating, the curriculum used regarding nutrition, policies already in effect regarding the issue and documentation from a public health nurse.

Pickering Trustee Jennifer Bridge disagreed with Trustee Crawford.

"We do promote junk food," she said referring to vending machines in high schools that students eat from when the cafeteria is closed.

"And, we do neglect the nutritional component and fitness."

Bev Freedman, superintendent of programs, said there are no policies indicating what teachers should or shouldn't use as teaching methods.

"Food isn't used as the common reinforcer," she said, adding stickers and small toys are often given instead.

Although Ms. Freedman said she would be happy to bring back a report, the board won't see it until September 2002.

# Citizens asked to help monitor West Nile virus

**DURHAM** — Durham residents are being asked to help monitor and control the spread of the West Nile virus this summer.

The Durham Region Health Department begins this year's dead bird surveillance, specific to the crow population, Wednesday, May 15.

West Nile virus is spread to humans through the bite of an infected mosquito that has become infected from feeding on the blood of a bird carrying the virus. The disease is not passed person-to-person or bird-to-person but as it is fatal to birds, the health department is monitoring crows to track the virus.

"If residents are unsure of the species, they're asked to call the health department where public health inspectors are available to offer assistance in determining whether the bird found is suitable for testing," said Ross MacEachern, manager of environmental health for the Region.

During last year's surveillance, five of 179 birds submitted by Durham Region tested positive for West Nile virus. No positive cases were reported in humans in Ontario last year.

Residents can help reduce mosquito breeding and the possibility of being bitten by following some precautions, including:

- Removing all standing water from around the home;
- Emptying and cleaning all bird

baths twice weekly;

- Chlorinating rain barrels or covering with mosquito screening;
- Removing all discarded tires on the property;
- Disposing of water in containers such as tin cans, ceramic pots, wading pools and planters;
- Checking to see that roof gutters are clear and drained properly;
- Making sure doors and windows have screens that are tight fitting and in good repair;
- Wearing shoes, socks and light-coloured clothing with long sleeves and full-length pants when outside, especially during evening, night-time or dawn when mosquitoes are most active; and
- Using insect repellent containing DEET on exposed skin and following Health Canada's safety tips.



**CORRECTION NOTICE**

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# Pickering ready to trim its waste, with conditions

*City wants Region on board with curbside organic waste collection*

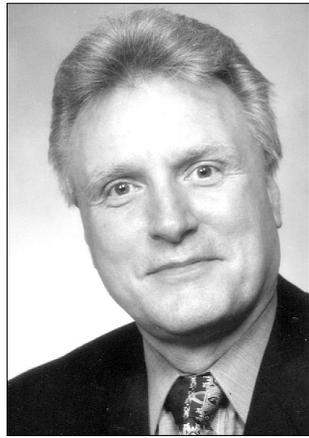
Dave Ryan. "This goes far beyond service levels, it's for the future of our children and their children."

The Amberlea project is run by Miller Waste and is a cart-based three-stream system for the collection of recyclables, organics and garbage. Garbage and household recyclables are separated in a 416-litre split-cart, while kitchen organic and yard waste is set out in a 242-litre unit. The carts are picked up weekly from the more than 500 Amberlea neighbourhood homes taking part.

Since it began last November the project has achieved a waste diversion from landfill rate of over 60 per cent, compared to 28 per cent from the traditional blue box and bag system used across the rest of the city.

Using that number as a benchmark, the City is asking the Region to commit to achieving a waste diversion ratio greater than 50 per cent across participating municipalities before it hands over responsibility.

The Region is assuming collection responsibilities in Clarington, Uxbridge, Brock and Scugog and is in the midst of considering



**DAVE RYAN**  
*'It's for the future of our children and their children.'*



**DAVID STEELE**  
*'PACT has always supported three-stream waste collection.'*

gional Councillor Mark Holland. "This is a starting point... Only the Region can achieve the economies of scale needed so it makes sense to at least look at it."

Ward 3 Regional Councillor Rick Johnson, who is also chairman of the regional works committee, said when he first came on council he was told taking garbage bags from the curb to a landfill site was the cheapest and only way to manage waste.

However, having travelled across North America and the world looking at how other countries and municipalities handle waste, he now agrees a program like this "will be less expensive over the long term if we make this change right now".

David Steele, president of Pickering Ajax Citizens Together for the Environment (PACT), spoke in support of Pickering jumping

on board with the Region if the Miller plan is awarded for the other four municipalities.

"PACT has always supported a three-stream waste collection system and always said if a simple collection system was given to the citizens they would endorse the program and waste diversion from landfill would exceed over 50 per cent," he said. "Miller is the one that PACT supports... it is the preferred waste collection system."

Mayor Wayne Arthurs expressed concern over allowing the Region to take over the City's waste management responsibilities based on past dealings concerning the location of landfill sites and dumps.

He was the lone member of council to vote against the motion.

"The Region has never been there for Pickering," he said.

BY MARTIN DERBYSHIRE

Staff Writer

**PICKERING** — The success of a pilot project in Pickering for the curbside collection of organics and an expanded recycling program has the City considering a transfer of its waste management powers to the Region.

But, City councillors want some guarantees first.

Council passed a motion last Monday that Pickering is prepared to negotiate being a participating municipality in Durham Region's acceptance of all waste management powers. Pickering's involvement is contingent upon the Region adopting a curbside organic waste collection and expanded recyclables system similar to what is currently provided to the residents of Amberlea through a waste diversion pilot project.

"This is the right way to go," said Ward 2 Councillor

proposals from three waste management companies, including one from Miller that is similar to the Amberlea project.

If Pickering is to come on board, the Region would also have to assume any additional costs, and the City

is requesting input into any of the processes and practices the Region employs.

"The cost of implementing this type of system across the City of Pickering, even with provincial funding, would be astronomical," said Ward 2 Re-

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**DURHAM** — Durham's 2002 high school graduating students have an opportunity to receive a \$1,000 scholarship.

The Multicultural Council of Durham is taking submissions for its annual community services scholarship, which recognizes excellence in academics, school involvement and contributions, personal interests, and service to the community. Submissions must be in by June 21.

To be eligible, a student must achieve his Ontario secondary school diploma by June 30, and be enrolled in a full-time post-secondary program in a college or university for September.

There are five \$1,000 scholarships available.

The application package must include the following:

- A letter of application submitted by the applicant;
- A letter outlining school

level involvement and contributions, personal interests, service to the community, and other information deemed relevant;

• Official and up-to-date transcripts of all high school courses;

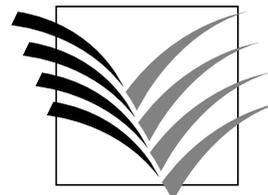
• Two letters of references that clarify in what capacity the writer knows the applicant and why the applicant is worthy;

• A 500- to 800-word essay on multiculturalism that addresses the topic 'enhancing the Canadian identity'; and

• Any other information the ap-

plicant may wish to provide.

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DAY MONTH YEAR

7th & 8th JUNE 2002

WHERE PICKERING VILLAGE ROAD, CHURCH ST. (JUST NORTH OF HWY. 2) AJAX, ONTARIO

# Muslim students share a message of peace

*Student group tries to clear up some misconceptions*

BY SARAH TEPER

Special to the News Advertiser

**AJAX** — Terrorism doesn't limit itself to one religion or group.

However, since the Sept. 11 terrorist attacks on the United States, a myth that Middle Eastern faith and violence go hand in hand has spread, especially in schools.

To try and challenge that myth, the Muslim Students' Association (MSA) at Pickering High School in Ajax welcomed a guest speaker May 3 to discuss

the Islam religion. Both Muslim and non-Muslim students joined together to listen to what Muhammad Ibrahim Downey, executive director of the Muslim Inmate Assistant Program, had to say.

Since the religion does not allow physical contact with anyone of the opposite sex except family members, boys and girls were split up for the presentation.

"Prevention is better than cure," said Mr. Downey, a former Christian who became Muslim. He explained if there is no contact then there is no room for "impure" thoughts and "Muslims honour women and protect their space."

For an hour Mr. Downey

spoke of Islam and the values believers follow and worship. He spoke of a peaceful religion, where Muslims pray five times a day, fast once a year for a month and believe there is no God except Allah.

"Islam is based on peace. I am not a terrorist. We're not terrorists. We don't kill innocent people," Mr. Downey said.

"(Terrorism) is not what we're about or what we're taught."

The discussion ended with a question and answer period. Students asked about death, why Muslims don't eat pork and resurrection.

Shibani Walia is part Muslim and came to listen to Mr. Downey.

"I now understand the whole religion better," the 15-year-old said.

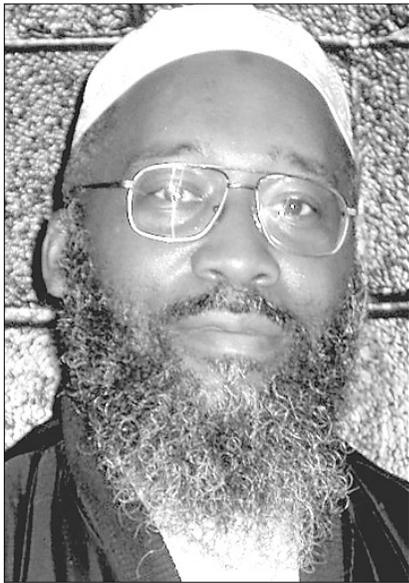
MSA president Tahira Munir is a Muslim.

The 16-year-old organized the presentation because "there were a lot of misconceptions of our religion going around the school."

"We wanted to educate the students and provide knowledge of the religion so they weren't afraid of it. It's human nature for people to be afraid of something they are unaware of."

She's hoping to have a speaker in every year.

"Students came up to me afterwards and said it was very informative and asked me if I could do another one," she said.



**MUHAMMAD DOWNEY**  
*'Islam is based on peace. I am not a terrorist.'*

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## How a Mother's Gift Helped This Woman Shed 149 Lbs!



unhappy, unhealthy and downright fed-up.

It was not just the physical pain. I was embarrassed and self-conscious. I obsessed about what other people thought of me. I was suffering with no end in sight.

### DiETING MADNESS

*"When I see an overweight person on the street, my heart aches for them. I want to say, 'If only you could be where I am now.'"*

Ellen Bragg after shedding a staggering 149 Lbs.!

Hypnosis. My free hypnosis screening was a rare treat. The entire staff made me feel at home. There were no hard sales tactics. My consultant explained the program and what I could expect. I was impressed but uncertain. Finally, my skepticism won out. I went home.

That night I couldn't stop talking about my hypnotic screening. I told my mother how I had witnessed hundreds of testimonials... on video and in writing. 'I honestly think hypnosis can help me,' I'd said.

She smiled and told me that if I really wanted to lose weight, she would make Positive Changes Hypnosis my birthday present... it was my best gift ever!

### Bless The Day...

I bless the day I started at Positive Changes Hypnosis. I opened my eyes after my first session and knew hypnosis was my answer.

On my way home that evening, I made a quick stop at the corner grocery. I walked right past the chips and made a beeline for the fruit. My cart was full of fruit and bottled water. My skepticism vanished!

Since then my attitude toward food has changed completely. I crave fresh fruits and vegetables. I only want to drink water and juices. My desire for soft drinks has vanished.

In three short weeks, I had lost 23 lbs. My energy level skyrocketed. Three months into the program, I had lost 50 lbs. For the first time in my life, I was actually enjoying long walks and exercise. After seven short months, I had lost 100 lbs. and dropped 5 dress sizes! It was a milestone I never dreamed I'd reach.

### If I Can Lose Weight, So Can You!

If you want to take control of your weight problem, begin hypnosis with Positive Changes right away. If I can do it, so can you. I set a goal of shedding 140 lbs. I've exceeded that goal. Best of all, I know that I will keep my weight off forever. What fun I will have this summer with my eight grandchildren doing what I thought I would never do again... swimming, picnics, long walks.

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*"I was suffering with no end in sight."*

Ellen Bragg before 149 Lb. weight loss.

My name is Ellen Bragg. I am a customer service representative. I have been married to my husband, Gerry, for 34 years. We have 4 children and 8 grandchildren. Thanks to a unique gift from my mother, I melted off a staggering 149 lbs. effortlessly! My dress size plunged from an obese 26 to a lean 10. The following is my account of true and lasting weight loss success.

### By: Ellen Bragg

I was overweight most of my life. At age 12, I gained weight virtually overnight. When I was 13, the doctor had to put me on a diet because I was nearly 200 pounds! He and my mother tried to keep me on the diet but I lost only 5 pounds. By the age 18, I was heavy, uncomfortable and utterly miserable!

My eating was out of control. I never ate breakfast and rarely ate lunch. At night, the boredom set in. I'd eat non-stop. Chips... sweets... whatever I could get my hands on.

I reached the point where my tremendous weight was seriously affecting my health. Severe arthritis made it difficult to get around. I had high blood pressure and felt tired all the time. To put it mildly, I was

I tried losing weight with most of the national diet chains. I'd try any diet. I went on a

cabbage diet, a watermelon diet, and a soup and Melba toast diet. Sometimes I'd lose weight, but the pounds were always right back plus more. I felt out of control. It was like a madness. I'd be eating and eating, knowing I shouldn't be doing it, but also knowing that I couldn't stop it.

One day I read about Positive Changes Hypnosis in the newspaper. The story featured about a dozen people who had received amazing results after being hypnotized. I was skeptical. It sounded too good to be true.

I picked up the telephone and scheduled my free hypnosis screening.

### My Best Gift Ever...

I was immediately impressed with the professionalism at Positive Changes

**Carrier of The Week**

### Michael

Sunday's Carrier of the Week is Michael. Michael enjoys riding horses & baseball. He will receive a dinner for 4 voucher compliments of McDonald's.

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# Name Dropping

NEWS ADVERTISER MAY 12, 2002

## 60th Anniversary

"On April 30, 1942, **Thomas Baker** and **Reta Duff** became Mr. and Mrs. Thomas Baker at All Saints Anglican Church in Toronto. As they celebrated their 60th anniversary, friends and family joined them to honour this wonderful occasion. Love and best wishes from your daughter **Lynn** and son-in-law **Rick**, granddaughter **Sandra** and husband **Terry**, grandson **Chriss** and wife **Michelle**, and your great-grandchildren **Kyle**, **MacKenzie**, **Ethan** and **Devin**."



## Birthday

"Happy birthday to **John Walmsley** as he turned two May 9. With lots of hugs and kisses from **Mommy** and **Daddy**."



## Birthday

"**Heather Lynn** turned six May 8. Happy birthday to our princess. Lots of love from **Mummy**, **Daddy** and **Kevin**."



## 50th Birthday

"We found a 50-year-old photo to celebrate with birthday 'boy' **Wayne Tays**. Thanks for all the memories. Love from all your girls — **Kim**, **Kerri Ann**, **Tina**, **Gail**, **Rhona** and **Mom**." Wayne's birthday was April 14.



## 40th Anniversary

"The love that never ends. **Dales** and **Joan Richardson** celebrated their 40th anniversary May 5. Family and friends gathered for an open house luncheon May 4 for this joyous occasion in Brechin. Love from **Wayne** and **Maria Richardson**, **Sandra** and **Lewis Bursey**, **Michelle** and **Jayson Turgeon**, **Amanda**, **Ashley**, **Jaycub**, **Ryan** and **Amy**."



## Birthdays



"On May 8, there was a birthday celebration for two little girls so dear! **Kendra** and **Kristen** turned six. They have grown up so quickly, we've been told." Special birthday wishes from **Mummy**, **Daddy**, **Farley** and **Riley**."

## Birthday

"A very special boy in the **Watson** home turned double digits! Happy birthday wishes are sent to **Kyle Watson** who was 10 May 10. Enjoy your special day! Lots of love, hugs and kisses are sent to you from **Mom**, **Dad**, **Alicia** and all your family and friends."



## Birthdays



"**Kyle** turned 11 May 9, while sister **Krista** turned 16 May 10. Happy birthday **Kyle** and **Krista** from **Daddy** and **Nanny**."

## Birthday

"A birthday poem for **Michaela** who turned five April 2.  
Five years ago a gift was given  
Five years ago sent straight from Heaven  
A baby girl so pure and sweet  
Was loaned to us to make life complete  
Our life with you we'd never trade  
We always knew we had it made  
For our little girl is such a pleasure  
There's nothing else that could ever measure  
What it's like to feel so glad  
Knowing we're your mom and dad.  
Happy birthday Mickey Q. Pretty princess we love you. With love from **Mommy**, **Daddy** and **Travis**."



## Birthday

A big guy celebrates his sixth birthday May 16. Happy birthday wishes with love for **Salim Walji** come from **Grandpa**, **Rafee**, **Mom** and **Dad**.



## 50th Birthday

"This is it. Big 50th birthday greetings go out to **Calvin**. Enjoy. Happy birthday with love from **Karen**, **Robyne** and **Nick**."



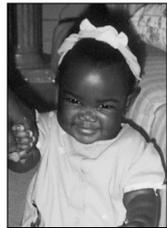
## Birthday

"Happy birthday wishes to our little princess. On May 25, **Alanah Jelic** turns six. With lots of love, hugs and kisses from **Mommy**, **Daddy**, **Grandma** and **Grandpa**."



## Birthday

A birthday poem for **Dana Mahamah**:  
"When you were born, we didn't know what to do  
All we knew was that we loved you  
So we worked hard every day  
Teaching you the right things to do and say  
As you journey through life, no matter what you do  
Always know that we love you."



## Birthday

Happy 14th birthday wishes go out to **Nicole Mangroo**. "Hope this birthday brings you joy and happiness now and always. With lots of love and kisses from **Mom**, **Dad**, sister **Shantel** and brother **Brandon**."



## Birthday

**Amanda Fowler** is looking forward to celebrating her birthday May 13. "Happy birthday **Amanda**. Hope your day is filled with fun and surprises. Love from **Mommy** and **Papa**."



## Birthday

Big birthday hugs go out to **David Raguseo**, turning four May 13. "Have a great day!" Love from **Mommy**, **Daddy**, **Christopher** and **Victoria**.



## Birthday

"May 15 will be a fun day in the **Matheson** home, as **Ryan** will be four. Happy birthday to our big boy, with love from **Mummy**, **Daddy**, **Heather**, **Nana**, **Papa**, and all your family. Have fun at your birthday party."



## Birthday

**Joshua Wade** is six May 12. "You're the best Mother's Day gift ever."



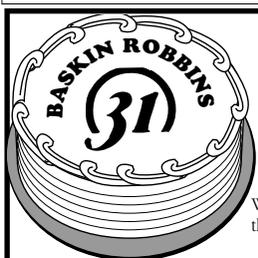
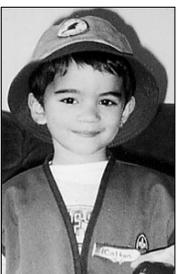
## Birthday

Happy birthday wishes went out to **Brett Peake** May 7. "Our baby tells us he's now a 'big boy', turning three. Lots of love from **Mommy**, **Daddy** and **Nolan**."



## Birthday

"On May 6, our 'little Beaver' **Colton Sawh** turned six. It seems like yesterday Colton turned one! We love you so much. Wishing Colton a happy birthday with lots of hugs and kisses are brother **Darian**, **Mommy**, **Daddy** and **Sam**."



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3. Brett Peake

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# Durham Regional spelling.bee

...and the 2002 winners are



Winners in the Honey Bee category, Grades 1 and 2, from left are Selasie Doe-Demosse, third; Brett Basanda, first; and Chloe Landry, second.



The Bumble Bee winners, Grades 3 and 4, from left are Colm Whitford, third; Monica Dhillon, first; and Nicholas Vit, second.



The Carpenter Bee winners, Grades 5 and 6, from left are Tim Zhou, second; Daniel McKenna, first; and Sean Lacy, third.



Winners in the Mason Bee category, Grades 7 and 8, from left are Simon Fraser, second; Maryse Extross, first; and Jessica Nolan, third.

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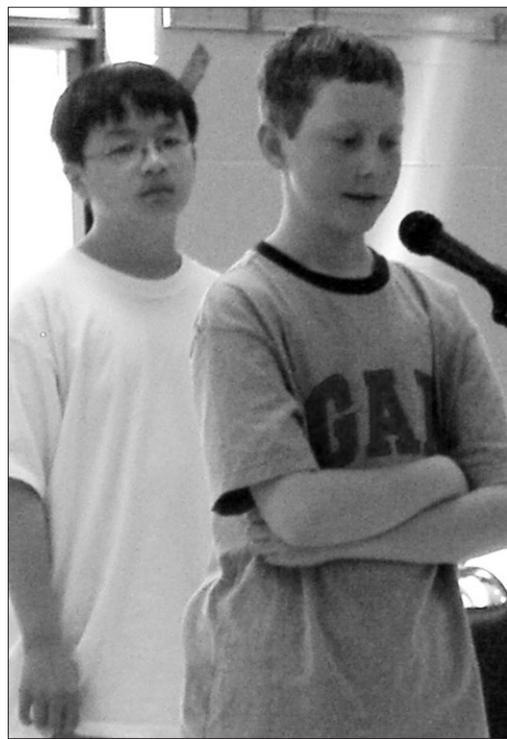


Charlene Browett takes her turn on stage during the Mason Bee final of the Durham Regional Spelling Bee, held May 4 at Durham College. Dave Stell, spellmaster and news editor for Port Perry This Week, waits for the spelling.

# Stellar spellers



Michael Scaff of Whitby looks anxiously to the spellmaster for approval as he completes his word.



Daniel McKenna takes his turn at the mic while Tim Zhou waits in the wings during a spell-off for first place in the Carpenter Bee final. Maryse Extross (right) breathes a sigh of relief after correctly spelling a word. She went on to win the Mason Bee final.



*Congratulations to all the winners and to all those who participated in the Spelling Bee*

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# Durham kids know how to spell success

From new faces to familiar ones, students leave us looking forward to next year

BY STEVE HOUSTON  
Managing Editor  
Ajax/Pickering News Advertiser

It was a recent Saturday and the morning sun, mercifully, already provided warmth after a cool month of spring.

I knew, as I drove up to Durham College at 7:45 a.m., this was going to be a good day.

And it was. Seventy-five children from all four corners of Durham Region took to the stage in the college's cafeteria to spell their way to success in the 2002 Durham Regional Spelling Bee, organized and hosted by the Durham Division of Metroland Printing, Publishing and Distributing.

This day was extra special for the 75 children — from Grade 1 to 8 — who had already placed in the top four in their respective categories in semifinal competitions held throughout the month of April in communities across the region.

As one of the area co-ordinators for the spelling bee — I was privileged to watch nearly 250 children from Ajax and Pickering compete at our semifinal contests — I was once again impressed with these children.

All of them were excited about competing in the finals. All were polite and well-spoken. Many of them arrived with extended fami-

lies in tow — mom and dad, grandmother and grandfather, aunts, uncles and cousins — to cheer them on.

They couldn't all win, of course, but they were all winners as far as we were concerned.

Tim Zhou, a spelling specialist and a student from west Durham, has been a contender for the last several years. We were shocked when 'dearth' tripped him up near the end of his competition. Tim, too, seemed surprised and disappointed but responded with maturity far beyond his years. He still finished second and took home a prize. We've been fortunate to have competitors like Tim in the competitions and we hope to see him again next year.

There were both new and familiar faces up on that stage this year. Each competed with a sense of fair play, often with smiles tugging at the corners of their mouths. They carried themselves with confidence and dignity. I clapped along with everyone else when a particularly tough word was spelled correctly, and I cringed internally along with everyone else when a consonant was dropped from a word, or when a couple of letters were inadvertently transposed.

It takes great courage for these children — some as young as five or six — to test their mettle in a room largely full of strange faces. It takes commitment to attend coaching sessions, practise words at home and then demonstrate the results of those efforts in a competitive atmosphere.

All of these kids, win or lose, achieved something simply by signing up and taking part. We could all use some of their pluck.

I can't wait for 2003.



Above, the judges listen intently to the contestants during the finals of the Durham Regional Spelling Bee finals held May 4 at Durham College in Oshawa. Winners in the final went away laden with prizes (left) thanks to generous sponsors. Trophies were sponsored by the Oshawa Optimist Club, television-VCR combos and portable stereos donated by the Metroland community newspapers of Durham Region, and CD player/cases courtesy of Oshawa Community Credit Union. Jessica Nolan, below, was one of the last three left on stage during the Mason Bee final, finishing third.



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# How would you fare at the Durham Regional Spelling Bee?

- post
- green
- huge
- meal
- glad
- deaf
- below
- harm
- party
- smile
- thinking
- roof
- paper
- these
- alarm
- paint
- cure
- hero
- glass
- other
- cozy
- lamp
- orange
- clam
- whale
- sweet
- sport
- purple
- fear
- funny
- line
- penny
- stem
- live
- brown
- toad
- sang
- dash
- elk
- speaking
- crawl
- gash
- thick
- plenty
- wanted
- split
- unlike
- canoe
- pretty
- candle
- wooden
- comma
- fudge
- water
- slang
- walking
- somebody
- tact
- bench
- insect
- slack
- prize
- shade
- spring
- baton
- downstairs
- snore
- yolk
- target
- shower
- rabbit
- children
- among
- tomato
- adopt
- shoelace
- potato
- silver
- today
- badge
- puzzle
- cube
- cloud
- teach
- gland
- seal
- detail
- apron
- total
- worry
- breakfast
- sidewalk
- carpet
- creep
- forget
- whisper
- bedroom
- powder
- cartoon
- order
- giant
- quail
- zipper
- secret
- avoid
- yawn
- calf
- sparks
- mace
- waffle
- crazy
- flush
- such
- growl
- gurgle
- shack
- weave
- marble
- stove
- parrot
- common
- yonder
- dozing
- grasp
- odour
- odor
- ruler
- sneak
- tumble
- pancake
- branch
- tender
- crunch
- feather
- bucket
- amber
- union
- tickle
- timber
- counter
- dozen
- tangle
- thief
- underneath
- worth
- moonlight
- crept
- spider
- extra
- raindrops
- lance
- bridge
- amaze
- victory
- jacket
- helm
- kelp
- image
- pleaded
- defeat
- freedom
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- mangle
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- melody
- ankle
- errand
- cuddle
- early
- public
- mirage
- sixty
- snack
- thorn
- barber
- young
- startled
- crowd
- touch
- pebble
- village
- eleven
- chirped
- tulip
- impress
- would
- shrink
- country
- flash
- fishing
- quiet
- hammer
- wrap
- second
- quiver
- tang
- nibble
- science
- gleam
- remember
- beard
- minutes
- suddenly
- stony
- beginner
- flute
- glade
- camera
- barrel
- interesting
- swamp
- crater
- frost
- lesson
- fried
- widen
- holiday
- people
- icicles
- magnet
- inherit
- moan
- yield
- choice
- ground
- rubbish
- freeze
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- stories
- junior
- could
- finish
- wager
- season
- chewed
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- useful
- compost
- sly
- always
- built
- ivory
- guest
- bother
- muddy
- garage
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- motion
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- busily
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- potatoes
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- bouquet
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- chemistry
- tranquility
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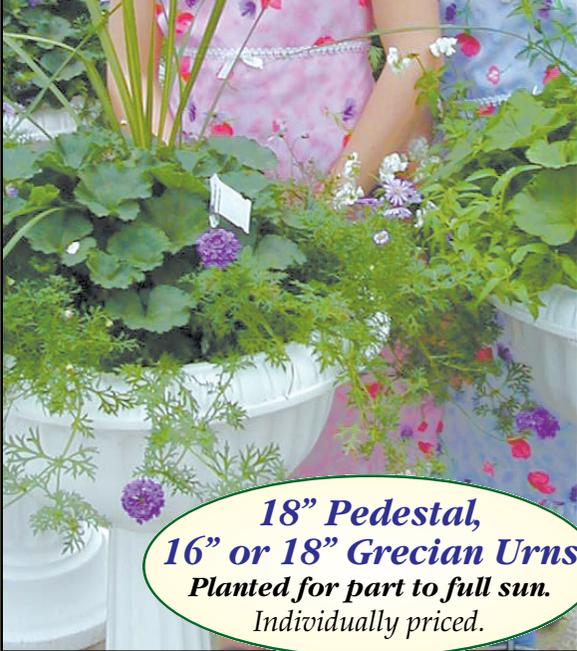
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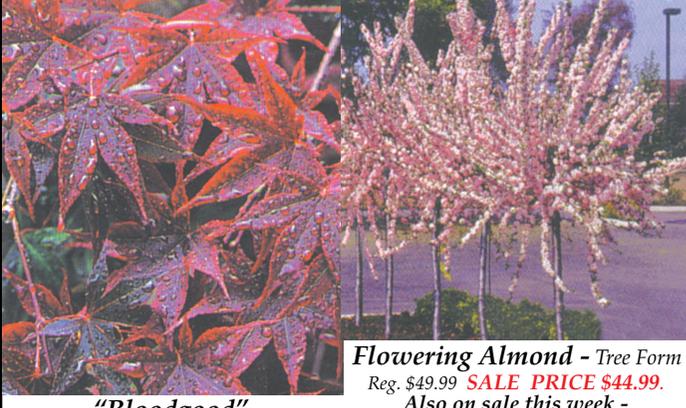


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**Roses**  
Fibre Pots **\$9.99** each or **3/\$26**  
2 gallon Black Nursery Pots **\$14.99** each or **3/\$36**

### This Week's Specials ~ Trees and Shrubs



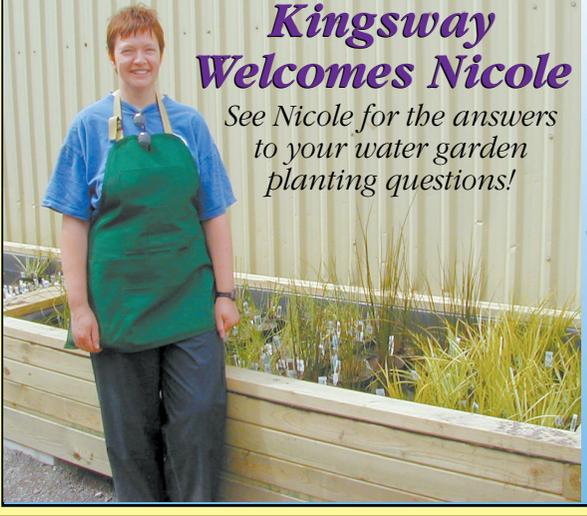
**"Bloodgood" Japanese Maple**  
3 gal. 80cm size, Reg. \$69.99.  
**SALE PRICE \$59.99**



**Dwarf Alberta Spruce**  
3 gal. pot 70cm., Reg. \$24.99  
**SALE PRICE \$18.99**

**Flowering Almond - Tree Form**  
Reg. \$49.99 **SALE PRICE \$44.99.**  
Also on sale this week -  
Flowering Almond (6'-8' mature size)  
Reg. \$16.99. **SALE \$14.99** and Dwarf  
Flowering Almond Shrubs (4'-5' mature  
size) Reg. \$12.99. **SALE \$9.99**

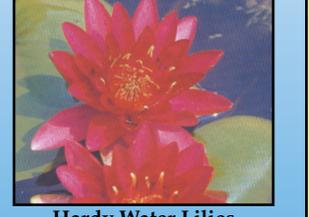
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Thypha Minima - Dwarf Cattail



Hardy Water Lilies

### Great Selection of Perennials ~ This Week's Specials 9cm pot, Reg. \$2.89 **\$2<sup>19</sup>**



Hollyhock



Dianthus

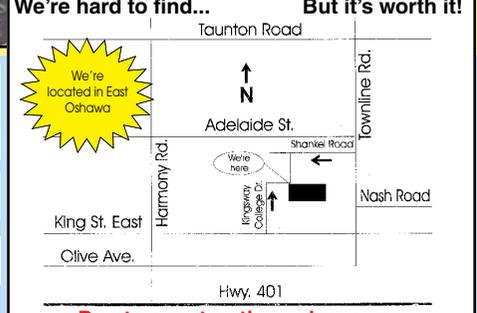


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Moss Phlox

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ADVERTISING FEATURE

## Greenwood Yoga Preparing For Relocation to Downtown Ajax

For the past seven year, Greenwood Holistic Health Centre has experienced a steady growth, offering classes in Yoga, Tai Chi, Meditation, and related workshops. Bille von Roeder who is now moving on to other pastures, has passed this thriving Yoga Studio to her faithful assistant, Nicole Dickson. Being highly aware of the benefits of yoga, Nicole will perpetuate the same holistic environment of quiet

yogic meditation.

Keeping in mind yoga in a small class atmosphere, Nicole will be relocating the Greenwood business at 206 Harwood Ave. South, (above Reed's Florists), May 21st, and will be accompanied by all your favourite teachers, Bille, Fran, Lisa, and Ruth and more.

Nicole will still be available to guide you into the right yoga class: Beginner, Intermediate, Power, Gentle,

or Yoga for Round Bodies. Workshops will still be featured and hosted by affiliated holistic practitioners and yoga instructors. Retreats will continue to be directed by Bille and a featured co-host. All this for you, so that you may find relief from daily stress, while reconnecting with your inner-self. Dare to engage in self-discovery and begin your path to wellness!

Call Greenwood Yoga at (905)

619-1405 to register for classes and workshops. Be sure to check the website at [www.greenwoodholistic.com](http://www.greenwoodholistic.com) for current information on classes, retreats, and workshops.

## Let Your Smile Shine Through

### What Every Denture Wearer Should Know From Dentsply Canada

Too-old dentures can make you look older than you are.

Dentures grow old faster than you do. Where you don't have teeth, your gums have shrunk and your denture has pulled back into your mouth. This lack of support for your denture can cause extra wrinkles around your mouth and can make your face look "sunken."

Too-old dentures can change your personality.

They can keep you from laughing or smiling like you used to. Maybe you put your hand in front of your mouth because you're afraid your dentures have slipped. And if people are always asking you if you're sad or angry, maybe it's your concern about your dentures.

Too-old dentures can cause or aggravate health problems.

If your dentures feel loose, click, slip or cause chewing problems they can aggravate other health problems. Problems known to be associated with poorly fitting dentures include chronic bad breath, sore spots, jaw pain, speech difficulties and a host of

dietary problems.

#### Standard or Personalized?

Most standard dentures fit comfortably and chew well, but they may look "too perfect" to suit you. Personalized dentures treat each tooth individually, so the smile looks more natural. Personalized dentures are also hand-crafted to match your eyes and eyeglasses, hair colouring, complexion, age and facial features.

Is it time to let your smile shine through?

If your dentures are more than 5 years old, make an appointment to talk with your dentist. You can improve your looks and self-confidence, and possibly your health with modern replacement dentures. Don't wait another day.

Let your Smile Shine Through!

Pickering Denture Clinic is located in Loblaws Market at Liverpool and Hwy 2. Please call Andre Maragh at 905-420-2652

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Orthodontist

Pickering Town Centre, Lower Level

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# Property owner 'does the right thing' in donating Oak Ridges Moraine land

BY MARTIN DERBYSHIRE  
Staff Writer

**PICKERING** — The final details of a protection agreement for over 700 acres of land owned by a private businessman on the Oak Ridges Moraine have been hammered out.

Bill Wilder, chairman of Creemore Springs Brewery Ltd., has directed the Oak Ridges Moraine Land Trust (ORMLT) to process conservation easements on

the land, off Regional Road 5 near Sideline 14, in order to permanently protect the land as agricultural and open space. "I did it because I'm opposed to urban sprawl — especially on places like the Oak Ridges Moraine that are so environmentally sensitive, with so many springs and creeks heading into Lake Ontario," Mr. Wilder said in an interview Thursday following an official announcement at the property.

The ORMLT reports Mr.

Wilder's property is dotted with large areas of wooded wetlands, streams and numerous tributaries of Duffins Creek, which are an important source of fresh water.

Mr. Wilder said he feels so strongly about protecting the moraine he has three other farms — in Goodwood, Utica and Ashburn — he is in the process of placing similar easements on.

"This started even before the provincial and federal governments

got involved; Bill has shown the government what they should be doing," said Don Prince, ORMLT's chief land securement officer. "He is a one-man campaign against urban sprawl."

By placing an easement on the property Mr. Wilder retains ownership, but as a part of the federal government's ecological gifts program he will be eligible to receive a federal tax credit for the value of the land donated. The amount of the

credit is 17 per cent of the first \$200 and 29 per cent of the remaining value. According to Mr. Wilder and the ORMLT, the 700 acres have an estimated value of \$1.7 million.

"Incentives such as these help to ensure that donated land is protected in perpetuity. This benefits the landowner, the environment and the public," added Mr. Prince.

"I hope this convinces other people to do the right thing," added Mr. Wilder.



## BETTER HEALTH

# Constipation & the Vicious Cycle

One of the most problematic health conditions today that can be dealt with effectively is CONSTIPATION!

Many people don't have bowel movements for days and sometimes a week. The more compromised digestion, the more symptoms will prevail. It is not as simple as, in one end and out the other.

Digestion is a series of chemical breakdowns. Proteins break down into amino acids, carbohydrates break down into glucose (when properly absorbed into the body) and fats break down into fatty acids.

When digestion is compromised, symptoms occur. Everyone today feasts on chips, crackers, bagels, pretzels, cakes, muffins, and granola bars. Whole foods such as fruit, vegetables, nuts, seeds, and free-range roasted poultry and legumes just can't compete with the taste of refined foods that are laden with salt and sugar. A diet high in refined foods provides no fiber and too much sugar.

This is what begins the vicious cycle.

1. Constipation or sluggish digestion occurs
2. Nutrients don't get absorbed
3. Immune system plummets
4. Bacterial infections manifest
5. Antibiotics are prescribed
6. Good & bad bacteria are wiped out
7. Bad bacteria multiply
8. New infection sets in & more antibiotics are required

When bacteria levels are high, food cravings go out of control. If this sounds all too familiar, Food Sensitivity testing can help!

The individualized sensitivity report scales the skin measurement reading into 1) foods to be avoided 2) foods that need to be con-

sumed in moderation 3) foods that are satisfactory 4) foods that are beneficial. If further assistance is needed for more problematic health challenges, a Nutritional Consultation on intestinal and digestive health is highly recommended and affordable!

If you experience unwanted symptoms, begin by understanding your sensitivities and **believe that**

wellness is within your reach! *Karen Tazar offers Allergy testing and Nutritional Consulting. For appointments call (905) 837-6627.*

## Allergies?

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# Billboard May 12, 2002

MONDAY, MAY 13

**RPN DAY DINNER:** The Durham Lakeview Council of the Registered Practical Nursing Students group is holding the dinner at 6 p.m. at Honey Garlic Restaurant, 250 Bayly St. W. in Ajax. All registered practical nurses and practical nursing students welcome. For reservations, call Shiela at 905-432-7604.

**LEGION LUNCHESES:** The Ladies Auxiliary of Royal Canadian Legion Branch 606 in Pickering offers lunches Mondays to Fridays from noon to 1:30 p.m. at 1555 Bayly St. in Pickering. Cost is \$4 and under. Everyone welcome. For take-outs, call 905-839-2990.

TUESDAY, MAY 14

**THEY'RE FOR THE BIRDS:** Durham Avicultural Society meets at 7:30 p.m. at the Rotary Park Pavilion, Lake Driveway West in Ajax. There will be a speaker, bird products and raffle. Call Diane at 905-839-3219.

**STEP BACK IN TIME:** The Pickering Township Historical Society meets at the East Shore Community Centre, 910 Liverpool Rd., south of Hwy. 401, at 7:30 p.m. Call John at 905-831-3811.

**GRIEF SUPPORT GROUP:** The McEachnie Funeral Home and Rouge Valley Ajax and Pickering hospital hold the sessions every Tuesday at the hospital to help people deal with death. Tonight's meeting is from 7:30 to 9 p.m., while the following weeks are from 7:30 to 8:30 p.m. Applications are available by calling the hospital's outpatient mental health department at 905-683-2320 or McEachnie at 905-428-8488.

**ADOPTION SUPPORT:** The Durham Disclosure Support Group is for all parties in the 'adoption triangle'. Discussions are confidential and support individuals are welcome. Meeting is from 7 to 9:30 p.m. in the boardroom at the Durham Children's Aid Society, 555 Rossland Rd. W., in Oshawa (use staff entrance). Call 905-433-1551 ext. 2201 or 2261.

**ADD/ADHD INFORMATION SEMINAR:** For parents, teachers or anyone else dealing with ADD/ADHD. Learn drug-free alternatives. Meeting runs from 7 to 8:30 p.m. upstairs at Loblaws Pickering Market. Call 905-427-7002.

**PICKERING POWERHOUSE TOASTMASTERS CLUB:** Improve communication and time-management skills, along with self-confidence, every Tuesday through the club's weekly meetings in the auditorium at the Pickering Public Library's central branch, One The Esplanade. Meetings run from 7 to 9 p.m. Call Hazel at 416-560-3768 or Marva at 905-619-0030.

**MEDITATION:** Sahaja Yoga Meditation holds free meditation classes every Tuesday at 7 p.m. at the Ajax library's main branch, 65 Harwood Ave. S. Call 905-420-7252 or visit [www.SahajaYoga.ca](http://www.SahajaYoga.ca).

WEDNESDAY, MAY 15

**EUCHRE:** The Royal Canadian Legion Branch 606 Ladies Auxiliary is holding an open euchre night at 8 p.m. at Royal Canadian Legion, 1555 Bayly St. in Pickering. Refreshments will be served and there are prizes to be won. Regulars \$3. Seniors \$1.50. Call 905-839-2990.

**AJAX PICKERING TOASTMASTERS:** The Club meets every Wednesday from 7:15 to 9:30 p.m. at the Pickering Nuclear Information Centre. Call 905-619-2568 or 905-619-0270.

**ONE PARENT SUPPORT:** The Ajax-Pickering Chapter of the One Parent Family Association meets at the Ajax Cricket Club, corner of Monarch Avenue and Clements Road, Ajax. It's for custodial and non-custodial parents. Meetings are every Wednesday at 8 p.m. except the second Wednesday of the month when start time is 8:30 p.m. Call 905-426-4646.

# Epilepsy Durham in fore day of action

**DURHAM** — Come ride your golf swing to two-wheeled success.

Epilepsy Durham Region hosts its third annual charity golf tournament Sunday, June 9 at Lakeridge Links Golf Club.

Included in the \$125 registration fee is 18 holes, cart, dinner, prizes and lots of fun. One lucky golfer could drive home with a new motorcycle in a hole-in-one contest, courtesy of Brooklin Cycle.

All proceeds support programs and services for children and adults living with epilepsy and seizure disorders.

## Teens can help seniors, help themselves

**PICKERING** — Interested in working for the young at heart?

If so, the Ajax-Pickering Community Care Association is looking for youths aged 13 to 18

interested in working for seniors as part of this summer's outdoor home maintenance program. A rate of \$7 per hour is offered. For more information, call Amber at 905-686-3331.



## BETTER LEARNING 2002

Tomorrow begins today.

A Special section dedicated to educational institutions within your community.



ADVERTISING FEATURE

# Getting a Complete Education

By R.N. Whitehead Ph.D.

For the last 15 years, parents who have wanted their children to enjoy every possible opportunity to reach their full potential in life, have been turning to Oxford Learning Centres. Today, more and more parents consider it a necessary supplement to ensure a comprehensive education. "Given the way school budgets are being slashed these days, I just don't think an 'average' education is sufficient for success in the world of the future," says Bob Strupat, father of an Oxford student, in London.

Oxford co-founder Jan Benoit says, "It's just like arts and sports programs that many students have always pursued on their own. If my son showed an aptitude for music, I would enroll him in music lessons. I would never expect the school system to develop fully his music potential.

Given all the challenges the school system faces today, it's the same with academic programs. It's unrealistic to think the school system can give any child all the education he or she needs to become a successful adult."

Oxford follows its own curriculum, based on its own research into how children learn, to teach not just writing, reading and arithmetic, but how to get organized and think a way that promotes life-long learning. They teach people how to learn. "The real purpose of education is to prepare children to become successful adults," says Benoit. "We build confidence and self esteem and teach techniques that students will use for the rest of their lives."

The tools that Oxford provides its students are how to solve problems, how to concentrate, how to analyze, how to think abstractly and how to integrate information. These are the very tools that are necessary for success no matter what career a student chooses.

Individualized programs are offered after regular school hours from Grade 1 to High School. These supplemental programs address the basics but do not rely on memorization. Instead, programs encourage students to truly understand the material they are trying to learn. This enriches the entire education process. "Too many children just memorize their way through school!"

says Benoit.

For older students, Oxford has developed a comprehensive success program that helps them understand challenging subjects, study more efficiently and avoid such common problems as freezing up on exams. Oxford's Little Readers, the only program of its kind, is designed for three to six year olds and enriches their skills in reading, writing, music, movement and French.

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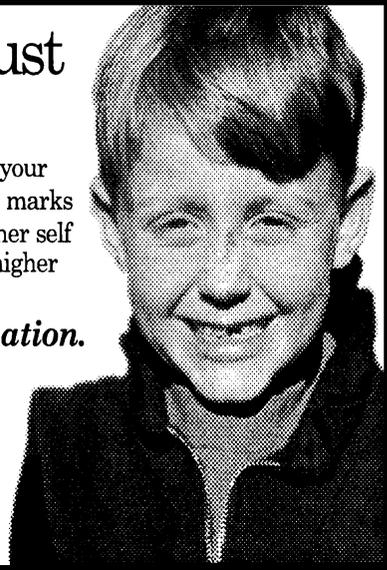
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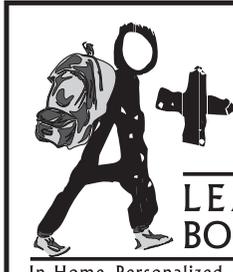
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# Biosolids to backers, sludge to detractors

**DURHAM** — Driver Mark Katchaluba finishes transferring sewage biosolids to his truck from Durham Region's Corbett Creek water pollution control plant in Whitby.

TIM FORAN/ News Advertiser photo



**This is the fifth in a series of monthly features examining environmental issues in Durham Region. In this story we look at the issue of various biosolids being spread as soil conditioner, fertilizer on Durham area farms.**

## Environmentalists question recycled waste as products

BY TIM FORAN  
Staff Writer

**DURHAM** — Nestled alongside the Vrooman Creek near Cannington, Dean Beatty's 285-acre farm has supported his family for five generations. But the grizzled, grey-haired farmer says changes in the way farming is now being done in some parts of Durham threaten the possibility his livelihood will be passed on to his grandchildren.

Specifically, Mr. Beatty fears "sludge," a term used by some to describe both treated or untreated human excrement as well as a by-product created from the production of recycled paper. In Durham, treated waste and recycled paper sludge are used extensively as soil conditioners and fertilizers on farmlands, to the chagrin of some environmentalists who say high metal levels, pathogens and bacteria in the sludge threaten to enter the air, groundwater and local watersheds.

Mr. Beatty believes some of his dairy cattle became ill after his neighbour, Brock Councillor Reg Starr, began to spread paper sludge on his farm a number of years ago. Mr. Beatty says he lost 10 cows in 2000. "In a bad year, you might lose one," he says.

Coun. Starr did not return calls for comment.

Mr. Beatty adds neighbours also reported physical problems when trucks arrived to spread the paper sludge, which producer Atlantic Packaging says contains short pulp or paper fibres, clay particles and water. "We have people in the neighbourhood that have asthma attacks," Mr. Beatty says. "It didn't happen before the paper sludge was used. People go to hospital, it's pretty serious."

However, Atlantic spokesman Tony Bernaki says, "We have never seen or done or heard or documented proof that this happens. We have in-

vestigated all the times people have asked us to and we've never been able to find anything that's concrete."

Mr. Bernaki says Atlantic employees working with or near paper sludge have experienced no ill effects.

Atlantic Packaging produces 150,000 tonnes a year for land application of what it prefers to call paper fibre biosolids at its Whitby and Scarborough plants. Mr. Bernaki says the company believes the by-product provides an agricultural benefit to farmers.

The company submitted a soil benefits study last year to the Ministry of Environment and asked that its certificate of approval to apply the paper biosolids on land be extended indefinitely. Mr. Bernaki says Atlantic is hopeful the MOE is finally prepared to issue that certificate of approval, but he figures it will only be for a five-year term.

Last fall, Durham Region opposed Atlantic's request for approval after a consultant the Region hired to review Atlantic's study stated, "The results and conclusions reported by the authors with respect to soil benefits and soil management recommendations are often not supported by the data in the report."

In 1998, Ontario's Environmental Commissioner noted the Ministry of the Environment (MOE) continued to allow Atlantic to spread the biosolids, "without any demonstration of benefits to the soil."

"MOE's Biosolids Guidelines do state clearly that, 'materials must be of benefit to crop production or soil health...before approval for use will be given by MOE,'" the commissioner added.

In its 2001 soil benefits study, Atlantic listed 129 properties totalling almost 12,000 acres in Durham that are licensed by the MOE to receive paper biosolids. But only 20 sites and 20 per cent of the approved land were used in 2000.

"The market dried up," suggests Maureen Reilly, an environmental consultant with the Sierra Club of Canada. "Farmers aren't willing to take it. Corn crops, anything that required nitrogen, suffered from paper sludge."

Mr. Bernaki says farmers are indeed interested in paper biosolids, and they continue to call Atlantic and its contracted hauler, Courtice Auto Wreckers, to get on board the program.

Courtice Auto Wreckers also keeps an eye out for farmers willing to take sewage sludge/biosolids, which the company hauls and spreads for Durham Region.

Sewage biosolids are essentially treated human and industrial wastes and have been used as fertilizer on Durham farms for almost two decades. As landfill capacity drops and incineration becomes an unpalatable option to many urban-dwellers concerned about air pollution, the

spreading of these biosolids is growing.

Currently, 60 per cent of Durham's treated sewage is spread onto farms, with the remaining 40 per cent incinerated. The Region would gladly increase its land application if it could find more participating farmers, says Elaine Collis, the biosolids management co-ordinator for Durham's works department. There are 166 licensed sites totalling 12,500 acres in Durham, she says.

"It's a valuable resource as a soil amendment material," Ms. Collis says of the sewage biosolids, which are treated first by bacterial decomposition then through anaerobic (without exposure to oxygen) digestion. "It enhances the soil quality."

It's also cheap - free in fact. Durham gives the stuff away to farmers, and Courtice Auto Wreckers applies the biosolid for them. It estimates using the biosolids saves farmers almost \$90 an acre in fertilizer costs.

It also saves money for Durham taxpayers, as incineration is about 15 per cent more expensive in incremental operations costs than land application. It is far more expensive when the cost of building an incinerator is taken into account.

Gabriela Surerus, who runs a beef cattle operation on more than 1,000 acres near Roseneath in Northumberland County, says she and her husband first started using sewage biosolids, provided by the City of Toronto, last fall. The couple spread the biosolids on approximately 100 acres of land they use to grow cattle feed, including corn and grain.

Wheat grown in that area is just starting to shoot up, she says.

"It looks good," she says. "It has good colour. It looks good so far."

The biosolids save the couple about \$40 an acre in fertilizer costs, but she says that amount would likely be higher for a cash-crop farmer.

Ms. Surerus says she approached Toronto's biosolids contractor because she believes land spreading is the best available option to make use of our waste.

"In my opinion, it's better than dumping it in the lake, it's better than incinerating it," she says.

The concern of environmentalists is the continued presence of various metals, pathogens and bacteria in the sewage biosolid, even after it's treated.

"They keep talking about how the sludge is treated as though that means it's not pathogenic, it's not going to make people sick with diseases or parasites, but in fact it's concentrated," says Ms. Reilly. "If it was really just human manure, I would be in favour of that. But once you mix industrial waste together with human waste, you have a material that is essentially highly contaminated manure."

Ms. Collis responds that the pathogens and bacteria do not live long after being spread, as it is a "hostile environment." She adds Durham's waste consistently meets the Province's guidelines for 11 different metals. Courtice Auto Wreckers also takes care not to apply the sewage in rainy weather, on frozen ground or within setbacks from watercourses, wells or houses, she says.

Despite Durham's assurances, Ontario's environmental commissioner cited a number of problems with the spreading of sewage in his 2000/2001 report.

The commissioner noted farmers often apply the sewage to their fields in either spring or fall, "often the wettest seasons, when rains may wash freshly applied sludge into waterways."

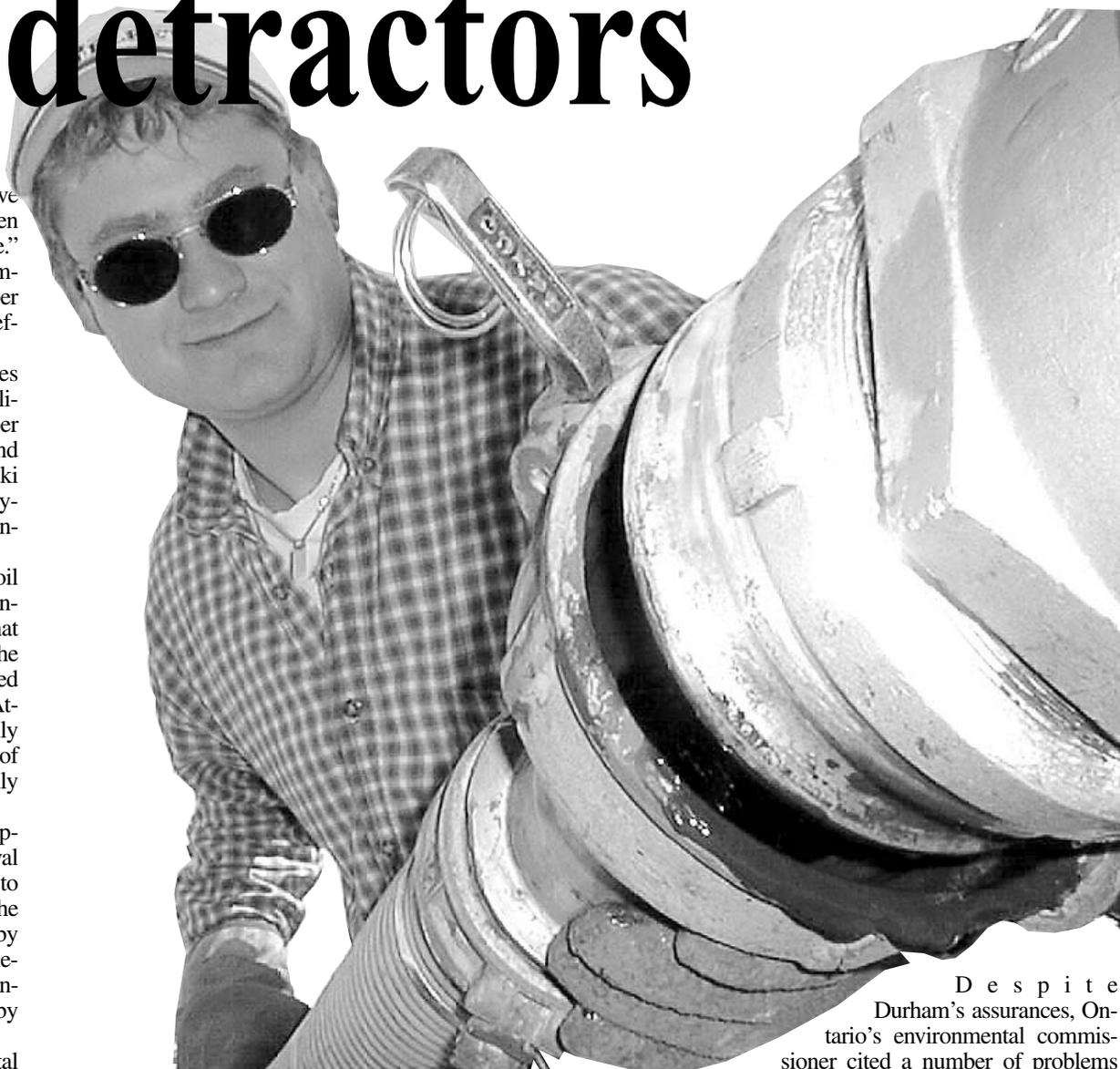
The resultant phosphorus and nitrogen loading could cause algal blooms, oxygen depletion and fish kills, he warned in his report. "Pathogens are also a concern, since they may migrate into groundwater or surface water and contaminate drinking water supplies," he continued. The commissioner concluded existing policies and regulations for the land spreading of sewage sludge were inadequate to protect the environment. It appears the Province is listening. In late April, the MOE sent out a press release indicating it would accelerate a review of current quality standards and testing requirements for sewage biosolids and pulp and paper sludge.

The Province's Bill 81, the Nutrient Management Act introduced last June, would also force landowners receiving biosolids to create strategies as to how they plan to use the materials as an environmentally sound part of their farming practices.

Ms. Surerus admits biosolids application remains a divisive issue.

"People either agree or disagree," she notes. "And there's no amount of information that will change their minds. I guess we feel it's safe."

Ms. Reilly believes people should question whether sludge or biosolids are being recycled or merely dumped.



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## Monarchs celebrate fine gridiron season

*LOSSA champion, bowl  
finalist St. Mary football  
team feted with meal,  
awards at banquet*

**PICKERING** — The St. Mary Catholic Secondary School Monarchs senior boys' football team celebrated another strong season on the gridiron with a special banquet recently.

Team members and coaches were feted with a meal at an awards ceremony, which also included school staff, parents, team staff and City dignitaries at the St. Isaac Jogues Catholic Church hall.

And, there was plenty to smile about this past season. The Monarchs, under the guidance of head coach Gordon Judges and his staff, won the Lake Ontario Secondary School Athletics (LOSSA) senior boys' football championship for the third consecutive year, downing Whitby's Henry Street High School Hawks 41-12 at Oshawa's Civic Stadium last November.

The Monarchs went on to down the Notre Dame College Irish of Welland 27-23 in the Golden Horseshoe Bowl quarter-final game at York University and the Waterdown Warriors 28-14 in the semifinal.

A championship, however, was not to be. In the game that represented high school football supremacy in Toronto and vicinity, the Monarchs were defeated 35-21 by a deserving St. Andrew's College Saints team from Aurora before a good crowd at Toronto's SkyDome.

An outstanding aerial attack orchestrated by opposition pivot Michael Faulds was enough to hand the Monarchs their lone loss of the season. They entered the game with an 11-0 record and the second seed in Toronto and area polls.

Winning awards at the banquet were Brendan Hulme, Sasha Glavic, Chris Nandlal, Dane Okrasa, Trevor Small, James Judges and Yannick Carter.

The evening also featured inspirational speaker Mike Pearse and a video presentation by James Judges that highlighted the Monarchs' season.



PAUL BIONDI/ News Advertiser photo

## Cornered

**PICKERING** — A member of the Carroll Home Improvements team ties up an opposition player in the corner during the annual Bay Ridges Hockey Tournament at Don Beer Arena May 3 and 4. The annual event raised funds for the Children's Wish Foundation.

## Ajax boys get their Kicks in Oshawa

**AJAX** — The QAS Ajax Warriors are victorious-15 boys' rep soccer team was victorious at the Oshawa Kicks Invitational Soccer Tournament recently.

The Gunners displayed a fine defensive effort throughout the tournament in not conceding any goals.

In the final, Ajax posted a 2-0 victory in the hard-fought contest with Wexford. Craig Deebank opened the scoring on a setup from Josh Forth. Nathan Cragg sealed the victory on an assist from Dominic Chapman.

In the second half, Wexford pressed to close the gap and in their best opportunity, Andrew Gumbinger made a beautiful diving save to preserve the shutout.

Ajax defender Scott Rietze was the game's most valuable player.

In the semifinal, Ajax blitzed the Scarborough Blizzard 3-0. Forth led the way with two goals, one coming on a fine individual effort, while the other on a pass from Scott Cameron. Deebank scored the other goal, with assists to Jordon Hannon and John Jonke.

In round-robin play, the Gunners defeated Erin Mills 4-0 on goals

by Forth with two, and John Vanloo and Cragg. The Warriors then defeated host Kicks 5-0 with two goals by Vanloo and one each to Deebank, Cragg and Cameron. In Game 3, Ajax blanked Clairlea of Scarborough 4-0 on goals by Cragg, Deebank, Vanloo and Chapman.

Defenders Paul Butchard, Rob Goddard, Doug Loyal, Rietze and Jason Walker limited opposition scoring opportunities. Midfielders Cameron, Chapman, Hannon, Jonke, Jonathan Risorto and Max Stainmez worked hard to control the play. Strikers Cragg, Deebank, Forth and Vanloo created many scoring chances. John Gurley and Gumbinger were solid in net.

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**DON BUTT AUTO BODY.** looking for prep/light body person. Please apply by fax (905) 433-1318 or by calling (905) 433-1262

**DOWNTOWN** - Brand new company has plenty of work. Start immediately. Call Dave 905-571-4738

**ESTHETICIAN WANTED** Theresa's Touch of Esthetics, downtown Whitby. Please drop resume off at 924 Brock St., N. Whitby or call (905) 430-6060

**EXPERIENCED PAINTERS** needed as soon as possible, to do new home construction. MUST be experienced with spray. Work Local Oshawa/Bowmanville. Top dollar paid per sq.ft. Serious inquiries only. Days (905)431-5991 or evenings (905)725-9303

**FULL-TIME QUALIFIED ECE'S** required. Bring resume in person to: MY SCHOOL, (s/w corner Lakeridge & Hwy. 7)

510 General Help 510 General Help 510 General Help

**INSURANCE BROKER** has career opportunity entry level, clerical position. Challenging professional working environment. didate should be self motivated, knowledge Word & Excel. Accepting Team Player. Please submit resume. Attn: Pat/ Worden Insurance and Financial Services 905-432-1568.

**LABOURER /FRAMER** - led to assist framing carpenter in new home construction. Must have own transport. Must have own transport. Must have own transport. (905) 728-7012

**LAWN CARE TECHNICIAN** minimum 1 year experience. Clean driving record. (905)571-1144 or fax re: (905)571-2927

**EXPERIENCED** Eavestrainers needed for Toronto surrounding areas. (416)438-4344

**BizBound**  
Visit [www.bizbound.ca](http://www.bizbound.ca) for more info.

funded by: Human Resources Development Canada / Développement des ressources humaines Canada

**Canada**

**510** General Help **510** General Help

**Local Home Renovations Company** is seeking **EXPERIENCED INSTALLERS** for **ROOFING, WINDOWS & SUNROOMS**. Call Bill at 905-686-9842 ext. 228 (9am-4pm). After 4pm call (905) 686-2445 ext. 228

**LIKE TO BE MOTIVATED OR MOTIVATE?**

- ✓ Like to laugh?
- ✓ Have fun?
- ✓ Be part of a team?

**AND MAKE ABOVE AVERAGE INCOME?**

Call Gary between 9:30am - 4pm Monday (905)426-1322

**BROADEN YOUR HORIZONS!**

Host an International student this summer, Coming to Canada to improve their English. Students attend classes Mon.-Fri. 9-5pm. Fun activities provided to students & families. Renumeration is paid for room and board.

For Information Call Arlene Heasman (905)428-6829

Local Co-Ordinators for **red leaf** STUDENT PROGRAMS INC.

**FORCED TO HIRE \$22.00/HR**

OSHAWA DISTRIBUTION CO. REQUIRES 10 PEOPLE IN SET-UP AND DISPLAY DEPT.

- ADVANCEMENT FOR FAST LEARNERS.
- OVER 18-ABLE TO START IMMED.
- NO EXPERIENCE
- FULL-TIME
- STUDENTS WELCOME

For Interview Call **MON-TUES ONLY - 10AM-6PM 905-720-1507**

**MANAGER TRAINEES**

For Durham Region. National company requires 4 Crew Managers to supervise outside sales. Drivers license required. Earn \$500 per week + car allowance + generous bonus system. For interview Call (905)723-1862

Are you tired of driving to Toronto?

**EXPERIENCED SERVICE ADVISOR**

For busy Chrysler dealership. Only those with 2 years advisory experience and Windows based computer experience need apply.

Fax resume to: (905) 683-5738 Attn: Doreen

**SHIPPER/RECEIVER**

Progressive Pickering company has immediate opening for full time warehouse employee. The successful candidate will be a detail-oriented team player. Knowledge of computerized inventory, and experience operating a reach truck, preferred. Possibility of advancement for right person. Forward resume, with salary expectations by May 17th, to:

File #801  
P.O. Box 481  
Oshawa, ON L1H 7L5

**THE NEWS ADVERTISER**

Is looking for carriers to deliver papers and flyers door to door Wed. Fri. & Sat. by 6:00 PM. in their neighborhoods. Call 905-683-5117

**Moving Van Foreman Wanted.**

Must have valid DZ license. Experienced foreman preferred, but not necessary, will train. Please forward resumes to: **Box 160 Bowmanville, ON, L1C 3K9**

**510** General Help **510** General Help

**ELITE PLUS**

Apply in person  
2300 LAWRENCE AVE. EAST  
2nd FLR, #17

N.W. Corner at Kennedy Road  
White Shield Plaza

LANDSCAPE DESIGNERS  
Work in the Durham area  
Full-time position

**EASY PHONE WORK**

Appointment Setting ~ No Selling

National Company modern upbeat office. Permanent F/T days. Great hours. Hourly plus generous bonus\$. Start immediately. Call for interview (905)426-4762

**CONFIDENTIAL TO BOX REPLIES**

If there are firms or individuals to whom you do not wish your reply sent, simply place your application in an envelope addressed to the box number in the advertisement and attach a list of such names. Place your application and list in an envelope and address to: Box Replies. If the advertiser is one of the names on your list your application will be destroyed.

**PLEASE NOTE, resumes that are faxed directly to Oshawa This Week, will not be forwarded to the file number. Originals must be sent directly as indicated by the instructions in the ad.**

**The News Advertiser**

Is looking for reliable people to insert and deliver papers and flyers door to door every Wednesday, Friday and Saturday in the Pickering area. Deliveries must be completed by 6:00 pm. Must have a vehicle. For more information call 905-683-5117

**THE NEWS ADVERTISER**

is looking for prospects to deliver newspapers & flyers to the following areas

☆☆☆☆☆☆

**AJAX**

Meekings Dr.	Pollard Cres.
Mantell Cres.	Mapson Cres.
Hunter Dr.	Todd Rd.
Maggs St.	Bowles Dr.
Hibbins Ave.	Hester Ave.
Delaney Dr.	Robertson Dr.
McKie Cr.	Home Ave.
Morden Cres.	Gill Cres.
Georgina Dr.	Hilley Ave.
Mill St.	Lincoln St.
Duffin St.	Carwin Cres.
Gregory Rd.	Clark Rd.
Bryant Rd.	McClarnan Rd.

**PICKERING**

Wollaston Cr.	Glen Eden Cr.
Rambleberry Ave.	Silverthorn Sq.
Honeywood Cres.	Deerbrook Dr.
Glenanna Rd.	Segan Sq.
Ermosa Cres.	Chartwell Cr.
Baylawn Dr.	Foxwood Trail
Flavelle Cr.	Primrose Cr.
Ducannon Dr.	Hillcrest Rd.
Victory Dr.	Westshore Blvd.
Sanok Dr.	Lytton Cr.
Toynvale Rd.	Rougemont Dr.
Summerpark Cres.	Rosebank Rd.N.
Garland Cres.	Wildflower Dr.
Craighurst Cr.	Beechlawnd Dr.
Jaywin Cir.	

1635 & 1623 Pickering Parkway

**FOR FURTHER INFORMATION OR FOR ROUTES AVAILABLE IN YOUR AREA PLEASE CALL 905-683-5117**

**LIGHT INDUSTRIAL**, long-term temp, Staff Plus will be interviewing 9:30 a.m. to 2 p.m. Wednesday, May 15th, Iroquois Sports Complex, 500 Victoria St. Whitby

**LOCAL DRIVEWAY** sealing company requires full-time help. Offering competitive wages and an excellent work environment. Driver's license and spraying experience an asset, however, willing to train the right candidate. Please fax resume to (905)619-6933.

**LOOKING** for semi retied mature individuals to help out in The Laundry Place. Alternation experience. For more info call (905) 428-8635

**CLEANERS-LOOKING** for individuals with cleaning experience for great new opportunities with cleaning service for residential clients. Extremely attractive wages offered. Own vehicle preferred. Call (905)686-5424 now.

**POSITIONS AVAILABLE!** Get a resume and secure the job YOU want for free! 16-24hrs out of school & work call now! **JOB CONNECT** (905)579-8482, 623-6814, 427-8165, 666-8847.

**PART-TIME EVENINGS.** Suitable for homemakers & students. Easy phone work. Call for interview 905-426-1322

**510** General Help **510** General Help

**MPP MICRO PRECISION PLASTICS LTD.**  
Injection Moulder of Small Parts

requires **SHIFT SUPERVISOR** for **MIDNIGHTS**

The successful candidate will have:

- University degree or college diploma
- Excellent communication and interpersonal skills
- Energy, perseverance and strong leadership skills
- Previous experience in a manufacturing environment, preferable in plastics.

Please fax your resume to the attention of **Human Resources at (905)697-1759**

**THE TORONTO STAR**

Requires **SALES CREW MANAGERS** for **Durham Region (Evenings & Weekends)**

- We need top quality individuals to develop and supervise the successful sales efforts of a team of student canvassers
- Flexible hours
- \$700/week + up commission is attainable
- A van is required
- Training provided

For further information call **Dean Bowler 905-261-0145**

**THE TORONTO STAR**

**RUSSELL STAFFING** requires **Warehouse Personnel**

Afternoon shift, \$10/hr  
Quality control  
CALL 905-420-5005

**WORK NOW!**

Pickering, Whitby, Ajax

We are currently looking for several people for each of the following positions. Safety shoes a must.

- Bindery \$7.45
- General Labourers \$8.50
- Truck Loading/Unloading \$9.00
- Welders: Mig & Tig \$12.00 & up

Global Human Resources  
Recruiting Thurs. May 16, 10am to 3pm at Quality Suites, 1700 Champlain Ave., Whitby (Thickson & 401)

If unable to attend apply Mon.-Fri. 10am - 3pm at Global Human Resources 777 Warden Ave. Suite 217, Scarborough or email employeerelations@ghrc.ca

**MAINTENANCE/HOUSEKEEPING SUPERVISOR**

Required for a new Long Term Care Facility in Ajax. The successful applicant will be responsible for the hands-on maintenance of the facility as well as supervision of the Housekeeping and laundry department. Salary \$34,000 plus benefits.

Fax resume to: **Ajax Healthcare (905) 669-6724**  
Attention: File #202 Mark Bernhard

**PROPERTY/CASUALTY** Insurance Brokerage requires an experienced Technical/Customer Service Representative. RIBO license not necessary but must be willing to obtain. Must have good computer/technical skills and must be a highly organized individual. Must be a self-starter with a positive attitude and able to work in a busy environment. Please send resume, along with salary expectations by mail only to: Rose Anne Shaw, Office Manager Roughly Insurance Brokerage Ltd., 1000 Simcoe St. N. Oshawa, Ont. L1G 4W4. We thank all interested applicants, but only those who are selected for an interview will be contacted.

**READER'S WORLD BOOKS** Ltd., a leader in display marketing sales, has openings in the Oshawa area for several reps. Job requires a work van and suitable place to store books. Experience is an asset, but not necessary. Call 1-800-734-7634 ext. 229 ask for Ron.

**\$20.00/HOUR AVERAGE**

**Registration Officers Required**

We Train You  
Also spring and summer program for students

Call Kim 905-435-0280

**SHELL CANADA**, full and part time. Locations in Brooklyn, Orono, Oshawa, Contact by fax, at 905-723-7368 attention Jay.

**515** Skilled & Technical Help **515** Skilled & Technical Help

As an aggressive, automotive parts designer and custom metal stamping manufacturer experiencing further growth, the following positions are open for motivated self-starters...

**• Toolmakers**

**• Machinists**

Experience in completing tool build on small to mid-size progressive dies is essential for both positions.

Please apply to: **Human Resources, Ancon Industries Inc., Oshawa**  
Fax: (905) 435-0598 humanresources@ancon-ind.com

We thank all applicants; however, only those selected for an interview will be contacted. An Equal Opportunity Employer

**510** General Help

**REQUIRED IMMEDIATELY** full time handy person, must have electrical, plumbing and carpentry experience. Able to work independently, clean drivers abstract required. Please fax resume to: (905) 666-8298.

**SCRAMBLES** RESTAURANT requires experienced Breakfast Cook (exp. w/grill & eggs), weekdays part-time, Sat./Sun. full time. Also require wait staff. Apply in person 527 Westney Rd. S., Ajax

**SPECIALTY PBE COMPANY** requires delivery/customer service person for Durham Region. Must have knowledge of area. PBE experience preferred. Good compensation & benefits. Fax resume with current driver's abstract to (905)683-3756 attention Tom.

**SPRING FEVER!** New Durham office needs 15 people for summer and full-time help. Scholarships and advancement available. Call Todd (905)666-9685. Student Hotline 1-888-265-5539

**STOP MAKING BLUE** and purple bills! Put some red and brown ones in your wallet. Call us, we're hiring. Ask for Jade @ (905) 576-4425

**STYLIST POSITION** for Ajax salon, guaranteed salary/commission, hiring bonus from \$100 - \$350. Store discounts. Call Cheryl (905) 723-7323

**TAXI DRIVERS** full and part time dayshift wanted. Must have Oshawa taxi permit and clean abstract. Apply in person at 164 Bloor St East, Oshawa

**WANTED POSITIVE** individual for growing company applicant must have knowledge in welding with stick or mig some experience in fitting necessary electrical and plumbing knowledge considered an asset wages negotiable fax resume to 905-665-6868 or email to attech@rogers.com for interview.

**515** Skilled & Technical Help

**ARCHITECTURAL DRAFTSPERSON**

Contract computer drafting. Experience in residential. Fax resume to 905-720-2868

**KIA**

**LICENSED TECHNICIAN**

Kia of Pickering requires license technician. Excellent pay plan and benefits. On going manufacturing training. Import experience an asset. Fax resume to: 905-421-9292

**MECHANICAL TECHNICIAN**, experienced

- Must have pump experience
- Company vehicle supplied
- Must be able to troubleshoot

Fax resume 416-754-4286

**Industrial Electrician**

Oshawa employer seeks individual for contract placement. Completion of college, CEge vocational/technical training is required. Must have Industrial Electrician Trade Certification with 3-years' experience, including PLC, motors, and control equipment.

Responsible for working in an industrial setting with robotic, low voltage and microprocessor systems. Duties include installing, replacing, and repairing electrical components, troubleshooting, testing equipment, and interpreting electrical code specifications. Please fax resume to: (416) 971-9131

**525** Office Help

**LARGE** Architectural Millwork Company requires FINISHED TRIM CARPENTER for site installations in Durham Region area. Please fax resume to: 905-433-1463.

**514** Salon & Spa Help

**ANGELA'S ESTHETICS** has expanded. Requires full-time mature Esthetician with minimum 1yr. experience for our full service day spa. Fax resume: 905-666-7457 or email to: info@the-stress-shop.com

**Exp. FULL-TIME HAIR** Stylist salary plus commission, also Full time receptionist for L'Attitudes at the Pickering Town Centre. Call Rosa at 905-420-1440 or fax resume to (905) 947-8143.

**LUCINDA'S** Salon and Spa - (Courtice Area) Hair Stylist chair for rent, license hair stylists only. Minimum 2 years experience. Call 905-721-9107, after 6 p.m.

**515** Skilled & Technical Help

**3RD/ 4TH YEAR AUTOMOTIVE** Apprentice required. Immediate position. Benefits available computer literate, customer oriented. 905-433-0355, leave message.

**PLUMBER** required for busy service-oriented plumbing company. TOP hourly wages, new service vehicle, uniforms provided. Experience with wells & pumps an asset. Doyle Plumbing Ltd. 905-427-7409

**BUSY OSHAWA TIRE** store requires EXPERIENCED LICENSED MECHANIC Full or Part Time (905)725-6511

**CARPENTERS, CABINET-MAKERS** and laminators required in Pickering Must have 2-5 years exp., Fax resume to 905-686-0903.

**MECHANICAL ENGINEERING TECHNOLOGIST**

Must be familiar with Autocad, able to communicate with clients and be familiar with a manufacturing environment. Permanent position with great potential for advancement, located in Orillia.

Reply to: File # 800  
Oshawa This Week, P.O. Box 481, Oshawa, Ont. L1H 7L5

**PAINTING COMPANY** looking for painter with 2-4 years experience for residential painting. call 428-0081

**SERVICE** Advisor required to direct and coordinate service mechanics to handle field service calls. Heavy equipment experience required. Call (416)291-1929 or fax resume (416)291-0009

**UNI POINT SAW** operator - \$10 + per hr. long term temp, must be able to read measurements, carpentry experience an asset. Minimum one year experience. Ajax area. If interested please fax Christine at Staff Plus (416) 495-0941

**530** Sales & Age

**6-8 EXP. MORTGAGE** Agent wanted immediately, commissions paid, no territories, self starter. Located Whitby. Car a must. Please fax resume to 905-436-9292 or call 905-436-9292 for appointment.

**CAMPING IN STYLE** - Ontario's largest RV dealer is looking for energetic motivated individuals to our sales team. Unlim. earning potential, excellent bonus programs Please fax or email resume to: (905) 8462\_cis@attcanada.ca

**DE BOER'S DESIGN/SAL** De Boer's furniture in Pickering is seeking an enthusiastic professional with sales & Interior Design background. This person should be motivated with the ability to communicate effectively, prepare design proposals, our clients. Fax resume (905)683-9908 or email to: pickering@deboers.ca

**EARN \$40K PLUS** Sales Rep. weight loss centre need ambitious, self-motivated person to sell weight loss program. Must have sales experience, a healthy life style. Fax resume and cover letter to: E V (905)509-3343

**FULL TIME SALES** Techn (Pickering). Opportunity for didate with excellent oral/w communications. Capable organizing, reporting and aging a territory. Present and PC skills required, commercial ventilation experience. asset. Fax resume to 905-3759.

**PART-TIME SALES CLERK** required with experience Women's Wear an asset. ply to Kawartha Unifon Midtown Mall, Osh (905)436-7336.



525 Office Help 525 Office Help

CAREER-MINDED ACCOUNTANTS COME JOIN THE INDUSTRY LEADER For temporary positions in: SENIOR ACCOUNTANT STAFF ACCOUNTANT PAYROLL SPECIALIST ACCOUNTS PAYABLE ACCOUNTS RECEIVABLE ACCOUNTING CLERK DATA ENTRY accountemps Tel: (905) 709-8009 Fax: (905) 709-3664 Email: markham@accountemps.com For more information visit our website at www.accountemps.com

JOIN THE TEAM For temporary positions in: EXECUTIVE ASSISTANT OFFICE MANAGER CUSTOMER SERVICE ADMINISTRATIVE ASSISTANT RECEPTION / SWITCHBOARD MARKETING / SALES ASSISTANT OFFICETEAM Tel: 905-771-8272 • Fax: 905-709-3664 Email: markham@officeteam.com For more information visit our website at www.officeteam.com

SECRETARY/RECEPTIONIST required by busy hi-tech company with emphasis on technical support. Need excellent customer service skills and possess an attitude that "The Customer Comes First". Good working knowledge of Excel, MYOB and Microsoft Word required. Please email resume to: VGLEESON@KEYSCAN.CA

THE LAW OFFICES OF DAVID GOODAIRE Junior Real Estate Clerk Required immediately for our very busy smoke free environment. Knowledge of PC Law, Conveyancer, Word Perfect and Teranet an asset. Whitby. Fax Resume to 905-668-8576 or e-mail -- goodaire@sympatico.ca no phone calls

530 Sales Help & Agents 530 Sales Help & Agents

OPPORTUNITY KNOCKS! Salesperson New & Used Get in on the ground floor Durham Region's newest Daewoo Pickering Ask for Charlie Mickel (905)420-4800, toll free 1-866-420-3933

SALES PERSON required for immediate opening. Earn above average income. Leads provided. Must have reliable vehicle. Training provided for the right candidate. Call Tony 905-426-1322

SUNSHADE BLINDS & DRAPERY Decorator required for in-home sales of custom window treatments. Minimum 3 years experience in measuring and designing draperies, blinds and shutters. Own vehicle required. Please contact Charlie (905)428-0937

TRAVEL AGENCY Coach Tour Operator. Flexible full-time clerical/sales agent. PC & sales experience own car required, salary & commission & car exp. Fax 905-831-3384. 535 Hospital/Medical/Dental COMMUNITY SERVICE hours available at Durham Region Community Care. Opportunities include: office support, advertising and marketing design, Bingo runners, friendly phone calls. Please call Jody or Jennifer at (905) 686-3248 or email ajax2@direct.ca

535 Hospital/Medical/Dental 535 Hospital/Medical/Dental

CDA/ PDA/ RN(s) Surgical assistant required immediately, weekdays for oral surgeon and periodontist in UNIONVILLE. Recent graduates welcome. Phone (905)479-1856 or Fax resume (905)479-1483

LIFE ENRICHMENT ASSISTANT F/T POSITION Recreation, Activation, Occupational Therapy Certificate or Equivalent. Must be physically fit, some lifting required. Computer literacy an asset. Available to work days, evenings and weekends. Mail/fax resume to: Life Enrichment Director Sunnycrest Nursing Homes 1635 Dundas Street East Whitby, Ontario L1N 2K9 Fax: 905-576-4712

REGISTERED NURSES (Attractive Rates) Say goodbye to the usual nursing routine & explore an opportunity in Correctional Services! Immediate Openings in Quinte & Whitby. Also, other positions for RNs & RPNs in LTC at locations in Durham Region, Scarborough & Toronto Fax resume to Endeavour Personnel (416) 646-1795

540 Hotel/Restaurant 540 Hotel/Restaurant

CASEY'S AJAX is now hiring a MANAGER Be part of a winning team!!! Fax resume to: (905) 619-3347 Attention: MARK NG-A-KEIN 36 Kingston Rd. East Ajax, ONT. (905) 619-9048

540 Hotel/Restaurant 100 Houses For Sale

EXPERIENCED SHORT order cook evening and weekend. Cathy's Cafe 905-655-4608. OSHAWA - Experienced chef, short order prep and line cooks required for daily restaurant and banquet hall for golf course. Fax resume to: (905) 433-7996.

WHITBY, West Lynde area, open house Sat. May 11, 1-4, 1500 sq.ft., 3+1 bedroom backsplit, single garage, fireplace, hardwood floors/carpet, finished basement, 5 Kenton Court, \$199,888. 905-666-2234.

THE PALACE EAST now hiring door staff & short order cook. Apply in person at 947 Dillingham Rd., (905)420-2595

NOW HIRING - Experienced line cooks. Apply in person to The Thrifty Monk, Ajax. 85 Kingston Rd. E.

550 Domestic Help Wanted CLEANER NEEDED Full time to help with housecleaning. Pickering/Ajax area. 905-619-0602. 565 Volunteers FREE TRAINING!! Set your own hours as a volunteer Community Case Manager! Needed for mental health clinic in Ajax-Pickering. Must be open-minded, compassionate and reliable. Training begins next week. Contact Jennifer or Jody at (905) 686-3248, fax to (905) 686-5770 or email: ajax2@direct.ca

100 Houses For Sale RESIDENTIAL / COMMERCIAL duplex, 2 kit, 2-4 pc. bath-room, 5 bedroom home in Montague PEI. Large treed lot 50 x 200., private by with deck, renovated, close to beach and golf course. Would make great vacation home or bed and breakfast. Call (902) 838-4532, after 6 weekdays or weekends. Pics available upon request. 7 TERESA DRIVE, WHITBY. Immaculate home in desirable neighbourhood. Open-concept kitchen/family room features gas fireplace. 3-bedrooms, 3-bathrooms, hardwood & ceramic flooring, new roof. Newer windows. Minutes to 401 & downtown. Asking \$209,900. Call 905-430-9964

102 Open Houses 102 Open Houses

OPEN HOUSE The Manors of Brandywine 45 Generation Blvd. Scarborough Rental: 416-284-2873 SAT. & SUN. MAY 11 & 12, 11am - 4 pm A unique community nestled in 14 acres of landscaped grounds \* Rouge Valley at your doorstep \* Steps to schools & TTC \* close to Hwy 401 & Hwy 2 \* Minutes away from the Toronto Metro Zoo!

145 Indust./Comm. Space NEW INDUSTRIAL Units, for sale M1A Whitby 2,200 OR 4,500 SQ. FT. 20' clear, drive-in available now (905)436-9613

OVER 4,000 sq. feet, Industrial/Commercial space near 401. Three 12 x 14 doors. Available June 1/02. Call 905-576-0498 or 905-725-9503.

150 Office & Business space AJAX PLAZA, second floor office space 580sq.ft. Available immediately. Next to 401, low rates, good parking. Call Mr. Harari (416)630-0111 ReMax Realtron Realty

OFFICE / PROFESSIONAL SPACE. 400-2400 sq. ft. Prime downtown Whitby location. Ground floor. Private entrance and parking Call Joanna @ 905-579-6245.

155 Stores For Sale Rent/Wanted STORE FOR RENT on the best location in Downtown Whitby. Approx. 1200 sq. ft. Available July 1st. Call for details. 905-430-8327

159 Investment Opportunities LARGE 2-BDRM in very quiet triplex. Big backyard, bus stop at front door, laundry, parking. Suitable for single person. \$750 +hydro. First/last. June 1st. Oshawa. (905)623-2143

LIVERPOOL Bayly 2 bedroom basement apt., separate entrance, fireplace, AC, parking, laundry, 950 first & last, avail. July 1, 905-428-0264 or 905-626-7589.

LIVERPOOL/BAYLY, 2-bedroom condo apartment, very spacious, lots of storage, laundry, parking, available now. Call Faiz (416)402-7150 or (416) 994-6209.

NORTH AJAX, bright walkout basement apartment, 4pc washroom, private washer/dryer and entrance, parking, no smokers, no pets. \$700 single, \$750 couple. Available immediately. Call (905)428-3112

NORTH OSHAWA, 2 bedroom, very clean and quiet building, all inclusive except cable. No pets. Available June 1, \$825. Call 905-579-9600 or 905-436-6408.

ONE & TWO BEDROOM apts. available immediately. Conveniently located in Uxbridge in adult occupied building. Appt. to view call 905-852-2534.

ONE & TWO bedroom apts., living room, dining room, kitchen, parking, hardwood floors, first & last, no pets, references. Available June 1st. Close to hospital. Call (905) 723-1647, (905) 720-9935

OSHAWA - TAUNTON/WILSON - New home, immaculate walkout apartment, suits one person, parking, non smoker, no pets, June 1st. \$700 per mo. all inclusive (905) 728-9509

1-BEDROOM w/en suite, huge livingroom, separate entrance, in an area of executive homes at Brock/Finch, Pickering. All inclusive, \$750/month, First/last, available immediately. (905)428-3715 after 6pm only.

PICKERING newly renovated 1-bedroom basement, full bathroom, kitchen, laundry, own entry, cac, central vac. Suit single person, \$675 inclusive. Available June 1st. No pets/smoking. 905-426-4723

PICKERING White's / 401, clean, bright, one bedroom basement apartment, full kitchen, air, laundry, separate entrance, parking, utilities included. Non-smoker, 1st/last, \$800. (905) 837-0227

PICKERING bright clean walkout bachelor apartment. Laundry, separate entrance, parking, full bathroom & kitchen. First/last, \$700/month all inclusive. Avail. June 1. Days: 416-214-2250 ext. 261; 489-905-839-5333

BACHELOR APARTMENT, Mary St. Oshawa, \$425/month, kitchen/living room, own bath, separate entrance, suit single male, first/last, avail. immed. Call Pam 905-666-7614 or leave message

170 Apartments & Flats For Rent 170 Apartments & Flats For Rent

RENT-WORRY FREE 1, 2 & 3 Bed. Apts. Well maintained, modern Appliances. All Util. included. On site super, maintenance & security. Rental Office: Mon - Fri. 12 noon - 8pm Sat & Sun 1pm- 5pm VALIANT PROPERTY MANAGEMENT 905-579-1626 www.gsrentals.com e-mail: valiant@speedline.ca

185 Houses For Rent 185 Houses For Rent

Now you can own a new home suite in Clarington Aspen Heights II only 25 min. east of TO For only \$660 per month guaranteed for 5 years including P&I and CMHC fees. Hurry! Limited # of 2 bedroom suites for \$119,990. Only \$789 per month Guaranteed It's easy! \$500 initial deposit, total 5% down. On Approval. Call 905-427-8605

170 Apartments & Flats For Rent 170 Apartments & Flats For Rent

PICKERING Large 1 bedroom basement apart. Liverpool/Highway 2. Separate Entrance, close to all amenities, no smoking/pets. \$ 700 incl. utilities. Contact 416-994-9512 or 416-910-2651.

PICKERING, Quality 1-bdrm, newly renovated w/4 piece bath, eat-in kitchen. \$775/month inclusive. Suits single professional non-smoker. Also private bdrm w/living-room avail. \$550/month. First/last 905-420-7347 416-574-0233

PICKERING, spotless professionally finished 1-bedroom basement apartment. Separate entrance, garage & driveway, own laundry. Available immediately. References required. No smoking/pets, credit check, \$800 includes utilities. (905)686-7504

PICKERING. Brock/Dellbrook, bright/walkout/private entrance/basement apartment, two bedroom with closets/one living room/eat-in kitchen/full bathroom/parking. \$850/month. First/last. Inclusive. No pets/smoking. Close to PT/GO/401. Available June 1, 905-426-8113

PROFESSIONALLY decorated and completely furnished walkout studio apartment. Bright, never lived in, cozy gas fireplace, art deco kitchen, open concept. References, \$975, all incl. Available immediately. 905-509-6085. (snp)

OSHAWA - Quiet building near shopping, transportation. Utilities included. Simcoe/Mill. 1-bdrm, avail. June & July 1st, \$729/mo. 2-Bedrooms avail. immediately, avail. June & July \$829/mo. 905-436-7686 until 7:30pm.

SPACIOUS well-maintained 1, 2 & 3 bedroom apts. Avail. at 900 and 888 Glen St. Come with walk-in closets, paint provided. Close to schools, shopping centre, GO Station. Utilities included. Call (905)728-4993.

SPECIAL Oshawa 2 B/R apts \$700 April, May & June. 280 Wentworth St. W. bright & clean, close to schools & shopping, 3-bedrooms available too. for appointment call (905) 721-8741 WALKOUT basement apartments available in Ajax. 1-bedroom, kitchen, shared laundry, separate entrance, parking. No smoking/pets \$675/month, includes utilities. Available immediately, Call 416-451-6102.

WHITBY, DUNDAS/BROCK - Luxury large 1-bdrm. Newly painted, carpet, a/c, very quiet adult lifestyle bldg., storage. \$900/month inclusive. Avail. immediately. First & last required. 905-668-0182 or 416-460-5410.

OSHAWA - 2 BEDROOM house, close to shopping and schools. \$600 per month plus utilities 1st/last, (416) 461-4727

185 Houses For Rent

DOWNTOWN OSHAWA, 3-bedroom home, move in condition, \$900/month w/ included. Hydro & gas included. No pets. Fridge & stove, ingroom, diningroom, kitchen, full basement, hookup available for laundry facility. Small front yard & veranda parking for 1 vehicle, available June 1st. Call (905) 7321 ext. 13 9-3pm Mon-Thursday.

OSHAWA, 2-BEDRM house for rent in quiet (excludes basement). Fridge, laundry, fenced yard, no smoking, no pets. \$970/mo. inclusive. Available June 1st. Call (705)277-9981

OSHAWA, beautiful 2 bedroom, very clean, 2 + 1 bedroom, good neighbourhood, private drive, no smoking/pets. Available June/July. Asking \$1100 + \$1200 plus utilities. 905-263-8856

PICKERING-ALTONA Quiet street. 4 bedroom detached, 2 years old appliances. \$1650 plus. Conc Management 905-428-9766

PORT UNION Rd./401, street. 3 bedroom detached garage, fridge/stove, no available July, \$1150 Condo/ly Management 428-9766

RENT TO OWN 3 bedroom, detached house in Oshawa, down, easy qualifying, \$1100/month. Call (416) 631-9152

WHITBY, DUNDAS/White area, 3 + 1-bedroom, gas finished basement, 3 baths, a/c, fireplace, available June 1st. \$1250 monthly. References required. No pets. Call (905)435-1018.

190 Townhouse For Rent 3 BEDROOM TOWNHOUSE for rent, 101 Bassett St. Whitby. Appliances included. Detached garage, \$1350/mo. plus utilities. Available June 1st. Call (905) 666-1299

PICKERING - 3-bdrm, coin unit, all appliances, \$1300 water incl. Close to GO, all amenities. Avail. June 1st. First & last required. (905)619-9340

PICKERING, A luxury "T" Casita townhome, approx. 1,820 sq.ft., excellent location, second underground parking available. \$1300/month. Call Barrie Cox ReMax Rouge River Realty Ltd. 905-839-7449.

PICKERING, Brock/King area, large 3 bedroom, 1 1/2 baths, finished basement, garage, fenced back yard. July 1st, \$1295/mo., plus 1st/last, references call 905-8823

SOUTH AJAX, 3-bedroom central air conditioning, pets, credit check & references. Available June 1st, \$800 monthly plus utilities. (905)686-6359.

191 Housing Wanted UNIVERSITY MOM with 2 girls looking for housing in Simcoe St. S. - Conant area, near Cedarvale P.S. School, South Oshawa. P. upper level or main floor, 2-3 bedrooms, reasonable. Available for June 1st. Do wish to share accommodation. Please call (905) 0067 after 6 p.m.

185 Houses For Rent

WHITBY, ROSSLAND Bassett, Spotlessly clean finished bedroom, central bus at door. Cable, no smoking. Suitable for person. Close to amenities. \$400/month first/last 905-8504

BRIGHT, SPACIOUS fully furnished room w/ private bathroom (same floor) Rosebank/Sheppard. June 1. Share laundry/kitchen facilities. \$600 monthly, erences required. Call queleine (416)433-6676

NORTH-OSHAWA one nished bedroom to rent, s kitchen/bath, large-deck, private country home. Full laundry, storage available. \$450 inclusive, June 1st. No smokers. 905-626-3099

192 Rooms For Rent & Wanted

AVAIL. MAY 1ST - Nice nish quiet home. Full kitchen, parking, close to OC, bus. Working professional non-smoker preferred. Pets. \$450 first/last. Call 728-1850

AVAILABLE IMMEDIATELY Oshawa, furnished room, bright very clean house, s large kitchen & bathroom run of house, non-smoking, parking, laundry, near amenities. \$440/month. 404-8479

194 Shared Accommodation

AN UNBEATABLE DEAL! From \$500. down, own your own home starting at \$69,900 carries for less than rent. OAC. 24 hrs free recorded message. 905-728-1069 ext 277. Coldwell Banker RMR Real Estate. Aurelia Rasanu.

A-A-A-A-MANY HOUSES/TOWNHOUSES for rent in Pickering, Whitby, Ajax, Oshawa, Bowmanville and surrounding areas. Rent from \$1,100 to \$5,000 per month plus utilities. Call Gary Bollen, Sutton Group Status at 905-436-0990 (MUST ASK for Jan Van Driel for info and scheduling).

OSHAWA - 2 BEDROOM house, close to shopping and schools. \$600 per month plus utilities 1st/last, (416) 461-4727

Sick of RENTING? 1st Time Buyer? Professional Renter? Honest Answers...! Professional Advice...! To "Own" Your Next Home! Direct 1-800-840-6275 Mark Stapley Sales Rep.

**194** Shared Accommodation

**AVAILABLE JUNE 1ST** share large new luxury home with hot tub, near Thickson & Rosland, one room \$485/month; all inclusive, first/last. Jim or Norma 905-571-1203

**PICKERING (Westshore)**, room for rent \$350/month, use of facilities. Working female preferred. Available now. Call 905-428-9223 or 416-818-7744

**WHITBY, THICKSON/HWY 2** large clean house to share. Suitable for working professional. Cable, laundry, air conditioning, and all utilities included. No pets, non-smoking environment. Available immediately. \$550 inclusive, first/last. Call (905)743-6258 (snp)

**200** Vacation Properties

**\$8,900; \$1500 DOWN;** \$125 monthly, fully serviced wood trailer lot near Cobourg, Sand beach. Hydro/water/sewers, rolling hills, next to county forest, great swimming/fishing. Call 905-885-6664

**205** Rentals Outside Canada

**CLEARWATER, FLORIDA**, fully furnished, air conditioned, 2-3 bedroom manufactured homes. Pools & hot tub, near beaches & major attractions. Children welcome. Photos \$275 weekly (less than motel) (905)683-5503.

**209** Cottages

**COTTAGE LEASE..** why own? Mortgage, taxes and maintenance costs \$7-\$10,000 per yr. for ownership. Lease for as little as \$3,500 per season for as long as you want. 2-bdrm, hot water, shower, deck, 200 ft. waterfront, 120km North of Whitby. (705)833-2002 or (905)831-4709.

**215** Campers, Trailers/Sites

**1990 5TH wheel**, 32 ft. HOLIDAY RAMBLER TRAVEL TRAILER, sleeps 6, queen size bed, large fridge, 4 burner stove, good condition. 905-372-2036.

**1999 MALLARD 30ft(r)** sleeps 6, \$22,000. Florida room 20'x8' and furniture, shed 8'x8' on Lake Scugog, Port Perry on lot @ Marina. (905)576-8282.

**2001 GOLDEN FALCON DS**, 28' 5th wheel, 2 slideouts, central vac and much more. Perfect shape. Best offer. Call 905-668-5198

**27ft MASTERCOACH**, 4 vent forced air furnace, 4 burner stove & oven, electric fridge, 6ft 6" head room, double & queen beds, canopy, best offer. 905-404-8574

**31' GLENDETTE TRAILER**, 2 tip ups, sleeps 6, 18x10 deck, near Casino Rama. \$8000. Call Sam (905)426-2550.

**86 Bonair 1000 Tent Trailer** - Sleeps six, 3 burner stove, sink, ice box, hard top. Good condition. Asking \$1900. Call 905-579-4135.

**A BALSAM LAKE, FENELON FALLS** - new 12x40 Golden Falcon Park Model on lake-view seasonal sites. www.sandybeachtrailer-court.com Toll free 1-877-887-2550

**NEW PARK -RICE LAKE** Large seasonal 10 new sites. Pool, beach, docking, rec. hall. North Lander Trailers for sale, Park Model rentals weekly. Call (705)696-3423. Website: www.dreamlandresort.on.ca

**234** Pools & Supplies

**EARLY BIRD SPECIAL** - 16x30 O.D. Kayak Pools with decks and fence, limited quantity, from \$4,995.00, 25 year warranty. 416-798-7509, 1-800-668-7564.

**279** Tutoring Service

**TUTORING** Kindergarten to Grade 8 \$17.00 per hr.  
• Basic Math  
• English Skills  
• Child & Youth Studies Major  
905-509-1818

**TUTORING AVAILABLE** FOR HIGH SCHOOL MATH STUDENTS  
MANY YEARS OF EXPERIENCE  
\$25/HOUR  
(905)-837-9213

**309** Bargain Centre

**RAISED SINGLE BED**, good for children 5 - 10. Forest green, metal tube structure, \$60. Telephone (905) 683-6525

**310** Articles For Sale

**CARPETS** - lots of carpets. I will carpet 3 rooms (30 sq. yd.) Commercial carpets for \$319.00. Residential or Berber carpets for \$399.00. Includes carpet, premium pad, expert installation. Free, no pressure estimate. Norman (905) 686-2314.

**AIR CONDITIONERS** - New Danby 5,000 btu \$225., 7,000 btu \$325, 10,000 btu \$445 12,000 btu \$499 new danby bar fridges, \$139 and up. Also variety of new appliances, scratch and dent. Full manufacturers warranty. Reconditioned fridges \$195 / up, reconditioned ranges \$125/ up, reconditioned washers \$199 / up, new and reconditioned coin operated washers and dryers at low prices. New brand name fridges \$480 and up, new 30" ranges with clock and window \$430. Reconditioned 24" ranges and 24" frost free fridges now available. Wide selection of other new and reconditioned appliances. Call us today, Stephenson's Appliances, Sales, Service, Parts. 154 Bruce St. Oshawa. (905)576-7448.

**3PC. RECLINING SOFA** set \$975. La-z-boy recliner \$75. Metal 6x8 shed \$50. Maple kitchen table & 4 chairs \$190 or best offer. Call (905)837-2121

**9.8HP MERCURY** Outboard motor \$450; Riding lawnmower, Deutz-Allis 7700; 8HP Rototiller, good motor, gearbox needs work \$100; Snowblower 3.5HP \$100. Pontypool 705-277-3300

**PIANO SALE**- Annual Year End Sale starts May 1st on all 2001 models of Roland digital pianos, Samick pianos. All Howard Miller clocks. Large selection of used pianos (Yamaha, Kawai, Heintzmann etc.) Not sure if your kids will stick with lessons, try our rent to own. 100% of all rental payments apply. Call TELEP PIANO (905) 433-1491. www.telep.ca WE WILL NOT BE UNDERSOLD!

**AFFORDABLE APPLIANCES** HANK'S APPLIANCES. Matching fridge/stove, good condition \$249; Washers reg/extra-cap \$149/up. Dryers extra/reg \$125/up. Selection apt.-size washers/dryers. Selection fridges \$150/up. Side-by-sides \$299. White/almond stoves, full/apt-size \$150/up. Portable dishwashers \$225/up. Visit our showroom. Parts/sales/service. 426 Simcoe St. S. Mon-Fri 8-6pm, Sat 9-5pm, Sun 11-4pm. (905)728-4043.

**AMAZING PRICES.** Mirror sliding doors. We are the manufacturers. Any size. Delivered and installed. Call 416-618-8805

**ANTIQUE dresser** circa 1850, 3 drawer, hand carved two finger drawer pulls, valued at \$1,500. Bob 905-373-6082.

**ANTIQUE MAHOGANY** corner curio cabinet \$1500. Mahogany desk \$400. Grandmother's chair \$250. Art Deco dresser w/mirror \$300. Call 905-579-5023 or arrange appointment

**APPLIANCES** refrigerator, stove, heavy duty Kenmore washer & dryer. Also apartment-size washer & dryer. Mint condition, will sell separately, can deliver. 905-839-0098

**BEDROOM SET** (sleigh). 8-pce hand carved Cherry wood. Brand new. Not opened. Cost \$917.500. Sacrifice \$2,999. 416-917-5807.

**BEDROOM SET**, 8pce cherrywood. Bed, chest, tri-dresser, mirror, night stands, dovetail construction. Never opened. In boxes. Cost \$9000. Sacrifice \$3500. 416-748-3993

**CARPETS SALE & HARDWOOD FLOORING:** carpet 3 rooms from \$339. (30 sq. yd.) Includes: carpet, premium pad and installation. Free estimates, carpet repairs. Serving Durham and surrounding area. Credit Cards Accepted Call Sam 905-686-1772.

**CARPETS! CARPETS!** CARPETS! 3 rooms carpeted with pad and installation \$299 (32 yds.). SPECIAL BUY - 24oz. Berber, 10 colours, \$7.50/yd. 32oz Berber, 12 colours, \$8.50/yd. 45oz Nylon Saxony, 30 colours, \$13.50/yd. NO HIDDEN COSTS. Free shoot home Home Service. Guaranteed Best Prices. SALLIAN CARPETS, 905-373-2260.

**COMPUTER REPAIR & upgrades**, home & office. Re-urb. IBM computers from \$99. Refurb. IBM laptop from \$650. New computers from \$399. Delivery available. Call 905-426-7994

**310** Articles for Sale

**ComputerDeals.Net** P-4 tower of power with CD-burner \$888. Pentium internet starter \$249. Laptops, big selection from \$399. New ultrafast 2-way satellite internet, available anywhere. We love doing upgrades & difficult repairs. (905)655-3661

**CONTENTS OF HOUSE** - beautiful 7 pc. dining set, matching sofa/chair, coffee table, Ladies triple dresser. All in excellent condition, Make an offer. Call. (905)579-2445.

**DINING ROOM SET**, hutch buffet, 6 chairs with table. Kenmore washer/dryer, very good condition. Call Agnes 905-430-7134.

**DININGROOM 14 PCE** cherrywood. 92" double pedestal. 8 Chippendale chairs. Buffet, hutch, server, dovetail construction. Still in boxes. Cost \$14,000. Sacrifice \$5000. (416)746-0995.

**DININGROOM SET**, 10 pce hand carved Cherrywood. Brand new. Still boxed. Cost \$10,200. Sell \$3,800. 416-496-2926.

**Direct TV HU FIX**, \$15. 30 day warranty. Unlooped HU \$20. Also do H cards. Call 905-424-8615

**DIRECT TV SYSTEM** w/card, loader, & support \$449, Hu unlooping \$25 while you wait, system w/card \$249, 3m 90-day warranty \$50 Amazing Electronics, 601 Dundas Street, Whitby. 905-665-7732

**DISHWASHER**, used \$150. Stackable washer & dryer \$425/pair. Call 905-728-1850

**EMERALD & DIAMOND** Cocktail ring, appraised \$4800 asking \$1400. Loveseat bleached carved wood, very formal, elegant, asking \$600. Sofa, shabby chic, beige, asking \$525. Coffee & end tables Deboers. Sports memorabilia, all types. All excellent condition. 905-839-6635

**FOR SALE:** A-Ladder for above ground pool, used one season \$50. Call (905)428-3404.

**FURNITURE FOR SALE** - 4 pc. wall unit \$300., 6pc. Chinese antique redwood sofa set \$2,200., dining table, 8 chairs \$2,000., hutch and buffet \$2,800. Plus more articles. (905) 428-8649

**HOBART 30 QUART** 3 phase mixer, with bowl and dough hook, asking \$2,995. Also menu board with letters and 20 shelve bun rack with cover. (705) 932-5487

**HOT TUB**, 4-5 person, approx. size 5 x 6ft. \$1,000 or best offer. 905-683-4298

**HOUSE CONTENT SALE** - 9pc diningroom set, Maytag washer & dryer, coffee/end tables; boy & girl bedroom furniture; king size bed; office desk; etc. 905-831-8801

**I HAVE YOUR PERFECT WEDDING GOWN!** Princess Wedding gown, size 7 with jeweled tiara and veil included. Bought for \$2500, sacrificing and giving up for \$500. You won't be disappointed with this dress! Call Tanya (905)432-4960.

**INTERLOCKING BRICKS** for sale. (905)697-9462 (snp)

**LARGE 10PC MAHOGANY** dining room suite, beautiful carved wood, pedestal legs, seats 8, cream coloured upholstery. Excellent condition \$2,800 o.b.o. Call 905-666-3444

**LIVINGROOM** complete, 2 love seats, 1 wing chair, 2 lamps, 2 end tables, round table coffee table, wall unit, shears & toppers to match. Call 905-668-8309.

**LUIGI'S FURNITURE** - We're moving from 488 to 500 King St. W., Oshawa. Watch for our grand opening coming soon. Huge moving sale on now - All furniture priced for quick clearance. We would rather sell it than move it. Coil spring mattresses from \$89, futons from \$165, Simmons Queen set mattresses from \$699. set. Pauser leather at wholesale prices. Sale priced, recliner sofas, chairs, swivel rockers, recliners, nice selection of fabrics. Always in stock, ready to take to the cottage, ten different styles of futons, all at the lowest guaranteed price. Same quality at a lower price, we'll beat it by 10%. Cottage country delivery available. Priced to sell, all headboards, bunk beds, futons, mattresses, sofas, leather etc. Check us out first - our prices can't be beat. Luigi's Furniture, 488 King St. W., Oshawa, (905) 436-0860

**MATTRESS/** Boxspring, Queen Orthopedic. Brand new, factory sealed. Sell \$325. 416-496-1343

**MOVING SALE** 7pc Pine bdrm set \$1,200.; Sears wooden bunk bed \$550; computer desk \$150; wooden crib \$200; Singer sewing machine \$200; baby swing \$60; silk/wool carpets etc. 905-665-5194

**310** Articles for Sale

**SHEDMAN WOODEN SHEDS**

**761 McKay Road, Unit #1**  
Pickering, Ontario L1W 3A3  
Phone: 905-619-2093  
Fax: 905-619-3366

**MOVING SALE:** Various household furniture, student desk, vacuum cleaner, window coverings, dart board with cabinet, futon, lamps, umbrella clothes line, treadmill, patio table, Christmas decorations (905)728-6583

**NASCAR FANS GREAT GIFTS** for Mother's Day, Father's Day, or special occasions. Pictures, Posters, Die Casts & Collectables Call Gary 905-436-7975

**NATURAL MEAT** - Chemical free beef/pork freezer packs. Save 40% of supermarket value. Also frozen chickens and lamb. (Limited supply). (905)983-5370 or (905)432-3652

**NEED A COMPUTER...DON'T HAVE CASH?** The original IBM PC, just \$1 a day...no money down! AOL & Internet FREE for 1 year! The Buck a Day Co., call 1-800-772-8617. www.buckaday.com

**NURSES UNIFORMS.** Health care, Durham College, Dental, Veterinary, Scrub sets. Rubi - 905-579-0246 Fri. Sat. Sun. East Mall Plaza, 600 King St. E. at Wilson Rd. (A&P Plaza) Oshawa.

**PHONES** From \$9.99 & up; Cordless phones \$24.99 & up; Vista 350 \$59.99; 2.4GHz from \$69.99; VCR Hi Fi, 4-head \$89.99; DVD Toshiba \$179.99; Call 905-571-7500. Closed Sunday's

**PIANO - UPRIGHT**, apartment size, excellent condition. call 905-435-9883.

**PIANO TECHNICIAN** available for tuning, repairs, & pre-purchase consultation on all makes & models of acoustic pianos. Reconditioned Heintzman, Yamaha, Mason & Risch, & other grand or upright pianos for sale. Gift Certificates available. Call Barb at 905-427-7631 or check out the web at www.barbhall.com Visa, MC, Amex.

**PLAYOFF TICKETS:** for Toronto Maple Leafs & Toronto Raptors & concert tickets. Will also buy tickets. 905-626-5568

**PLAYSTATION MOD CHIPS** PS1 basic chip \$35; Stealth chip \$60; PS2 Version 1 & 2 \$75; Version 3 \$95; Version 4 \$125; All work guaranteed. Install while you wait. Beatrice/Wilson area (905)721-2365

**310** Articles for Sale

**NEED A HOME PHONE?**  
NO CREDIT? BAD CREDIT? NO PROBLEM!  
No deposit Required  
Activated Immediately  
Freedom Phone Lines  
1-866-687-0863

**PONY CART**, excellent condition. Washing machine, heavy duty. Produce wagon, good shape. Two 1989 Buick Park Ave cars (one certified). Call (905)655-4500.

**RENT TO OWN** new and reconditioned appliances, and new T.V.'s. Full warranty, Pad-dy's Market, 905-263-8369 or 1-800-798-5502.

**RENT TO OWN:** New and reconditioned appliances. Full Warranty. Peter's Appliances 905-837-9000 or 416-282-0185

**SIDE CAR** by Velorex, black with convertible top, tonneau cover and luggage rack. Comes with universal mounting hardware. 1 year old. \$1,900 or best offer. (905) 377-9478.

**SOFA & LOVESEAT** \$395; Dining table, buffet & hutch \$575; Bedroom set \$450; Sofa-bed \$200; Old oak pedestal table +chairs \$550; Washer + dryer \$240/pr; Kitchen table + chairs \$250; Coffee +ends \$100; Chest freezer \$135. 905-260-2200-Oshawa

**SPAS...SPAS...SPAS...SPAS** Broken partnership forces sale. Over 30 spas still in wrappers. Must be sold at cost or below. 416-727-9599

**STORE FIXTURES FOR SALE.** Metal counters, metal bins, racks, spinners, slat wall, 8" hooks, check out, 2 Sharp registers. Call John (905)697-0316.

**OAK/PINE FURNITURE...** We have expanded our showroom and are filling it with exciting New Designs in Solid Wood Bedrooms, Dining Rooms and Entertainment Units. We have a large selection available, and if you don't see what you are looking for, we will build to your specifications... Let Traditional Woodworking be your own personal FURNITURE MAKER. We have been building quality solid wood furniture in the Durham Region for 27 years. We pride ourselves on being able to take your ideas/plans and turn them into reality. Drop in and see our State of the Art Woodworking facility and let us show you how quality fine furniture is made... Remember...There is no Substitute for Quality... Traditional Woodworking... 115 North Port Road (South of Reach Road), Port Perry, 905-985-8774. www.traditionalwoodworking.on.ca

**325** Auctions

**ATTENTION AUCTIONEERS!!**  
Our "Auction Package" consists of your ad running weekly in these publications:  
• Oshawa Whitby This Week  
• Ajax Pickering News Advertiser  
• Port Perry This Week  
• Northumberland News  
• Uxbridge Tribune/Times Journal  
• Canadian Statesman/Clarington  
One call does it all!!  
Phone 576-9335  
Fax 579-4218

**310** Articles for Sale

**TANNING BED** excellent condition, 31B 2F, Commercial/home \$2000. Call Allen 905-725-0314

**APPLIANCES:** refrigerator 2-door frost free, deluxe stove, matching heavy duty washer/dryer \$675/all-will sell separate. Also washer used 2 years \$250 + Dryer \$225, 8 mo old dishwasher \$275. all top condition. (905) 767-6598

**SHEDMAN** - Quality wooden sheds 8' X 8' barn kit, only \$299. plus tax. Many other sizes and styles available. Also garages. 761 McKay Rd. Unit 1, Pickering. For more info. call 905-619-2093.

**CARPETS - LAMINATE** and VINYL SALE. Carpet 3 rooms, 32 sq. yds. for \$339. Commercial carpet including carpet, premier underpad and professional installation. Laminate \$2.39 sq. ft. Click System. Residential, commercial, customer satisfaction guaranteed. Free estimate. Mike 905-431-4040.

**STORAGE TRAILERS** AND storage containers, 24 ft. & 22 ft.. Call 905-430-7693.

**400** Cars For Sale

**1978 CADILLAC SEVILLE** good condition call for details after 4pm. 905-623-6842

**1987 RELIANT** 4-door, 2.2, 4 cyl, automatic, buckets, console, power steering, power brakes, air conditioning, AM/FM stereo cassette, very good condition throughout. Must sell \$750. 905-436-6763

**1988 CHEV CELEBRITY**, maroon color, excellent condition, 144,000 km, fully certified, e-tested \$3,500. like new. (905)697-8863

**1988 CHRYSLER DAYTONA** 2-door, 4-cyl, automatic, p/s, p/b, a/c, 130km, buckets, console, factory mag, stereo cassette, new parts, mechanically A1, excellent condition throughout, no rust, \$1175. 905-404-8541

**1990 HONDA CIVIC SI**, 184K, 5-sp'd intake, fuel exhaust, new head/intake, exhaust gaskets, new alternator & radiator \$3300 or nearest offer. Call (905)839-8923

**1990 HONDA CIVIC**, runs great, cheap transportation. Needs exhaust. \$1300 as is. Pontypool 705-277-3300

**1992 BONNEVILLE SSE1** Supercharged, white with brown leather interior, tinted windows, sunroof, CD player, boost booster, fully loaded, new transmission, \$8400 certified & E-tested. Call Taylor at 905-438-8552

**1992 OLDS CUTLASS** Supreme, 4 dr, auto, 17800kms, certified, e-tested \$4000 o.b.o. (905)434-0392

**'92 VOYAGER** 7 seater \$3299 '90 Cavalier 4 door with new paint \$2499 '90 Tempo \$1699 All cars certified and e-tested 905-683-7301 or 905-424-9002 after 6p.m.

**1993 AUDI 90 SEDAN** white 153km fully loaded, alarm system & keyless entry, mint condition. Service records available, e-tested, certified, new tires/brakes. \$10,900. Newell 905-434-1780, 905-424-2116.

**1993 MAZDA MX3** Precidia, V6, green, fully loaded, 166,000kms, well maintained, \$5500 o.b.o. (905)619-3579.

**1993 PLYMOUTH GRAND** Voyager, good condition, loaded, 3.3 motor, white, well maintained. \$3800. Pontypool 705-277-3300

**1995 Chevy Cavalier** - Certified, emission tested, Excellent condition (154,000k). Asking price \$5995 or b.o. Sarges Service Centre 1009 Brock St. S. Whitby. Call 905-668-0021.

**1995 CHRYSLER CONCORDE** excellent condition, high mileage, new transmission. Certified \$4,900. Call Kirk at 905-261-4397

**FREE to good home** - Beautiful 7yr. Rotweiler/Staff. Loving, protective. Hate to see go, child has allergies. All shots, spayed. Incl. food/supplies. Call 905-576-6655.

**325** Auctions

**ATTENTION AUCTIONEERS!!**  
Our "Auction Package" consists of your ad running weekly in these publications:  
• Oshawa Whitby This Week  
• Ajax Pickering News Advertiser  
• Port Perry This Week  
• Northumberland News  
• Uxbridge Tribune/Times Journal  
• Canadian Statesman/Clarington  
One call does it all!!  
Phone 576-9335  
Fax 579-4218

**370** Pets, Supplies, Boarding

**LHASA APSO PUPS** - Bred for smaller body structure, non-shedding, non allergic, paper training started, first needles, health guarantee. (705)786-3124

**OLDER CATS** need love too! Many young to older adult cats (spayed or neutered, fully vaccinated) looking for homes. Kittens with first booster sometimes available. Many medium to larger breeds of dogs available for adoption. Pet supplies (especially cat food and litter) and donations always welcomed. Please call Durham Animal Adoption at 905-438-8411

Purebred American Eskimo puppies, born April 9th, 2002 - house raised, both parents great temperament. Great with kids. A must see! \$400. Call (905)438-1645.

**PUREBRED ROTTWEILER** pups for sale. First shots, dew claws, tails and dewormed. German bloodline, great temperament, \$500 each. Serious inquiries only. (905)576-4342.snp.

**400** Cars For Sale

**1978 CADILLAC SEVILLE** good condition call for details after 4pm. 905-623-6842

**1987 RELIANT** 4-door, 2.2, 4 cyl, automatic, buckets, console, power steering, power brakes, air conditioning, AM/FM stereo cassette, very good condition throughout. Must sell \$750. 905-436-6763

**1988 CHEV CELEBRITY**, maroon color, excellent condition, 144,000 km, fully certified, e-tested \$3,500. like new. (905)697-8863

**1988 CHRYSLER DAYTONA** 2-door, 4-cyl, automatic, p/s, p/b, a/c, 130km, buckets, console, factory mag, stereo cassette, new parts, mechanically A1, excellent condition throughout, no rust, \$1175. 905-404-8541

**1990 HONDA CIVIC SI**, 184K, 5-sp'd intake, fuel exhaust, new head/intake, exhaust gaskets, new alternator & radiator \$3300 or nearest offer. Call (905)839-8923

**435** Motorcycles

**FOR SALE!**



**1986 GOLDWING GL INTERSTATE 1200**  
Black, only 94,000 km, looks & runs like new, certified • \$6,500. Call after 4pm 905-432-8406

**268** Personals

**ANYBODY WITNESSING AN** accident on April 17, 2002 at approximately 3:45 pm at the corner of Brock Road & Taunton in Pickering please call Mike at 905-649-6670

**ENERGY WORKER** available (Reiki Master, Crystal Healer, Ear-coring Therapist) Maureen McBride's Healing/Energy Clearing media documented, including Toronto Sun. Four years success treating leukemia, cancers; chronic pain management; dissolving child-adulthood traumas/issues. 905-683-1360 days, eves, weekends

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**273** Daycare Available

**AFFORDABLE LOVING DAYCARE** non-smoking, reliable/experienced, mother of 2. Steps to Glengrove P.S. on St. Anthony Daniels bus/route. Large fenced backyard, Playroom/crafts/outings. Snacks/lunch. Valley Farm Rd. / Kingston Rd. Near PTC. References. Call Debbie (905) 839-7237

**AFFORDABLE DAYCARE** openings end of June, reliable, safe, nutritious meals, clean, fun, 5 min. from St. Bernadettes. Call Devita (905) 426-2106 before June 1st.

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**HWY 2/CHAPMAN.** Walking distance to St. Jude & Applecroft P.S. 15 years experience, any age welcome. Lots of free hugs. Call 905-420-8526

**NFLD. LADY OFFERS** loving daycare, 18months-12 years. Non-smoking, no pets, CPR certified. Fenced backyard, playroom, crafts, storytime, snacks & lunch. Glenanna/Liverpool. Call Renee (905)831-1044 after 5:30pm.

**PICKERING Beach / Rollo:** Loving daycare; 18 months to 12 years. Daily outings (fenced backyard and park). Crafts, story time, music, nutritious meals & snacks. First Aid, C.P.R. certified. Non-smoking, receipts. 905-428-1244.

**274** Daycare Wanted

**EXPERIENCED NANNY** with references required, Mon.-Fri. for 2 small children. Live out. Car required. Call 905-649-2552

**LIVE-IN CAREGIVER** required for 2 children, light house-keeping. Leave message (416)274-4099.

**LIVE-IN CAREGIVER** required in my Pickering home for 1 child & 2 elderly. Lighthouse-keeping, meal preparation. References required. Call for interview (905)831-2910.

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**435** Motorcycles

**165** Mortgages, Loans

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No up front fees  
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Additions electrical gas fireplaces etc.  
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**NEW MANAGEMENT-SPECIALS!** Body reflexology and touch therapy. faces, hot tub, 905-404-8333

**244** Special Tributes

**A Mother's Day Tribute**  
In Loving Memory of our Mom  
Lina Hughes  
September 5, 1921 - April 27, 2001  
We'll love you forever  
We'll like you for always  
As long as we're living  
Your children we'll be.  
Forever in our Hearts  
Virginia, John, Michael, David, Peter, Paul, Mark, Jim, Greg & Janie & families

# SCOREBOARD

**AJAX BRIDGE CLUB**  
Duplicate bridge results from May 7/02

**STRATIFIED OPEN PAIRS**  
**SECTION 'A'**  
**FLIGHT 'A' - NORTH-SOUTH**  
1. Joanne Marden and Ken Marden; 2. Helen Johnston and Gord Humphrys.

**EAST-WEST**  
1. Allan Monteiro and Robert Houtt; 2. Donna Dizig and Ian Coats.

**FLIGHT 'B' - NORTH-SOUTH**  
1. Sally Giles and Raymond Thomas.

**EAST-WEST**  
1. Marg Townshend and Eleanor Gardiner; 2. Sharon Bain and Andy Risman.

**STRATIFIED OPEN PAIRS**  
**SECTION 'B'**  
**FLIGHT 'A'**  
**NORTH-SOUTH**  
2. Blair Breen and Dale Beaudette.

**EAST-WEST**  
1. Denis Erwin and Joseph Kryzanowski; 2. Catherine Cameron and Ellen Kauffman.

**FLIGHT 'C'**  
**EAST-WEST**  
1. Carol Hughes and Lillian Parlette.

**FAMILY KARATE SCHOOLS ASSOCIATION**  
The Family Karate Schools Association with

schools in Ajax, Pickering, Oshawa and Scarborough, recently held its semi-annual tournament in Pickering. A total of 144 competitors took part. Members from the following karate schools were also in attendance: Durham Martial Arts in Oshawa, Bushido Karatedo in Bowmanville, Clarington Wado-Kai and the Newmarket Martial Arts Centre.

**TOURNAMENT STANDINGS**  
**APRIL 20/02**  
**KATA**  
Children 5-8years-white: 1. Mariusz Fajfer (Oshawa FKS); 2. Ozzy Smith (Oshawa FKS), 3. Aquille Stephens (Pickering F.K.S.)  
Children 5-8 years-yellow-green-blue: 1. Alex Laughton (Scarborough F.K.S.), 2. Matthew Deas (Scarborough F.K.S.), 3. Eric O'Connor (Oshawa F.K.S.).  
Children 9-12 years-white-yellow: 1. Tyler Butts (Ajax F.K.S.), 2. Joshua Trebley (Oshawa F.K.S.), 3. Chris Sarju (Pickering F.K.S.).  
Children 9-12 years-orange-green: 1. Natalie Armstrong (Durham Martial Arts), 2. Katie Colosimo (Durham Martial Arts), 3. Daniel McCauley (Bushido Karatedo).  
Children 9-12 years-blue-brown: Kyle Sisson (Ajax FKS), 2. Jonathan Douglas (Oshawa FKS), 3. Lisa Beaucage (Ajax FKS).  
Junior/Adults 113years+-white-yellow: Stephen

Small (Durham Martial Arts), 2. Richard Dart (Durham Martial Arts), 3. John Laughton (Scarborough FKS).  
Junior/Adults 13yrs+-orange-green: 1. Missy Lum (Durham Martial Arts), 2. Jeremy Rutke (Newmarket MAC), 3. Tim Rutke (Newmarket MAC).  
Junior/Adults 13yrs+-blue-brown: Denise DeAdder (oshawa FKS), 2. Bonita Desroches (Newmarket MAC), 3. Jennifer Lovitt (Bushido Karatedo).  
Black: 1. Brandon Francey (Bushido Karatedo), 2. Marc Desroches (Newmarket MAC), 3. Bill Rabjohn (Pickering FKS).

**SPARRING**  
Children 5-8 years-white: 1. Michael Radford (Ajax FKS), 2. Ben Mason(Oshawa FKS), 3. Brady Hudson (Oshawa FKS).  
Children 5-8 years-yellow-green-blue: 1. Matthew Deas (Scarborough FKS), 2. Devan Watson (Oshawa FKS), 3. Tristan Quarry (Ajax FKS).  
Children 9-12 years-white-yellow: Roy Houkayem (Pickering FKS), 2. Brooke Mason (Oshawa FKS), 2. Chris Sarju (Pickering FKS).  
Children 9-12 years-orange-green: 1. James McMillan (Pickering FKS), 2. Kayla Companion (Ajax FKS), 3. Danielle Seeley (Ajax FKS).  
Children 9-12 years-blue-brown: 1. Erik Sterling (Ajax FKS), 2. Lisa Beaucage (Ajax FKS), 3. Brendan Fox (Pickering FKS).  
Junior 13-17 years-male-white-yellow: 1. Stephen

Small (Durham Martial Arts), 2. Arman Alayunt (Scarborough FKS).  
Adults 18yrs+-male-white-yellow: 1. John Laughton (Scarborough FKS).  
Juniors/Adults 13years+-female-white-yellow: 1. Susannah Moylan (Scarborough FKS), 2. Melissa Perks (Scarborough FKS), 3. Charlene Pierson (Scarborough FKS).  
Junior/Adults 13 years+-male-orange-green: 1. Michael Seeley (Ajax FKS), 2. Chris Fiorentino , Clarington Wado-Kai), 3. Scott Jones (Clarington

Wado-Kai).  
Juniors/Adults 13years+-female-orange-green: 1. Lynn Sterling (Ajax FKS).  
Junior/Adults 13 years+-female-blue-brown: 1. Emily Maille (Ajax FKS), 2. Denise DeAdder (Oshawa FKS).  
Junior-under-18 years-male-black: 1. Marc Desroches (Newmarket MAC), 2. Simon Utkala (Ajax FKS).  
Adults-18 years+-male-black: 1. Manuel Marino (Ajax FKS), 2. Bill Rabjohn (Pickering FKS).

## Slo-pitch league still needs players

**AJAX** — An Ajax-based men's slo-pitch league is looking for a few more players to round out teams' rosters.

The Westney Heights Men's Slo-Pitch League is looking for individual entries (men 18 years and older) for the 2002 season, which is already under way. The league

plays each Sunday and features nine-inning games and double-headers.

The league offers weekly most valuable player awards, full uniforms, an all-star tournament and a skills competition.

For more information, call the league at 905-428-6708.

## Attention Seniors... With Tea, Do You Prefer One Friend or Two?

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### Public welcome 1-8pm

### (Bring lots of résumés!)

**DIRECTIONS:**  
Coming from the West - Take the 401 east to the Harmony Rd./Bloor St. cutoff. Make a left at the lights, going over the bridge to the next set of lights. Go straight through the second set of lights to the Holiday Inn.  
Coming from the East - Take the 401 west to the Harmony Rd./Bloor St. cutoff. Make a right at the lights, and continue on to the Holiday Inn.

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- VICTORIAN ORDER OF NURSES DURHAM REGION BRANCH • THE OSHAWA/CLARINGTON ASSOCIATION FOR COMMUNITY LIVING
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- COMMUNITY LIFECARE • TRILLIUM COLLEGE • LAKERIDGE HEALTH • WHITBY MENTAL HEALTH CENTRE

# Show some drive for a Little Sister

**PICKERING** — Come tee off for charity.

On Tuesday, June 25, join hall of fame jockey Sandy Hawley at the Big Sisters Association of Ajax-Pickering's charity golf tournament at Seaton Golf and Country Club in Pickering.

Registration is \$90, which includes

18 holes of golf, cart and dinner at Papps Restaurant. In addition, there is a prize table, raffles and silent auction.

All proceeds support Big Sisters programs for girls in Ajax and Pickering. To register, or to be a sponsor, call Big Sisters at 905-428-8111 or e-mail bigsisap@netcom.ca.



A.J. GROEN/ News Advertiser photo

## Maple Leafs forever

**PICKERING** — Will Sribny (centre) wants to whole world to know who he's rooting for during National Hockey League playoff action featuring his beloved Toronto Maple Leafs. Mr. Sribny and neighbours on Foxwood Trail painted the Leaf logo on his driveway and recruited young fans to show their colours too. With Mr. Sribny are (from left) Nathan Aker, Jack Cats, Alexia Sribny and Lauren Spinelli.

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No payments until September 2002 OAC applies to 1995 & newer vehicles. All sale prices are plus GST, PST, admin & licensing. See dealer for end value OAC. \*\* Payments based on 72 months with GST, Pst & Admin. Down. OAC. \*\*\* Payments based on 60 months PST, GST & Admin. Down OAC. Cost of borrowing \$10,000 @ 8.6%, \$206.82 for 60 months, cost of borrowing is \$2351.95.

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## Foresight Computer Services Will Help You With Your Technical Difficulties

Computers are great when they're working. Many of us can't live or work without them.

That's why it's so maddening when they break down or when you can't seem to load that new software you just bought.

“It can be very frustrating,” says Paul Downey, owner of Foresight Computer Services. “In most cases people just don't have the time to pack everything up and take it back to their supplier.”

Paul is an experienced technician who can solve your problems in the comfort of your home or the familiar surrounding of your office.

“I can help my clients with many services including those with small to medium sized businesses, home based businesses and individuals,” he says. “From fixing equipment and loading software to installing peripheral devices such as CD burners and printers.”

Installing a new CD burner, scanner or modem may be easy to some, but most people try it themselves with little success. For an affordable fee, Paul will do it right the first time,

**Owner Paul Downey has more than 15 years experience solving his clients computer problems and needs.**

He has more than 15 years experience and will give you a free initial consultation.

“One service that saves money is simply cleaning up files and properly deleting unnecessary ones to free up hard drive space,” Paul explains. “Many people buy larger hard drives for their computer when it just isn't necessary.”

Foresight Computer Services also offers software training in MS Office and other programs. This in-home training will give you a higher level of understanding and confidence when using new programs or the ones that come with your computer.

“We also offer internet solutions helping clients create their own websites,” says Paul. “Today websites are becoming an important way of doing business and many companies don't have the staff to create them.”

With the growth of home-based businesses Paul's services are in demand more than ever.

“I am accessible from Monday to Saturday and have a 24 hour emergency service,” he says.

For more information about Foresight Computer Services call (905) 420-1600.

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**TO ADVERTISE IN THIS FEATURE PLEASE CALL**

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Advertising Feature

**F O C U S O N B U S I N E S S P I C K E R I N G**

# United Way courts three-on-three action for youth

*Teens invited to take part at June event*

**AJAX** — Come out and show off your basketball skills next month and raise money for a good cause at the same time.

The United Way of Ajax-Pickering invites youths ages 15 to 19 to a three-on-three basketball tournament Saturday, June 8 from noon to 5 p.m. in the new gymnasium at Ajax High School.

The focus of the event is to increase community participation

opportunities for area youths.

There is a \$30 entry fee per team and registration forms are at

any Ajax or Pickering high school.

There is no cost for spectators

to attend the event.

For more information, call Nicole Brooker at 905-686-0606.

Recycle!

## Health & Wellness ADVERTISING FEATURE Your Guide to Healthy Living

### Treating Irritable Bowel Syndrome with Traditional Chinese Medicine

by Jane Cheung, B.Sc., Dr. TCM

Irritable bowel syndrome (IBS) is a common disorder of the intestines that leads to a combination of abdominal pain, bloating, and changes in bowel habits. Anyone of you who has IBS knows that even though it is not life threatening, it is very annoying and disrupts daily life activities.

This disease responds well to Traditional Chinese Medicine (TCM), which is probably therefore the treatment of choice, taking into consideration that there are very limited treatments for IBS.

Due to the complexity of the condition, treatment must be done by a competent TCM practitioner (usually someone with three to five years of training). Success of the treatments is based on finding the correct diagnosis and tailoring the treatment to each individual.

According to TCM theory, IBS corresponds to mixed patterns of deficiency and excess, caused by a combination of the following: long-standing bottled up emotions, sustained periods of overworking or worrying, irregular eating habits, overuse of antibiotics, air pollution, etc.

For this condition, I often combine acupuncture and herbal medicine. Acupuncture is used to regulate the flow of qi-energy corresponding to the imbalance of the Organ System. For example, I have a patient with fibromyalgia and IBS that I use acupuncture to 'loosen' the Liver Qi stagnation and

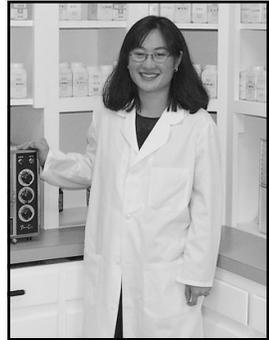
rehabilitate the Spleen energy. Based on his imbalances, the herbal prescription used is Bu Zhong Yi Qi Tang, one of many herbal prescriptions used to regulate and strengthen bowel function. He responded well after a few treatments, and developed

regular bowel movements.

To know more about TCM, check the Canadian website [www.medicinesechina.com](http://www.medicinesechina.com).

If you have any questions, you can e-mail Jane at [jcheungtcm@canada.com](mailto:jcheungtcm@canada.com) or call (905) 571-3556.

**Jane C. P. Cheung, B.Sc., D.TCM**  
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**The Durham Region Branch of the Canadian Diabetes Association invites you to Our Annual General Meeting & Information Night.**

**Wednesday, May 15th**  
**7:00 to 9:00 pm**

**Cullen Gardens - 300 Taunton Road West, Whitby**

**AGM business 7:00 pm to 7:20 pm will be followed by a special presentation by Dr. A. Steele;**

**Diabetes Hope: Diabetes and the link to Heart Disease**

**Dr. Steele will answer audience questions about diabetes & heart disease**

**Free Admission...Everyone Welcome!**  
For information please call:  
**905-436-6648**




**Notice of Public Consultation for a Regional By-Law Regulating Smoking in Public Places and Workplaces**

*The purpose of the Regional Municipality of Durham's public consultations is to gather input regarding the development of a regional by-law regulating smoking in public places and workplaces.*

Input is being sought from a broad cross-section of the community and may be submitted in the following ways:

**Direct Communications**

To give your input or for background information contact Durham Region Health Department.  
Call us at: 1-800-841-2729 ext. 2917 or (905) 723-8521 ext. 2917  
email us at: [smokefree@region.durham.on.ca](mailto:smokefree@region.durham.on.ca)  
Complete a website survey at: [www.region.durham.on.ca](http://www.region.durham.on.ca)  
Fax us at: (905) 723-6026  
or write to: Durham Region Health Department, Attention: Regional Smoking By-Law, Whitby Mall, Suite 210, 1615 Dundas Street East, Whitby, ON L1N 2L1

**Public Meetings**

- Speak at a public meeting
- Requests to speak should be received at the Regional Clerk's Department 7 days prior to the public meeting. Call (905) 668-7711 or 1-800-372-1102
- Speakers should limit their remarks to 5 minutes
- Although speakers are encouraged to contact the Regional Clerk's Department in advance, anyone who wishes to speak at the meeting will be permitted, if time allows
- Written submissions can be delivered or mailed to the Regional Clerk's Department:  
The Regional Municipality of Durham,  
PO Box 623, 605 Rossland Road East,  
Whitby, ON L1N 6A3

• email to [clerks@region.durham.on.ca](mailto:clerks@region.durham.on.ca) or fax to (905) 668-9963

**Public meetings are being held in:**

<b>WHITBY</b>	June 4, 2002	7-10 p.m.	Whitby Council Chambers 575 Rossland Rd. E., Whitby
<b>BROCK</b>	June 6, 2002	7-10 p.m.	Cannington Arena 91 Elliot St., Cannington <i>*Not wheelchair accessible</i>
<b>UXBRIDGE</b>	June 12, 2002	7-10 p.m.	Uxbridge Council Chambers 51 Toronto St. S., Uxbridge
<b>AJAX</b>	June 13, 2002	7-10 p.m.	Ajax Community Centre 75 Centennial Rd., Ajax
<b>OSHAWA</b>	June 18, 2002	7-10 p.m.	Oshawa Council Chambers 50 Centre St. S., Oshawa
<b>SCUGOG</b>	June 19, 2002	7-10 p.m.	Scugog Community Centre 1655 Reach St., Port Perry
<b>CLARINGTON</b>	June 26, 2002	7-10 p.m.	Garnet B. Rickard Complex 2440 King St. W., Bowmansville
<b>PICKERING</b>	June 27, 2002	7-10 p.m.	Pickering Council Chambers 1 The Esplanade, Pickering



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**Elizabeth Rynkun**, Doctor of Natural Medicine  
**Terrie Van Alstyne**, Naturopathic Physician

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