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LOOK OUT, REBA
Rena making noise on
country scene/ Pg. 10

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News Advertiser

Sunday, April 21, 1996 32 pages A Metroland Community Newspaper Pressrun 42,500 Vol. 115 No. 16

Pickering 'very distressed' over nuclear spill reporting delay

By MARIANNE TAKACS
STAFF REPORTER

PICKERING — Town officials want faster and better information from Ontario Hydro the next time there's an accident at the Pickering Nuclear Generation Station like the leak of radioactive tritium into the lake Monday night.

"We're having to deal with residents and they're very distressed," said Ward 2 local Councillor Sherry Senis at Thursday night's meeting of a new liaison committee recently set up between the Town and Ontario Hydro.

Coun. Senis said she only heard about the spill Wednesday morning on the radio, in a broadcast that was telling local residents not to drink tap water. She later found out teachers at Holy Redeemer Separate School were warning students against drinking the water.

As of 6 p.m. Thursday, she added, no organized effort had apparently been made yet to clarify to Pickering residents that it was safe to drink the water here and that it had been safe to do so all along.

"We have to do something about that," said the councillor, adding the Town has to be able to react and provide information "immediately" in situations involving a potential public health risk.

Mayor Wayne Arthurs told nuclear station director Pierre Charlebois the Town received many calls about the situation and was unable to provide information to its residents. The Town is eighth on a list of outside

See NUCLEAR...Page 16



Sherry Senis
'We have to do something'



Ears looking at you

George and Donna Wunch of Ajax pose Tuesday with their dog Toby, named most loveable animal at a recent pet show at the International Centre in Toronto.
photo by A.J. Groen

MPP against GTA super government

By KEITH GILLIGAN
STAFF REPORTER

AJAX-PICKERING — Durham West MPP Janet Ecker will let Municipal Affairs Minister Al Leach know how you feel about proposed Greater Toronto Area reform.

Ms. Ecker will present Mr. Leach the approximately 40 surveys on the Golden Report on GTA reform completed by Ajax and Pickering residents.

The News Advertiser printed the 51 recommendations of the Golden Report in the March 27 edition when readers were asked if they agreed or disagreed with each of the proposals.

Report author Anne Golden recommends sweeping changes in the GTA, including eliminating the five regions and replacing them with a 30-member Greater Toronto Council (GTC), pooling the education portion of business taxes, redrawing municipal boundaries

See MPP...Page 5

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Pizza delivery man roughed up and robbed in Pickering

PICKERING — A 22-year-old pizza delivery man suffered a concussion after he was beaten up by two thugs while making a delivery Thursday night.

The Double Double driver, of North York, was delivering to an apartment at 1480 Pickering Pkwy. around 11 p.m. when he was approached outside the building by two men who claimed the pizza was for them, police say.

When the victim asked for their phone number to verify the order was theirs, one of the men punched him in the head, police say. The

culprits, one armed with a knife, then robbed the victim of cash and the pizza. The dazed delivery man was kept overnight at Ajax-Pickering General Hospital for observation.

Both attackers are described as 19 to 20, with dark skin color.

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Dog can't sniff out Pickering gas bar bandit

PICKERING — A gas bar attendant was robbed late Wednesday night by a thief who threatened he was armed.

Durham Regional Police say a lone man entered the Petro Can station at 555 Whites Rd. around midnight and demanded cash from a woman working there. The thief claimed to have a weapon, but none was seen.

The suspect was given a small amount of cash and

fled the station running west on foot. A search by a police tracking dog was unsuccessful.

The suspect is described as black, in his late teens, 6', with a slim build.



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Teachers protest Tory cutbacks

DURHAM — Provincial education cuts are "decimating" Durham's school system, angry teachers told local MPPs Friday.

Hundreds of public and Catholic school teachers planned to rally in front of the constituency offices of Durham's five MPPs late Friday afternoon to send them the message. "These cuts are having an impact in our schools," says Jenifer Cormier, president of the Durham Women Teachers Association.

"The Provincial government's election platform saying classrooms would not be affected by funding cuts hasn't turned out to be true. Classes

are being affected in any number of ways," says Pat Jermey, president of the Ontario Secondary School Teachers Federation District 17.

But, trustees not Tories are to blame. Durham Centre MPP Jim Flaherty says.

"I find it very difficult to accept that the board can't offset a very modest (seven-per cent) reduction outside the classroom...(Trustees) need to look harder, work harder."

School boards — especially those in Durham "which already run a pretty lean ship" — have been left little choice, says Ms. Jermey.

"The government may have meant for (the cuts to be made

outside classrooms) but it didn't mandate that. If that was the case then why are they reducing the per-student (grant levels) and forcing changes in the classroom which directly affect kids?" she says.

Durham West MPP Janet Ecker was to meet with demonstrators "to listen to their suggestions." She says reducing funding to education "is difficult, nobody likes it, but it is a reality. I understand how tough it is for the board of education and I admit it isn't an easy challenge." Board trustees and teachers must work together "to protect all of these programs in a way that has the least impact on kids."

We goofed!

A layout error in the Friday edition of your News Advertiser may have sent some readers looking for a story that wasn't carried in that edition.

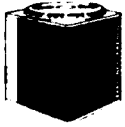
The story, on Page 10 of today's edition, profiles local country singer Rena Gaile.

The News Advertiser regrets the error.

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Older public school students will walk further

DURHAM — Public school students will be required to hoof it an extra .8 kilometres to get to school in September.

Durham Board of Education trustees voted at Wednesday night's budget meeting to increase the maximum distance students can walk to school without being bused — to 3.2 kms for children in Grades 7 and 8 and to four kms for pupils in Grades 9 and up.

The change will cut the board's transportation costs by \$625,000.

Trustees offered little sympathy to students.

Students "will walk that far for a pizza, and they will walk that far to get to their girlfriend's or boyfriend's...It wouldn't hurt them to walk that extra little bit to school and it might be doing them a big favor," said Ajax trustee Colleen Jordan.

"I don't think we are doing them a great disservice by making them walk a little further," she said.

Whitby trustee Patricia Bowman suggested the board consider "getting out of the busing business" altogether in 1997.


The financial savings from increased walking distances will come at the expense of municipalities in the region, said board superintendent Brian Cain. Concerns over student safety due to a lack of sidewalks and crossing guards were pinpointed near 14 schools and are the responsibility of regional and municipal governments.

He predicted "there may be some battle with municipalities" over the issue of

adding sidewalks and crossing guards.


To shirk liability for those safety concerns the board will have to rewrite its policy "to narrow considerably what we're willing to accept responsibility for," said Mr. Cain.

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SEARS
CORRECTION

For our 32 page Sears Today Scratch & Save Flyer (sale dates April 22-28, 1996)

On page 2:
Save 40% 2 styles of WonderBra. The bras are not as illustrated. The sale price should have read:
Sears reg. \$28 - \$32 Sale 16.80 - 19.20

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MPP mixed on Golden Report recommendations for GTA reform

FROM PAGE 1

and moving to the Actual Value Assessment method for setting property values.

"I want to stress the Golden Report is just that, a report to the government. It has many recommendations, some that are good and some that aren't."

Some of the proposals she opposes are the establishment of the GTC, which she refers to as a "super government", pooling education taxes and introducing a gasoline tax.

Among recommendations Ms. Ecker supports are a GTA-wide economic development and marketing plan that involves the private sector, and changing the property assessment system.

"Tax reform in Metro Toronto is a priority, because Metro's tax base is out of whack. They haven't changed it for years. I don't believe we have to penalize Durham taxpayers in order to solve Metro's problems," Ms. Ecker says.

"Some believe Metro is the author of its own misfortune. Regardless of the root of the problem with Metro, economically, if Metro goes down, the regions will soon follow. From evidence with other countries, if the hole in the centre of the doughnut deteriorates, the rest will follow."

But, "We shouldn't raid one region to help pay for another region. People are prepared to provide money to provincial coffers for provincial services. When they provide money for municipal services, they want it to stay in the municipality, whether in Ajax or Pickering."

Meanwhile, Ms. Ecker says, "I agree with the majority who think there's a need for a Greater Toronto Area strategy and a better Greater Toronto partnership with the private sector on a common marketing plan. The entire region is an attraction. If you come to Durham, you get the attraction of Toronto."

"The question is 'how do we get there?' I agree with people in the survey we don't need some sort of Greater Toronto Council. I don't agree with that."

No need to kill Region

I'd be surprised if that recommendation is proceeded with. I don't agree with the need to wipe out the Durham Region

level of government. They have started to and will continue to take the steps needed to lower costs," she says.

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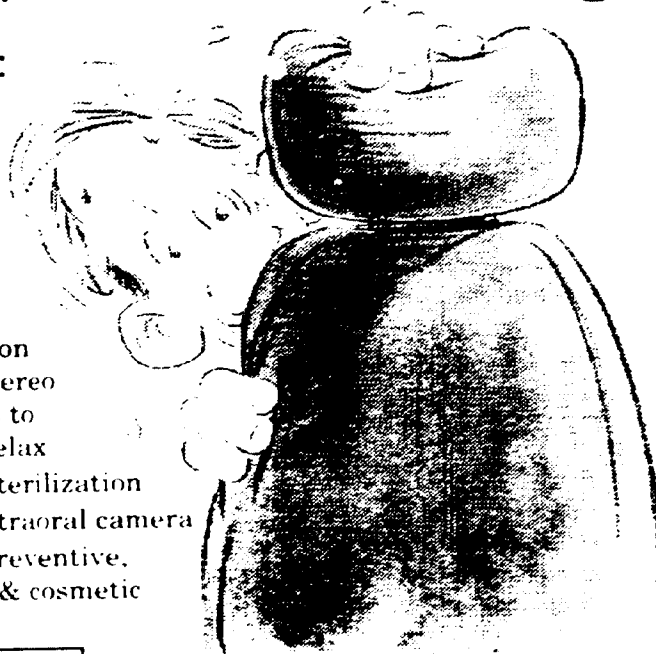


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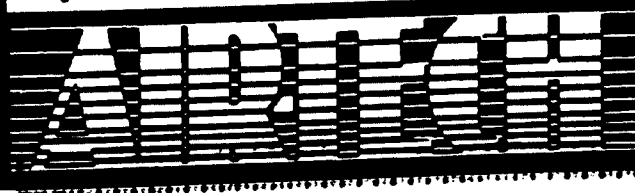
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▼ Editorials and Letters

▼ Ajax-Pickering News Advertiser

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Cheers to you

Every person in Ontario can tip back a glass of alcohol well into the night now thanks to new regulations. Last call has officially been pushed back until 2 a.m. to fall in line with most other Canadian provinces.

Drinking establishments are generally hailing it as a victory: anti-drinking and driving groups say we'll rue the day this legislation was enacted. At first glance the immediate winners are the bars, pubs and dance halls which will have an extra hour each night to generate revenue.

Norm Sterling, consumer and commercial relations minister, says the new laws are meant to make Ontario more attractive to visitors. After all, we will be open an extra hour and it will encourage people to come party in Ontario.

But, to prevent the new regulations from becoming a nightmare, Ontario must keep tight reins on the social costs of drinking. It's OK to change the rules, but responsibilities involved with the consumption of alcohol have to be preserved. Money must be set aside for education campaigns to counterbalance this extra hour of operation. If Ontario is to encourage drinking it has to promote responsible drinking simultaneously. It would be criminal not to.

Drinking establishments have to shoulder some responsibility to ensure senseless deaths due to alcohol abuse don't arise from these moves. That would be tragic and undo any financial benefit of the loosened laws.

To respond to this editorial call Infosource at 683-7040 and dial 5111

▼ You said it...

In response to last Sunday's column by Steve Houston on his family's efforts at toilet training, our readers said:

◆ "I found your story quite amusing about your son not being toilet trained. In the midst of all the hell I've been going through it was really refreshing to read that. I wouldn't worry about it; by the time he's 15 he should be toilet trained."

◆ "I thought it was interesting, but it's still quite early. He's not even three yet so don't feel rushed that you have to do it. My son was almost three and a half...once he was ready he didn't have an accident."

In response to last Sunday's editorial on Ajax hospital layoffs and bed closures, our readers said:

◆ "The people of Ajax and Pickering have been duped into believing they're going to get a bigger, better hospital."

◆ "They just asked the community for a whole lot of money, and then they turned around and closed beds. Where is that money going?"

Reader Poll: In response to Wednesday's lead story on the tritium leak at the Pickering Nuclear station:

◆ "I'm very upset with this news you carried. I work at the station, I know what the consequences of the leak are, I know exactly what it means. It's not even worth a drop of water in your bathtub. It's too bad you carried this..."

◆ "Like everything with age, it does deteriorate. It doesn't matter how much leaked into the water, it's still a potential health hazard."



▼ Letters to the editor

Can McTeague get Liberals to reduce gas tax?

To the editor:

So Dan McTeague is attempting to take on the oil company giants and their so-called discount subsidiaries. Good for him; I wish him the best of luck in this endeavor.

However, Mr. McTeague's head is in the sand, because it's obvious these oil monopolies have proven over the years to be formidable opponents. Consequently, every company, almost everywhere, has identical prices on every corner.

What happened to competitive free enterprise?

I would suggest that Mr. McTeague start looking in his own back yard.

Is he aware that, if the present price at the pump for regular gasoline is 59.9 cents per litre, 29.8 cents of it is in the form of federal and provincial taxes? That is 49.75 per cent of the retail cost!

So, perhaps he can start there, set a trend and attempt to have some of this exorbitant tax reduced, then maybe the oil companies will follow suit -- Maybe!

How about it Mr. McTeague?

Bill Johnstone,
Ajax

Resident must have full details of any dump plan

To the editor:

There have been several articles in the newspapers recently concerning the pending agreement between Pickering Council and Metropolitan

The Ajax-Pickering News Advertiser accepts letters to the editor. All letters should be typed or neatly hand-written, 150 words. Each letter must be signed with a first and last name or two initials and a last name. Please include a phone number for verification. The editor reserves the right to edit copy for style, length and content. Opinions expressed in letters are those of the writer and not necessarily of The News Advertiser.

Toronto with respect to the closure of the Brock West dump.

Some of these disclosures are most alarming to PACT. For example: Is Metro Toronto going to be allowed to walk away from Brock West without assuming the full costs of the perpetual care of this site to the satisfaction of the Town of Pickering?

Is Metro Toronto going to be permitted to move the garbage from the Brock North dump to the overfilled Brock West dump without full open public hearings?

In the immediate future is there going to be an independent audit of the garbage in the Brock North dump to determine the actual contents of that dump?

These are a few of PACT's questions and concerns.

Consequently, in the interests of the people of Pickering and to clarify the actual details of the proposed agreement, PACT is requesting council to make public now the entire contents of the proposed agreement between Metropolitan Toronto and Pickering.

If full disclosure is made now, the people of Pickering will be able to judge whether or not this will be a sound deal for the Pickering taxpayers and their environment.

Failure to disclose fully now could be very embarrassing in many ways.

Dave Steele
Chairman - PACT
Pickering

Blake Purdy



Opinion

The doctor is in

Open wide. The tongue depressor makes you gag? Please don't spew on Dr. Blake as he tries to diagnose your ailment. Ah ha. In layman's terms, you have the dreaded 'There's a lot of that going around disease.'

You know you're afflicted when: You wake up in the morning and your significant other has soggy tissues stuck to her back.

You actually begin to feel more pitiful than the geeks and knobs who populate the day-time trash talk TV shows you've taken to watching.

You suddenly feel qualified to help Junior with his Science experiment on 'Liquids and Semi-Solids the Human Anatomy Can Secrete'.

When you rifle through the kids' drawers looking for drugs, it's Flinstones chewable vitamins you're after.

Animal control officers show up at your door claiming they've had complaints from neighbors who think they've heard the sounds of a yak coming from your place.

Now that Fergie's out of the picture completely, you expect an invitation to join the royal family because you've spent so much time on the throne of late.

Pookums, who used to call you Gigglepuss, is now referring to you as Headfullaphlegm.

OJ with Vitamin C has replaced CC and ginger as your favorite drink.

You anticipate getting bonus points from Ma Bell for all the long-distance calls you've been making on the porcelain phone.

You're feeling so bad that you actually hope you're feeling better by the weekend when a trip to the out-laws' is scheduled.

A new job handicapping the horse races comes to mind since you've become such an expert in the trots.

You reach for the remote control every time a commercial comes on the air flogging a joint that sells fast food that was until recently a staple in your diet.

When you retire for the evening, in the bed you've occupied all day, you cuddle up with a box of Kleenex, instead of your significant other. "Good morning, Snotragback," you greet her upon waking. She replies, lovingly, "Feeling better, Headfullaphlegm?"

To comment on this column call Infosource at 683-7040 and dial 5107



EARTH DAY[®]
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April 22nd

is the largest environmental event in the world.

The first Earth Day was staged on April 22, 1970. Organized by Wisconsin senator Gaylord Nelson, students took part in environmental demonstrations to focus public awareness on the state of the environment. 20 million people took part in events, confirming public concern for ecological issues and creating support for clean air and water acts, and the establishment of the U.S. Environmental Protection Agency.

April 22, 1970 marks the birth of a worldwide environmental movement which has placed ecological concerns, research, education, policies and action at the top of social agendas in hundreds of countries, from the grassroots to the federal level.

Earth Day was celebrated internationally in 1990, when 200 million people took part in Earth Day events and activities in 141 countries. Among them were two million Canadians. Since then, support has grown nation wide. Virtually every school child in Canada takes part in Earth Week events, and Earth Day is celebrated annually by over five million Canadians in more than 9,000 events ranging from educational activities to tree planting, neighbourhood clean-ups, environmental project launches, marches, walks, concerts and cultural events.

Mandated to non-confrontational, non-political activities, Earth Day events provide an opportunity for all Canadians to take part in positive, solution-oriented environmental activities.

Earth Day Canada is the national coordinating body for Earth Day and Earth Week events and activities. Operating year-round since 1991, the charitable organization provides networking and resources for 7,500 members, most of which are community-based organizations staging Earth Day and Earth Week events. Earth Day Canada serves the environmental public through its three core programs. These include:

- *Earth Day Community Action Network:* Year-round programs for schools, employee groups and community-based organizations. The CAN program provides ideas, projects and resources tailored to students (Schools CAN), employees (Employees CAN) and community groups (Community CAN).
- *EcoKids Club of Canada:* A club-based program for children between 7-12 years old, EcoKids Clubs engage young people in solution-based environmental projects year-round. *Hometown Heroes* is an EcoKids Club program that encourages and assists members to create solutions at the community level.
- *Canadian Natural Highway:* A national planting partnership created to restore native species and space through community-based planting projects. Model, or "hub" CNH projects are staged in major centres during Earth Week. Community projects are assisted by a complete CNH kit, resources and a year-round network. CNH partners have planted almost 250,000 native trees since 1994, and continue to naturalize community parks and public areas.

Earth Day Canada is a charter member of Earth Day International, representing 91 member nations celebrating the 25th anniversary of Earth Day in 1995.

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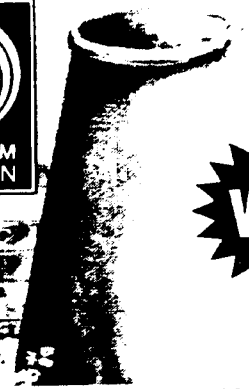


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To mark Earth Week in Durham Region, General Motors of Canada Limited announces the start of construction during the week of April 21, of "The Dogwood Trail". This innovative rope trail in the McLaughlin Bay Wildlife Reserve, adjacent to GM of Canada's Headquarters Building on Colonel Sam Drive in Oshawa has been designed, in cooperation with the Canadian National Institute for the Blind, to provide the opportunity for partially-sighted or visually-impaired individuals to have the opportunity to share in the wonders of nature available in the Reserve.

Cdescribed as a "multi-sensory" awareness feature, suitable for anyone visiting the Reserve, "The Dogwood Trail" will be a 900 metre loop, featuring a guide rope and Braille and large-lettering written text panels along its route. Users will be able to learn about the nature and history of the area using their senses of touch, feel, smell and hearing. At one point, the trail will cross over a shallow pond through a small marsh via a footbridge and here the guide rope will be incorporated into the design of the bridge railing. Also, in order to accommodate wheelchairs, the trail will be of a semi-hard granular surface, gently graded, containing no steps.

Billboard

April 21 to April 27

SUNDAY, APRIL 21

BOOK SALE: Friends of the Ajax Public Library hold a book sale at the main branch, corner of Harwood Ave. and Kings Cres., next to the Town hall, from 1 to 3 p.m. Proceeds to benefit the library. 428-1328 (Val Marshall).

MONDAY, APRIL 22

PRENATAL: Ajax-Pickering General Hospital offers Prenatal Tours every Monday from 7 to 8:30 p.m. Learn what to expect from admission to discharge. Meet in the private dining room in the lower level of the east wing of the hospital at 580 Harwood Avenue S., Ajax. No registration necessary. 428-5202.

TUESDAY, APRIL 23

PARENT SUPPORT: The Association of Parent Support Groups of Ontario meets locally every Tuesday at 7:15 p.m. It's for parents worried about their children becoming involved in drugs, alcohol, running away, dropping out of school, committing crimes or parental abuse. Call for location. 1-800-488-5666.

AMMESTY INTERNATIONAL: The Pickering-Ajax Group will meet at 7:30 p.m. at the Pickering Village United Church, 300 Church St. The subject of the evening will be Egypt. For more information call 839-3969.

BREAST-FEEDING: A breast-feeding support group meets every Tuesday from 10 a.m. to 12:30 p.m. in the maternal and newborn services department at Ajax and Pickering General Hospital. No registration necessary. 428-5202.

BIG BROTHERS: The Big Brothers Association of Ajax-Pickering hold their awards night and annual general meeting in meetings rooms 1, 2 and 3 upstairs at the Pickering Recreation Complex, 1867 Valley Farm Road. Awards at 7 p.m., meeting at 8:30 p.m. RSVP Mon. to Thurs. 10 a.m. to 5 p.m. at 686-2871.

HOSPITAL HELP: Ajax-Pickering General Hospital, 580 Harwood Ave. S., Ajax, holds a Volunteers Open

House from 10 a.m. to 3 p.m. in the East Harwood Lobby. 683-2320.

WEDNESDAY, APRIL 24

COMPUTERS: The Macintosh Users East Club (MaUse) meets the fourth Wednesday of each month from 7 to 10 p.m. in the lecture theatre at Henry Street High School, 614 Henry St., Whitby.

This month's meeting features a presentation on how to network Mac computers and peripherals, and a session on income tax software for the Mac. Call 433-0777 for information.

ALCOHOL: Adult Children of Alcoholics, Ajax-Pickering Chapter, meets every Wednesday at St. Andrew's Church, 35 Church St., N., Pickering Village, at 7:30 p.m. No charge. New members welcome. (416) 593-5147.

BUSINESS WOMEN: Durham Business and Professional Women's Club holds a dinner meeting at Regalis Restaurant, 1305 Pickering Parkway, Pickering. Reception at 6 p.m., dinner at

6:45 p.m. The cost is \$25 for members and \$30 for non-members. For reservations, call 427-6930 (Karen Graham) or 416-752-2881 (Laura Nigro).

TUBERCULOSIS: The Gerontological Nursing Association presents The Latest News on Tuberculosis at 7 p.m. at Fairview Lodge, 632 Dundas St. W., Whitby. Guest speaker J. Barton, R.N., TB expert. Use Mary Street parking lot, meet in the board room, lug your mug. 668-8530 (Betty Plaskitt).

ALZHEIMER'S: The Ajax Family Support Group of Alzheimer Durham meets at the Community Care offices, 487 Westney Rd. S. Units 19 and 20 (at the corner of Clements Rd. W.), Ajax, at 7:30 p.m. All caregivers welcome. 576-2567.

HOSPITAL OPEN HOUSE: A Physiotherapy Open House is held from 11:30 a.m. to 1:30 p.m. in the private dining room in the lower level east wing of Ajax-Pickering General Hospital, 580 Harwood Ave. S., Ajax. Contin-

ues during same hours Thursday and Friday. Presentations include hints for working at a computer. 683-2320.

THURSDAY, APRIL 25

CHRISTIAN WOMEN: An All That Glitters Ladies Guest night is being held at the Pickering Town Centre. It will start at 7 p.m. and will take place in the Gallantry's Banquet Room, lower level.

The special feature will be a Fashion Show by Lingering Impressions. Admission is \$7 at the door.

No babysitting will be available. For reservations, call 683-5569 (Debbie) or 509-5070 (Janet) before April 22.

SEPARATED ANONYMOUS: Seminars will take place at Peace Lutheran Church from 7:00 p.m. to 10:00 p.m. Professionals will address topics such as letting go, self-esteem, the law, healthy relationships, intimacy and sexuality. For more information call 905-338-9879.

DIALYSIS: Dialysis Management Clinics holds an information

session from 8 to 9 p.m. on the opening of its new clinic in Pickering which will allow stable dialysis patients to receive dialysis in their own community.

It's held in the private dining room at Ajax-Pickering General Hospital, 580 Harwood Ave. S., Ajax. Call 416-783-4535 (Igal Holzer).

FRIDAY, APRIL 26

CLOTHING SALE: St. Martin's Anglican Church, 1201 St. Martins Dr., Pickering holds an It's New To You sale from 7 to 9 p.m. Great clothes, no junk! Prices start at 25 cents. For information and to make donations, call 839-4769 (Barb).

ADDICTION: The Serenity Group holds a 12-step recovery meeting at 8 p.m. at the Bayfair Baptist Church, 817 Kingston Rd., Pickering.

The group will start step one again at this meeting. The group meets weekly and deals with addictions of all types, including co-dependency. 428-9431 (Jim) in the evenings.

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Physiotherapy open house offers tips for injury prone

AJAX-PICKERING -- Tips to remain injury-free for those who work on computers are offered at an Ajax-Pickering hospital meeting on Wednesday, April 24.

A Physiotherapy Open House is held from 11:30 a.m. to 1:30 p.m. in the private dining room in the lower level east wing of Ajax-Pickering General Hospital, 580 Harwood Ave. S., Ajax

The open house at the hospital continues during the same hours next Thursday and Friday.

For more information on the event, call 683-2320.

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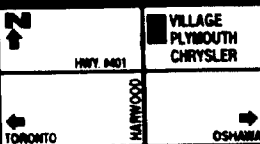
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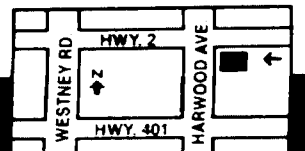
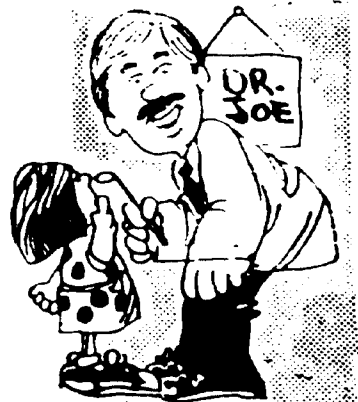
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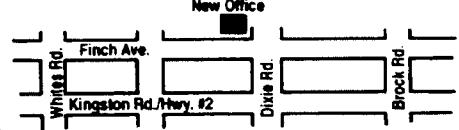
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Entertainment

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Country Pickering's Rena Gaile finds her place Fresh: with country music

By AL RIVETT
STAFF REPORTER

PICKERING -- Being a rising star in the music business isn't always what it's cracked up to be.

Take the case of Pickering's Rena Gaile, who was filming her latest music video Cloud of Dust -- the second from her independent new country release Out on a Limb -- in Toronto last week.

"The weather didn't look bad when we got down there, but when we started shooting, it started to snow," recalls Gaile who spent most of last Wednesday outside in cold and snowy conditions on the waterfront.

The video directed by Daphne McAfee used three different Toronto locales. Gaile expects the finished version to be ready to debut on video stations in the next couple of weeks.

Her first ever video for the song All She Wants is currently on heavy rotation on Canada's New Country Network and she expects the follow-up Cloud of Dust to also get lots of airplay.

Bad weather notwithstanding, performing on her music videos is almost as fun as being on stage, she says. "It's a blast. It was a long day, but I loved it. I was totally into it."

Gaile says she tries to make videos which are true to her music and to her image.

"They are important. People want to know what you look like

and they want to know about your personality. A good video will capture that."

After 12 years of singing pop music at clubs and private parties, everything is starting to come together musically for the new country artist who's a native

because it's in my blood. Country music has a real substance to it and I like that. It was country music, country music and more country music when I was growing up. I didn't know any other type of music."

Out on a Limb was a labor of love for Gaile, who recorded the CD over three months at Inception Studios in Toronto. From the outset, she wanted to ensure it was a first-place production, and the finished product has been a source of pride.

The CD was produced by top Canadian producer Declan O'Doherty who's worked with Rita MacNeil, among others. In addition to a core group of musicians (her husband Jim Morgan plays bass on the album), the project also featured top studio musicians including guitarist Steve Piticco (South Mountain), fiddle player Don Reed (Dwight Yoakim) and back-up vocalist David Blamires. (Pat Metheny).

The album's first single Better Off Blue just missed going top 10 on the industry charts.

The follow-up All She Wants has received lots of radio and video network airplay.

Now, the third single off the album Cloud of Dust is set to make its appearance on radio, with the video also set for release.

Gaile says a new album isn't imminent, although she plans to handle more of the songwriting

'There's no greater teacher than life itself. If I had a hit record at 25 I might have wasted the opportunity. I'm ready now for whatever happens.'

-- Rena Gaile

of London, Ontario. Brought up in a home where country music was king, her foray into new country is a natural extension.

"It was inevitable when I was playing clubs for someone to come up to me and say I should consider doing country music. I like to sing it and I do it well



Rena Gaile's star is rising in the new country music industry. The Pickering-based singer is enjoying success with her independent debut Out on a Limb. She recently finished making her second video called Cloud of Dust in Toronto last week.

chores on her next project.

(She wrote The Hand That Rocks The Cradle on Out on a Limb, a song which should be the next single and video off the album.)

"This one's still got a lot of life in it."

As for becoming another top Canadian new country singer, joining the ranks of Shania Twain and Michelle Wright, Gaile says she's ready to let her music take her wherever it will.

"I feel like I'm finally ready to explode. I've never sung better and I love being on stage. I'm completely comfortable on stage. I have all this worldly experience behind me, having different relationships, not just with men, but with people in general.

"There's no greater teacher than life itself. If I had a hit record at 25 I might have wasted the opportunity. I'm ready now for whatever happens."

More romance writing tips in Durham

DURHAM -- The Writers' Circle of Durham Region had so many people sign up for its last romance writing workshop, the group is offering another.

You can learn How to Write and Sell a Romance Novel Sunday, May 5 and from 10 a.m. to 4 p.m. at The Oddfellows Hall, 211 Brock St. S., Whitby. Cost is \$27.

The workshop will be led by Brian Henry, formerly an editor with Harlequin Books.

Topics will include 'Why Durham Region is an Ideal Setting for a Romance', the 'secret formula' of the romance novel, how much money romance authors earn, and where the best opportunities are now for getting your romance published.

A romance author will also make a guest appearance. Advance registration is required. Call Brian Henry at 416-503-3134.

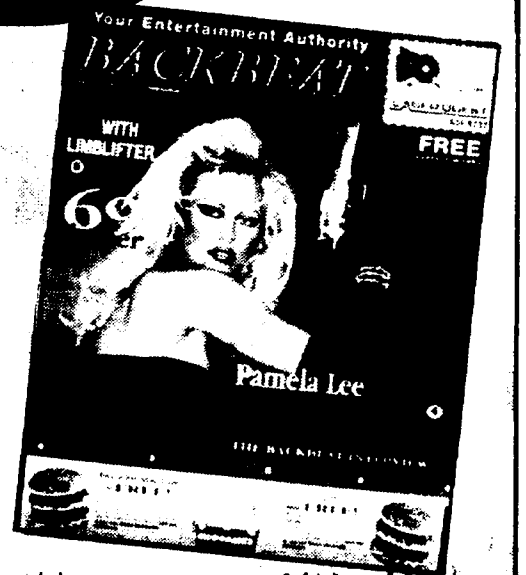
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Backbeat Interviews Pamela Lee (Baywatch)

- Up and coming rockers 69 Duster •Arts & Theatre updates
- The Club Groove (Durham's complete entertainment list)
- The Grumpy Old Fart •Much more

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Canadian Club of Durham talks unity

DURHAM -- The challenges Canadians face to ensure unity today and tomorrow is the discussion topic next week when the Canadian Club of Durham meets in Oshawa.

The Canadian Club meets Tuesday, April 23 at the Holiday Inn, 1011 Bloor St. E., Oshawa at 6:30 p.m.

Speaker Lorne Nystrom will speak on

Building Bridges: Challenges to Canadian Unity.

Cost for the function is \$22 for members and \$23 for non-members.


For more information on this meeting, or on the Canadian Club, call 655-4530, 668-2484, 686-2535 or 576-5101.

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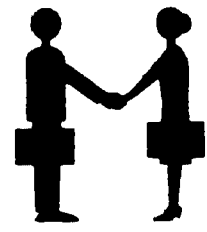
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Name Dropping in Ajax and Pickering

by Keith Gilligan

Birthday

Joshua Kar-ram turned seven April 15 and celebrated with lots of friends, cousin **Peter Mahaffey**, sisters **Katie, Bethany** and **Esther**, Mom, **Dad**, **Uncle John**, **Aunt Andrea**, cousins **Katherine**, **John David**, **Mary Lue** and **Peter**.



Birthday

Look who's 10! It's **Mary Lue Mahaffey** who reached double digits on April 20. Mary was hoping for a guinea pig as a birthday gift. "You're a very special 10-year-old. We love you very much," say **Mom**, **Dad**, sister **Katherine** and brothers **John David** and **Peter**.



50th Anniversary

Eileen and **Harry Mountain** of Pickering marked their 50th anniversary on April 20 and they'll celebrate their birthdays together on April 24. Congratulations and best wishes from family and friends both near and far.



Birthday

Happy birthday greetings went out to a youthful looking **Mark Chappell** on April 8. He turned 25 with lots of love from **Mom**, **Grandma**, aunts and uncles.



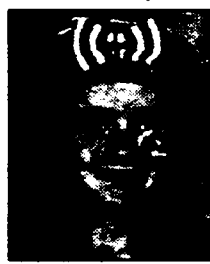
Birthday

"Our precious young lady" **Kailey Chappell** turns five on April 24. **Mom Cindy**, **Dad Greg** and brother **Christopher** wish her a "happy birthday with all our love." The Chappells also wish "Nanny" **Jardine** a happy birthday with tons of love.



Birthday

April 13 was a good luck day for **Kaitlin Taylor-Rivet**, because she turned seven years old. Wishing **Kaitlin** a happy birthday with lots of love were **Auntie Lisa**, **Uncle Eric** and cousins **Janice** and **Heather**.



Birthday

Big-time sports enthusiast **Scott Campbell** turned 12 on April 18. Sending along best wishes and lots of love were **Mom**, **Rick**, **Jennifer** and **Adam**.



Engagement

Linda and **Martin Macdonald** of Ajax are pleased to announce the engagement of their son **Ryan** to **Kimberly Marie Gagnon**, the daughter of **Maria** and **Michael Gagnon** of Hamilton. The wedding will take place in June of 1997 in London, Ontario.

Birthday

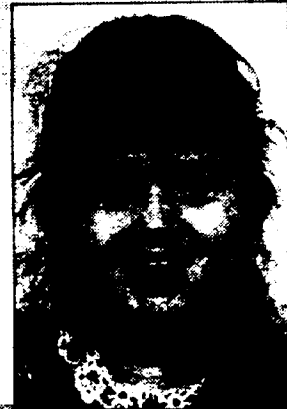


Graduation

Congratulations go out to **Dr. Cecile Thackeray** for successfully completing the Chiropractic Pediatric Certification course through Life College and the International Chiropractic Pediatric Association. Love from her family.

Birthday

A princess with a big smile turned three years old on April 19. Helping **Tiffany Stoyanovski** celebrate her birthday were big brother **Timothy**, baby sister **Chloe**, friends **Eric**, **Kelly**, **Christine** and **Alex**. Hugs and kisses to their angel from **Mommy** and **Daddy**.



Birthday



Everybody will be wishing **Jaelyn Palmer** a happy birthday on April 21. **Jaelyn** turns 11 with love and best wishes from **Mom**, **Dad**, **Lauren**, **Trixi**, **Pickles**, **Muffin**, **P.J.** and **Martha**.

Birthday

April 11 was a special day for "a darling little girl". **Bayley Ungurain** turned two and was guest of honor at a family party. Happy birthday wishes and "all our love" from **Mommy**, **Daddy**, brother **Ryan**, **Grandma Karen**, **Grandpa Don**, **Uncle David**, **Auntie Rhona**, cousin **Kara**, **Granny Rose** and **Granddad Frank**.



Birthday



Nicole Reed turned five April 11 with wishes for a happy birthday with love, hugs and kisses from **Mom** and **Dad**.

Birthday



"Our little peanut" **Rachel Moline** turns three on April 22. "We wish you a very special birthday. Hugs and kisses" from **Mom**, **Dad**, sister **Rebecca**, **Grammie Moline**, **Grammie** and **Papa Robertson** and **Goose**.

Birthday

Brittany Wells-bury turned six years old on April 20 with best wishes and love from **Mom**, **Dad**, **Jessica**, **Lance** and **Harley**.



Birthday

"Special birthday wishes to our sweet young man." **Dallas Walker** turned six on March 20 with love, hugs and kisses from **Mommy**, **Sunny-Dawn**, **Auntie Mar**, **Nanny** and **Papa**. "We love you."

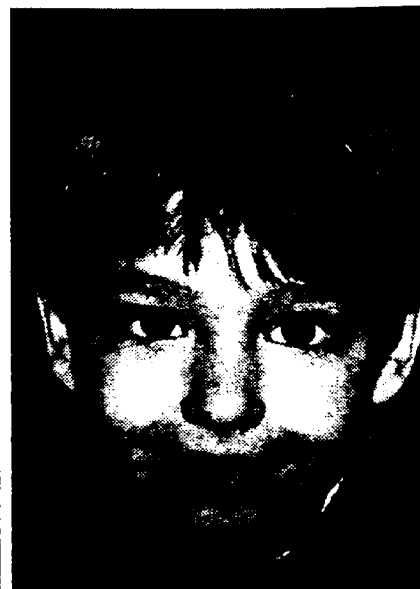


Birthday

"Best birthday wishes to our princess" **Courtney Bernard**, as she turns six on April 25. Love from **Mommy** and **Daddy**. And, birthday greetings from **Melissa**, **Bailey** and **Keisha**.



Birthday



Kyle Doerntein turned three on April 16. Wishing **Kyle** a happy birthday with love were **Mommy**, **Daddy**, **Brandon**, **Avó** and **Gaogão**.



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THIS WEEK'S CAKE WINNERS ARE

1. Scott Campbell
2. Kailey Chappell
3. Nicole Reed

Winners may go directly to Baskin Robbins to receive their FREE cake. (Please provide identification)
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...Send to:
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c/o Keith Gilligan
130 Commercial Ave.,
Ajax, Ont. L1S 2H5.

Tee one up for Big Brothers in Pickering

AJAX-PICKERING -- You can really tee-off for a good cause next month.

The Ajax-Pickering Big Brothers Association holds its sixth annual charity golf tournament Thursday, May 23 and individuals and foursomes are welcome. Cost is \$100 per golfer before May 1 and \$110 after. That includes a round of golf,

power cart rental, lunch and a steak dinner.

It's being held at Glen Cedars Golf Club, on the 7th Concession in Pickering, just east of the Durham-York border. Lunch is at noon, with a shotgun start at 1 p.m. There will be prizes for longest drive and closest to the pin. Call the Big Brothers office at 686-2871 for more information.

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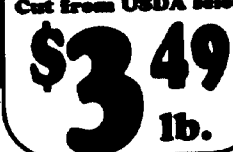
Fresh

Chicken Drumsticks



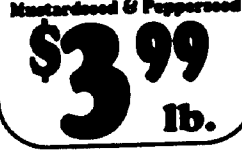
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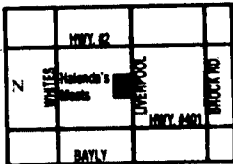


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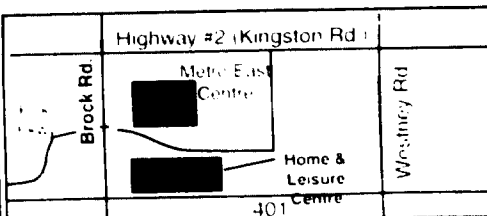
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New home sales dip here, but climb overall in GTA

AJAX-PICKERING -- New home sales here were down in March, but up across the Greater Toronto Area, a home builders' association reports.

In Ajax, 68 new homes were sold last month, including 64 freehold and four condominium units.

There were 54 units sold in Pickering -- 34 freehold and 20 condos.

Sales in February in Ajax totalled 79 units, just slightly below 82 in Pickering.

The Greater Toronto Home Builders' Association (GTHBA) reports 1,849 units sold in March, up from the February total of 1,687.

February sales were also up significantly over the January total of 980 units.

"I'm encouraged to see a steady trend in sales growth in the GTA.

The phenomenal growth in February gave a boost to the industry.

To build on those results may be an indication that consumer confidence is improving," says Greater Toronto Home Builders' Association President Tom Stricker.

"Interest rates and competitive prices continue to provide the incentive buyers need to make the move to home ownership or the move-up buyer," Mr. Stricker adds.

Sales in March of this year were up 83 per cent over the March, 1995 total of 1,012 units.

PMA Brethour Research vice-president Kent Wengler notes sales in the first quarter of this year totalled more than 4,500 units, up from about 2,700 in the first three

months of 1995.

"The trend so far bodes well for the year. Coupled with positive economic conditions, builders are designing their products for their specific client groups, allowing new home buyers to satisfy their unique needs like never before," Mr. Wengler says.

The GTHBA has 850 members, including home builders, developers, suppliers, contractors and manufacturers, and covers an area from Clarington to Oakville and north to Newmarket.

Patio, balcony gardening discussed

AJAX -- Patio and balcony gardening tips are offered Tuesday when the Friendship Discussion Group meets at 9:30 a.m. at the Senior Citizens' Friend-

ship Centre, 46 Exeter Rd., Ajax. Christine Male of Vandermeer Nursery and the Pickering Horticultural Society is the guest speaker. Call 619-0315 (Betty).

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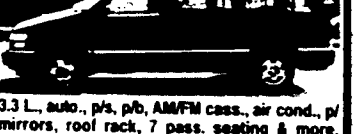
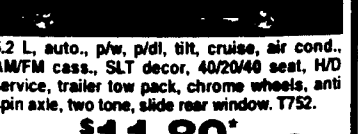
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<p>1995 GRAND VOYAGER SE SPORT</p>  <p>Auto., p.s., p.b., p. windows, p. locks, 3.3 V-6, sport pak, running boards, air, tilt, cruise, anti-lock brakes plus much more. Factory warranty. One owner. T781A.</p> <p>Priced To Sell</p>	<p>1994 DAKOTA 4x4 SPORT CLUB CAB</p>  <p>V-6, auto., p.s., p.b., air, tilt, cruise, boxliner, cass., cast wheels plus much more. Balance of factory warranty. One owner. T841A.</p> <p>Only \$6.55 per Day</p>	<p>1994 JEEP COUNTRY</p>  <p>Auto., p/s, p/b, air, V6, p.w., p.d., tilt, cruise, fully loaded, one owner. mirt. P4611A.</p> <p>Only \$10.35 per Day</p>
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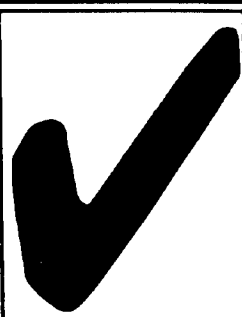
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More jeers than cheers for extended hours at bars in Pickering

PICKERING — The Province's decision to extend bar hours to 2 a.m. effective May 1 is being roaster rather than toasted here.

Extending closing time beyond the current 1 a.m. "really doesn't help me in any manner," says Julian Chin-A-Loy, general manager of The Palace East in Pickering. "If it doesn't increase business it's going to cost me to stay open. I would have preferred to go to four o'clock if they were going to do anything at all."

That would have allowed The Palace East to break the day into three shifts for employees instead of making them work two longer shifts. Mr. Chin-A-Loy notes his staff are not very happy about having to work an hour longer, especially since many of them have other jobs to go to in the morning.

He doesn't think the extra hour will make much difference to the amount people drink either. He believes people who usually pace their drinking will just pace it differently, and those who tend to drink too much will continue to do so anyway. "You'll still have the same problems with the same guys."

Mr. Chin-A-Loy notes his establishment may choose not to stay open the extra hour.

James Pollard, owner of the Tudor Arms Pub and Restaurant in Pickering, says he may not open his establishment longer either.

"If we're busy then we stay open. If not we close down like normal."

"We don't have the clientele that will stay that late. If you're downtown it makes a big difference because you've got walk-in traffic."

Mr. Pollard believes the extended hours will not make much of a difference to the amount people drink. "People won't be drinking so quickly."

Among those most opposed to the new hours is Suzin Shopiro-Jackson, senior program consultant with the Durham Region office of the Addiction Research Foundation.

"Increased access has adverse effects on all kinds of things."

Some research cited by ARF indicates total sales of alcohol increase after sale hours are lengthened, and that accidents and other problems also rise. But not all studies have shown this.

Ms. Shopiro-Jackson notes the new law creates the greatest risk for the heaviest drinkers, and for the people they might encounter on the road if they drive. "They are the ones most likely to take advantage of the extra hours."

As well, being able to drink later into the night will likely lead to higher blood alcohol levels and more fatigue for some patrons, according to ARF, which increases the danger when they get behind the wheel. And the fact that public transit is less available at later hours could increase the chance that bar patrons will drive.

Ms. Shopiro-Jackson also says the provincial government has acted against the wishes of most of its constituents.

"The majority don't support liberalizing the policy on availability," she says, citing a 1995 ARF survey which showed 74 per cent of Ontario residents opposed longer bar hours.

Nor do Durham Regional Police welcome the news. "I feel it could increase the number of incidents we have, especially in (Oshawa's) downtown area where we have a lot of bars," says Staff Sergeant Bob Peacock.

"Usually we get most problems cleared up by 1:30 a.m. but now it will be 2:30 a.m. It just means people will be on the streets and around the bars that much later. It will just give us more work to do for sure."

Bev Northeast, chairman of Durham Mothers Against Drunk Driving (MADD), says her "worst fear" is that the extension of drinking hours will result in more alcohol-related deaths.

"At 2 a.m., our roads will be even worse than they are now and more innocent people will die," predicts Ms. Northeast, who charges the hour changes only serve to "line the pockets" of bar owners.

"Repeat drunk drivers are given a slap on the wrist by judges, yet now we are extending the drinking hours so people can stay out and get even drunker?"

She says the Province should legislate mandatory guidelines for bartender training and designated drivers.

Pickering nuclear leak 'significant': watchdog group

By MARIANNE TAKACS
STAFF REPORTER

PICKERING — The leak of radioactive tritium from the Pickering Nuclear Generating Station is "not as minor an accident as Ontario Hydro is making it out to be," says Irene Kock of Durham Nuclear Awareness.

"Ontario Hydro is wanting to imply this leak was not significant and we have to argue that it was significant," she says.

Ms. Kock notes the 7,000 becquerels-per-litre drinking water limit for radioactive tritium that Ontario Hydro is basing its assurances on is a controversial one that's under review by both the provincial and federal governments. The Province is looking into the limit as the result of a request from over 100 individual citizens made under the Environmental Bill of Rights, she says, and Ottawa is considering it as part of a process to set a nationwide standard.

The level of radioactive tritium in water samples from the Ajax water plant peaked at 831 becquerels per litre Wednesday at 10 a.m. That's below the provincial safety standard of 7,000 bec-

querels/litre, but well above the 100 becquerels per litre maximum recommended in 1994 by the Province's own Advisory Committee on Environmental Standards and advocated by some environ-



Irene Kock

mental groups such as DNA. Sample levels declined to 650 becquerels/litre by the time the decision to reopen the plant was made at 4 p.m. Wednesday. (It had been closed at 1:15 p.m. Tuesday.) A sample at 8 a.m. Friday indicated a level of 378 becquerels/litre. At the same time Friday, read-

ings at the Oshawa water plant were 350 becquerels/litre, and 72 becquerels/litre at the Whitby water plant.

Ajax and Pickering residents get their drinking water from the Ajax plant, as well as from the Whitby and Oshawa plants.

Ms. Kock maintains the public should have been informed of the situation at the nuclear station sooner and kept better informed so people could make their own choices.

"It would be a simple matter of letting people know so those who want to avoid exposure can do so. It really comes down to the public's right to know."

Nuclear plant official vows to 'tighten up' reporting procedures

FROM PAGE 1

governments and agencies station staff must notify in the event of an accident.

"The key for us as a municipality is somehow getting into that hierarchy a little earlier on," said Mayor Arthurs.

The mayor's office received a fax from the station about the accident, which was discovered at 9:40 p.m. Monday, around 2:30 p.m. Tuesday. Station management only began notifying outside parties of the leak around noon Tuesday, when they realized Ontario Hydro regulations had recently changed and notification was required.

Town manager Tim Sheffield said nobody at the Town took notice of the fax when it arrived because it looked like an ordinary letter and was not marked as urgent in any way.

"We didn't find out about it at the senior staff level until Wednesday morning," he said, adding he didn't know the water plant had closed until Durham public works

operations manager Jack McCorkell phoned him to tell him it was open again.

Mr. Sheffield suggested notification procedures should be changed so that in the future somebody at the Town will be advised of any emergency at the station by phone, and that procedures for informing other governments, agencies and the public should be revamped as well.

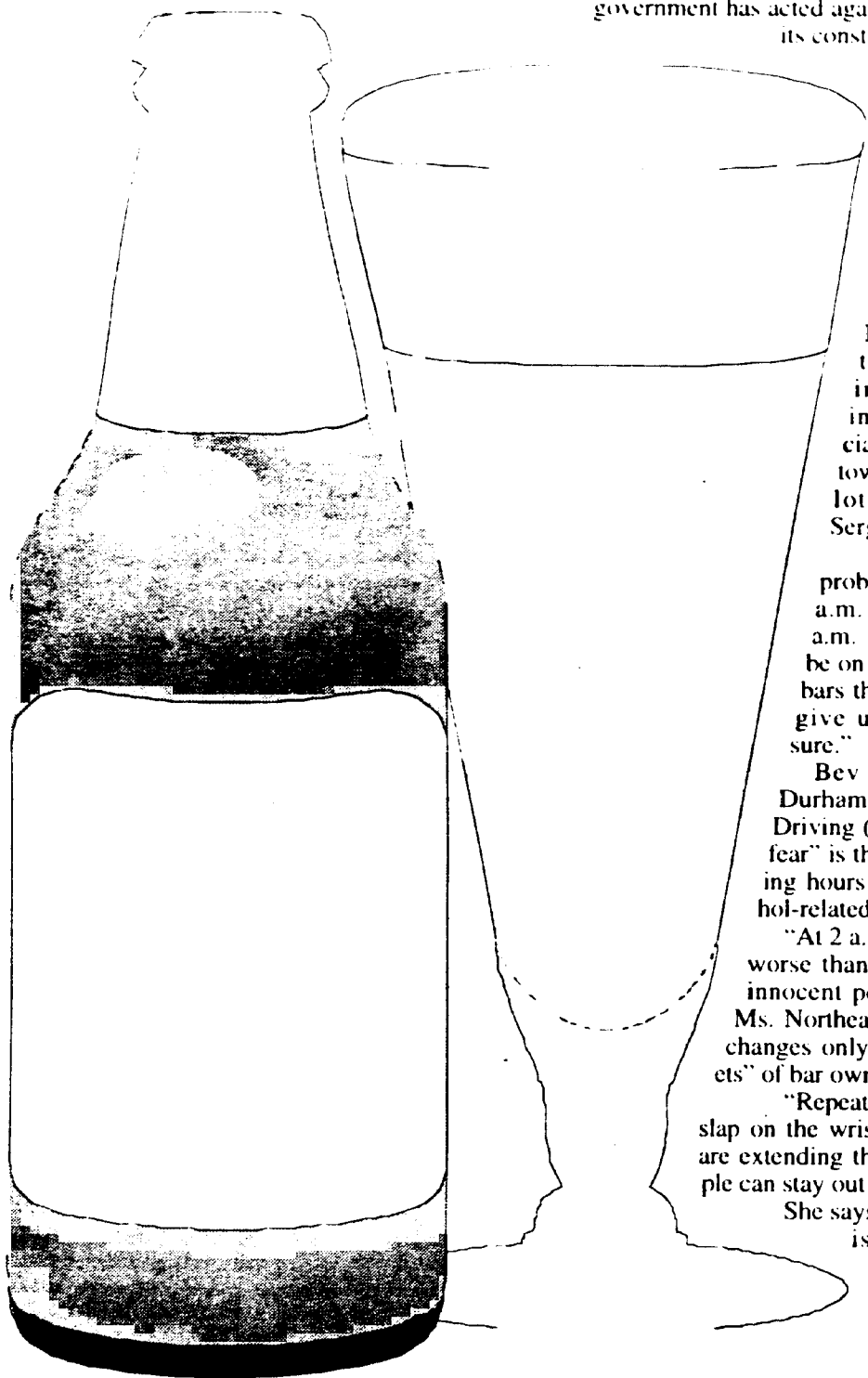
"It's imperative that we establish a central processing facility for information when these kinds of events occur."

Mr. Charlebois responded by promising the station "will tighten up procedures" for getting information about accidents to the Town and others who need to know.

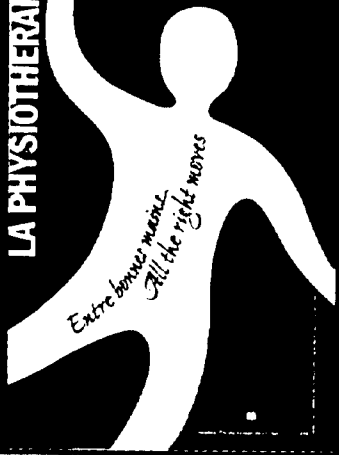
"The flow of information left something to be desired," he admitted. Mr. Charlebois said the Regional chairman's office is already organizing a meeting of station, municipal and other officials to do a "post-mortem" on the events and discuss how to better deal with a similar situation next time.



Wayne Arthurs



LA PHYSIOTHERAPEUTE PHYSIOTHERAPY



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Physiotherapy in Canada -- A Professional Journey

and modalities such as ice, heat, ultrasound and electrical stimulation are still the mainstay of treatment. Acupuncture, Acupressure, Cranio Sacral Therapy, Shiatsu, Reiki, Osteopathic Manual Techniques and Reflexology are also extra tools for some physiotherapists.

Where do physiotherapists work?

In public hospitals, physiotherapists are part of the health care team to help get the patient well enough to return home or to a Rehabilitation Centre. Many hospitals also have outpatient physiotherapy departments. In long term care centres, physiotherapists help the individual to be as independent as possible.

Physiotherapists treat a wide range of conditions, both chronic and acute, ex. in Cardiac Rehabilitation to help an individual with heart problems back to better function. Physiotherapists also work in private clinics, homes (home care), in schools and special centres for the handicapped. In universities, hospitals and private practices, physiotherapists conduct research to determine new treatment techniques and teach the next generation of physiotherapists.

Physiotherapists do visit the

workplace to recommend changes if needed to reduce the likelihood of injury. **What's next?** Today, there are many clinics or facilities offering physiotherapy. To determine whether a particular physiotherapist is registered and in good standing with the College, contact The College of Physiotherapists

or Ontario at 416-591-3828 or visit us in the Oshawa Centre on Saturday, April 21st and the Pickering Town Centre on April 28th or call The Ontario Physiotherapy Association at 416-322-6866 for a directory of Physiotherapy Services in Durham.

by Lila Yang, Reg.

Physiotherapist What is it?

Physiotherapy or "Physical Therapy" is a health care profession for the prevention and treatment of injury and disease through physical means.

How it began --

The physiotherapy profession owes much of its earlier growth to the tremendous need for rehabilitation services brought on by the ravages of the two world wars and the recurring polio epidemics.

What does a physiotherapist do?

A Physiotherapist will begin by performing a complete physical assessment and evaluation. This includes taking a personal health history to help determine what the patient hopes to achieve, and setting treatment goals. Then the Physiotherapist will develop a treatment plan using a wide range of treatment techniques to improve range of motion, strength and function, using modalities (e.g. heat, ice, ultrasound, wax,

electrical stimulation) to relieve pain.

The physiotherapist always works very closely with the multi-disciplinary team which may comprise of the physicians, surgeons, nurses, occupational health nurses, social workers, occupational therapists and other persons involved in the care of the individual.

Educational Qualifications.

Today, physiotherapists complete a 4 year degree course and pass a licensing examination. They are licensed by the College of Physiotherapists of Ontario as one of 24 health care professions under the "Regulated Health Professions Act".

Some physiotherapists pursue a master of Science degree, or a doctoral degree (Ph.D.) or post-doctoral degree.

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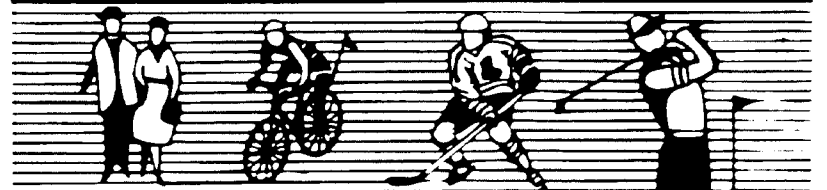
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95 Bayly Street West
Suite 307 Ajax, Ontario L1S 7K8
427-2119

Brock and Baywood Physiotherapy and Athletic Injury Centre have served the Durham Region for several years. We have built a reputation of quality care through the hiring of quality staff. We offer active rehabilitation programs and emphasize education and prevention. Through this philosophy we continue to grow and make changes to better serve our patients, past and future.

Physiotherapy in a private setting has not been covered by OHIP since 1965. Hence our clinic, like the majority of clinics, rely on alternative billing methods. Our services are covered by **extended health insurance plans, motor vehicle accident insurance, school insurance policies for dependents, DVA and WCB.** A doctor's referral is not required for treatment by a physiotherapist. At both of our facilities we work in close conjunction with physicians and believe if physiotherapy is deemed necessary the patient should see their family doctor.

In addition to active rehabilitation for

occupational conditions, Brock and Baywood Physiotherapy Centres are pleased to announce their new line of custom knee braces. In conjunction with Smith & Nephew Donjoy we are now fitting and supplying **custom DONJOY knee braces**, as well as high end over the counter knee braces.

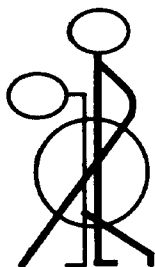
It has also come to the attention of many registered physiotherapists in this area that physiotherapy related activities are being carried out by non-physiotherapists in poorly supervised settings. Unfortunately in these settings the patients often believe that the therapist is a physiotherapy professional. This is both potentially dangerous to the patient and very damaging to our profession. If you question the professional status of the staff of the clinic you are being treated in, please call the Ontario College of Physiotherapy at (416) 591-3828 and verify your therapist is registered.

We, at our facilities strongly believe physiotherapists are the ones to administer physiotherapy!

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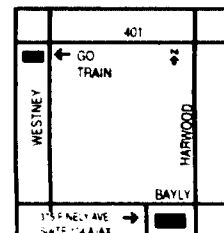
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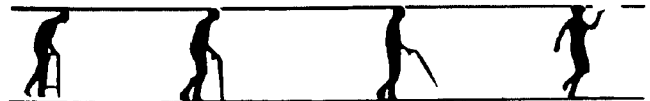


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Ajax, Pickering skaters help teams ice Ontario and Canadian medals

AJAX-PICKERING — Area members of the Whitby Precision Skating Teams won medals at the recent All-Ontario and Canadian championships.

The Whitby Ice Angels' novice team, for skaters aged 12 to 15, won the gold medal at the Canadian Precision Skating Championships in Hamilton for the second consecutive year, this time beating 11 other squads.

At the sectional meet, also held in Hamilton just prior to the nationals, the Ice Angels placed second

overall to qualify for the nationals.

Local skaters on the 26-member team are Adriana DiGiorgio, Lindsay Gaylor and Becky Leighton of Ajax, and Anna Papaconstantinou and Michelle Reed of Pickering. The team is coached by Kelly Jennings.

Meanwhile, the Whitby Ice Fyre senior precision team, for skaters 15 and over, won the silver medal at the Canadian championships. The Ice Fyre was second at the sectionals, enabling the team to

advance to the nationals.

During the March break, the Ice Fyre participated in Spring Cup '96 in Milan, Italy, winning the silver medal by defeating 12 other teams from 10 countries.

Local skaters on the 29-member team are Kate Bolduc, Lisa Crupi, Daniela DiGiorgio, Shaundra Graham and Amanda Kinna, all of Ajax, and Jayda Everett, Carolyn Johnston, Jenni Nicholson, Lindsay Satterthwaite and Miranda Wilson, all of Pickering.

The Ice Fyre are coached by Jodi Jones-Von Palleske.

The Whitby Ice Pix team for skaters six to 12 won the bronze medal at the All-Ontario Championship in North York. Local skaters on the 29-member team are Nicole MacInnes and Jenna and Lindsey Robinson, of Ajax, and Alex Entwistle of Pickering. The Ice Pix are coached by Mona Gibney.

For more information about the Whitby Precision Skating Teams, call Gary Hansford at 905-571-2791.

Pickering juniors win silver medal against tough foes

PICKERING — The Pickering Canadian Progress Club junior 'A' ringette team earned a silver medal at the recent Central Region Championships against squads in the tougher 'B' category.

Playing against older and more experienced competition didn't hinder the efforts of the Pickering squad which posted a record of one win, one tie and one loss in preliminary play and, in the final, came agonizingly close to pulling off an upset.

The Pickering juniors played the Mariposa debs in the championship game, dropping a 4-3 decision. Mariposa scored the winning goal in the final minutes.

Edwards, Robyn Sharpe and Lisa Mountain were the Pickering goal scorers. Cara Clements had two assists and Erin Baldry one.

The team got top-notch goaltending

from Renee Ansell, a call-up from the tween 'A' squad, who filled in for regular netminder Jennifer Walker who was injured earlier in the tourney.

Pickering started the championships with a 4-4 tie with Whitby. Edwards scored twice, while singles were fired by Mountain and Erin O'Brien, who netted the equalizer in the last minute. Mountain added an assist.

Mariposa posted an 8-3 win over Pickering in the second game. The contest was tied near the end of the first period when goalie Jennifer Walker injured her back. Team captain Mountain was forced into action in net. Edwards, Kim Marescaux and O'Brien scored, with assists to Clements, O'Brien and Robyn Sharpe.

Pickering ended round-robin play by blanking the Ajax belles 4-0. Ansell was brilliant in net to record the

shutout. Clements, Kelly Honsberger, Stephanie Morgan and O'Brien scored for the Progress Club juniors, with assists to O'Brien with three, Shannan Crowder with two, and Baldry and Honsberger with singles.

Team members are Jennifer Walker, Shannan Crowder, Gina Edwards, Kelly Honsberger, Erin O'Brien, Kim Marescaux, Lisa Mountain, Robyn Sharpe, Cara Clements, Erin Baldry and Stephanie Morgan.

Ice Angels ice silver at ringette showdown

PICKERING — The Pickering Durham Angels novice 'C' ringette team captured a silver medal at the recent Central Region Ringette Championships.

After posting two wins and a tie in preliminary round-robin play, Pickering advanced to the final against Sunderland. In a close contest, Sunderland eked out a 7-6 victory.

In the preliminary games, the Angels tied Sunderland 6-6 and defeated Oshawa 11-6 and Port Perry 10-5.

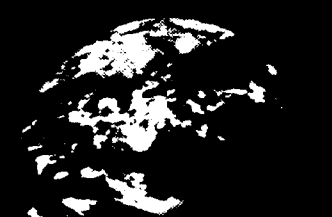
Team members are Alexandra Edwards, Kathryn Pidhirney, Amanda Good, Erin Welsh, Monica Pozzan, Dana Valera, Shawna Silver, Megan Sparks, Tara Carpino, Carolyn Crawford, Jamie Carroll, Bree Grenon, Natasha Lynn Gray, Niki Arnott and Jennifer Foden.

The squad is coached by Grace Welsh, assisted by Donna Good, Dave Bridgen and trainer Dave Carroll.



DURHAM DEVILS ROLLER HOCKEY LEAGUE


<p>HOUSE LEAGUE REGISTRATION DEADLINE APRIL 22ND/96 <i>Register today at</i></p>	<p>ALL-STAR TRYOUTS Play in local loop (O.R.R.H.)</p> <table border="0"> <tr> <td>Novice:</td> <td>April 30</td> <td>7:30 p.m.</td> </tr> <tr> <td>Atom:</td> <td>May 2</td> <td>6:30 p.m.</td> </tr> <tr> <td>Pee Wee:</td> <td>April 30</td> <td>8:30 p.m.</td> </tr> <tr> <td>Bantam:</td> <td>May 2</td> <td>7:30 p.m.</td> </tr> <tr> <td>Midget:</td> <td>May 2</td> <td>8:30 p.m.</td> </tr> </table>	Novice:	April 30	7:30 p.m.	Atom:	May 2	6:30 p.m.	Pee Wee:	April 30	8:30 p.m.	Bantam:	May 2	7:30 p.m.	Midget:	May 2	8:30 p.m.
Novice:	April 30	7:30 p.m.														
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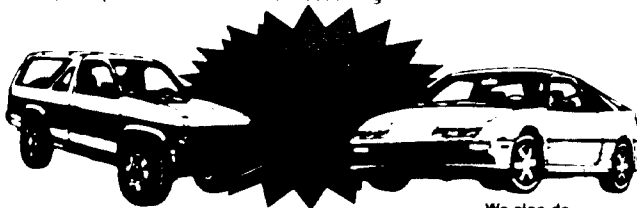


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Owner Michel Saikali keeps his customer's maintenance records on a personal computer file and if they like he will call them up when it's time for regular service on their vehicle.

By Peter Hughes

Now that spring is here, there's no time like the present to ensure safe and smooth driving all season.

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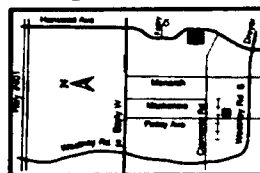
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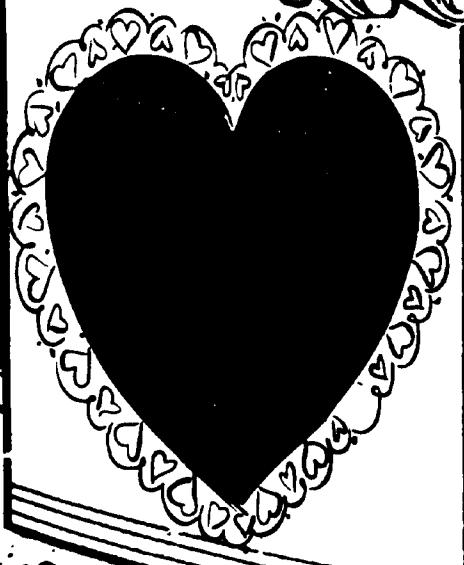
50th Anniversary
Who says the number 13 is unlucky? On April 13, Bonnie and Gordon Warren celebrated 50 years of wedded bliss. Wishing you a long and happy life. Pickering residents of the town and hoping for many more years together. Gord, wife Anna, daughter Kathryn and Michael, son-in-law, wife Michelle and granddaughters Nikki and Christi.

45th Anniversary
April 5 was a special day for Audrey and George Scholten, as they celebrated 45 years of wedded bliss. The couple were wed in Holland. Wishing you the best and hopes for many more years together. Jamie, Dorothy and Rita, daughter-in-law and one granddaughter Daniela.

40th
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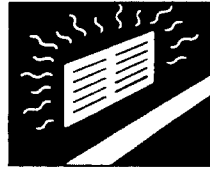
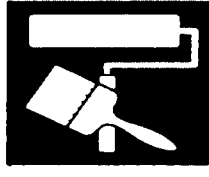
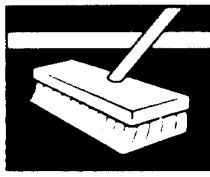
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FULL SIZE self cleaning range, almond color, good condition \$600 (905) 420-5891 after 6pm

MOVING SALE! Solid maple desk & swivel chair sale. Ideal for home office or craft enthusiasts \$550 excellent condition honey finish. Solid maple table w/ storage drawer \$300 excellent condition honey finish. Solid White 14" TV \$50. Solid twisted cane dining table w/glass top & 6 cane chairs upholstered backs & seats \$880 nearly new. Solid twisted cane square cocktail table w/glass top excellent condition \$125. 6 pc solid maple double queen size bedroom suite, baked grey lacquer w/natural maple tops \$2000 o.b.o. a steal! Dble size mattress & box spring, brand new \$500. 6 pc queen size black lacquered bedroom suite great condition \$1100 (433-1590). Twin size mattress only \$50 (433-1590). Twin size mattress & box spring on legs \$150 (433-1590). 80 watt Alpine amplifier \$100 (433-1590). 3 plywood doors 32" or 30" opening white, asking \$25 each (433-1590). Stainless steel double kitchen sink \$25. Pink living room lamp & shade \$15. Extra large multi coloured Palliser section w/pullout couch, 2 motion chairs, brand new - must be seen \$1750! Bleached oak kitchen cupboards various sizes (doors only) \$70. Microwave stand, natural oak finish \$50. Call 433-4647 for more information. Hurry, everything must be sold in one week!

FILING CABINETS - NEW and used filing cabinets from only \$69.99. While quantities last 2,3,4,5 drawer lateral cabinets starting from only \$99.99 and up. Quality new and used chairs from only \$49.99. Steel desks \$49.99. Speedy Office Centre 668-0800 Whitby.

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Smelly diapers, teething, colic, temper tantrums and still remain sane. P/T, F/T & evenings too. Receipts. Call Debbie 686-5784

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270 Computer Video

1986 DODGE Aries, p.s. p. auto, am/fm cassette, intermittent wipers, \$1800
1985 Pontiac 6000, auto, air, cruise, alarm, pb, ps, am/fm cass., \$2400 905-432-2821

1986 FIREBIRD BLK., \$3495 per standard trans 1989 F150 1/2 ton, 152 km \$5,295 cert 1990 Sundance 146 km \$4,795 cert 1989 Cavalier '34 km \$4,295 cert 1985 Cutlass Wagon, \$2,695 cert 1988 5000 LE 132 km \$4,995 cert 1986 Cadillac Sedan Deville loaded, 124 km \$4,395 cert 1992 Ford Taurus V6 LS, \$5,995 cert 1987 B2000 Pickup, Mazda \$4,495 cert 1988 New Yorker 118 km, loaded \$5,795 cert 1987 Dodge Dakota 137 km \$4,595 cert. Many cars to choose from under \$3,000 certified. Also as is Downtown Whitby McMillan & Wife Auto Sales, 200 Dundas St. W., Whitby, Ontario 666-3361

1986 Plymouth Voyager, regularly maintained, 1 passenger, automatic, air no rust. Mint condition. Asking \$4999 certified. Call 668-4013

1987 DODGE Omni, low mileage, body mint, auto 4 dr \$1,350 certified or best offer 686-5474

1988 FORD TAURUS LX, 3.8 litre, fully equipped, 120,000 miles \$3,150 or best offer (905) 649-2988

YORKSHIRE TERRIER puppies, 8 month old male, 4 month old female. CKC papers, shots, champion pedigrees. Please leave message 905 725-9810

ADULT CATS NEED LOVE TOO! Many already fixed with shots. Other wonderful pets also available. Call DURHAM ANIMAL ADOPTION 905-263-9915

300 Automobiles For Sale

SECOND CHANCE FINANCING, Discharged or not. Bankrupts and others. 16 yrs exp. Over 700 clients. Easy Terms / Reasonable Rates. New / Used Vehicles, Trustee Recommended. Call Gary Wood (anytime) 905-420-1979 or 1-800-792-5871020 Brock Rd S Pickering

SPRING INTO ONE of 45 quality reconditioned certified autos. Eg. 5 Buick 224's from \$5,295. 8 Astros, 1 Arestars from \$5,495. 1992 Grand Prix SE loaded \$9,195. 1991 Cavalier RS 69,000 kms V6 \$8,495. 1991 Cavalier Coupe 64,000 km, \$6,665. 1990 Lumina Euro, loaded 35,000 kms \$8,525. 1990 Firefly \$2,995. \$3,995. 1992 Pontiac LeMans auto \$5,295. 1989 Probe Auto air, \$5,295. 1988 Nissan 5 speed \$2,695. 1985 Caddy Seville loaded mint \$4,995. 1986 Nissan Multi 5 speed \$2,995. 1989 Regal loaded 71,000 kms, sale w/ow \$7,195 firm. Financing OAC, warranty, Certified Auto Center, 155 King St. W. at Midtown Mall. "Where our customers send their friends". Open Sundays. 579-2886

305 Automobiles Wanted

A & A TOWING Pay \$50-\$5000. Also used & scrap cars & trucks. 24 hrs 7 days. Call 905-886-5003 or 416-109-6930. 30 min service

WE PAY \$5 CASH \$5 UP TO \$200 CASH For scrap, junk, unwanted, unwanted cars and trucks. FREE TOWING. NO PAID SERVICE. NO ONE PAYS MORE!
KEN'S AUTO RECYCLING
CALL ANYTIME
416-282-4995

CARS FOR CASH! We buy used vehicles. Vehicles must be in running condition. Call 427-2415 or come to 479 Bay St. East. Ajax at MURAD AUTO SALES

Kenny's Scrap Cash For Cars
From \$30-\$3,000 on scrap and good used cars
Give us a call for your unwanted vehicles. Let's take anything anytime, anywhere. Call us first (905) 509-5584 (416) 571-2155 pgr. (416) 375-0105 SCRAP & USED CARS WANTED

WANTED DEAD OR ALIVE
FREE towing for scrap, used or abandoned cars, trucks. Pick-up top prices paid. up to \$100 (416) 281-3499 (416) 281-9804

120 Office Help

AUTOMOTIVE ACCOUNTING
Medium sized Pickering dealership requires an experienced accounting person with at least 5 years computer experience in the automotive industry commencing May 1st, 1996. Duties include: Payroll, Accounts Receivable, Accounts Payable, Internals, Warranty's and Tral Balance. Please forward complete resume with salary expectations to:
Box 232, 1740 Kingston Rd., Pickering, Ontario L1V 2R4

120 Office Help

IF you are married, single, single parent, divorced or separated or divorced or if you are over 45 and were recently laid off, you may qualify for Financial Assistance DIP/CERT programs available. Quark Illustrators, Photo Shop Director, Premier, Access, Accpac, Autocad, C++, Visual Basic, Inix, Novell Engineer, Windows NT, Small Talk, Power Point, Word, Excel, Durham Business Computer College, 427-3010

165 Daycare Available

I CAN HANDLE!
Smelly diapers, teething, colic, temper tantrums and still remain sane. P/T, F/T & evenings too. Receipts. Call Debbie 686-5784

RELIABLE babysitter, experienced, very affordable rates, in my home newborns & toddlers. Reference available. Call Joan at 686-4264

YOU are invited to an OPEN HOUSE at UM BRELLE'S ONCE UPON A TIME CHILD-CARE, 2155 Brock Rd., Pickering 905-429-3015 Fri Apr 26 6:30-8pm & Sat Apr 27 11-2pm

220 Articles For Sale

FOR SALE stained glass supplies and equipment call 905-571-5709 after 4 pm

GIANT SALE ANTIQUE and household furniture. Many articles, too numerous to mention. Call after 6 pm 430-8820

HOSPITAL bed for home use, electrically-operated hand-control, excellent condition, new \$1450, sale \$950 Call 905-728-2886

IBM COMPUTER, stereo component system with CD player, wedding gown, wedding and engagement rings. After 6 pm 666-7289

FULL SIZE self cleaning range, almond color, good condition \$600 (905) 420-5891 after 6pm

MOVING SALE! Solid maple desk & swivel chair sale. Ideal for home office or craft enthusiasts \$550 excellent condition honey finish. Solid maple table w/ storage drawer \$300 excellent condition honey finish. Solid White 14" TV \$50. Solid twisted cane dining table w/glass top & 6 cane chairs upholstered backs & seats \$880 nearly new. Solid twisted cane square cocktail table w/glass top excellent condition \$125. 6 pc solid maple double queen size bedroom suite, baked grey lacquer w/natural maple tops \$2000 o.b.o. a steal! Dble size mattress & box spring, brand new \$500. 6 pc queen size black lacquered bedroom suite great condition \$1100 (433-1590). Twin size mattress only \$50 (433-1590). Twin size mattress & box spring on legs \$150 (433-1590). 80 watt Alpine amplifier \$100 (433-1590). 3 plywood doors 32" or 30" opening white, asking \$25 each (433-1590). Stainless steel double kitchen sink \$25. Pink living room lamp & shade \$15. Extra large multi coloured Palliser section w/pullout couch, 2 motion chairs, brand new - must be seen \$1750! Bleached oak kitchen cupboards various sizes (doors only) \$70. Microwave stand, natural oak finish \$50. Call 433-4647 for more information. Hurry, everything must be sold in one week!

FILING CABINETS - NEW and used filing cabinets from only \$69.99. While quantities last 2,3,4,5 drawer lateral cabinets starting from only \$99.99 and up. Quality new and used chairs from only \$49.99. Steel desks \$49.99. Speedy Office Centre 668-0800 Whitby.

NOW OPEN Rock Bottom deals at 22 Simcoe St. N. Oshawa. We buy and sell, trade-ins accepted. Apartment size washers & dryers, apartment size freezers, furniture, colour TVs, VCRs, air conditioners, gold, diamonds, jewellery and more. We buy estates. Call 436-1320.

OAK/PINE FURNITURE - Why pay retail prices? One of Ontario's oldest and largest manufacturers is now selling direct to the public. Eg oak pedestal table and 4 chairs \$849; 7 ft. double pedestal and 6 chairs \$1499; cannonball beds from \$399; Over 20 stain choices, all solid, no veneers. Traditional Woodworking 905-985-8774.

220 Articles For Sale

SWIMMING POOL SUPER SALE
Juniors or replacing - All Pool Work - SHARK POOL SERVICES
1-800-72-SHARK
We take the BITE out of high prices.
Insurance claims welcome

SHARP 21" Flat Square Monitor, television one gun tube, MTS stereo decoder, on screen display, high resolution tube satellite ready. RENT TO OWN BY PHONE Only \$7.49/week Call 1-905-571-1413

KENWOOD PROLOGIC HOME THEATER STEREO pkg 5 speakers dual cassette 5 disk CD am/fm tuner amp stand. RENT TO OWN BY PHONE Only \$16.66/week Call 1-905-571-1413 FREE DELIVERY/SET UP

RCA 18" SATELLITE DISH digital sound/picture, remote over 175 channels to choose from. RENT TO OWN BY PHONE Only \$8.88/week Call 1-905-571-1413

TONING BEDS, eight good condition. Best Offer (905) 427-7745

TWO LADIES fur coats size 12-14. Brand Wildcat & Black Muskraft. ONE York 2001 workout gym - complete. ONE HO scale train set many accessories. mounted on tables 905-430-9785 please call after 4pm

TWO ULTRAMATIC adjustable beds, built in massage unit, \$2,000 for both or best offer 905 263-4945

UPRIGHT PIANO beautifully finished, oak but let, glass door cabinet 723 6996

USED office desks \$25. Used office chairs from \$10 & up. Call 905-420-6894. Days 416-493-7529

WALL UNIT/ENTER-TAINMENT CENTER, oak excellent condition \$1000 or best offer 686-2641

270 Computer Video

INTERNET SERVICE AVAILABLE
Home and web page creation Hyper link and server storage.
Call John Duarte
at 579-4400

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1985 Pontiac 6000, auto, air, cruise, alarm, pb, ps, am/fm cass., \$2400 905-432-2821

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120 Office Help

IF you are married, single, single parent, divorced or separated or divorced or if you are over 45 and were recently laid off, you may qualify for Financial Assistance DIP/CERT programs available. Quark Illustr

330 Trailers

37 FT. PARK MODEL. 1989 Summit by Cobra. 37 ft x 8 ft., excellent condition, asking \$10,900. Call 668-6037.

BOAT TRAILER. 12 wheels and tilt \$450. Call after 5 pm. 435-2467.

PARK MODEL trailer, 36 ft. 35 min from Oshawa. lots of extras. 723-7020

355 Motorcycles

1980 YAMAHA XS 1100 SPECIAL only 15,000 original kms shaft driven, complete with front ferring and Alpine stereo. Excellent shape. Great deal! \$1800 as is o.b.o. Call (905) 725-2383

1985 500 HONDA Interceptor under 10,000 km. like new. Call 905-436-1515

355 Motorcycles

INSURANCE:
Open 9 to 9 by appt. Monday to Saturday. Motorcycle, Auto, and very competitive. Property rates. call Jones-Dooley Insurance Broker (905) 427-3595

365 Marine

16 1/2 ft. Star craft alum boat. 25 hp Evinrude, bunk trailer, navigation lights, eagle 7200 fish finder, swivel seats, battery, excellent condition, asking \$4,500. Call (905) 725-9266

1982 BAYLINER, 22ft., I/O Volvo 285. Magic-tilt trailer, electric winch \$7500 firm. 427-8773

74 MERC OUTBOARD, with controls in good condition \$750.00 697-2127

365 Marine

CASH FAST
For your used boat. We buy and sell boats. For pickup and delivery. Call Bill or Brian at 1-800-933-3434

400 Apartments For Rent

WHITBY/BOWMANVILLE 1, 2 & 3 bedrooms available immediately. Call (416)-789-4145 or (905) 665-7602

1. & 2 Bedroom apts in Oshawa and Bowmanville. Starting at \$600/month. Fridge & stove included, with laundry facilities. No pets. Call (905) 434-2407

1-BEDROOM apartments, from \$430. 1-2 house, 2-bedroom apartment, \$750 all inclusive, semis from \$875 & up, houses, \$1100 & up. Credit check, 1st/last required. Call Ann Clark, Kelega Realty Ltd. 905-723-7381

400 Apartments For Rent

Ajax 2 bedroom basement apartment, parking, on bus route, own entrance, fireplace, kitchen, 4 pce bath, laundry, cable, central air. Available June 1st. First/last \$750, inclusive. 428-6792. Leave message.

2 BEDROOMS, Vr, dr, kitchen, 5 appliances, 2-4 pc baths, includes heat, hydro, water, air conditioning, pool and parking, avail. immed., Ajax Realty Limited, 683-1811, \$975

2/3 bedroom apartments, 8 story building, close to schools, library, South GM plant. Available immediately and Nov. 428-6328 1-7pm for appointment.

3 bedroom upper half house, 2 appliances, cvac, cable, near 401/stores, window coverings, \$1000 inclusive. First + 1/2 of last, 728-6630

AJAX - large bright, walk out basement apartment in executive home. Kitchen, family room, appliances, \$660 inclusive. 839-7491

400 Apartments For Rent

AJAX - bright clean one bedroom, c/air, sep entrance, share laundry, parking, near bus/401. Utilities included. Non-smoker, no pets \$550. May 1 686-2239

AJAX - SOUTH - 450 sq ft., bachelor apt., \$475/month, heating, hydro, cable, laundry, inclusive. Non-smoker. Call 427-0862

AJAX 1 bedroom basement, separate entrance, full-bath, 4 appliances, non-smoking, no pets. Suit single person. Available June 1st. \$600/month inclusive. 683-1332

AJAX OXFORD TOWERS. Spacious apartments, quiet building, close to shopping, 401, GO Pool, sauna, 2-3 bedrooms available. June 1st. 905-683-8571 (until 7:30 p.m.)

AJAX - Large 1 bedroom basement apt. Separate entrance, cable, laundry, close to shopping, 401 & buses. No pets \$550/month. Call 619-1976

400 Apartments For Rent

AVAILABLE IMMEDIATELY, in Whitby Apt building, spacious, carpeted, newly painted, with balcony, close to bus, shopping, all utilities included, first/last required, no pets. 1 bedroom \$650, 2 bedroom, \$750. Call 430-0134

OSHAWA SOUTH 408 Bloor St E. 2 bdrm apartments, parking, utilities included \$675/month. Available May 1. Call superintendent 905-438-0851 or 416-225-7458

BROCK RD. Hwy 2, 2 bedroom basement, apartment, bright and clean, non-smoker, no pets, \$745 inclusive, available now 686-1650

BROCK RD/Hwy 2, 2 bedroom brand new basement, bath, laundry, bus, May 1. \$750 plus utilities. First/last. Reference 905-428-2108. Pager 416-758-7830

CENTRAL Whitby, upper triplex, clean bright spacious, 2 bedroom plus den, in a quiet building, \$895, all utilities included. Call (905) 263-4125 or 725-6578

400 Apartments For Rent

CLEAN 2 bedroom, basement apt., over 800 sq ft. located N. of Whitby on a cul de sac, brick fireplace, parking, shared laundry, references, no pets, first & last, \$700 plus shared utilities. Sharon/ message, 905-428-6120

ELEGANT & CHARMING N.W. Oshawa (Somerville/Rossland) 2-bedroom, huge living room, big, bright kitchen, lovely 4-piece washroom, clean, cozy, parking, c/a 1st/last, references \$850+utilities 905-579-9719

HARWOOD/ Hwy. 2, brand new large bachelor, full kitchen, 4 pc bath, includes laundry, parking, and cable. First/last. References \$570 619-8054.

LAKEVIEW, PICKERING. 1 bedroom plus den, semi detached, vaulted ceilings, fireplace, large deck overlooking Bay Suits 1 to 2 people. Avail. May 1. Credit check, \$875 420-0210

400 Apartments For Rent

TWO bedroom apartment, immediate possession, prefer couple, centrally-located North Oshawa, fridge, stove, carpet, shopping plaza, bus stop, laundry facilities. 725-2642 after 5 pm

ONE BEDROOM bachelor apartment, Whitby, in quiet 6 plex building, \$538 inclusive, 1st/last. Available May 1st. 666-5535

ONE bedroom basement apt. Fridge, stove, utilities, parking. Near central Oshawa, on bus route. First/last, \$495/month. 576-3678

ONE bedroom basement apartment, Simcoe St. N. \$575 inclusive, first/last required. Available May 1. 432-1255 after 12.

OSHAWA, newly renovated one & two bedroom, includes heat and hydro, parking and laundry available. No pets, non-smokers. Call (905) 831-8030

400 Apartments For Rent

OSHAWA 2 bedroom upper floor apartment for rent \$700 month AND Basement 2 bedroom \$600 month 1st/last required. Phone days 905-725-8911 and evenings & weekends 905-668-4016

OSHAWA 2-bedroom apartment, May 1, \$563/month plus hydro, fridge, stove, laundry facilities, parking, no pets, first/last 728-9780

OSHAWA 2 bedroom, \$690 in apt building. Includes heat, hydro, appliances, laundry on site. Convenient to 401 and city bus routes. Available May 433-0677

OSHAWA 2-bedroom, available May 1st. Located 350 Malaga Rd. \$700/month all inclusive. No pets. Call 905-576-6724

OSHAWA NEWLY - renovated large 1 bedroom basement apartment, separate entrance, kitchen, laundry facilities, Rossland/Central Park. Suitable for one Non smoker no pets, \$625 per mo inclusive. References 1st/last required 438-0438

FAX YOUR ADS 683-0707

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Tired Drained

WHY LIVE WITH IT?
The Healing Process That Works

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- Aching feet

TRANSITION
CALL DENETREA (905) 683-0684



NEW GYM
NEW EQUIPMENT
NEW YOU

"And You Don't Have To Be In Shape To Train Here."

ONE WEEK FREE FLEXIT
Health & Fitness Club
"Your Fitness Authority"

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"Do you suffer from occasional throbbing or burning pain in your legs?"
"Are you embarrassed by varicose veins?"

Dr. Liliana Katz
VEIN TREATMENT CLINIC

Non-surgical solutions for varicose and spider veins
Ajax Medical Arts Building
601 Harwood Ave. S. Suite 208
Ajax, (905) 686-4439

Torrance Medical & Vein Clinic
2930 Eglinton Ave. E.
Scarborough, (416) 438-8000

Health Haven Gives Hope And Results

By Nigel Best



Long regarded as a treatment for accident victims or specialized treatment for athletes, the art of the Chiropractor is fast becoming a recognized treatment for all areas of health. That's because the spine is the brain's signal disperser for messages to every area of the body. If the spine is hindered in any way from doing its job, the rest of the body can suffer, explains Dr. MaryAnn Franko, Chiropractor at Pineridge Natural Health in Pickering.

DR. FRANKO BELIEVES THAT THE PUBLIC SHOULD MAKE CHIROPRACTIC "A PART OF THEIR REGULAR HEALTH MAINTENANCE REGIME."

"The spine and the nervous system are the body's lifeline," explains Dr. Franko. "Chiropractic can help you get to a sense of well being."

Pineridge Natural Health is located at 1670 Kingston Road, Unit #5, in Pickering at the corner of Brock Rd. and Kingston Rd., next to the Swiss Chalet. The telephone number is 905-683-7735.

The office has been located in Pickering for the past two years and has been quite successful. Dr. Franko has been providing Chiropractic treatment, though, for 16 years from her practice in Toronto.

The Pickering office provides a warm and friendly atmosphere geared toward making the patient's visit as relaxing as possible. There's also a children's play area. That's because one of the office's emphasis is on family care.

"A lot of the problems I encounter are problems carried over from childhood. I believe a lot of health problems in later life can be remedied by catching the problems in the early years," said Dr. Franko.

"Children's bodies are more supple and therefore much more easier to fix," said Dr. Franko. There are no referrals needed to see Dr. Franko. A patient is given a consultation, which will then be followed by a complete examination. Any findings are then discussed with the patient, and, if necessary, a schedule of appointments is begun to correct any problems. "The patients ultimately make the decision on how much care they want," explained Dr. Franko.

One of the important factors with Chiropractic care is the emphasis on healing the body without the use of medications. The emphasis is to feel more balanced, less stressed and more energetic as a result of the visits to the clinic.

Visits are augmented by educational brochures and videos explaining procedures and the benefits of the treatment. Exercise and nutritional counselling are also included.

Essentially, the spine protects the spinal cord, supports the hips and shoulders, serves as an attachment to the muscles and supports the head and ribs. If even slightly out of sorts, the spine can hinder any of these areas' functions. That's why it's important to maintain a healthy spine.

That's long been known by athletes. And, that's why accident victims have been assigned a chiropractor.

Now, however, people are realizing the benefits of maintaining a health spine for their all-around good health, said Dr. Franko.

"Every problem area of the body is affected by the health of the spine, as an example, stress. If the spine is healthy, the body is much more resilient to stress," she explained.

"When you make a visit to the clinic, and make Chiropractic a part of your regular health maintenance regimen, you will see how much your quality of life improves," said Dr. Franko.



THIS WEEK'S HEALTH TIP

Poor posture causes:

- chronic fatigue & pain
- reduced ability to adapt to stress
- lowered resistance to disease
- restricted lung capacity
- headaches, eye strain
- hormonal imbalance
- decreased flow of blood to the brain
- stiff & halting movements
- faster aging

HAVE YOUR SPINAL COLUMN CHECKED FOR SPINAL NERVE STRESS BEFORE YOU GET SICK

Initial consultation covered by OHIP

Dr. MaryAnn Franko
DC., BA., BPE.
683-7735
Brock Rd. & Hwy #2 (next to Swiss Chalet)



WEIGHT LOSS CLINICS

DIETS DO WORK WHEN...
A weight loss plan promises all this...

- Lose approximately up to 3 pounds per week.
- A real food diet that's low-fat and low-cholesterol. You'll enjoy foods from all the major food groups.
- Behavior guidance and one-to-one counselling for safe and easy weight loss.

Pickering (905) 831-6744
Urgent Care Medi-Centre
Eaton Centre (416) 598-2337
Cloverdale Mall (416) 239-6122

400 Apartments For Rent

AJAX - CLIPPER APTS.
2 & 3 bedrooms, broadloom, 2 appliances, underground parking.
55 FALBY CRT.
MON - FRI. 9 A.M. - 5 P.M.
(905) 683-6021
SHELTER CANADIAN PROPERTIES LIMITED

400 Apartments For Rent

WHITBY - BLUE WATER PARK
1 & 2 bedroom suites, broadloom, 3 appliances.
101 KATHLEEN ST. W.
Mon. - Fri. 9 - 5
(905) 571-3522
SHELTER CANADIAN PROPERTIES LIMITED

CLEAN family building, Oshawa north, one, two & three bedroom. Includes: heat, hydro, fridge, stove, laundry facilities 723-2094

OSHAWA. 1-bedroom apartment, \$500 inclusive 1st/last. Bloor/Wilson area. Fridge, stove, separate side entrance. Call 905-725-1023

OSHAWA. close to GM, newer building, 1, 2, 3-bedroom apartments 905-438-0229

OSHAWA. TWO BED-ROOM apartment, large living/dining room, fridge, stove, fenced yard, parking, close to amenities, immediate 728-5501 or 433-4160

400 Apartments For Rent

PICKERING - clean one bedroom basement apt., sep entrance, surf single non smoker, no pets, first/last \$540 inclusive. 831-0758

PICKERING - Whites Rd/401, one bedroom walkout basement apt. Available May 1. Non smoker. No pets. First/last/references \$575 420-2015

PICKERING - Liverpool and Bayly spacious 1 bedroom basement apt. Parking, a/c, close to everything. Available immediately. \$650 (905)831-2855

400 Apartments For Rent

PICKERING VILLAGE - new professionally finished luxurious one bedroom ground-level basement apt. Large, bright, walkout/yard, private entrance/parking, cable, laundry, non-smoker. \$675 905-428-2223

N. OSHAWA Simcoe S of Taunton at Russel Ave. Newly renovated 1 - 2 bedroom in a 12 plex, laundry facilities, hardwood floors, parking, cable inc., no lease June 1 \$686 plus hydro. No dogs. 576-2982

400 Apartments For Rent

SOUTH OSHAWA. 275 Wentworth St. W., large 1, 2, -bedrooms, close to buses, shopping, available immediately. \$550, \$650 & up. fridge, stove, heat, hydro, parking. 1st required, last negotiable, no pets. 434-5183 / 576-5142 between 9-6

APARTMENT North Oshawa, two bedrooms, available May 1st, 385 Mary St. N., basement unit of 3 plex. (705) 437-2924 eve or weekends

400 Apartments For Rent

TWO bedroom apts., available immediately, walking distance to GM, new building, newly decorated. \$650 plus hydro. Call 666-5674 or 576-3240

WESTNEY HWY 2, bright, clean 2-bdrm entrance, separate entrance, laundry, no pets/smoking, appliances, \$780 inclusive, June 1, first/last, references (905)428-1428

WHITBY apartment for rent, bachelor \$500, one bedroom \$550, 2-bedroom \$650, phone days 725-8911 evenings & weekends 668-4016

400 Apartments For Rent

WHITBY BROCK-S of 401, large 2 bedroom apt in Inplex, walk to GO, first last \$700 call collect 905-509-1520 or 416-466-1291

WHITBY, a must see, extra large one bedroom apt lower level, quiet Inplex, walkout to private deck, fenced yard, \$645/month includes appliances, utilities, parking, laundry facilities. Available June 1. Phone collect 905-852-5264

KIDS CALENDAR OF EVENTS MAY 1996

THE PEANUT CLUB

There's a great way to party and play in your neighbourhood!

The Peanut Club is not your average playground. Designed for children from 6 months of age to age 7, this unique party and play facility features a large variety of exceptional toys and play apparatus that caters to the energy and imagination of young ones, including a tot's corral for the very young toddlers.

This safe and fun-filled environment is available for either open play, private parties, programs or summer camp.

All parties at the Peanut Club are private, you and your guests have exclusive use of the entire club. There are several packages to choose from including basic rental or all inclusive. All inclusive parties include - pizza, ice cream cake, juice, plates, napkins, face painting, coffee/tea, helium balloons. All parties include a Peanut Club staff to serve and clean up the mess!

Peanut Club Summer Holiday for Moms and dads!

Drop off your child for 2 1/2 hours a day! Children ages 2 - 7 (toddlers need not be toilet trained)

Program includes

- weekly sessions Monday to Friday 9:30 a.m. to 12 noon
- flexi-camp divide your five mornings, ideal for those families with bust schedules or young children who would have a difficult time with five mornings in one week.
- special theme days

arts and crafts, games, songs, stories and special visitors

- daily snack and free Peanut Club T-shirt
- trained staff - 1 to 8 ratio maximum 16 children

Registrations forms are now being accepted for July and August

\$55/weekly session- five mornings, a 10% discount for siblings. Post dated cheques will be accepted.

The program is developed and supervised by Brenda Shedden, E.C.E.

Daily Play Hours- Monday to Friday 9:30 a.m. to 3 p.m.

Tuesday 6 p.m. to 9 p.m. Saturday and Sunday 9:30 a.m. to 12 noon

Cost- Family with one child first hour \$5 Any additional time \$2 max. for the day \$7

Family with up to 3 children, first hour \$8, any additional time \$2. Max. \$10 for the day.

For more information call (905) 686-2238.

BLAISDALE MONTESSORI SCHOOL

Open House Dates All at 7 p.m. sharp.

Ajax 403 Kingston Rd.

Close to Ajax GO Station! *Wed. May 8th

*Thurs. May 30th Large bright classrooms!

1 block. West of Westney Rd. **545 Kingston Rd.**

East of Church St.

standard for Montessori Schools in the world. We recommend that you do not come to see Blaisdale until you have seen all the other schools.

Starting July 2/96

MONTESSORI fun!fun!fun!fun! SUMMER CAMP

16 mo - 3 yrs

3 years 0- 6 yrs

ACADEMIC SUMMER CAMP

6 yrs - 10 years Sharpen your child's Academic Skills!

Core subjects stresses! Children new to Montessori Welcome! part time/full time (Pickering location only)

Call 509-5005

AUDLEY ROAD STABLES

This is a government licensed facility and a member in good standing of the Canadian Equestrian Federation, the governing body of all equestrian activities across Canada. Also we are the home of the Ajax Pony Club, a member of the Canadian Pony Club.

This family run business offers the highest standard of instruction on safe, competitive horses.

Now accepting registrations for spring riding programs.

Visitors are always welcome but please phone Sandra, the program coordinator at 686-4641 for an appointment to tour the facility.

SUNRAY DIABETES FOUNDATION

Many of North America's top Karate, Kung Fu and Tae-Kwon-do fighters will be competing at this year's KFD National Open Martial

SUNDAY MAY 26, 1996

Tournament Site: PICKERING RECREATION COMPLEX
1867 Valley Farm Road South, Pickering, Ontario (just east of Toronto city limits)

For More Information & Mail in Registration Contact:

KARATE FIGHT'S DIABETES
23 King St. West, 2nd Floor, Oshawa, Ontario, Canada L3N 1A1
(905) 676-1571 • Fax (905) 676-0080

SUNRAY

ALL PROCEEDS TO FIND A CURE FOR DIABETES

Large grassy 1 acre grounds

*Tues. April 30th *Thurs. May 23rd

Pickering 415 Toynevale Rd.

*Wed. May 15th *Tues. May 28th

Large 2 acre grounds Nestled in community setting

South on Rouge Mount Dr. East on Toynevale Rd.

365 Kingston Rd. Corner of Rouge Mount Dr. and Hwy 2

*Wed. May 1st *Tues. May 21st

Blaisdale Montessori hosts an exceptional Toddler Program

16 mo-3 years! - Part time or full time

Blaisdale's Casa teachers and Administrators are full A.M.I. Montessori certified!

Did you know?... Montessori schools have different affiliations? A.M.I. is the highest

INDOOR PLAYGROUND

• Daily Play • Private Parties
• Peanut Programs • Summer Camps
• Pog™ Night

BAYWOOD MEDICAL CENTRE
Loeb/Baywood Centre (between IDA & Video Dynasty)
95 Bay St. W. Ajax
686-2238

16 mo - 3 yrs. 3 yrs - 6 yrs. Elementary Grades 1-6

Blaisdale Montessori School

- Practical Life
- Language
- Computers
- Summer Camps
- Math
- French
- Science
- A.M.I. Teachers

27 Years of Educational Excellence

Pickering
365 Kingston Rd. (corner of Rouge Mount)
415 Toynevale Rd. (South on Rouge Mount)

Ajax
403 Kingston Rd. (1 block W. of Westney)
545 Kingston Rd. (Hwy. 2 and Church)

509-5005 Pickering
686-5005 Ajax

New accepting applications. Part and full time available

AUDLEY ROAD STABLES

SUMMER HORSE CAMP

Ages 8 to 15
Competent & Friendly Counsellors
Safe, Well Trained Horses & Ponies
A Quality Learning Experience in a Fun Atmosphere

(905) 686-4641 AJAX

LESSONS TO ALL LEVELS YEAR ROUND

400 Apartments For Rent

WHY rent when you can own your own home for less than you think? Call Dave Haylock Sales Rep. Remax Summit Realty (1991) Ltd. (905) 668-3800 or (905) 666-3211

410 Houses For Rent

\$1 - Absolute Affordable! Why Rent? Own your Home from \$799/month (utilities included) No Down payment? Call Mel Mark Staley Sales Rep Sutton Group Excel Realty 571-6275 or 1-800-840-6275

WHO SAYS YOU CANNOT AFFORD TO BUY A HOUSE?
Mortgage programs:
• 5% Term \$679/mo
• 5% Bungalow \$789/mo
• 5% w/ Elec \$969/mo
Rent-to-Own Available
No down payment? Bad Credit? Bankrupt? Call Me!
571-6275
1-800-840-6275
MARK STALEY
Sales Rep. Sutton Group Excel Realty Inc.

RENTING? STOP
\$500 DOWN, OWN A NEW DETACHED 3 OR 4 BEDROOM HOME
CALL 905-623-6549

3-BEDROOM - 1200 sq ft N.W. Oshawa near amenities available May 1st. \$925/month plus utilities. First/last, no pets. Call Frank at (905) 725-4248

3-BEDROOM semi-detached Oshawa close to schools, public Transit, shopping & Hwy 401. Phone, parking, garage available. \$800/month plus utilities (first/last) Available May 1. Call anytime 430-0456

AJAX Westney Heights, 3 bedroom, appliances, laundry air avail. May 31. no pets, non-smokers. \$1000 plus utilities. call 427-8272

ATTERSLEY DR. Oshawa 3 bedroom, 12 baths, 4 appliances, no smoking, pets, transit. May 1st \$975 plus (416) 694-4187

BUNGALOW Lower floor 2 large bedrooms, eat-in kitchen \$635. Fenced yard, close to schools & Go Available May 1. Call Debby (905) 831-9312

DESIRABLE North-east Oshawa immaculate 3-bedroom semi. Family room, paved drive, deck patio. Quiet court. Avail July 1st. \$949/month+utilities 1st/last. Possible long-term lease. (905) 697-2519

FOUR BEDROOM DETACHED - 1.4 pc and 1/2 pc bath fenced yard parking, gas heat. \$875 mo plus util. Available May 31. 1st/last references. Ritson Rd N. of Rossland (416) 266-7119 or 725-3647

MAXIMUM 500 DOLLARS DOWN
\$875/MO. (P. & I.)
OWN A NEW DETACHED 3 OR 4 BEDROOM HOME

OLDER three bedroom house with fridge and stove, for rent. \$750 plus utilities. Available May 1. 905-668-6611

OSHAWA 3 bedrm, semi detached, close to 401, 1 1/2 baths, fenced yard, single garage, rear deck, avail. June 1. No-pets. \$900/mo + utilities. 1st/last. Call Joe 905-839-3290.

PICKERING - 2 bed, basement apt. Sep. entrance, air, c/vac, own laundry, parking. Avail. June 1. non-smoker. 4 bedroom upstairs in house, own washroom and familyroom, single or a couple preferred, rent negotiable, avail. anytime 509-2313

PICKERING, 4 bedroom, main floor, 4 appliances, shared laundry, close to 401, no pets, first/last, credit check, \$975, plus 2/3 utilities, 905-420-9171.

410 Houses For Rent

1ST CHOICE AFFORDABLE HOMES!
WHY RENT? BUY!
No down payment, No problem!
Let me show you how!
Mortgage Payment \$700 per mth inc
Call Thomas C. Pike Sales Rep, Remax Accord Realty Ltd. (905) 576-3111

RENT \$1325. MONTHLY + DETACHED
New broadloom, central air, fireplace, 3 bedroom, new finished basement, vacant, two storey, Ajax area.
416 284-4736 Tom

SOUTH EAST OSHAWA, 3 bedroom house in quiet neighborhood, near schools, fenced yard, private drive, \$950 per mo. 905) 649-5505

UPPER bungalow, South Ajax 3 bedrooms, appliances available May 1, \$900/month inclusive. Call 686-2295

WHITBY residential area, spacious 3 plus 2 bedroom house, new carpet, appliances, sep entrance to basement, avail June 1. Asking \$1050 inclusive. 430-3519 anytime

WHY RENT? No money down. Own your own home, like new fridge, stove. \$775 incl. all but phone. 3 bedroom asking \$62,900. Call Ken Collis Coldwell Banker 728-9414

420 Townhouses For Rent

GOOD NEIGHBOURHOOD in south Oshawa 3 bedroom townhouse in small family complex close to schools and shopping. \$950/mo all inclusive. First last. 435-1088, 10:00-7 p.m.

COURTICE, Trulls Rd. 3-bedroom, 1-1/2 baths, full basement, garage. \$925 plus utilities. Available June 1st. 1996. 434-2924 after 6pm

PICKERING, mail area, spotless 3 bedroom, w/o basement, large eat-in kitchen, garage. \$1095 monthly. Available immediately. Call Joan 905-831-7677 leave message

ROSEFIELD AND FINCH, superb 3 bedroom townhouse, available June 1, \$967 per mo plus heat and hydro. Pets Ok. (905) 839-0163

SPACIOUS 3 bedroom townhouse, in well maintained family complex. Includes all utilities, 4 appliances, parking, close to schools and all amenities.
122 Colborne St. E. Oshawa
For appt. 434-3972

WHITBY, 3-bedroom townhouse \$925/month, includes stove, washer, dryer, hydro, & water. Call 905-666-3637

425 Space For Rent

INDUSTRIAL units or workshops in industrial plaza next to Oshawa Center. Includes high ceilings, parking, utilities, washrooms, air compressor, overhead doors. Month-by-month. Parking for truck, with hydro. Available immediately. 576-2982.

430 Rooms for Rent

AJAX - Westney Heights, furnished room in West Indian home. Air, cable, parking, laundry fac. Non-smoker. No pets. Available immediately. \$400/mo. 428-9114.

410 Houses For Rent

1ST CHOICE AFFORDABLE HOMES!
WHY RENT? BUY!
No down payment, No problem!
Let me show you how!
Mortgage Payment \$700 per mth inc
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AJAX - Westney Heights, furnished room in West Indian home. Air, cable, parking, laundry fac. Non-smoker. No pets. Available immediately. \$400/mo. 428-9114.

460 Office & Retail Space

!!! 4 Months Free Rent !!!
Oshawa West, 600 sq ft second floor, Oshawa downtown, 600 sq main, \$500, 3500 sq Lwr lvl, \$1000, 250 sq main, \$350, 600 sq 2nd flr, \$500, 1050 sq main, \$1,000. Call 434-2447 or 655-4132

OFFICE space for lease, 2nd floor of Courice plaza, overlooks busy Hwy#2, air con., plenty of parking. Available immediately, 755 8 sq ft., & 779 sq ft. Call 725-9991

STORE for rent with 2 beautiful bedroom apt. Excellent exposure, plenty private parking ideal for accountant, Drs, lawyers etc. Available May 1. 725-8710.

470 Cottages for Rent

TRENT river, Woodland Estates family house keeping cottages, 3 pc bath, pool, beach, store, playground, 90 min north-east Pickering. 1-888-813-2212

490 Florida Vac. Rentals

ATTENTION Snowbirds GORGEOUS 3 bedroom 3 bathrooms townhouse condo, close to famous Clearwater beach, pool, jacuzzi, BBQ, private yard, available now. For info and to view photos 686-9846 or 579-3788

CLEARWATER, 3 bedroom fully furnished and air conditioned mobile (permanent) homes heated pools, hot tub, close to beaches & major attractions. children welcome. \$275 weekly less than motel. 683-5503

ORLANDO, 5 MIN TO DISNEY, 2 bedroom fully equipped villa, sleeps 6, one week may 19 - 26. \$450 Canadian. 666-3989 after 5

450 Shared Accomodation

AJAX clean large 2 bedroom to share with employed, non-smoker. Close to all amenities and GO station. No pets. \$375 inclusive. 905-427-1404

AJAX near Hospital, on bus route, large bedroom with own bathroom, shared laundry and kitchen facilities, available to working non-smoker. \$425 month. Call 427-9208

AJAX Westney/Hwy 2 area. Large home to share. Close to GO & Transit. \$375/monthly. All inclusive. Call 683-6092

AJAX Looking for a roommate to share clean, nicely furnished condo. Must be clean, quiet non-smoker. \$380/month 1st/last. Call 905-427-0056

AVAILABLE IMMEDIATELY, Newly decorated townhouse, lrg bsmt apt, share kitchen, fully contained home. Friendly atmosphere. 430-8383

FEMALE seeking working person or student to share clean, 3-bedroom home, in North Whitby. Must be neat, non-smoker, like cats. \$400/month inclusive, 666-9494.

SHARE House, with Teacher, near O.C. & Civic Dome. Room, 42' x 11 1/2', .4 pc ensuite, \$460 all inclusive. Free parking, cable & laundry. 579-6485

455 Condominiums For Rent

AJAX, 1-bedroom, top floor, 5 appliances, wood-burning fireplace, balcony, underground parking, indoor pool. Available May 1st. \$800+utilities. Call 905-509-6102.

AJAX, 3-bedroom air-conditioned condo in well-maintained building, centrally located, large kitchen, stove, fridge, 2 full-baths, laundry hook-ups available. Call 905-683-1327.

500 Private Homes For Sale

PICKERING OPEN HOUSE
Every day until sold.
Private sale, save \$\$\$ thousands Week-days 6-8 p.m.
SAT. & SUN. 1-5
1919 PARKSIDE DR.
No traffic street, 3+1 bedroom, 3 baths, main fl. family room w/fireplace, eat in kitchen, finished basement, 16 x 22 ft. deck, a.g. pool, +private yard, dble gar.
CAC, FAG++ For appointment and info call (905) 839-0021

REAL ESTATE AUCTION 1040 CRAWFORD DR. PETERBOROUGH WED. APRIL 24TH. 12:00 NOON
14.39 acres vacant land, excellent 115 bypass/ Parkway access 138 ft. Parkway frontage Zoned M.C. This valuable property can be used for a wide variety of industrial purposes. Terms: \$12,000.00 deposit sale day 10% deposit within 7 days. Closing TBA. For information and packages call 1-800-930-9509

WHITBY \$94,500, 3 bedrooms, walkout to deck, fantastic rec room, gas heat, 5% down, monthly payment \$786 monthly including taxes. Ted Houghton Sutton Group Classic 430-9000

WHITBY, 20 Erickson Dr. Bright 4 bedroom, 2640 sq ft ceramic floor, C/A, C/V, French doors, Roman tub. Open house Apr 21 & 28. 2. Call 666-3095 after 5 pm for appointment \$212,900

500 Private Homes For Sale

\$3,000 - TOTAL COMMISSION, list with Options Realty Ltd. Call Dale Anderson Broker 433-4623

QUALITY D'Angelo Multi-level, N.W. Oshawa 3+2 bedrooms, kitchen overlooks familyroom with fireplace 2 walkouts inground pool, 3 baths. FAG in-law potential. 160 Goodman Dr. \$171,500. Call Sheila McLaren Sutton Status 436-0990

BOWMANVILLE, FOUR BEDROOM detached side split home professionally finished Rec Room, family room fireplace, 2 baths, jacuzzi & skylight. Attached garage. Bowmanville. \$159,900. Must Sell. Call 623-8086

I WILL buy homes for cash. Quick closings. Telephone (905) 434-8116. Oshawa to Pickering, or (905) 786-2980 Oshawa to Port Hope

A PRIVATE SALE - Pickering - \$186,600. Open House Every Weekday 6-8 p.m. Sat. And Sun. 1-5 p.m. 1919 Parkside Dr. 3+1 bedroom, 3 bath, main floor family room w/fireplace, eat in kitchen, finished basement, 16 x 22 ft. deck, a.g. pool, + private yard. Dble garage, CAC, FAG. Call (905) 839-0021

PORT PERRY - \$139,900 - 3 bedroom, convenience plus - walk to all amenities. Large lot for garden. First time buyers dream or retire here. Call Catherine Ayotte, Remax Scugog Realty, (905) 985-4427, 24 hr. pager

PRIVATE SALE 2-bedroom brick bungalow, downtown location, hardwood floors, large fenced yard, new kitchen, 3 appliances included. Asking \$138,500. Phone David 905-666-9325.

520 Condos For Sale

BEAUTIFUL 2 bedroom, 2 bath condo 1 year old main floor, private terrace, 2 mins to Pickering Town Centre, 5 mins to GO. 24 hour security \$164, 500. Call (905) 837-2156

540 Out-Of-Town Properties

BUSINESS Investment-Plus Trailer Park & Campgrounds 800 ft hwy Frontage 15 acres landscaped, natural swimming pool. Retail and wholesale outlet 40x60, 70x90 building plus office, propane filling station, 57 trailer sites, 20 tent sites, 4000 sq ft bungalow 8 bedrooms ideal two family home or Bed & Breakfast 1 hour east of Toronto. \$695,000, terms available. Rice Lake frontage, tourist camp cottage, home, and 5 cabins only \$189,000. 7% financing. For info please call (905) 623-3194 VJ Lauesen, Realty Realtor, to inspect

545 Vacation Properties

\$3500 full priced, Secluded wooded Trailer lot, good road, sandy beach, fishing, Cobourg area (416) 431-1555

570 Camper Trailer Sites

BOBCAYGEON, Pigeon Lake 3 bedroom, all conveniences including boat, \$300 weekly. Call (705) 738-5681

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POSSIBILITIES Unlimited Trailer Park Plus- 15 acre total camp ground with 80 serviced trailer sites in place, 8 acres yet to be developed, lots of room to expand 2 rental cabins, new septic, pool in place, plus showers, rec hall, store all new Flowing stream Great highway frontage Expansion plan available 3 bdrm home included Asking \$335,000.00 Excellent terms available. Contact VJ Lauesen.

545 Vacation Properties

\$3500 full priced, Secluded wooded Trailer lot, good road, sandy beach, fishing, Cobourg area (416) 431-1555

570 Camper Trailer Sites

BOBCAYGEON, Pigeon Lake 3 bedroom, all conveniences including boat, \$300 weekly. Call (705) 738-5681

570 Camper Trailer Sites

PARK MODEL TRAILERS FOR SALE & vacant lots available. Extended Season. Huge lots overlooking Rice Lake Holiday Pines, Hastings (705) 696-2691.

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Silver CARPET & RUG

Silver Carpet, like proverbial Silver lining, has been running though Durham steadily and carefully for the past three years.

Thanks to Silver Carpet's Salesperson, Estimator, Buyer, Chief Installer and all around CUSTOMER SATISFACTION Provider and incidentally the President and owner, Anwar Yehia, you the CUSTOMER are GUARANTEED SATISFACTION on every installation.

This one man business is really ONE family's way of making a living. Anwar will tell you that in his twelve years of Canadian experience, the Homeowner wants TWO things, first the best buy for their dollar and SECONDLY a company that will stay around to provide a solid guarantee for more than just a few years.

So Anwar went into Business three years ago with the combination of forty years of experienced installers and his personal service direct to each Customer. Silver Carpet hasn't looked back and word-of-mouth has kept Silver Carpet more than their share of being busy.

Silver Carpet and Rugs offers the Homeowner of today's housing market, reasonably price upgrades for first time installation as well as remodeled homes, extra rooms or newly finished basements.

Want a one-of-a-kind rug for your entrance way?

You design it and Silver Carpet will custom carve and sculpture the color mix or match of your choice on any available product, giving new meaning to CUSTOM DESIGNED AREA RUGS.

Silver Carpet and Rugs will deliver to your door the best priced product of your choice, 40 years of experience in the custom and care of home installation will insure that your choice of floor covering will have the professional look you expect.

Silver Carpet's 3rd Anniversary this year provides a perfect reason to pass on Seasonal Warehouse Savings. From April 15th to the end of May, Silver Carpet and Rugs will open its Warehouse Stock to the FIRST of its kind RESERVE PRICE SALE.

More than a dozen lines of merchandise in all colors will be available for this RESERVE PRICE SALE.

During this RESERVE PRICE SALE customers will be able to carpet a minimum of 25 SQ/YRDS at the lowest price available since Silver Carpet opened for business.

All customers of this RESERVE PRICE SALE will receive an additional 20% discount on our top of the line underpadding, as our END of APRIL SALE BONUS to you.

OUR Warehouse Inventory and End-of-Line Sale will be on a, First here gets the BEST DEAL basis but, all Sale items will carry Silver Carpet's GUARANTEED SATISFACTION on every INSTALLATION.

COME DOWN TO SILVER CARPET & RUG AND CHOOSE YOUR CARPETING SOON, BEFORE WE RUN OUT OF STOCK..
SILVER CARPET AND RUGS, 487 Westney Rd. S., 683-4292.

SILVER CARPET and RUG, 487 Westney Rd. S., 683-4292

Home Improvement

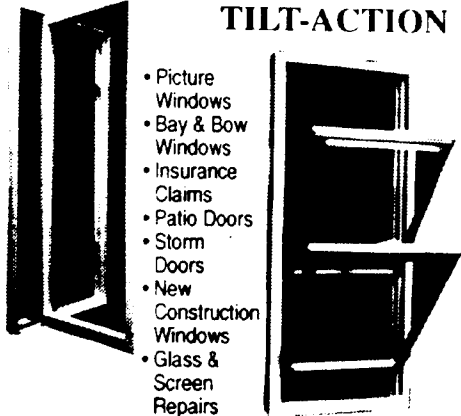
HEADQUARTERS

DURHAM WINDOWS & DOORS

(905) 579-2222

Complete Selection of Vinyl Windows & Doors

CASEMENT **DOUBLE HUNG**
TechWeld 2000 TILT-ACTION

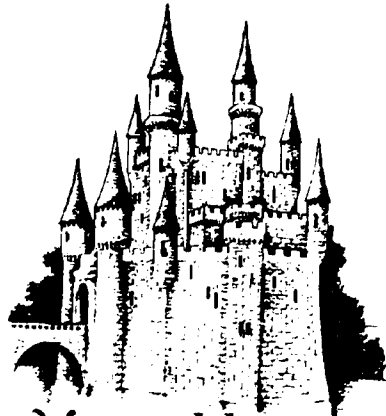


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FREE ESTIMATES

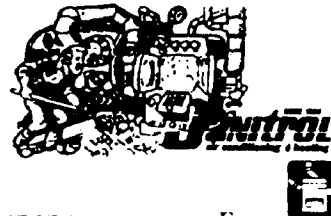
WAYNE HUTCHINSON 696 KING ST. W.
SALES, SERVICE & OSHAWA, ONTARIO
INSTALLATION L1J 2L3
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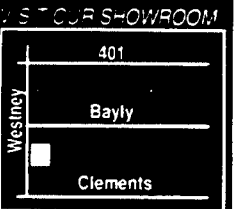
3465 Brock Rd., RR#1 Brougham (905) 619-9062

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SALES • SERVICE • INSTALLATION

- INCREDIBLE CARPET AT
- INCREDIBLE PRICES

3RD ANNIVERSARY SALE UNTIL MAY 30TH
Call For Free Estimates



FOR FREE! SHOP AT HOME SERVICE OR ESTIMATE CALL
UNIT 3-487 Westway Rd. S
683-4292 AJAX

Durham Windows and Doors brings showroom to your door



Left, Wayne Hutchinson will bring his Mobile showroom to your home. At right, inside you'll find his display of Top Quality Vinyl Windows.

Wayne Hutchinson brings to the replacement window and door business a new and long overdue features. It's a Mobile Showroom which just may be the only one in Canada.

the finest windows on the market," says Wayne. "They're triple sealed to reduce air leakage and come with heavy duty hardware."

If you desire, you can choose the Low-E Glass which filters out the ultra violet rays keeping your home cooler in the summer and eliminate the fading of your curtains, drapes and furniture. All of the windows come with a lifetime warranty and a 10 year guarantee on the installation.

Wayne would also like his customers to know that he does all of the estimates personally, eliminating the cost of a salesperson.

Durham Window and Doors do all their own installations, which ensures that every customers gets a high quality job done at the best possible price."

Durham Windows and Doors is located at 696 King St. W. in Oshawa or phone (905) 579-2222.

"The day is gone when you carried some brochures and a sample window to a customer's home," explains Wayne. "So I obtained a retired North York Mobile Library truck and installed interior walls along with all of my window samples."

When you call Durham Windows and Doors for a free estimate, Wayne will show up at your door with his Mobile Showroom which you'll enter by way of a sliding patio door.

Inside, displayed on the walls, are a large selection of vinyl windows which you're free to operate and you'll discover the many special features including how they can be cleaned without going outside.

"After being in this business for 18 years, I can honestly say these are



If You Wish To Advertise on this Feature Call Billy (416) 798-7672 Ext. 2304

LENNOX CELEBRATES HOME COMFORT



*UP TO \$450.00 INSTANT REBATE
**OR UP TO \$550 BAY GIFT CERTIFICATES
on select heating and cooling products



Come and join in the Celebration. Call Thermoshell, Your Independent Lennox Dealer. (Free Estimates)



Heating And Air Conditioning
LENNOX
HEATING & COOLING

OSHAWA (905) 571-2070

*INSTANT REBATE OF \$450 UP TO \$550 BAY GIFT CERTIFICATES FOR THE PURCHASE OF A COMPLETE HEAT AND H2O2. (LIMITED TIME OFFER)
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Over 20 years experience
SALES • SERVICE • PARTS
RENOVATIONS & REMODELING

24 HOUR PLUMBING SERVICE
(WITH NO CHARGE FOR OVERTIME)

EXPERT CUSTOM RENOVATIONS TO BATHROOMS & KITCHENS - NO JOB TOO SMALL
FREE ESTIMATES

One of the largest plumbing parts department in the great Toronto area.

837-1350

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TREE REMOVAL • TREE PRUNING • RESIZING HOWARD'S LANDSCAPING & CONTRACTING

- Service Supplied:
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▼ EDUCATION

Durham public school board trustees argue over pay cut

By STEPHEN SHAW
STAFF REPORTER

DURHAM -- A public school trustee's bid to slash trustee salaries by five per cent has sparked a heated debate at the board table.

Uxbridge trustee Faith Neumann introduced a motion at Wednesday night's budget meeting to shave \$680 off trustees' annual honorariums of \$13,600.

Having already approved \$15 million in widespread spending cuts for this year -- which include the elimination of outdoor education and front-line counselling for troubled students as well as a decrease in educational assistants for special-needs students -- trustees were urged by Ms. Neumann to "lead by example".

However, trustees voted 9-3 to postpone the decision until all trustees are present for a vote.

(Two were absent, although all were notified prior to the meeting the

issue would be raised, said Ms. Neumann.)

Pickering Ward 1 trustee Ruth Ann Schedlich said she won't be supporting any pay cut.

"I can't believe what I'm hearing. Trustees' honorarium has always been low and we have fought for years to raise it to an acceptable level," she argued.

She noted trustees haven't had a raise in four years, while their workload has increased since the board reduced the number of trustees by five at the last municipal election.

"The government says this is a part-time position but I say it's a 365-day job... I recently had a death in my family and I couldn't even get a day off what with calls coming into my home from parents all night."

However, Kathleen Hopper, trustee for Oshawa Wards 1 and 2, said "there are a lot of ratepayers earning less than they were 10 years ago" and that

while she can't afford a pay cut, "this is symbolic."

"If we want people to take us seriously" trustees have to make sacrifices too, she said.

Ajax Wards 1 and 2 trustee Colleen Jordan said, "I'm beginning to think I'm crazy for doing the job" at such a low wage. "This money puts food in my children's mouths."

Board chairman Audrey MacLean suggested trustees wait to hear other budget reductions to be proposed by trustees in the coming days "to get a full picture" prior to making a decision.

Ms. Neumann has notified trustees she will put forth motions next week calling for a moratorium on all conferences for trustees until after the next election, as well as a reduction in the number of administrative superintendents, of which there are now 12 (including director of education). Each earns in excess of \$100,000 annually.

Stock your bookshelves with another Monster Sale

AJAX -- Friends of the Ajax Public Library are gearing up for their second annual Monster Book Sale.

The sale runs Thursday, June 6 to Saturday, June 8 in the two program rooms at the rear of the main branch of the

library, 65 Harwood Ave. S. Hours are 2 to 9 p.m. June 6, 10 a.m. to 5 p.m. June 7 and 10 a.m. to 4 p.m. June 8.

More than 12,000 books will be available. On the Thursday, hard covers will be sold for \$3 each, on Fri-

day for \$2 and on Saturday for \$1. Soft covers go for 50 cents. Friends of the Ajax Public Library book bags will be on sale for \$10 each and book lamps will go for \$40. You're asked to drop them off at any branch of the

library or call Val Marshall at 428-1328 to arrange pick-up. (No magazines or text books.) Volunteers are also sought for book sorting on sale days. Contact Val Marshall. All proceeds support the library system.

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Furniture, dishes, collectibles, old toy collection, collection of 10 guns and scope. More consignments still coming in.

Auctioneer Bruce Kellett (705) 328-2185.

SEARS CORRECTION

For our 32 page Sears Today Scratch & Save Flyer (sale dates April 22-28, 1996)

On page 20: Save \$350 '18th Century' 4-pc. suite quotes a regular price of 1299.96. The regular price should read \$119.96, Save \$250.

We sincerely apologize for any inconvenience that this may have caused. Sears Canada Inc.

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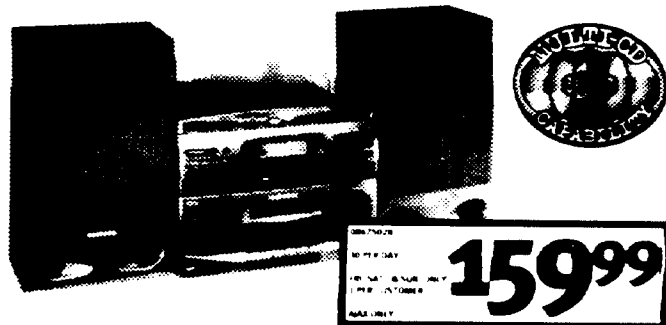
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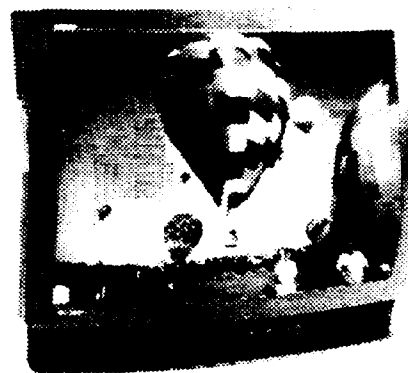
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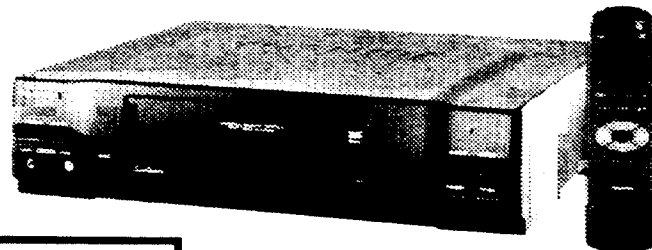
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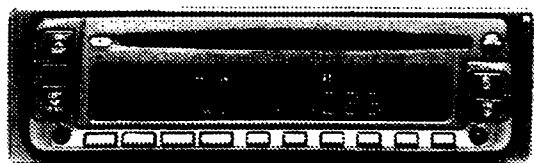


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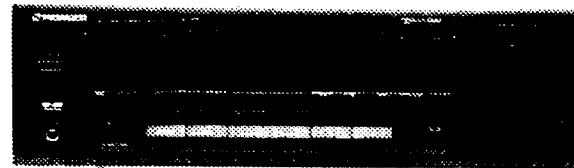
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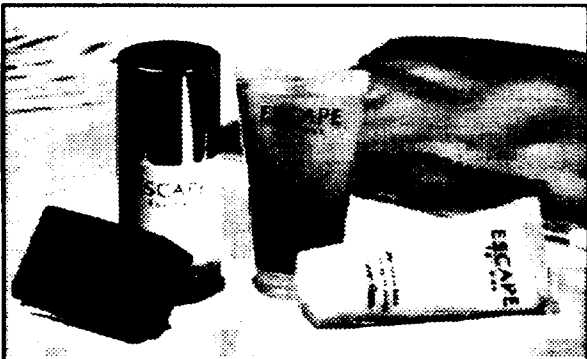
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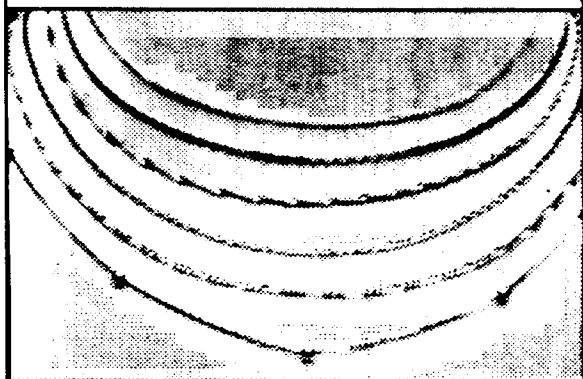
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